



**2009 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN REGION SHORT COURSE SECTION CHAMPIONSHIP
Hosted by Tacoma Swim Club & Salmon Bay Aquatics
Weyerhaeuser King County Aquatic Center
March 11-15, 2009**

**Held Under the Sanction of Pacific Northwest Swimming and USA Swimming, Inc.
Sanction No.: 0903-WRSC
Time Trial Sanction No.: 0903-WRTT**

Location: Weyerhaeuser King County Aquatic Center, Federal Way, Washington

Facility: World-class aquatic facility: Site of the 1990 Goodwill Games and 1991, 1994, 1997, 2000, and 2006 Spring National Championships, 2009 December National Championships, 2008 NCAA Men's Division 1 Championships, 2009 U.S. Open, 2009 Long Course Junior Nationals. Indoor 50-meter, 9 feet deep, 8-lane competitive pool divided into two 25-yard courses by bulkheads. The space between the bulkheads is closed at all times. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Diving tank will be available for continual warm-up. OMEGA electronic timing system with an 8-lane alphanumeric readout scoreboard.

Meet Referee: Ken Breiding
25305 121 Pl. SE
Kent, WA 98030
(253)630-1198 (H)
Email: kenbreiding@comcast.net

Admin Referee: Dave Coddington
22023 128th Pl SE
Kent, WA 98031
(253)630-4437 (H)
Email: djcoddington@comcast.net

Meet Directors: Chris Schell
1419 N. Winnifred St
Tacoma, WA 98406
(253) 777-9697 (C)
Email: christopheraschell@hotmail.com

Terry Johnson

(651)-295-1458 (C)
Email: tjjohnson333@hotmail.com

Dates: **March 11-15, 2009: Wednesday, Thursday, Friday, Saturday and Sunday**
Tuesday, March 10, 2009, 4:30 p.m. to 7:00 p.m. and Wednesday, March 11, 2009, 1:00 p.m. to 3:00 p.m. the pool is available for supervised warm-up (no marshals); certified coaches must be on deck. Additional time may be available, contact the Meet Director for more information.

Schedule:	Wed, March 11th	Finals:	Warm-Up: 3:00 - 4:20 p.m. Competition: 4:30 p.m.
	Thurs thru Sat, Mar 12th-14th	Prelims:	Warm-Up: 7:30 – 8:50 a.m. Competition: 9:00 a.m.
		Finals:	Warm-Up: 4:00 - 5:20 p.m. Competition: 5:30 p.m.
	Sun, March 15th	Prelims:	Warm-up: 7:30 – 8:50 a.m. Competition: 9:00 a.m.
		Finals:	Warm-up: 3:00 – 4:20 p.m. Competition: 4:30 p.m.

Rules:

Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat (8 lanes) and three consolation heats (8 lanes) will compete in Finals except as noted in Schedule of Events. Seeding for the meet will be Short Course Yards (SCY) Long Course Meters (LCM), Short Course Meters (SCM). Bonus events will be seeded after all of the above.

In Prelims, the pools will be divided into an odd heat pool (north course near diving well) and an even heat pool (south course near scoreboard). Thus event 1 heat 1 will be swum in the north pool near the dive tank and event 1 heat 2 will be swum in the south pool near the scoreboard. Heat 2 of an event will not begin until heat 1 of that event has started. The Meet Referee has authority to modify the conduct of the prelim heats in regards to the north and south pool when doing so will materially improve the meet time line.

PLEASE REVIEW SCRATCH RULES AND CHECK-IN PROCEDURES LISTED ON FOLLOWING PAGES.

Eligibility:

Open to all swimmers who:

1. Are currently registered with USA Swimming LSC's within the Western Region Section of the Western Zone as of the day meet entries close.
2. Are full-year members of USA Swimming. **Note: It is the legal responsibility of each club to ensure that each swimmer listed on the Master Entry Form is USA Swimming Registered for the current year. There will be no on-deck USA Swimming registration.**
3. Have met the appropriate 2009 qualifying times in competition, between March 6, 2008, and the entry deadline. **(NOTE: Penalties apply for unproven entry times.)**
4. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #5 below. The psych sheet will be e-mailed to all who have requested by e-mail and will be posted on the Tacoma Swim Club website (www.tacomaswimclub.org).
5. Each entry time used must be from a "Sanctioned" or "Approved" meet, or from an "Observed Swim" in accordance with USA Swimming Rules and Regulations. Entry times which are not in the SWIMS database must be proved to the admin referee, or designated representative, prior to the scratch deadline for the event. Failure to provide such proof of time prior to the scratch deadline for the event will result in a \$100 fine assessed against the club or individual swimmer, if unattached. There is no requirement to prove relay entry times.
6. An official time can be achieved only in USA Swimming sanctioned or USA Swimming approved competition, or in an observed swim in accordance with all applicable rules. (102.16.4A in the 2006 USA Swimming Rule Book)

Event Limit:

Each swimmer entered may participate in up to six (6) individual events and up to five (5) relays. No swimmer may participate in more than three (3) individual events per day, including time trials. All swimmers, including relay only swimmers, are limited to three (3) time trials. There is no limit to the number of relays a club enters, but only the top two (2) relay teams per club can score.

Time Line:

If the projected length of a preliminary session exceeds 4½ hours, the meet referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to divide the preliminary session into "A" and "B" sessions. The "A" session will consist of the fastest 7 heats (5 of the 400 yard events) with the remainder of the heats in the "B" session. The "B" session will be swum fastest to slowest.

If the projected length of Sunday's 1650 freestyle preliminary events does not allow for the scheduled Finals start time, the meet referee reserves the right to first, reduce the warm-up time for the Finals' session to one hour; second, to begin the Sunday warm-up period for the preliminary session one hour earlier (6:30 a.m.).

Bonus Events: Swimmers may enter a bonus event for each qualified event with a maximum of two bonus swims as follows:

One (1) Qualified Event	1 Bonus Event	2 Total Events
Two (2) Qualified Events	2 Bonus Events	4 Total Events
Three (3) Qualified Events	2 Bonus Events	5 Total Events
Four (4) Qualified Events	2 Bonus Events	6 Total Events
Five (5) Qualified Events	1 Bonus Event	6 Total Events
Six (6) Qualified Events	0 Bonus Event	6 Total Events

For teams using Team Manager 4.0, bonus swims should be designated in the Meet Entry Screen for individual entries or, if using paper entry, circle the bonus time on the Master Entry Forms.

Bonus swims should be entered using the swimmer's best-achieved time that is not an event qualifying time. NT is not acceptable.

Entries: **Entries will only be accepted upon receipt of all of the following by the entry deadline:**

1. **COMMLINK file**, exported from Team Manager, if used.
2. **Meet Entry Reports** for individual (with proof of time and sorted by swimmer) and relay (sorted by event) events from Team Manager--preferred--or equivalent hardcopy.
3. **Meet Entry Fee Report** from Team Manager--preferred or equivalent hardcopy.
4. **Team Information/Master Entry Form**--completed and hand-signed hardcopy only (original or faxed); typed signatures will not be accepted. *It is very important to have a contact number for each coach while they are in Federal Way--please be sure to fill in this information on your Team Information Form.*
5. **Meet Entry Fees**--one check payable to Tacoma Swim Club.

Submittal formats:

1. Electronic files: email attachments--preferred--or disk. If emailing the COMMLINK file, include items #2 and #3 above in Word for Windows or PDF format in your email. Items #4 and #5 must still be received by the entry deadline.
2. Hard copies: Mail or fax. If sending via express mail, waive signature requirement.

To insure correct entries, teams that do not have Team Manager or equivalent software can use Hy-Tek Lite to complete and submit entries for this meet. It is available at no charge at <http://www.hy-tek ltd.com/downloads.html>.

Please enter with an accurate time achieved in the proper course. **Converted times will not be accepted.** The meet will be seeded using the Short Course Yards times first, followed by Long Course Meters and finally Short Course Meters. Please submit the swimmer's best achieved time.

Entries must be accompanied by payment. Each swimmer's current USA Swimming number must be on the entry form. Relay-only swimmers must be listed on the entry form and the appropriate surcharge included with the entry. **No Faxed entries will be accepted other than those for first time swims made February 28 through March 8th.**

Entries submitted via the enclosed entry form must be submitted to the 100th of a second on the enclosed entry forms. If a standard is achieved in long course meters (LCM) or short course meters (SCM), please be sure to enter the event with that time and clearly mark that it is LCM or SCM. Entry forms must provide **all information** requested in order to be considered official.

Please insure all forms submitted are legible. Meet management will make every reasonable attempt to verify questionable entries. Mistakes due to errors, either wrong entry times or illegible entry times, on the Master entry Forms will result in an entry time for prelims (or timed finals) equal to the short course yard qualifying standard. Errors on the part of the meet host will be corrected and the event re-seeded if necessary. The Meet Referee will be the final authority for the correction of errors.

Entry Fees & Surcharge: \$15.00 Surcharge Per Swimmer
\$7.50 Individual Event Fee
\$15.00 Relay Fee
\$10.00 Time Trial fee for individual events and \$15.00 Time Trial fee for relay events
\$5.00 Paper Entry Processing Fee per team
\$5.00 Paper Entry Processing Fee per unattached swimmer

Entry fees must accompany Master Entry Form.
Please make checks payable to: **Tacoma Swim Club.**

Entry Deadline: Entries must be received by 11:59 p.m., Saturday, February 28, 2009

If mailing entries, they must be postmarked by this date. Overnight mail service is recommended--**please mark “no signature required”**. Late entries, entries without fees, “no time” entries, and entries without proper payment will not be accepted. No refunds will be given to teams or individuals who withdraw after the entry deadline.

Entries for swims from Saturday, February 28, 2009, through Sunday March 8, 2009, which achieve a first time individual qualifying standard, must be made on the FAX entry form enclosed and sent by FAX transmission. FAX entries must be received no later than 11:59 p.m. (PDT) on Sunday, March 8, 2009, and may not be used to improve the seed time of a previously submitted entry. **Relay FAX entries will not be accepted after the normal entry deadline. Updating bonus swims to a qualifying time after the entry deadline is not permitted. However, a swimmer who swims a first-time qualifying time in an event in which they had previously entered as a bonus swim, may treat the bonus swim as a qualifying swim in order to allow for additional bonus swims. Adding bonus swims for qualifying times achieved after the entry deadline is permitted.**

LATE ENTRIES WILL NOT BE ACCEPTED AND UPDATING OF TIMES IS NOT PERMITTED.

Entry Address: Email: entries@tacomaswimclub.org

Hard copies and payment:

Tacoma Swim Club – SR Sectionals
PO Box 65006
Tacoma, WA 98464-1006

FAX: 253-756-6921 (Please call first for fax to be turned on by Meet Entry Chair)

Meet Entry Chair: Chris Schell, 253-777-9697

Questions concerning meet entries should be directed to the Meet Referee--NOT to the Meet Entry Chair.

Scratch

Procedures: The USA Swimming National Championship scratch procedure and no show rule will be used at this meet, subject to the modifications described below. These rules are described in the current USA Swimming Rules (207.7.9 in the 2008 Rule Book).

SWIMMERS MUST CHECK IN FOR THE 1000 FREESTYLES AND 200 FREE RELAYS ON WEDNESDAY EVENING NO LATER THAN 15 MINUTES AFTER THE CONCLUSION OF THE GENERAL MEETING. SWIMMERS ARE CONSIDERED CHECKED IN FOR ALL OTHER EVENTS EXCEPT RELAYS AND THE 1650 FREESTYLES UNLESS SCRATCHED. E-MAIL OR PHONE CHECK IN, IN ADDITION TO PHYSICAL CHECK IN, WILL BE PERMITTED FOR THE FIRST DAY ONLY. ALL OTHER DAYS WILL REQUIRE PHYSICAL CHECK IN.

1. The Scratch Box will be located at the Clerk of Course for the duration of the meet.
2. Scratches prior to the seeding of preliminary heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box, available at the Clerk of Course.

3. Entrants in the 1000 and 1650 Freestyles must check-in and confirm their intention to compete before the scratch deadline in order to be seeded. For the 1650 yard freestyles, seeded heat sheets will be published at the end of finals on Saturday.
4. Scratch/Check-in Deadlines are as follows:
Check in for all relays and the 1000 and 1650 Freestyles, or place your scratch card in the Scratch Box located at the Clerk of Course according to the following time lines:
 - A. **Wednesday March 11th** - Swimmers must check in at the Clerk of Course no later than 15 minutes after the conclusion of the general meeting for the 1000 freestyles and the 200 Free Relays. E-mail or phone check in, in addition to physical check in, will be permitted for the first day only. All other days will require physical check in. The same deadline applies to email and phone check in. Email check-in should be sent to entries@tacomaswimclub.org. Phone check in with meet director @ 253-777-9697.
 - B. **Thursday March 12th** - The Scratch Box will close 30 minutes after the start of Wednesday's Finals session (5:00 p.m.).
 - C. **Friday, March 13th** - The Scratch Box will close 30 minutes after the start of Thursday's Finals session (6:00 p.m.).
 - D. **Saturday, March 14th** - The Scratch Box will close 30 minutes after the start of Friday's Finals session (6:00 p.m.).
 - E. **Sunday, March 15th** - The Scratch Box will close 30 minutes after the start of Saturday's Finals session (6:00 p.m.). Entrants in the 1650-meter freestyles must check-in and confirm their intention to compete before the scratch deadline on Saturday in order to be seeded.
 - F. **Finals** - swimmers must report to the Administrative Referee within 30 minutes of the announced qualifiers for that race that they may not intend to compete and should further declare to the Administrative Referee their final intentions within thirty (30) minutes following their last individual preliminary event.

Entries for all relays must be checked in prior to the scratch deadline in order to be seeded. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers, their first and last names, ages, and order of swimming, for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.

Scoring: Scoring will be on a sixteen (16) place basis (must meet time standard).
Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1
Relay Events receive double these point values.

Awards: Medals will be provided for top 8 places for individual and 3 places for relay events
Trophies for team awards -- first through third places for men, women and combined
Women's and Men's Individual High Point Awards
Team scoring will be based on 16 places per event including relays

Travel Fund: Swimmers who attend are eligible to receive a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend. Application for the reimbursement must be made by submitting the attached form within 15 days following the conclusion of the meet (March 30, 2009).

Meetings: **Section Business Meeting:** The Sectional Meeting will be held Wednesday, March 11th at 1:00 p.m., prior to the General Meeting.

General Meeting: A general meeting will be held Wednesday, March 11th at 2:00 p.m. Teams must have a coach or team representative in attendance. Coaches' packets may be picked up at the Clerk of Course. Current coaching credentials must be shown in order to pick up packet.

Officials: There will be an officials meeting one (1) hour prior to the beginning of each session each day.

Officials: We appreciate the help of certified officials from other clubs; if you will be attending this meet please return the attached Application to Officiate. In order to be considered for an assigned position, applications must be received by February 8, 2009.

National Championship

Certification: This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form, and notify Ken Breiding, Meet Referee, upon arrival at the meet. Instructions for Certification will be provided during the Officials' briefings.

Hospitality: A hospitality room will be provided for officials and coaches.

Warm-Up Procedures:

General Warm-up (first half) NO DIVING from the blocks or sides of pool.

Sprint and Pace Warm-up (remainder).

Lanes 1 & 8 pace lanes—push off, one or two lengths and back. No diving or racing starts. CIRCLE SWIM ONLY.

Lanes 2 & 7 sprint lanes—dive start, swim only one direction (return from adjacent lane).

Backstrokers enter the water feet first in rotation. No diving over persons in the water.

Lanes 3, 4, 5, & 6 general warm-up—No Diving.

Additional sprint lanes may be made available upon request to the Referee.

****Warm-up may be modified to accommodate the number of swimmers entered at the discretion of the meet management in agreement with the Referee.**

Shaving is not permitted in this facility.

Time Trials: Each time trial swim will count toward the daily event limit, with a combination of time trials and meet events not to exceed three (3) individual events per day. Entries must be turned into the Clerk of Course with fee (\$10.00/ind. and \$15.00/relay) one hour before the projected end of preliminaries.

Except as noted below, Time Trials shall be swum in the order listed under the meet program as follows:

1. First day: The 1000 freestyle time trials will be offered immediately following those events.
2. All subsequent days: Will be conducted in accordance with the provisions of Rule 207.8.3C of the 2006 USA Swimming Rule Book.

Timers: Swimmers/clubs are responsible for providing their own timers for the 1000 and 1650 freestyle swims on Wednesday evening and Sunday afternoon. Swimmers/clubs are also responsible for providing their own timers for any time trial event.

Teams will be assigned lanes for the Prelim sessions based on number of swimmers entered. Timing assignments will be e-mailed out once entries have been processed.

Concessions: Snack bar is available throughout the competition and is controlled and operated under contract with King County and the Aquatic Center - the host team and PNS receive no benefit.

Social Events: Officials/Coaches Social will be held Thursday, March 12th following the conclusion of finals. Details to follow.

Programs:

Psych Sheets:	\$10.00
Heat Sheets:	Prelims - \$3.00 each session
	Finals - \$2.00 each session
Results:	\$5.00 (Please order at the Clerk of Course)

Information

on Web: Meet information, as well as results of each session, will be posted on the Pacific Northwest Swimming and the Tacoma Swim Club websites. (www.pns.org or www.tacomasmwimclub.org)

**Local Hotels/
Motels:**

Check the Tacoma Swim Club website at www.tacomasmwimclub.org for Hotel/Accommodation information.

RV's and

Motor homes: RV Parking is limited to 5 spaces. Permits must be obtained for RV parking. RV parking only in the north parking lot. Contact the Meet Director for a permit. RV hookups are not permitted.

Note: In granting this sanction it is understood and agreed that USA Swimming, Pacific Northwest Swimming, Tacoma Swim Club and Salmon Bay Aquatics shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**2009 USA Swimming/Speedo Champions Series
Western Region Section Short Course Championships
March 11-15, 2009
Qualifying Times**

WOMEN			Event	MEN		
SCY	SCM	LCM		SCY	SCM	LCM
25.10	28:01	28.59	50 FREE	22.49	25.11	25.79
54.23	1:00.52	1:01.48	100 FREE	49.05	54.74	56.13
1:56.84	2:10.40	2:12.88	200 FREE	1:47.20	1:59.64	2:02.37
5:12.19	4:33.13	4:38.86	500/400 FREE	4:51.69	4:15.20	4:22.50
10:46.09	9:25.26	9:39.45	1000/800 FREE	10:14.69	8:57.79	9:12.79
18:09.88	18:06.22	18:44.59	1650/1500 FREE	17:15.12	17:12.02	17:36.59
1:00.90	1:06.53	1:10.55	100 BACK	56.09	1:02.60	1:05.30
2:11.05	2:28.18	2:30.64	200 BACK	2:01.79	2:15.93	2:21.19
1:09.69	1:17.78	1:19.93	100 BREAST	1:02.19	1:09.41	1:13.19
2:30.51	2:47.98	2:53.49	200 BREAST	2:18.49	2:34.56	2:40.79
59.61	1:06.53	1:07.08	100 FLY	54.09	1:00.37	1:01.21
2:12.77	2:28.18	2:30.83	200 FLY	2:01.79	2:15.93	2:20.39
2:12.30	2:27.66	2:31.09	200 IND. MEDLEY	2:00.69	2:14.70	2:18.69
4:39.31	5:11.73	5:18.10	400 IND. MEDLEY	4:18.89	4:48.94	4:57.79
1:44.69	1:56.89	1:59.29	200 FREE RELAY	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 FREE RELAY	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 FREE RELAY	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 MEDLEY RELAY	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 MEDLEY RELAY	3:47.49	4:15.75	4:23.39

2009 USA Swimming/Speedo Championship Series Order of Events

Women's Event #	Wednesday	March 11, 2009	Men's Event #
1	1000-yard (C)	Freestyle	2
3	200-yard (A)	Freestyle relay	4
Women's Event #	Thursday	March 12, 2009	Men's Event #
5	100-yard	Freestyle	6
7	200-yard	Breaststroke	8
9	200-yard	Backstroke	10
11	200-yard	Butterfly	12
13	200-yard (B)	Medley Relay	14
Women's Event #	Friday	March 13, 2009	Men's Event #
15	200-yard	Freestyle	16
17	400-yard	Individual Medley	18
19	800-yard(B)	Freestyle Relay	20
Women's Event #	Saturday	March 14, 2009	Men's Event #
21	100-yard	Backstroke	22
23	500-yard	Freestyle	24
25	100-yard	Breaststroke	26
27	100-yard	Butterfly	28
29	400-yard (B)	Freestyle relay	30
Women's Event #	Sunday	March 15, 2009	Men's Event #
31	200-yard	Individual Medley	32
33	1650-yard (D)	Freestyle	34
35	50-yard	Freestyle	36
37	400-yard (A)	Medley Relay	38

- (A) These relays will be conducted as timed finals, all heats in preliminaries.
- (B) These relays events on Thursday, Friday and Saturday will be conducted as timed finals with the two fastest heats of women and men swum at the end of finals. All slower heats will be swum as scheduled during preliminaries.
- (C) The women and men's 1000 freestyle will be conducted as timed finals with all heats on Wednesday evening. The heats will be swum slowest to fastest in event order.
- (D) The 1650-yard freestyle will be conducted as timed finals. The fastest heat of women and men will be swum in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men's is concluded 90 minutes before the evening final's session is scheduled to begin.

**2009 USA Swimming/Speedo Champions Series
Western Region Short Course Championship
Hosted by Tacoma Swim Club & Salmon Bay Aquatics
March 11-15, 2009
TEAM INFORMATION--MASTER ENTRY FORM**

TEAM NAME: _____ CLUB CODE: _____

CONTACT NAME: _____ PHONE #: _____

E-MAIL ADDRESS: _____

TEAM ADDRESS: _____

COACH(ES) ATTENDING MEET: _____

While in Federal Way our coach can be reached at: _____

Motel Name/Phone #

The following statement must be signed by coach or team representative:

I have read the meet information and attest that all swimmers entered are current (2009), full-year members of USA Swimming.

Signature: _____ Date: _____

ENTRY SUMMARY

Total from Master Entry Form(s) = \$ _____

Total from Relay Entry Form = \$ _____

Team Total = \$ _____

(Make checks payable to Tacoma Swim Club)

ENTRY DEADLINE – 11:59 P.M. Saturday, February 28, 2009

Mail team information form/disk/entry forms/check to:

Tacoma Swim Club – SR Sectionals
PO Box 65006
Tacoma, WA 98464-1006

**2009 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN REGION SHORT COURSE CHAMPIONSHIP**

Hosted by Tacoma Swim Club & Salmon Bay Aquatics
Weyerhaeuser King County Aquatic Center
March 11-15, 2009

FAX ENTRY FORM

TEAM NAME: _____ **CLUB CODE:** _____

COACH NAME: _____ **PHONE #:** _____

COACH'S USA ID#: _____ **EMAIL ADDRESS:** _____

HOME ADDRESS: _____

City State Zip
FAX QUALIFICATION PERIOD – February 28 – March 8, 2009
FAX DEADLINE – 11:59 p.m., Sunday, March 8, 2009 (PDT)
FAX PHONE NUMBER – 253-756-6921 (Please call first)

Only swimmers achieving the qualifying time standards for the first time from Saturday, February 28, 2009, through Sunday, March 8, 2009, may be sent by FAX transmission. These faxed entries must be received no later than 11:59 p.m. (PDT) on Sunday, March 8, 2009, and may not be used to improve the seed time of a previously submitted entry. **Relay FAX entries will not be accepted after the normal entry deadline. Updating bonus swimmers to a qualifying time after the entry deadline is not permitted. However, a swimmer who swims a first-time qualifying time in an event in which they had previously entered as a bonus swim, may treat the bonus swim as a qualifying swim in order to allow for additional bonus swimmers. Adding bonus swimmers for qualifying times achieved after the entry deadline is permitted.**

We have entered the following events on this FAX entry form:

Women: Individual Events _____ x \$7.50 = _____ Men: Individual Events _____ x \$7.50 = _____

Total Faxed Entry Fee \$ _____ FAX entries must be paid at the Registration Desk.

The undersigned coach or team representative of all swimmers listed on this entry form hereby certifies that all times stated on this entry form are true and correct.

Coach Signature: _____

Swimmer Information

Print Name _____ Age _____

Team Name _____

Female _____ Male _____ Registration # _____

Swimmer previously entered in meet? Yes _____ No _____

Event # _____ Event _____ Time: _____ Date Achieved: _____

Event # _____ Event _____ Time: _____ Date Achieved: _____

Event # _____ Event _____ Time: _____ Date Achieved: _____

**2009 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN SECTION SHORT COURSE CHAMPIONSHIPS**

Hosted by Salmon Bay Aquatics and Tacoma Swim Club
Weyerhaeuser King County Aquatic Center
March 11-15, 2009

APPLICATION TO OFFICIATE

You are hereby invited to officiate at the 2009 USA SWIMMING/SPEEDO CHAMPIONS SERIES SHORT COURSE CHAMPIONSHIPS to be held at the Weyerhaeuser King County Aquatic Center in Federal Way, WA. The meet will be conducted over a 4½ day period with the Prelims starting at 9:00 a.m. and Finals at 5:30 p.m. (Timed Finals at 4:30 p.m. on Wednesday and Finals at 4:30 p.m. on Sunday). A mandatory officials briefing session will be held one hour prior to each session. The Western Section Short Course Championship has been designated as a training meet for N2 and N3 National Championship Officials Certification. The dress is white shirt/blouse for prelims and finals; khaki pants, shorts, or skirts (no shorts at finals); white socks; and white shoes. Officials desiring an assigned position must submit their application no later than February 8, 2009 (preference will be given to those who agree to work all sessions). All others planning to attend the meet are encouraged to return their application by March 1, 2009. The meet referee will be Ken Breiding.

Name: _____ LSC: _____
Address: _____ Team: _____
City, State, Zip: _____ Phone: _____
E-Mail: _____

I will work at all sessions: _____ I can't work at all sessions. I will be able to work:
Wednesday (Competition at 4:30 p.m.) Finals _____
Thursday Prelims _____ Finals _____
Friday Prelims _____ Finals _____
Saturday Prelims _____ Finals _____
Sunday Prelims _____ Finals _____

Key position(s) desired (i.e. chief judge, starter, deck referee) _____

CURRENT CERTIFICATION

LSC Position Certified: _____ Expiration: _____
N2 Position Certified: _____ Expiration: _____
N3 Position Certified: _____ Expiration: _____

PLEASE RETURN THIS INVITATION TO:

Ken Breiding
25305 121st Pl. SE
Kent, WA 98030
(253) 657-9885 (W), (253) 630-1198 (H)
Email: kenbreiding@comcast.net

Please circle polo shirt size:

Small
Medium
Large
X-Large

**2009 USA SWIMMING/SPEEDO CHAMPIONS SERIES
WESTERN SECTION SHORT COURSE CHAMPIONSHIPS**

Hosted by Tacoma Swim Club & Salmon Bay Aquatics

Weyerhaeuser King County Aquatic Center

March 11-15, 2009

RELAY FORM

Team Name:			
Team Code:		LSC Code:	
Coach:		Home Phone:	
Coach's USA ID#:		Office Phone:	
E-Mail Address:		Cell Phone:	

Enter the time only for each relay team in the appropriate place below. Swimmer names will be required on the relay entry forms provided at the meet. If entering with a LCM or SCM time, please indicate by placing a LCM after a long course meter time and SCM after a short course meter time.

Event #	Event	Team A	Team B
3	Women's 200 Freestyle Relay		
4	Men's 200 Freestyle Relay		
13	Women's 200 Medley Relay		
14	Men's 200 Medley Relay		
19	Women's 800 Freestyle Relay		
20	Men's 800 Freestyle Relay		
29	Women's 400 Freestyle Relay		
30	Men's 400 Freestyle Relay		
37	Women's 400 Medley Relay		
38	Men's 400 Medley Relay		

Total number of relay teams entered above: _____ x \$15.00 = _____
(Insert this total on the Team Information Sheet)