

Hosted by Mt Hood Aquatics Mt. Hood Aquatic Center July 19-23, 2011

Held Under the Sanction of Oregon Swimming and USA Swimming, Inc.
Sanction No.: pending
Time Trial Sanction No.: pending

Location: Mt. Hood Community College Aquatic Center, 26000 SE Stark, Gresham, OR; telephone (503) 491-

7243; <u>Eastbound</u>: Take I-84 (Troutdale), continue past the fast food restaurants, turn right at light onto 257th, continue up the hill approximately 2.6 miles, turn left onto 17th Street, take first left into parking lost, the pool is on the left behind the soccer field; Westbound: Take I-84 toward Portland to

exit 17, go south on 257th and follow the instructions above.

Facility: Outdoor pool, 50 meters by 25 yards, 8 lanes, 2.5 meters per lane. The starting end of the pool is 16

feet deep. The shallow end of the pool is 6.0 feet deep. Parking available and seating for 3,000 spectators. The indoor pool (25 yards by 15 yards) will be open for warm-up/cool-down swims during the entire meet. Swim venue includes: all areas enclosed in the indoor pool natatorium and the outdoor pool area. Open pool deck areas available for swimmers, coaches and officials only. New features: Electronic timing and matrix scoreboard. The competition course has been certified in

accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Meet Referee: Jacki Allender Admin Referee: TBA

2512 NW Acey Way Corvallis, Oregon 97330 (Home) 541-753-5681 (Cell) 541-990-5144 jallender@marykay.com

Meet Director(s): Julie Greenaway Brandon Drawz

1409 S.E. 207th AvenueMt. Hood Aquatic CenterGresham, Oregon 9703026000 SE Stark Street(Home) 503-667-4465Gresham, Oregon 97030

(Cell) 503-804-8743 503-491-7244

Email: agreena833@aol.com Email: drawzb@mhcc.edu

Dates: July 19-23, 2011: Tuesday, Wednesday, Thursday, Friday, and Saturday

Monday, July 18, 2011, 1:00 p.m. to 7:00 p.m. and Tuesday, July 19, 2011, 1:00 p.m. to 3:00 p.m. the

pool is available for supervised warm-up (no marshals), certified coaches must be on deck.

Additional time may be available, contact the Brandon Drawz for more information.



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Schedule:

PRE-MEET/ MEETING SCHEDULE	DESCRIPTION	Тіме	
Monday, July 18	Supervised warm-up (no marsl coach must be on deck)	hals);	1pm – 7pm
	Supervised warm-up (no marshals); coach must be on deck)		1pm – 3pm
Tuesday, July 19	General Meeting	2pm	
Thursday, July 20	Section Business Meeting	Following the completion of the preliminary session	
OFFICIALS MEETINGS	1 hour before	e each se	ession each day
MEET SCHEDULE	PRELIMS		FINALS
Tuesday, July 19	>>>>>>>		n-Up: 3pm – 4:20pm petition: 4:30pm
Wednesday – Friday, July 19-23	Warm-Up: 7:00am – 8:50am		n-Up: 4pm – 5:20pm petition: 5:30pm
Saturday, July 23	Competition: 9am		n-Up: 3pm – 4:20pm petition: 4:30pm

Rules:

Current USA Swimming rules will govern this meet. Meet format will be Prelims (8 lanes) and Finals (8 lanes). One championship heat (8 lanes) and three consolation heats (8 lanes) will compete in Finals except as noted in Schedule of Events. Seeding for the meet will be Long Course Meters (LCM), Short Course Meters (SCM), Short Course Yards (SCY).

PLEASE REVIEW SCRATCH RULES AND CHECK-IN PROCEDURES LISTED ON FOLLOWING PAGES.

Eligibility:

Open to all swimmers who:

- 1. Are currently registered with an USA Swimming LSC within the Western Region Section of the Western Zone (AZ, HI, IE, MT, CO, NM, UT, WY, PN, OR, AK, or SR) as of the day meet entries close.
- 2. Are a full-year member of USA Swimming. Note: It is the legal responsibility of each club to ensure that each swimmer listed on the Master Entry Form is USA Swimming Registered for the current year. There will be no on-deck USA Swimming registration.
- 3. Have met the appropriate 2011 qualifying times in competition, between July 20, 2010 and the entry deadline (July 12, 2011).
- 4. Meet management will produce a psych sheet prior to the start of the meet with markings to indicate times requiring proof as required under #5 below. The psych sheet will be e-mailed to all who have requested by e-mail and will be posted on the Mt Hood Aquatics website (www.mthoodaquatics.org).



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- 5. Each entry time used must be from a "Sanctioned" or "Approved" meet, or from an "Observed Swim" in accordance with USA Swimming Rules and Regulations. Entry times which are not in the SWIMS database must be proved to the meet director, or designated representative, prior to the scratch deadline for the event. Failure to provide such proof of time prior to the scratch deadline for the event will result in the swimmer not being able to swim.
- 6. Unattached swimmers who are not associated with a team should make every effort to identify a coach willing to take responsibility for them during warm-ups and the meet. If an unattached swimmer cannot find a coach to assist in this manner, such swimmer should notify the meet referee as soon as possible and at least one day prior to the start of the meet.
- 7. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing racing starts or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement

Event Limit:

Each swimmer entered may participate in up to six (6) individual events and up to five (5) relays. No swimmer may participate in more than three (3) individual events per day, including time trials. All swimmers, including relay only swimmers, are limited to three (3) time trials. With the following stipulations:

- 1. If there are 800 or fewer swimmers entered, any swimmer may enter up to the 6 individual events they have qualified for.
- 2. If there are more than 800 swimmers entered, at the discretion of the meet referee, swimmers entered with 6 individual events may only be permitted to swim 5 individual events. Swimmers entered in 5 or fewer individual events will not be impacted.
- 3. The meet entry form will be modified to permit swimmers entered in 6 individual events to designate which event will be dropped. If a swimmer who enters 6 individual events does not designate which event will be dropped, the meet director will remove the slowest entry time event, e.g. the 200 breaststroke is slower than the 200 free.
- 4. If the number of events for a swimmer is dropped, the swimmer and/or club must request reimbursement of fees prior to the end of the meet.

Teams may enter more than two (2) relay teams in each relay event but only the top two (2) teams will be scored and placed in each relay event.

Time Line:

All preliminary events except the 50 M Freestyle and Relays will be double ended with starts from both ends of the pool. If the projected length of a preliminary session exceeds 4½ hours, the meet referee, in consultation with the meet host and the Western Region Section Officers, reserves the right to divide the preliminary session into "A" and "B" sessions. The "A" session will consist of the fastest 7 heats (5 of the 400 meter events) with the remainder of the heats in the "B" session. The "B" session will be swum fastest to slowest.

If the projected length of Saturday's 1500 freestyle preliminary events does not allow for the scheduled Finals start time, the meet referee reserves the right to first, reduce the warm-up time for the Finals' session to one hour; second, to swim some number of the heats two-to-a-lane and third, to begin the Saturday warm-up period for the preliminary session one hour earlier (6:00 a.m.).



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Entries:

Entries may be submitted on line beginning on May 15, 2011 (12:00AM PDT) through the USA Swimming website: www.usaswimming.org/ome . Entries through the on-line entry system is required. On-line entries will be accepted until July 12th (11:59PM PDT). You will be required to pay for the online entries with Visa, Mastercard, American Express, or Discover. There is an OME option to pay by check. Please send payable to: MHA, c/o Julie Greenaway, 1409 SE 207th Street, Gresham, OR 97030. Email: agreena833@aol.com. Once you complete your online entry you will be sent a confirmation email. Bring all communications with you to the meet in case of problems with entries. You can return to your entry after you have checked out to modify entry times should they improve during the entry period. You can also add events to your entry but you cannot delete events after you have paid for them. If you are entering online, please DO NOT submit a paper entry to USA Swimming. For help with on-line entry, please contact Susan Woessner at USA Swimming at (719) 866-3589 or (719) 332-0184.

Please enter with an accurate time achieved in the proper course. **Conversion times will not be accepted.** The meet will be seeded using the Long Course Meters times first, followed by Short Course Meters and finally Short Course Yards.

Entries must be accompanied by payment. Swimmers' current USA Swimming numbers must be on the entry form. Relay-only swimmers must be listed on the entry form. No faxed entries will be accepted other than those for first time swims made July 12th through 17th.

Entry Fees & Surcharge:

\$15.00 Surcharge per Swimmer \$8.00 Individual Event Fee

\$15.00 Relay Fee

\$10.00 Time Trial fee for individual events and \$15.00 Time Trial fee for relay events

Entry Deadline:

On-line entries will be accepted until July 12th (11:59PM PST).

Entries for swims from Tuesday, July 12, 2011, through Sunday July 17, 2011, that achieve a first time individual qualifying standard may be sent by e-mail on the entry form enclosed to agreena833@aol.com. E-mail entries must be received no later than 11:59 p.m. (PDT) on Sunday, July 17, 2011, and may not be used to improve the seed time of a previously submitted entry. Relay e-mail entries will not be accepted after the normal entry deadline.

LATE ENTRIES WILL NOT BE ACCEPTED AND UPDATING OF TIMES IS NOT PERMITTED.

Entry Address:

On Line Entry System: www.usaswimming.org/ome

Questions concerning meet entries should be directed to the Meet Referee.



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Scratch Procedures:

The USA Swimming National Championship scratch procedure and no show rule will be used at this meet, subject to the modifications described below. These rules are described in the current USA Swimming Rules (207.12.6 in the 2011 Rule Book).

SWIMMERS MUST CHECK IN FOR THE 800 FREESTYLES AND 200 FREE RELAYS ON TUESDAY EVENING NO LATER THAN 15 MINUTES AFTER THE CONCLUSION OF THE GENERAL MEETING. SWIMMERS ARE CONSIDERED CHECKED IN FOR ALL OTHER EVENTS EXCEPT RELAYS AND THE 1500 FREESTYLES UNLESS SCRATCHED.

- 1. The Scratch Box will be located at the Clerk of Course for the duration of the meet.
- 2. Scratches prior to the seeding of preliminary heats shall be confirmed by properly filling out and depositing a scratch card in the scratch box, available at the Clerk of Course.
- 3. Entrants in the 800 and 1500 Freestyles must check-in and confirm their intention to compete before the scratch deadline in order to be seeded. For the 1500-meter freestyles, seeded heat sheets will be published at the end of finals on Friday.
- 4. Scratch/Check-in Deadlines are as follows:
 Check in for all relays and the 800 and 1500 Freestyles, or place your scratch card in the Scratch
 Box located at the Clerk of Course according to the following time lines:
 - A. **Tuesday July 19th** Swimmers must check in at the Clerk of Course no later than 15 minutes after the conclusion of the general meeting for the 800 freestyles and the 200 Free Relays. For swimmers not physically present on the first day to check in for Wednesday's events, the option to check in via e-mail or by phone to the Administrative Referee will be available. This may be done by calling the Administrative Referee, TBA, 541-490-9920, e-mail (c/o Julie Greenaway 503-804-8743) or e-mailing agreena833@aol.com. This is available only for the Wednesday's events. All other days will require physical check-in. Coaches' packets may be picked up at the Clerk of Course. Current coaching credentials must be shown in order to pick up packet.
 - B. **Wednesday, July 20th** The Scratch Box will close 30 minutes after the start of Tuesday's Finals session (5:00 p.m.).
 - C. **Thursday, July 21**^{sf} The Scratch Box will close 30 minutes after the start of Wednesday's Finals session (6:00 p.m.).
 - D. **Friday, July 22nd** The Scratch Box will close 30 minutes after the start of Thursday's Finals session (6:00 p.m.).
 - E. **Saturday**, **July** 23rd The Scratch Box will close 30 minutes after the start of Friday's Finals session (6:00 p.m.). Entrants in the 1500-meter freestyles must check-in and confirm their intention to compete before the scratch deadline on Friday in order to be seeded.
 - F. **Finals** swimmers should report to the Administrative Referee within 30 minutes of the announced qualifiers for that race that they may not intend to compete and should further declare to the Administrative Referee their final intentions within thirty (30) minutes following their last individual preliminary event.

Entries for all relays must be checked in prior to the scratch deadline in order to be seeded. Each coach shall pick up relay entry forms from the Clerk of Course on which he/she shall list the competing relay swimmers and order of swimming for each entered relay. Relay forms shall be returned to the Clerk of Course for tabulation approximately one (1) hour prior to the start of relays. However, they may be changed up to the time of the swim.



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Scoring:

Scoring will be on a sixteen (16) place basis (must meet time standard). Individual Events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 Relay Events receive double these point values.

Teams may enter more than two (2) relay teams in each relay event but only the top two (2) teams will be scored and placed in each relay event.

Awards:

Medals will be provided for top 8 places for individual and 3 places for relay events Trophies for team awards -- first through third places for men, women and combined Women's and Men's Individual High Point Awards

Team scoring will be based on 16 places per event including relays

Travel Fund:

Swimmers who attend both this Sectional Championship and 2011 ConocoPhillips National Championship and/or Jr. National Championship are eligible to receive a travel reimbursement. The amount of the reimbursement will be determined based upon total entry fees for this meet and the number of swimmers who qualify and attend the 2011 ConocoPhillips National Championship and Jr. National Championship. Application for the reimbursement must be made by using the appropriate form (posted on website) within 15 days following the conclusion of the 2011 Jr. National Championship.

Meetings:

<u>Section Business Meeting</u>: The section business meeting will take place on Thursday, July 21st following the conclusion of the preliminary session in the Hospitality Room.

<u>General Meeting:</u> A general meeting will be held Tuesday, July 19th at 2:00 p.m. in the Hospitality Room. Teams must have a coach or team representative in attendance.

<u>Officials:</u> There will be an officials meeting one (1) hour prior to the beginning of each session each day.

Officials: We appreciate the help of certified officials from other clubs; if you will be attending this meet please return the attached Application to Officiate. In order to be considered for an assigned position, applications must be received by June 11, 2011.

National Championship

Certification:

This meet has been designated as a training meet for N2 and N3 Officials Certification. Officials wishing to obtain or renew this level of certification must apply on the attached application form, and notify Jacki Allender, Meet Referee, upon arrival at the meet. Instructions for Certification will be provided during the Officials' briefings.

Hospitality: A hospitality room will be provided for officials and coaches.



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Warm-Up Procedures:

General Warm-up (first half) NO DIVING from the blocks or sides of pool.

Sprint and Pace Warm-up (remainder).

Lanes 1 & 8 pace lanes—push off, one or two lengths and back. No diving or racing starts. CIRCLE SWIM ONLY.

Lanes 2 & 7 sprint lanes—dive start, swim only one direction (return from adjacent lane).

Backstrokers enter the water feet first in rotation. No diving over persons in the water.

Lanes 3, 4, 5, & 6 general warm-up-No Diving.

Additional sprint lanes may be made available upon request to the Referee.

**Warm-up may be modified to accommodate the number of swimmers entered at the discretion of the meet management in agreement with the Referee.

Shaving is not permitted in this facility.

Time Trials:

Time trials will be conducted on a time available basis. Swimmers must be entered in the meet with a proven time in an individual or relay event to be eligible to participate in time trials. Each time trial swim will count toward the daily event limit, with a combination of time trials and meet events not to exceed three (3) per day. Swimmers are limited to a maximum of three (3) time trials during the course of the meet. Entries must be turned into the Clerk of Course with the fee (\$10.00/ind. and \$15.00/relay) one hour before the projected end of preliminaries.

Except as noted below, Time Trials shall be swum in the order listed under the meet program as follows:

- 1. First day: Only the 800 freestyle time trials will be offered immediately following those events.
- 2. Second and all subsequent days except the final day: That day's events will be swum, followed by the events of the remaining day(s) of the meet, followed by the events of the previous days.
- 3. Final Day: Time trials will only be offered if there is sufficient time after swimming the preliminary heats of the 1500 freestyle.
- 4. Exception: For long course championships, on the day the 50-meter freestyle is contested, the 50 meter freestyle time trials will be the first event in the time trial program. On all other days, the 50 meter freestyle will be the last event of the time trial program.
- 5. The 1500 freestyle will be offered only once, on the day there is the most amount of time between sessions. The day will be announced at the general meeting on Tuesday, July 20th.

Timers:

Swimmers/clubs are responsible for providing their own timers for the 800 and 1500 freestyle swims on Tuesday evening and Saturday afternoon. Swimmers/clubs are also responsible for providing their own timers for any time trial event.

Teams will be assigned lanes for the Prelim sessions based on number of swimmers entered. Timing assignments will be e-mailed out once entries have been processed.

Concessions:

Snack bar is available throughout the competition and is controlled and operated under contract with Chartwells and the Aquatic Center - the host team/MHA and Oregon Swimming receive no benefit.



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Social Events: Officials/Coaches Social will be held Thursday, July 22nd following the conclusion of finals. Details

to follow.

Programs: Psych Sheets: \$10.00

Heat Sheets: Prelims - \$3.00 each session

Finals - \$2.00 each session

Results: \$5.00 (Please order at the Clerk of Course)

Information

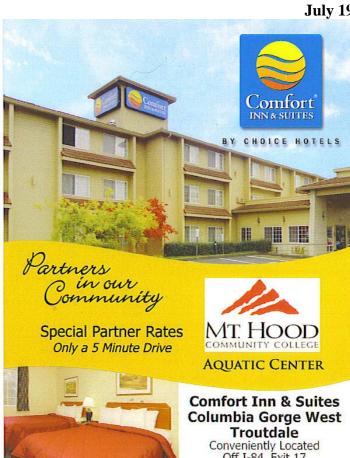
on the Web: Meet information, as well as results of each session, will be posted on the Oregon Swimming, Mt.

Hood Aquatics, the Western Zone, and USA Swimming websites. (<u>www.oregonswimming.org</u> or

www.mthoodaquatics.org or www.westernzoneswimming.org or www.usaswimming.org).



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ES

Conveniently Located Off I-84, Exit 17 Troutdale, OR 97060

"Gateway to the Scenic Columbia River Gorge"

Complimentary HOT Breakfast Includes waffles, biscuits & gravy, fruit, assorted cereals, breads, oatmeal, eggs, juice and coffee

Nightly Soup Bar **Indoor Heated Pool** Fitness Center, Meeting Room Free WiFi Access In-Room Coffee Refrigerators & Microwaves Charter Bus Parking 24 Hour Meal Service provided by Shari's Several Restaurants within walking distance Shopping Outlets & Historic Downtown Troutdale

> gorgehotels.com 1-800-824-6824





2011 USA SWIMMING/SPEEDO CHAMPIONS SERIES WESTERN REGION SECTION CHAMPIONSHIP **Hosted by Mt Hood Aquatics** Mt. Hood Aquatic Center

July 19-23, 2011

Mt. Hood Aquatics Preferred Hotels





The Embassy Suites-Portland Airport and Holiday Inn-Portland Airport are proud to partner as the preferred hotels with Mt. Hood Aquatics in providing special rates for swim meets.

Embassy Suites Portland Airport Special rate of \$119 per night

(not including 12.5% occupancy tax)

- Close proximity to Mt. Hood Aquatics 12 miles
- · Complimentary full, cooked-to-order breakfast
- · Pull-out sofa in separate living room
- Refrigerator and microwave

Holiday Inn Portland Airport Special rate of \$79 per night

(not including 12.5% occupancy tax)

- · Close proximity to Mt. Hood Aquatics 11 miles
- · Complimentary internet throughout hotel
- Secure hotel with 24-hour security
- · Over 133 double bed rooms
- · Coin-operated laundry facilities
- · Complimentary hot breakfast (up to 2 per room)

Both properties feature:

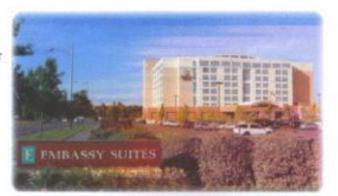
- · Pre-made room key for easy check in
- · Team rooms blocked on same floor
- Experienced staff servicing team blocks
- · Complimentary airport shuttle service
- · Fitness center
- 24 hour business center
- · Indoor pool and whirlpool
- · Bus parking
- · Meeting spaces for team meals or study groups

For reservations contact:

Earlene Bailey Sales Manager

Direct: 503.914.5250

Email: earlene.bailey@jqh.com.











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Local Hotels/

Motels: Best Western Inn & Suites 503-491-9700

Best Western Pony Soldier 503-665-1591

Comfort Suites 503-661-2200 Days Inn & Suites 503-465-1515 Embassy Suites 503-460-3000

Four Points by Sheraton 503-491-1818

Hampton Inn 503-669-7000

Hawthorn Inn & Suites 503-492-4000 Holiday Inn Express 503-492-2900

Phoenix Inn 503-669-6500 Shilo Inn 503-907-1777 Sleep Inn 503-618-8400

RV's and

Motor homes: May stay at the east end of the Mt. Hood parking lot, but no hook-ups are available.



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Qualifying Times

	WOMEN				MEN	
SCY	SCM	LCM	Event	SCY	SCM	LCM
24.87	27:67	28.27	50 FREE	22.35	24.68	25.61
53.66	59.05	101.14	100 FREE	48.47	53.46	55.85
1:55.88	2:07.66	2:12.32	200 FREE	1:46.06	1:57.41	2:02.66
5:09.61	4:27.32	4:39.69	500/400 FREE	4:48.97	4:10.13	4:22.79
10:46.09	9:22.55	9:42.19	1000/800 FREE	10:14.69	8:57.79	9:12.79
18:09.88	17:58.11	18:44.59	1650/1500 FREE	17:03.26	16:44.43	17:36.59
59.61	1:06.52	1:10.07	100 BACK	54.66	1:00.70	1:05.23
2:08.15	2:23.31	2:29.84	200 BACK	1:58.75	2:13.13	2:21.19
1:08.62	1:15.39	1:20.01	100 BREAST	1:02.09	1:08.03	1:13.19
2:29.06	2:43.79	2:53.49	200 BREAST	2:16.49	2:29.33	2:40.79
58.83	1:04.58	1:06.81	100 FLY	53.27	59:29	1:00.90
2:11.90	2:26.16	2:31.16	200 FLY	2:01.79	2:13.25	2:20.39
2:11.54	2:25.08	2:31.09	200 IND. MEDLEY	2:00.45	2:13.09	2:18.69
4:37.46	5:05.93	5:18.84	400 IND. MEDLEY	4:18.89	4:46.49	4:57.79
1:44.69	1:56.89	1:59.29	200 FREE RELAY	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	400 FREE RELAY	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	800 FREE RELAY	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	200 MEDLEY RELAY	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	400 MEDLEY RELAY	3:47.49	4:15.75	4:23.39



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ORDER OF EVENTS

Women's Event #	Tuesday	July 19, 2011	Men's Event #
1	800-meter (C)	Freestyle	2
3	200-meter (A)	Freestyle relay	4
Women's Event #	Wednesday	July 20, 2011	Men's Event #
5	100-meter	Freestyle	6
7	200-meter	Breaststroke	8
9	200-meter	Backstroke	10
11	200-meter	Butterfly	12
13	200-meter (B)	Medley Relay	14
Women's Event #	Thursday	July 21, 2011	Men's Event #
15	200-meter	Freestyle	16
17	400-meter	Individual Medley	18
19	800-meter (B)	Freestyle Relay	20
Women's Event #	Friday	July 22, 2011	Men's Event #
21	100-meter	Backstroke	22
23	400-meter	Freestyle	24
25	100-meter	Breaststroke	26
27	100-meter	Butterfly	28
29	400-meter (B)	Freestyle relay	30
Women's Event #	Saturday	July 23, 2011	Men's Event #
31	200-meter	Individual Medley	32
33	1500-meter (D)	Freestyle	34
35	50-meter	Freestyle	36
37	400-meter (A)	Medley Relay	38

- A. These relays will be conducted as timed finals, all heats in preliminaries.
- B. These relay events on Wednesday, Thursday and Friday will be conducted as timed finals with the two fastest heats of women and men swum at the end of finals. All slower heats will be swum as scheduled during preliminaries in the following order: $3^{rd}/4^{th}$ fastest heat of women, $3^{rd}/4^{th}$ fastest heat of men, 5^{th} fastest heat of men, 6^{th} fastest heat of women, 6^{th} fastest heat of men, etc..
- C. The women and men's 800 freestyle will be conducted as timed finals with all heats on Tuesday evening. The heats will be swum slowest to fastest in event order.
- D. The 1500-meter freestyle will be conducted as timed finals. The fastest heat of women and men will be swum in finals in event number order. All other heats will be swum at the end of preliminaries, alternating women and men's heats, slowest to fastest. The starting time for each preliminary heat shall be scheduled so that the second fastest heat of men's is concluded 90 minutes before the evening final's session is scheduled to begin.



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TEAM INFORMATION

TEA	M NAME:	C1	LUB CODE:	
CON	TACT NAME:	PI	IONE #:	
E-MA	AIL ADDRESS:			
TEA]	M ADDRESS:			
COA	CH (ES) ATTENDING MEET:			
		Cell #:_		
		Cell #:_		
		Cell#:_		
The f	Collowing statement must be signed by	a coach or	team representative:	
	e read the meet information and attest bers of USA Swimming.	that all sv	vimmers entered are curi	ent (2010), full-year
Signa	nture:	Dat	e:	
	ENTRY SUMMARY			
	Total from Master Entry Form(s) Total from Relay Entry Form = Team Total =	=	\$ \$ \$	_ _ _
	I have paid for my entries on OME	with a cre	lit card.	
	I am mailing a check for payment of	f my entric	es on OME to MHA (add	ress below).

ENTRY DEADLINE – 11:59 P.M. TUESDAY, July 12, 2011

Mail team information or team information with check to:

MHA c/o Julie Greenaway 1409 S.E. 207th Avenue Gresham, OR 97030 Agreena833@aol.com



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E-MAIL ENTRY FORM

	DHONE #.					
	ACH NAME:PHONE #:					
EMAI	L ADDRESS:					
y	State	Zip				
e-mail. These e-mail entries m	nust be received no later than	11:59 p.m. (PDT) on Sunday Jul				
events on this e-mail entry forn	n:					
Swimmer I	nformation					
	<i>F</i>	Age				
		_				
Registration #						
.0. ***						
meet? Yes	No					
meet? Yes Time:						
	Date Achieved:					
Time:	Date Achieved: Date Achieved:					
Time: Time:	Date Achieved:Date Achieved:Date Achieved:					
Time: Time: Time:	Date Achieved: Date Achieved: Date Achieved: Date Achieved:					
	AIL QUALIFICATION PRAIL DEADLINE – 11:59 p. alifying time standards for the e-mail. These e-mail entries into improve the seed time of a ry deadline. events on this e-mail entry form x \$8.00 = e-mail entries must be pure representative of all swimmer true and correct.	AIL QUALIFICATION PERIOD – July 12 - July 14 AIL DEADLINE – 11:59 p.m., Sunday, July 17, 201 alifying time standards for the first time from Tuesday e-mail. These e-mail entries must be received no later than to improve the seed time of a previously submitted entry. ry deadline. events on this e-mail entry form: x \$8.00 = x \$8.00 = e-mail entries must be paid at the Registration Desk. m representative of all swimmers listed on this entry for true and correct. Swimmer Information				

(Duplicate This Form As Necessary)



Hosted by Mt Hood Aquatics Mt. Hood Aquatic Center July 19-23, 2011

APPLICATION TO OFFICIATE

SPEEDO CHAMPIONSHIP SERIES WESTERN REGION LC CHAMPIONSHIPS Mt. HOOD AQUATIC CENTER GRESHAM, OREGON JULY 19-23, 2011

Deadline to be considered for Admin referee or assistant: *May 23, 2011*Deadline for other assigned positions: *June 15, 2011*

ASSIGNED TEAM MEMBERS SHOULD MAKE AN EFFORT TO BE AVAILABLE FOR TEAM MEETINGS ON TUESDAY AT 1:00P.M (admin must be available by 11:00).

THE GENERAL MEETING IS SCHEDULED FOR 2:00P.M.

For stroke & turn, applications are requested for planning purposes. However walk-ins will be accepted. Daily officials meetings will be held one hour prior to the start of competition.

Uniform is white polo shirt over khaki pants/skirt (shorts are acceptable for prelims).

Name:						LSC:
Address:						Team:
City, State, Zip:						Phone:
E-mail:						
Assignment request:						
	I am available to wo	rk	8	all session	ıs, or the fo	llowing session(s) as indicated:
2 nd	Tuesday, Timed Fin)		
3 rd	Wednesday Prelims				•	Finals
	Thursday Prelims					nals ls
4 th	Saturday Prelims		_			nals
Request evaluation for						
	Lev	el	N1	N2	N3	
Current certifications	s: Stroke & '	Turn				(indicate years and months)
	Chief Jud	ge				
	Starter					
	Referee					
	Admin ref	feree				
Please return application to						
Jacki Allender at <u>jallender@</u> Or	marykay.com	Shirt Size	e – may	require 1	minimum	of 4 sessions –
2512 NW Acy Way Corvallis, OR 97330 541-753-5681		Mens			Womens	s(if available)



Hosted by Mt Hood Aquatics

Mt. Hood Aquatic Center July 19-23, 2011

MASTER ENTRY FORM (PROOF OF TIME)

Team Nan	ne:						
Team Cod	e:				LSC Code:		
Coach Nai	ne:				Home Phone:		
Coach's U	SA ID #:						
E-Mail Ad	ldress:				Office Phone:		
Team Mai	ling Addre	ess:			Cell Phone:		
City, State	, Zip				Pool Phone:		
				er SCY in box. If qu		er SCM tim	e and enter
	x. List Re	elay Only S	wimmers wi	th "RO" in first ever	nt box.	A	C 1
Name: Event #	Time	SCY/SCM	Date	USA #: Meet Where Ti	ima Wag Dana	Age:	Gender:
Event#	Time	SC1/SCM	Date	Wieet Where II	inie was Done		
Name:	T			USA #:		Age:	Gender:
Event #	Time	SCY/SCM	Date	Meet Where Ti	ime Was Done		
Name:				USA #:		Age:	Gender:
Event #	Time	SCY/SCM	Date	Meet Where Ti	ime Was Done	•	
İ							



Hosted by Mt Hood Aquatics Mt. Hood Aquatic Center July 19-23, 2011

RELAY FORM

Team Name:	
Team Code:	LSC Code:
Coach:	Home Phone:
Coach's USA ID#:	Office Phone:
E-Mail Address:	Cell Phone:

Enter the time only for each relay team in the appropriate place below. Swimmer names will be required on the relay entry forms provided at the meet. If entering with a SCY or SCM time, please indicate by placing a SCY after a yard time and SCM after a short course meter time.

Event #	Event	Team A	Team B
3	Women's 200 Freestyle Relay		
4	Men's 200 Freestyle Relay		
13	Women's 200 Medley Relay		
14	Men's 200 Medley Relay		
19	Women's 800 Freestyle Relay		
20	Men's 800 Freestyle Relay		
29	Women's 400 Freestyle Relay		
30	Men's 400 Freestyle Relay		
37	Women's 400 Medley Relay		
38	Men's 400 Medley Relay		

Total number of relay teams entered above:	x \$15.00 =
	(Insert this total on the Team Information Sheet)



Hosted by Mt Hood Aquatics Mt. Hood Aquatic Center

July 19-23, 2011

WESTERN REGION SECTION SENIOR CHAMPIONSHIP REIMBURSEMENT REQUEST

THIS FORM IS DUE NO LATER THAN AUGUST 22, 2011

Coach's Name:		Phone:		
Email Address:		Date of Request:		
Coach's Signature:				
Full Team Name:	·		LSC:	
Mailing Address for Reimbursement Check:		Street or	P.O. Box	
	-	City, S	tate, Zip	
Swimmer must attend both (Please complete a	h Section M	ESTED CIRCLE ONE feet and National Champion rm for National Champion ships Junior Na	nships or Junior Nationals ships and Juniors)	
Dates of USA Swimming Championship Meet:		Location:		
Did Coach Attend Championship Meet? Yes	No 1	Name of Attending Coach:		
Swimmer's Name (Last, First)	Age	Event(s) Competed At Sectionals	Event(s) Competed At Nationals/Juniors (circle 1)	
			1	