

# MONTANA SWIMMING

January 30, 2019

Dear Members of Montana Swimming:

Attached are the minutes of the Montana Swimming spring House of Delegates (HOD) meeting that was held October 7, 2018, in Butte. Please review the attached minutes to ensure they accurately reflect the meeting and let me know by March 15th if they do not. If I don't receive any replies by March 15, I'll assume they are satisfactory.

Congratulations to the new and returning Montana Swimming board members. The 2019 Montana Swimming Short Course Championships will be March 1-3 in Missoula. The Montana Swimming Junior BC Championships will be March 9-10 in Bozeman.

Respectfully submitted,

Susan Huckleby  
Secretary, Montana Swimming  
shuckleby@msn.com

**Montana Swimming Fall House of Delegates Meeting Minutes**  
**October 7, 2018**  
**Butte YMCA, Butte, Montana**

The fall 2018 Meeting of the Montana Swimming House of Delegates was called to order at 9:00 a.m. on Sunday October 7 by administrative vice chair Tami Peters.

The meeting notice, which was duly and properly given, was posted on the LSC website. The meeting agenda is found in the appendix. Roll call was taken and those in attendance signed in on the attendance sheet found in the appendix. A quorum was present and the meeting proceeded.

Introductions:

Board members, athlete representatives, club voting members, and all others present at the meeting were introduced.

Meeting Minutes:

The meeting minutes from the May 2018 House of Delegates meeting were approved as presented.

**Reports of Officers**

Written reports by the officers are posted on the website and included in the appendix.

General Chair: Tony Popp's written report was read to the group by Matt Yovich.

Admin Vice Chair: Tami Peters reported she has been working on updating the Montana Swimming governance documents.

Program Development Co-Chairs: Kyle Potter reported towels will be awarded to the AAA all star swimmers. There was no report from Major Robinson.

Program Operations Chair: Jessica Kaufman reported that both Zones meets went well. There will be changes for next year especially with regards to uniforms and costs.

Finance Vice Chair: Matt Yovich's written report is posted on the website. Matt reported that not all the funds allocated in the budget had been spent this past year; however that does not mean there is extra money in the budget this year. Montana Swimming uses a web-based version of QuickBooks so the treasurer, finance vice chair, and general chair all have access to the LSC financial reports. More Montana Swimming license plates need to be sold or the LSC will lose that revenue stream. 400 license plates must be sold by June 30, 2019, and only 304 have currently been sold.

Secretary, Webmaster, Diversity and Inclusion Chair, and Scholastic All America: Susan Huckleby's written reports are posted on the website. Montana Swimming sent the D&I chair, a coach (Kristen Wyatt, BY), and three athletes (Sara Guillen, BOZ, Bennett Apostol, BY, and O'Shay Birdinground, BY) to the Western Zone D&I camp in June at San Diego. Applications for the fall Reach Out grant program are due October 9. Montana Swimming had six athletes named to the USA Swimming Scholastic All America team this year including Ethan Harder (BAC), James Bouda (KATS) - both

two time team members - Catherine Russo (BMA), Katharine Berkoff (MAC), Peter Thompson (BAC) and Parker Keller (HLST).

Treasurer: Craig Smith's written reports are posted on the website. For fiscal year 2017 there was approximately \$260,000 in the bank at this time. There is approximately \$40,000 less in than bank now than one year ago. Income exceeded expenses by approximately \$15,000 at the end of fiscal year 2017 which was almost identical to fiscal year 2016.

Coach Representative: Kirby Beierle reported the Montana Swimming coach retreat held September 8-9 at Fairmont Hot Springs was a great success. There were 23-24 coaches in attendance with four coaches leading workshops including Kirby, Peter Flynn (MYST), Kyle Harris (BOZ) and Jay Friend (MAC) along with Matt Yovich giving a talk on officiating. Kirby also reported for at least the last eight years the coach's representative has been incorrectly appointed. The coach representative is to be elected by the coaches during Short Course State in even years. This will be done next in 2020.

Operational Risk Chair: Caty Flikkema reported there were three accidents reported in the LSC including two athletes and one coach. Most accidents occur in the water followed by accidents in the locker room.

Technical Planning Chair: Sean Marshall set up the long course meet schedule which will be discussed later.

Registration Membership and Times Coordinator: Lanni Jacobson's written reports are posted on the website. Lanni reported the 2018 year round and seasonal athlete memberships declined from 2017. There were 1243 total athletes in 2017 and 1154 total athletes in 2018. There were 32,000 splashes/swims in 2018. The new junior coach membership is available this year and Lanni sent information to the club coaches about the program.

Officials Chair: Merle Gunderson's written report is posted on the website. Merle reported Lon Huckert of Bozeman was elected the new officials chair at the officials meeting yesterday.

Records Chair: Pam Harder's written report is posted on the website. Pam reported there were sixty new records set by fifteen athletes during the short course season and thirty-five new records set by eight athletes during the long course season.

Athlete Representatives: Junior athlete representatives Isabella Seagrave and Hannah Jourdonnais reported that three of the four current athlete representatives are from Missoula teams. They encouraged athletes from other teams to become more involved. Two new athlete representatives will be elected at short course state. The by-laws require a 20 percent athlete vote.

Safe Sport Coordinator: Janel McCormick's written report is posted on the website. She encouraged teams to promote safe sport more within the LSC by placing the safe sport tips in meet programs. Coaches can use the safe sport scenarios to discuss issues with their athletes. Anyone wishing to receive the safe sport scenarios should send Janel his/her/their email address. All new non-athletes members must pass the athlete protection training course.

### **Old Business**

Western Zone Meets: Jessica Kaufman reported next year at age group zones the 10&U 200 free and 200 medley mixed relays will be added, but the 10&U 400 free and 400 medley relays will be eliminated. These events need to be added to the Montana Swimming records. The 2019 and

2020 age group zones meets will be held at Mt Hood in Gresham, Oregon. The 2019 and 2020 senior zones meets will be held again in Clovis, California.

Mixed Meet: Kyle Kallin reported the mixed meet held in Helena at the end of July was well attended and included two teams from Canada. Athletes were split into the yellow and blues teams to compete. The Canadian teams loved the meet and suggested holding the meet with a prelim-finals format. Tami Peters recounted the mixer meet history. The mixer meet was originally held as a clinic/camp with a small meet at the end of the weekend to encourage C/B/BB swimmers to have fun, make new friends from across the state, and improve on their technique. Athletes and coaches from the teams were mixed into different groups and learned about dry-land training, technique, nutrition, college swimming, and more and they came home with some swag. It was not intended to be a swim meet.

AAA Camp and Montana All Stars: Major Robinson has the 2018 Montana Swimming All Star towels completed. There was no AAA camp held this year. The last AAA camp was held two years ago in Bozeman. The all star camp is for swimmers ages 13 and over. The 12 and under all star swimmers receive an award.

LEAP: Matt Yovich reported that Montana Swimming's LEAP level 2 status has expired and it must be renewed. Montana Swimming currently has LEAP level 1 status which also must be renewed. The LSC receives funding from USA Swimming when LEAP levels are attained. The LSC needs a checklist to know what to work on to complete all the requirements. Previously the LSC met during a weekend retreat with Arlene McDonald to work on various topics.

### **New Business**

#### 2018 USA Swimming Convention, Jacksonville, Florida, Reports:

- Athlete Representative Isabella Seagrave (MAC) reported she attended two morning swim practices and used power towers. She attended several meetings including forward progress (advanced leadership skills), the USADA presentation, transgender athlete issues and other meetings and participated in the community service program to teach swim lessons.
- Athlete Representative Hannah Jourdonnais (MYST) participated in the community service program to teach swim lessons, met many athletes from across the country, participated in a discussion about team culture, voted for the Athlete Executive Committee (AEC) members on the USA Swimming board, voted for Katie Ledecky as the athlete of the year, participated in the short HOD meeting, and said overall it was a good learning experience.
- Coach Representative Kirby Beierle (MYST) enjoyed the presentation by Russell Mark on his work with the national team and what he looks for in the different strokes. His presentation is on the USA Swimming website but doesn't include the video clips shown at convention. The coach-official panel discussion was a great learning experience as the panel discussed different scenarios. Kirby, Matt, Larry Johnson and Susan also watched Whitney Peters college swim meet.
- Diversity and Inclusion Chair and member of the Times and Recognition Committee Susan Huckleby (BTST) reported a proposal she helped write was passed by the Western Zone to provide funding for the WZ diversity and inclusion committee camps and all star team. Susan presented during the diversity and inclusion business meeting a proposal to provide reimbursement to outreach officials for their USA Swimming membership and background check fees. She had submitted ideas for consideration for the Best and Brightest awards contest which did not make it to the final round, but she voted on the finalists and an idea called the Alaska Athlete Voice won the top prize. She attended the officials' business meeting and workshop. As a member of the Scholastic All America subcommittee she

voted on updating the criteria for SAA next year with regards to what classes will be accepted for consideration. She attended the times and recognition business meeting reporting on the zone top times subcommittee. The social identity workshop was enlightening. The rules and regulations committee discussed the banning of tech suits for 12 and under swimmers. That proposal was passed at the HOD meeting with a few exceptions for top tier national meets (juniors, nationals, US Open, and Olympic Trials) effective September 1, 2020. The USA Swimming Board of Directors elections changed this year. Susan listened to interviews with the board candidates and was impressed with the quality of the candidates selected to run for the board. It was hard to choose who would be best candidates to vote for in the election. The keynote address, Transformation and Change, was given by Rishad Tabaccowalla. She also attended the using statistics to evaluate your LSC meeting, the registration vendor demonstration for the new updated online registration process, and the safety meeting discussion on concussions. Susan participated in the Mighty 2500 reunion meeting. Bozeman swimmer Ty Kendall was remembered during the Friday evening House of Delegates meeting. Kathleen Baker received the Phillips 66 performance of the year award. Susan thanked Montana Swimming for sending her to convention. It was a great learning experience with a great group from Montana

- Finance Vice Chair Matt Yovich (BOZ) reported that the Montana athletes were amazing at convention! They attended morning practices, went to many meetings, spoke up when asked questions, and represented the LSC very well. With changes mandated by USA Swimming our LSC by-laws will be updated with major changes. We will also need to update our LSC policy and procedures manual and rules and regulations manual. USA Swimming is making a big push for safety and safe sport. Clubs will need to have a safe sport chair for their team. A proposal to mandate a safety director at swim meets who must be a USAS Swimming non-athlete member failed. Matt attended the Western Zone general chairs luncheon and the USA Swimming Foundation luncheon along with the athletes and Coach Kirby. Matt attended Whitney Peters college swim meet.

12 & Under Tech Suit Ban: The USA Swimming House of Delegates passed a ban on 12 and under swimmers wearing tech suits for competition effective September 1, 2020. The only exceptions to this rule will be for 12 and under swimmers competing at Junior Nationals, Nationals, the US Open, and Olympic Trials. The USA Swimming age group development committee posted a white paper about the issue and it is posted on the MT Swimming website. A big motivator for the ban is cost to families plus science has shown that younger athletes don't have the muscle mass for the tech suits to be valuable as well as younger athletes having suits that don't fit correctly. A technical suit is one that has the following components: any suit with any bonded or taped seams regardless of its fabric or silhouette; or any suit with woven fabric extending past the hips. Woven fabric is a suit with woven fabric and sewn seams that does not extend below the hips is permitted. Knit fabric is a suit with knit fabric and sewn seams not extending below the knees is permitted. Suit manufacturers will have enough lead time to update current suit styles, develop relevant new styles, manage existing inventory and planned production, and incorporate the appropriate identification on the suits.

Safe Sport Update: No additional information.

Swimposium: Tony Popp asked Matt Yovich to register Montana Swimming for a swimposium while at convention. Matt did not do that due to the nearness of the MT Swimming House of Delegates meeting and concerns over the budget. The last swimposium was held in Polson and Matt Grevers was the national athlete in attendance. Meetings are offered for athletes, parents, coaches, and officials. USA Swimming brings the presenters. No decision was made to hold a swimposium.

### Zone Coaches' Reports:

- Senior Zones Head Coach Kyle Kallin (HLST): The team had a blast at the meet and the swimmers had many fast swims. The team had five swimmers in finals Saturday evening. The boys 400 free relay made it to finals. The Western Zone may re-evaluate the de-qual time for the meet as many of the top swimmers had Futures qualifying times and won the events. The team had 36 athletes competing at Clovis. Jessica Knoté (BAC) was the assistant coach.
- Age Group Zones Assistant Coach Kristen Wyatt (BY): Team Montana had 18 athletes compete in Roseville at the age group zone meet. Montana athletes made it to finals every day. All the Montana athletes were there for every race cheering on their teammates. There were forest fires in the area which affected the air quality somewhat. There was a fire near the pool one day during finals. Head Coach Mike Turner (MAC) had to bring the kids back from the fence who were watching the fire. A 25 year old Montana Swimming state record was broken at the meet. The team had a great meet and everyone had fast swims and lots of fun.

2019 Zone Team Coach Selection: The coaches voted for the coach of the year award winners at long course state. The Montana Swimming head coach of the year is Jay Friend (MAC). The Montana Swimming assistant coach of the year is Jessica Knoté (BAC). These coaches have the first opportunity to serve as the Montana Swimming zone coaches.

- 2019 Senior Zones Head Coach: Pat King (PWST)
- 2019 Senior Zones Assistant Coach: Kristen Wyatt (BY)
- 2019 Age Group Zones Head Coach: Jay Friend (MAC)
- 2019 Age Group Zones Assistant Coach: Jessica Knoté (BAC).
- If Jay Friend is unable to attend age group zones, Jessica Knoté would become the age group zones head coach.
- Kristen Wyatt would prefer to be the age group zone assistant coach if that position becomes available.
- The coach alternate for either meet in case a coach selected is unavailable to attend is Shannyn Midboe (MYST).

### Budget:

Treasurer Craig Smith presented the preliminary budget. Budget reports are posted on the website.

- Income: In 2017 USAS Swimming registration dues were \$110,000 and \$112,000 in 2018 with the 2019 estimated dues at \$110,000. Of these fees \$72,000 was paid to USA Swimming in 2017.  
2019 meet revenue is estimated to be up slightly from 2017. There was no mixed meet income in 2018. Meet sanction fees were reduced in the 2019 budget to \$300, down from \$500 in 2017.  
Montana Swimming will lose the income from the license plates sales unless 100 more plates are sold by June 30, 2019. Matt has an ad for the license plates to encourage more people to purchase them.
- Revenue: For 2018 revenue was approximately \$200,000. Projected revenues for 2019 are \$195,000. In 2018 SC State generated slightly more revenue than projected while the Junior BC championships generated less revenue and LC State revenues were about the same.

- Expenses: Expenses in 2018 were approximately \$238,665 and estimated expenses for 2019 are \$243,685.

The proposed 2019 budget currently has a net loss of -\$47,610.00. It will be adjusted based upon any funding proposals passed.

#### Proposals:

The final version of the proposals as voted upon is included in the appendix and posted on the website. The draft version of the proposals was posted on the website.

The following proposals were pulled for discussion: 1, 5, 6, 9, 13A, 13B, 15, and 17. Proposal 14 was withdrawn.

A motion for an omnibus recommendation for the remaining proposals to pass as recommended was made and seconded. The motion passed.

Discussion of pulled proposals:

#### **1. Flex membership.**

Merle Gunderson made a motion to approve the proposal as written seconded by Tami.

Discussion: Teams are not required to offer flex membership. Athletes may only compete in two meets per year below the LSC championship level. The cost is \$20 per year and athletes can move to the premium year round membership by applying and paying the additional fee. Flex membership cannot be used by swimmers competing at MHSA state swimming championships.

**The motion passed.**

#### **5. Combine the 15-16 and 17-21 age groups at SC State and LC State into a 15-21 age group with one heat in finals.**

Kyle made a motion seconded by Tami to approve the proposal. Discussion continued about what time standards to use for the new age group and how this would displace athletes who currently get a second swim in finals.

**The motion failed.**

#### **6. Change the days the distance events are swum at SC and LC State and add a distance event on Thursday evening.**

It was moved and seconded to approve the proposal. Discussion followed. Concerns were expressed about the added pool rental cost to hold a distance event on Thursday evening and having enough officials available to officiate the event. The proposal would be effective September 1, 2019.

**The motion failed.**

#### **9. MT Swimming Operating Reserve:**

It was moved and seconded to approve the proposal. Discussion followed. Craig said the proposal was recommended by USA Swimming. The operating reserve would be approximately \$140,000. If the reserve goes below \$75,000 what should be done? If the reserve exceeds \$125,000 for two years what should be done?

It was moved and seconded to amend the proposal to change all references to board of directors to executive board. The amendment fails.

It was moved and seconded to add the following: If the operating reserve has been greater than 125% of the targeted reserve level for two consecutive years, the Board of Directors will adopt an operational budget that includes a projected shortfall enough to reduce the operating reserve fund to its targeted reserve level over the following two years. The amendment passed.

**The amended proposal passed.**

**13A. All meets in the LSC must be sanctioned/approved/observed.**

It was moved and seconded to approve the proposal. Discussion followed. HLST applied for a sanction to host the mixed meet in Helena in July. General Chair Tony Popp refused to sanction the meet believing it should have been simply a clinic with a small meet. There was insurance coverage for the mixed meet which was held as planned, but no results were uploaded into SWIMS.

**The motion passed.**

**13B. Retroactively sanction the 2018 HLST Mixed Meet.**

It was moved and seconded to approve the proposal.

**The motion passed.**

**15. Two tiers of Montana Swimming athlete representatives.**

The Montana Swimming athlete representatives withdrew the proposal.

**Proposal was withdrawn.**

**17. Consent agenda**

It was moved and seconded to approve the proposal. Discussion followed as to why the executive board made the recommendation it did.

It was moved and seconded to amend the proposal to change by-laws to policy and procedure manual. The amendment passed.

**The amended proposal passed.**

2019 Long Course Meet Schedule:

It was moved and seconded to hold the 2019 Long Course State Championships July 26-28. The motion passed.

Bozeman Barracudas submitted a bid to host long course estate of \$4500. It was moved and seconded to approve the bid. The motion passed.

The spring House of Delegates meeting will be May 17, 2019 in Bozeman.

It was moved and seconded to approve the 2019 MT Swimming long course meet schedule. The motion passed. The long course meet schedule is in the appendix and posted on the website.

Montana Swimming Board of Directors Elections:

Lon Huckert and Ethan Shrader were selected to count the ballots. Nominations were opened.

Records Chair: Kyle Kallin was elected.

Nominees: Kyle Kallin, HLST; Pam Harder, BAC; and Carrie Moe, MYST

**\*\* Program Development Chair: Jessica Knotte (BAC) was elected by acclamation.**

Treasurer: Craig Smith (BOZ) was selected by acclamation.

Administrative Vice Chair: Jay Friend (MAC) was elected by acclamation.

General Chair: Matt Yovich (BOZ) was elected by acclamation.



Finance Vice Chair: Mike O'Neil (BAC) was elected by acclamation. With Matt Yovich being elected to General Chair, the finance vice chair position was open.

It was moved and seconded to reconsider nominations. The motion passed. Under the Montana Swimming bylaws each team may only be represented by three persons on the board of directors. With the election of Mike O'Neil to the finance vice chair position BAC had four members on the board of directors. Jessica Knote stepped down as the newly elected program development chair. Nominations were opened. Mike Turner (MAC) and Kristen Wyatt (BY) were nominated as co-chairs.

**\*\*Program Development Co-chairs:** Mike Turner (MAC) and Kristen Wyatt (BY) were elected by acclamation.

#### Budget update:

Treasurer Craig Smith presented updated numbers for the budget using the new operating reserve policy. He calculated a three year average to adjust the budget. There must be a minimum of \$40,000 operating capital in the account at all times plus the operating reserve of \$109,000 (range of \$110,000-\$125,000). There is currently approximately \$186,000 in the account now.

If the operating reserve is set at \$120,000 plus the \$40,000 operating capital, approving the current budget would have the reserve below 75 percent of the threshold. If the budget is over \$190,000 then the operating reserve is at the 125 percent threshold. To meet the requirements the LSC needs to have a more balanced budget with approximately \$36,000 in new income or reduced expenses.

Suggested cuts to the budget included: eliminate the two mixer meets; offer camps (AAA, developmental, and coaches retreat) every other year; reduce the number of persons attending convention and other meetings; remove the camp coordinator position as it was eliminated last year; eliminate the AAA camp for 2019 and just award the all star swimmers towels; and reduce the education spending.

Suggested increases in income included: increase the zone swimmer fees; increase the athlete USA Swimming registration fees \$10 per swimmer per year; and increase the championship meet fees.

The final budget with a \$110,000 operating reserve will include the following changes: age group and senior zones swimmer fees will be increased, the mixer meets will be eliminated, the camp coordinator position will be removed from the budget, camp spending will be reduced, education spending will be reduced, and convention spending will be reduced. The all star camp will not be funded for 2019 but swimmers will receive towels.

Championship meet fees: It was moved and seconded to set the championship meet fees for 2019 as follows: \$18 per swimmer surcharge; \$3.00 per individual event; and \$8.00 per relay.

Final budget approval: With the above changes the budget, there will be a net loss of approximately -\$5000. It was moved and seconded to approve the budget with the -\$5000 deficit. The motion passed.

The finalized budget is posted on the Montana Swimming website.

### **Resolutions and Orders**

It was moved, seconded and passed to destroy the ballots from the meeting.

### **Adjournment**

With no further business, Administrative Vice Chair Tami Peters adjourned the meeting at 2:25 pm

Respectfully submitted,

Susan Huckleby  
Montana Swimming Secretary

## Appendix

- Meeting Notice
- Agenda
- 2019 MT Swimming Long Course Meet Schedule
- Proposals as voted upon by the HOD in final form
- Treasurer's Reports
- General Chair Report
- Finance Vice Chair Report
- Secretary's Report
- IT/Webmaster Report
- Scholastic All America Report
- Membership Registration Coordinator and Times Report
- Records Chair Report
- Official's Chair Report
- Safe Sport Chair Report
- Diversity & Inclusion Chair Report on the WZ Diversity and Inclusion Camp
  - Kristen Wyatt Report on the WZ Diversity and Inclusion Camp
  - Sara Guillen Report on the WZ Diversity and Inclusion Camp
  - O'Shay Birdinground Report on the WZ Diversity and Inclusion Camp
  - Bennett Apostol Report on the WZ Diversity and Inclusion Camp
- 2018-2019 Montana Swimming Board of Directors List
- Meeting Attendance Sign In Sheets

## MONTANA SWIMMING

September 16, 2018

Dear Members of Montana Swimming,

The annual fall Montana Swimming House of Delegates meeting will be held on Sunday, October 7, beginning at 9:00 a.m. at the Butte YMCA, Butte, Montana. All clubs are encouraged to send one adult and one athlete voting member. This letter and the announcement posted on the Montana Swimming website will serve as notice for the meeting.

Attached please find the proposals submitted for consideration at the fall meeting. The proposals have been reviewed the Montana Swimming Executive Board and recommendations provided. Bring a copy of the proposals with you to the meeting as paper copies will not be available. At the meeting some of the business to be discussed will include proposals to be voted upon, officers elections, and the long course meet schedule will be determined.

Officers and committee chairs, please e-mail me your reports in Word format to be posted on the website.

Officials to be elected at this meeting (along with the current office holder) include: general chair (Tony Popp is term limited), administrative vice chair (Tami Peters); treasurer (Craig Smith); program development vice chair (Major Robinson and Kyle Potter); records chair (Pam Harder); and officials chair (Merle Gunderson is term limited). Officer nominations prior to the meeting may be sent to me to be posted on the website; otherwise nominations will be accepted at the meeting.

The May 2018 HOD meeting minutes were sent out over the summer and are posted online. These minutes will be presented for approval at the meeting.

If you have questions or need additional information please contact me. Thank you.

Respectfully Submitted,

*Susan Huckleby*

Secretary, Montana Swimming

[shuckleby@msn.com](mailto:shuckleby@msn.com)

**Big Sky. Big Dreams. Big Success!**

# **Montana Swimming Semi-Annual HOD Meeting Agenda**

**October 7th, 2018 – 9:00 am – Butte YMCA, Butte, MT**

***Big Sky. Big Dreams. Big Success!***

Roll Call – Sign in as you enter the room and receive voting credential

Welcome and instructions – Tami Peters (Standing in for Dr Tony Popp), Athlete Reps

Review, correction, adoption of Spring 2018 HOD meeting

Officer, Committee Chair, Athlete Rep – short reports and/or description of duties (full reports posted to website)

Old Business:

Zones 2018 – Coaches, Athletes, Chaperons

MixMeet: Recap/plans for upcoming year

AAA Camp/Montana All Stars: Recap/plans for upcoming year

LEAP program: Where do we stand? What do we need to work on?

New Business:

Convention (1-2 minutes from each of the attendees) – Matt, Susan, Kirby, Larry, A.J. Popp, Claire Becker, Hannah Jourdonnais, Isabella Seagrave

Tech suit Restriction Update

Safe Sport Updates

Swimposium

Zone coaches

Budget – Craig

2018 Proposals

Present Long Course 2019 Schedule as posted

Long Course State Bid and Date – Maximum bid \$4000.00

Elections – Approval of Official's Chair nominated Oct 6<sup>th</sup>, 2018 during official's annual meeting

Records Chair

Program Development Chair

Treasurer

Administrative Vice Chair

General Chair

Finalize Budget

Other

Adjournment

Meet with all officers after the HOD for new officer orientation. 10-15 minutes - THANKS!!

## 2019 Montana Swimming Long Course Meet Schedule

Date	Meet	Location	Host Team
May 3-5	USA Swimming Open Water national Champs		Miami, FL
May 17	MT Swim Spring HOD Meeting	Bozeman	MT Swim
May 17-19	Bozeman May Classic	Bozeman	BOZ
June 20-23	Missoula Firecracker	Missoula	MAC
July 12-14	Big Sky State Games "Last Chance"	Billings	BAC
July 12-14	HLST Last Chance Meet	Helena	HLST
July 18-21	Speedo Senior Sectionals	Gresham, OR	MT Hood
July 26-28	MT Swim Long Course Champs	Bozeman	MT Swim/BOZ
July 30 - Aug 3	WZ Senior Zone Championships	Clovis, CA	Clovis
July 31-Aug 4	USA Swimming Summer Nationals	Palo Alto, CA	Stanford
Aug 1-4	USA Swim Futures Championships	Des Moines, IA	Des Moines
Aug 6 - 10	USA Swimming Junior Nationals	Palo Alto, CA	Stanford
Aug 7-10	WZ Age Group Championships	Gresham, OR	Mt Hood

Proposals as voted by the HOD in final form:

(Draft versions of the proposals were posted on the MT Swimming website)

**2018 Montana Swimming Proposals As Voted on at the Fall HOD Meeting Summary**

**Membership Registration: Block 1A:**

Number	Description	Author	Final Vote Result
1	Add Flex Membership as a new membership category	Lanni Jacobsen	Passed

**Championship Meets: Block 2A:**

Number	Description	Author	Final Vote Result
2	Standardized championship meet fees	Susan Huckeby	Passed
3	MT Swim Championship meets finals scratch deadline	Susan Huckeby	Passed
4	Set time for athlete representatives meeting at SC State	Athlete Reps	Passed

**Championship Meets: Block 2B**

Number	Description	Author	Final Vote Result
5	Combine 15-16 & 17-21 age groups into 15-21 age group at MT Swim Championship meets	Sean Marshall	Failed
6	Change format for distance events at SC and LC Sate	Sean Marshall	Failed as amended

**Financial: Block 3A:**

Number	Description	Author	Final Vote Result
7	Upper level meet fee reimbursement submissions	Craig Smith	Pass
8	Meet fee assistance program	Susan Huckeby	Passed
9	Operating reserve policy	Craig Smith	Passed as amended

**Financial: Block 3B:**

Number	Description	Author	Final Vote Result
10	Cut in half the upper level meet fee reimbursements	Jim Cherewatenko	Failed
11	Reduce MT Swim per swimmer surcharge	Jay Friend	Failed

**Coaches: Block 4A**

Number	Description	Author	Final Vote Result
12	Change voting for head and age group coach of the year	Sean Marshall	Passed

**Meet Sanctions: Block 5A**

Number	Description	Author	Final Vote Result
13 A	A. All MT Swim meets must be sanctioned or approved (or observed if MHSA State swim meet)	Kristen Wyatt	Passed
13 B	B. Retroactively sanction the 2018 HLST MT Swim Mixer Meet	Kristen Wyatt	Passed

**Athletes: Block 6A**

Action: Pass; Fail; Pass as Amended; Tabled;

Withdrawn

Number	Description	Author	Final Vote Result
14	Ban tech suits for 10&U swimmers for all MT swim meets except championship meets	Athlete Reps	Withdrawn (Tech suits for 12&U banned by USA-S as noted effective 9-1-2020)

**Athletes: Block 6B**

Action: Pass; Fail; Pass as Amended; Tabled;

Withdrawn

Number	Description	Author	Final Vote Result
15	Add a second tier of athlete voting representatives to the MT Swim Board of Directors	Athlete Reps	Withdrawn

**LSC/HOD Management: Block 7A**

Number	Description	Author	Final Vote Result
16	HOD fall proposal submittal deadline of August 10	Susan Huckleby	Passed

**LSC/HOD Management: Block 7B**

Number	Description	Author	Final Vote Result
17	Consent agenda	Lanni Jacobson	Passed as amended
18	HOD proposals tabled if all provisions to be changed not noted	Jim Cherewatenko	Failed
19	Do away with all MT Swim rules and regulations	Merle Gunderson	Failed

**Officials: Block 8A**

Number	Description	Author	Final Vote Result
20	Remove term limits for MT Swim Officials Chair	Jim Cherewatenko	Failed
21	Pay officials to officiate meets from host clubs and MT Swimming	Jim Cherewatenko	Failed
22	Pay officials to officiate meets from MT Swimming	Jim Cherewatenko	Failed



Proposals: (Proposal wording is in bold type.)

(1) Flex membership

Submitted by Lanni Jacobson

Final Action by HOD: **PASSED**

**Proposal: Montana Swimming offer the Flex membership to our members at a cost of \$20.00 to the member.**

Effective immediately.

Rationale: This is a new membership category for USA Swimming members. It allows a member to practice with their team and attend two meets throughout the year. These memberships would not allow a swimmer to attend a championship level meet i.e. SC and LC State meets, BC Championship meets and Senior Championship meets. There is a process where the swimmer can upgrade their membership to a year round membership if they want to attend an upper level meets or additional meets. The coaches or membership coordinator for each team would have to be responsible for keeping track of the meets that a swimmer participates in and upgrade this membership if the swimmer would like to participate in more than two meets or an upper level meet throughout the season.

~~~~~

(2) Standardized Championship Meet Entry Fees

Submitted by Susan Huckleby

Final Action by HOD: **PASSED**

**Proposal: Meet fees for all Montana Swimming championship meets will be standardized so each meet charges the same fee for the swimmer surcharge, individual event entry fee, and the relay entry fee. Fees will be set by the House of Delegates at the annual fall meeting.**

Effective immediately.

NOTE: The Montana Swimming HOD voted to set the championship meet fees for the 2018-2019 year as follows: \$18 per swimmer surcharge; \$3.00 per individual event; and \$8 per relay team entered.

~~~~~

(3) MT Swim Championship meet finals scratch deadline

Submitted by Susan Huckleby

Final Action by HOD: **PASSED**

**Proposal: The scratch deadline for finals at all Montana Swimming Championship meets with prelim-finals events shall conform to the championship meet finals scratch procedures wording in the USA Swimming rule book.**

**Any swimmer qualifying for any individual finals race must scratch or declare his/her intention to scratch within thirty (30) minutes of the preliminary event results being announced or posted. Swimmers should report to the administrative referee, meet referee, or timing personnel (as announced or listed in the meet announcement) to scratch or declare an intent to scratch. Swimmers declaring an intent to scratch must scratch by no later than thirty**

**(30) minutes after his/her last individual preliminary event that session. Swimmers who declare an intent to scratch but fail to return to scratch from the finals event will be seeded into the final event.**

**Alternates should be on deck for each final event in case of an undeclared scratch. Alternates will not be penalized for failure to show for the event in the case of an undeclared scratch.**

**Exceptions for Failure to Compete: No penalty shall apply for failure to scratch or compete in an individual event in preliminaries or finals if the meet referee is notified in the event of quick-onset illness, injury, or circumstances beyond the swimmer's control. The meet referee will make the final decision.**

Effective immediately.

~~~~~  
(4) Set a time for the athlete representative meeting at SC State      Submitted by Athlete Reps

|                                    |
|------------------------------------|
| Final Action by HOD: <b>PASSED</b> |
|------------------------------------|

**Proposal: Montana Swimming designates a time for an athlete representative meeting at the Short Course State Championship. This will be a thirty minute break in which a quiet area can be provided for the reps to conduct their meeting.**

Effective immediately for 2019 Short Course State.

~~~~~  
(5) Combine 15-16 and 17-21 year old age groups in 15-21      Submitted by Sean Marshall

Final Action by HOD: <b>FAILED</b>
------------------------------------

**Proposal: MTS change the finals and scoring format for both the Short Course & Long Course State Meets to combine the 15-16 and the 17 & Over Age Groups, therefore resulting in just 1 heat of 15 & Over swimmers racing at Finals per event.**

~~~~~  
(6) Change event format for distance events at SC and LC State      Submitted by Sean Marshall

|                                               |
|-----------------------------------------------|
| Final Action by HOD: <b>FAILED AS AMENDED</b> |
|-----------------------------------------------|

**Proposal: MTS change the event format of the Montana State Meet for both the Short Course & Long Course State Meets to move the 800/1000 Free from Friday midday to Thursday evening and to then move the 400 IM from Saturday morning to midday on Friday instead. Effective 9/1/2019.**

~~~~~  
(7) Upper level meet fee reimbursement submissions      Submitted by Craig Smith

Final Action by HOD: <b>PASSED</b>
------------------------------------

**Proposal: Add bold highlighted text below to the section.**

### 8.3 MT-S Reimbursements for Championship Meets

- .1 MT-S pledges to reimburse travel expenses for all MT-S registered swimmers, and one coach per each eligible MT swimming team competing in each of the championship meets listed below. Swimmer and coach should request the reimbursement from MT-S treasurer after the meet with proof of swim for the athlete, and proof of travel for the coach. Request must be submitted within 3 months of completion of the competition (Adopted: 10/1/2017). **When multiple attendees are from the same club, payment shall be made directly to the club in a single check per event for disbursement to individuals.**

A. Qualifying Meets and Maximum Reimbursement Amount Per Athlete or Coach

- (1) World Trials, Olympic Trials, US Open, Senior Nationals, National Disability Championship, and National Disability Trials: Approved for up to \$800/meet.
- (2) Junior Nationals: Approved for up to \$600 /meet.
- (3) TYR Pro Swim Series: Approved for up to \$400/meet.
- (4) Futures: Approved for up to \$200/meet.
- (5) Senior Sectionals: Approved for up to \$100/meet.

Effective immediately.

(8) Meet Fee Assistance Program

Submitted by Susan Huckleby

Final Action by HOD: **PASSED**

**Proposal: Meet fees for all currently registered Montana Swimming outreach athlete members shall be no more than \$10 per outreach athlete total for entry into any Montana Swimming sponsored swim meets that Montana Swimming receives all the meet entry fees including (but not limited to):**

- Montana Swimming Junior BC Championships
- Montana Swimming Short Course Championships
- Montana Swimming Long Course Championships
- Montana Swimming Holiday Classic
- Montana Swimming Mixer Meets

**Teams, when submitting entry fees, shall note any outreach swimmers who will pay the reduced fees in the entry fee report and adjust the total fees paid to Montana Swimming accordingly.**

Effective immediately.

(11) Operating Reserve Policy

Submitted by Craig Smith

Final Action by HOD: **PASSED AS AMENDED**

Add the following:

**Montana Swimming Operating Reserve Policy**

## **PURPOSE**

The purpose of the Operating Reserve Policy for Montana Swimming is to ensure the stability of the mission, programs, and ongoing operations of the organization. The Operating Reserve is intended to provide an internal source of funds for situations such as; a sudden increase in expenses, one-time unbudgeted expenses, unanticipated loss in funding, or uninsured losses.

Operating Reserves are not intended to replace a permanent loss of funds or eliminate an ongoing budget gap. It is the intention of Montana Swimming for Operating Reserves to be used and replenished within a reasonably short period of time. The Operating Reserve Policy will be implemented in concert with the other governance and financial policies of Montana Swimming and is intended to support the goals and strategies contained in these related policies and in strategic and operational plans.

## **DEFINITIONS AND GOALS**

The Operating Reserve Fund is defined as a designated fund set aside by action of the Board of Directors. The minimum amount to be designated as Operating Reserve will be established in an amount enough to maintain ongoing operations and programs for a set period of time. The target minimum Operating Reserve Fund is equal to twelve (12) months of average operating costs. The calculation of average monthly operating costs includes all recurring, predictable expenses such as program expenses, Operational expenses, travel, and ongoing professional services. The amount of the Operating Reserve Fund target minimum will be calculated each year after approval of the annual budget, reported to the Finance Committee/ Board of Directors, and included in the regular financial reports.

## **ACCOUNTING FOR RESERVES**

The Operating Reserve Fund will be recorded in the financial records as Board-Designated Operating Reserve. The Fund will be funded and available in cash or cash equivalent funds. Operating Reserves will be commingled with the general cash and investment accounts of the organization.

## **GOVERNANCE**

The procedure for approving use of the Operating Reserve Funds will be as follows:

1. Approval in the proposed annual budget at the House of Delegates
2. By approval of the Board of Directors to fund unusual expenditures out of reserves.

If the Operating Reserve is and has been less than 75% of the targeted reserve level for two consecutive years, the Board of Directors, in absence of any extraordinary circumstances, will adopt an operational budget that includes a projected surplus enough to rebuild the Operating Reserve Fund to its targeted reserve level over the following two years.

If the Operating Reserve Fund has been greater than 125% of the targeted reserve level for two consecutive years, the Board of Directors will adopt an operational budget that includes a projected shortfall enough to reduce the Operating Reserve Fund to its targeted reserve level over the following two years.

## **REVIEW OF POLICY**

**This Policy will be reviewed every year, at minimum, by the Finance Committee, or sooner if warranted by internal or external events or changes. Changes to the Policy will be recommended by the Finance Committee to the Board of Directors.**

Effective immediately.

~~~~~  
(10) Cut in Half upper level meet fee reimbursements                      Submitted by Jim Cherewatenko

|                                    |
|------------------------------------|
| Final Action by HOD: <b>FAILED</b> |
|------------------------------------|

**Proposal: All monies outlined in the Montana Swimming Policies and Procedures Section 8.3.1.A.1,2,3,4,5 be reduced by half of the current amount listed for Reimbursement for Championship Meets including World Trials, Olympic Trials, US Open, Senior Nationals, National Disability Championship, National Disability Trials, Junior Nationals, TYR Pro Swim Series, Futures, Senior Sectionals.**

~~~~~  
(11) Reduce MT Swim per swimmer surcharge to \$5                      Submitted by Jay Friend

Final Action by HOD: <b>FAILED</b>
------------------------------------

**Proposal: Montana Swimming takes \$5 per swimmer per meet as a flat rate.**

~~~~~  
(12) Change voting for head and age group coach of the year                      Submitted by Sean Marshall

|                                    |
|------------------------------------|
| Final Action by HOD: <b>PASSED</b> |
|------------------------------------|

**Proposal:** Replace the current wording in this section with the updated wording below.

**6.5 Coach Recognition Programs.**

**1 Selection of Montana Head and Selection of Montana Assistant Coach of the Year Awards**

**A. Eligibility.** Candidates for the Montana Head Coach and Montana Assistant Coach of the Year must be active and in good standing with USA Swimming and Montana Swimming.

**B. Term.** Term will run September 1st of the year through August 31st of the following year.

**C. Selection Procedure.** At the Long Course Montana State Championships each team will get the opportunity to use (1) singular vote for the Montana Head Coach of the Year as well as (1) singular vote for the Montana Assistant Coach of the Year Award. The voting responsibility will fall on the Head Coach of each team first and foremost, however if a team's head coach is not present to vote then the responsibility will fall onto another Coach representing that specific team at the meet. A ballot will be printed out prior to the Montana State Long Course Championship Meet, which will be comprised of a list of all the registered Coach members for each Montana Team, with their respective titles, so that all of the eligible coach candidates can be viewed for each award. Each voting ballot will also have a signature spot for the voter to sign as well as mark their Team they represent to accurately track and ensure that the procedures listed above are followed.

**D. Zones Team.** The Montana Swimming Head Coach of the Year and Montana Assistant Coach of the Year will be offered first right of refusal to serve as the lead coaches for the Montana Age Group and Montana Senior Zones Teams. The Head Coach of the Year will

have the right of first refusal in selecting whether to serve as lead coach for the Age Group or Senior Zones meets. If one or both of the Montana Coaches of the Year cannot or choose not to participate in the Zones meets, the Montana Swimming Executive Committee shall select replacements for those positions.

**E. Award. Awarded plaque at next SC state championship.**

Effective immediately.

~~~~~  
(13 A) Montana Swimming meets must be sanctioned or approved. Submitted by Kristen Wyatt

Final Action by HOD: <b>PASSED</b>
------------------------------------

**Proposal: All meets hosted within the LSC shall be sanctioned or approved by Montana Swimming. The MHSA State meet shall be observed.**

Effective immediately.

~~~~~  
(13B) HLST/ MT-S 2018 Summer Mixer Meet to be sanctioned Submitted by Kristen Wyatt

|                                    |
|------------------------------------|
| Final Action by HOD: <b>PASSED</b> |
|------------------------------------|

**Proposal: The 2018 HLST-MT Swim Mixer Meet held in Helena, Montana July 28-29, 2018 shall be retroactively sanctioned and results uploaded to SWIMS.**

Effective immediately.

~~~~~  
(14) Ban tech suits for 10&U swimmers Submitted by MT Athlete Representatives

Final Action by HOD: <b>WITHDRAWN</b>
---------------------------------------

**Proposal: Montana Swimming ban tech suits for swimmers 10 and under in competitions within Montana that are not championship meets.**

NOTE: USA Swimming voted in September 2018 at the annual House of Delegates meeting to ban tech suits for swimmers ages 12 and under effective 9-1-2020. Exceptions to this rule allow 12 and under swimmers to wear tech suits only at USAS National Championships, Junior Nationals, US Open, and Olympic Trials.

~~~~~  
(15) Add second tier of voting athlete representatives Submitted by MT Athlete Representatives

|                                       |
|---------------------------------------|
| Final Action by HOD: <b>WITHDRAWN</b> |
|---------------------------------------|

**Proposal: Montana Swimming allows a second group of athlete reps to be part of the board in an athlete committee. This committee will be composed of four athletes in high school chosen by the athlete reps every year during the Short Course State Championship. This group will collectively have one vote and will be the second tier athlete reps. They would serve a one year term from the Short Course State Championship to the next year Short Course State Championship. If an athlete rep is unable to attend a USA Swimming function or cannot perform their duties, one of the members of the athlete committee will fill the role.**

~~~~~  
(16) Fall proposal submittal deadline

Submitted by Susan Huckleby

Final Action by HOD: **PASSED**

**Proposal: All proposals to be considered at the Montana Swimming Fall House of Delegates meeting must be submitted by no later than August 10 to the General Chair.**  
Effective immediately.

~~~~~  
(17) Consent agenda

Submitted by Lanni Jacobson

Final Action by HOD: **PASSED AS AMENDED**

**Proposal: Montana Swimming change the policies and procedures to reflect that the Board of Directors will present a consent agenda each year for all proposals that are submitted to the HOD to vote upon.**  
Effective immediately.

~~~~~  
(18) HOD proposals tabled

Submitted by Jim Cherewatenko

Final Action by HOD: **FAILED**

**Proposal: Any proposal at any future HOD meeting that changes one or more rule, regulation, policy, procedure, bylaw or article regarding the conduct of a swim meet, especially state championship meets, be immediately tabled. Following tabling an ad hoc committee shall immediately be appointed to review the proposal and identify all rules, regulations, policies, procedures, bylaws and/or articles that would be affected by the proposal in its current form. The committee shall recommend, within 60 days, a final draft of the proposal that does not interfere with other “downstream” rules, regulations, policies, procedures, bylaws or articles. If a final draft is unable to be drafted or the 60 days expires, then the original proposal is withdrawn automatically.**

~~~~~  
(19) Do away with all MT Swim rules, regs, etc

Submitted by Merle Gunderson

Final Action by HOD: **FAILED**

**Proposal: Montana Swimming abolish all By-Laws and Articles, Rules and Regulations, Policies and procedures and allow all Montana Swimming members to do whatever they want to do.**

(20) Remove term limits for Officials Chair

Submitted by Jim Cherewatenko

Final Action by HOD: **FAILED**

**Proposal: The position of Montana State Officials Chair no longer be term-limited to two successive two year terms (just as the Registrar position and Treasurer position is). The position would remain open to nomination and vote at the annual state officials meeting and clinic every two years on even years with the results forwarded to the HOD the day following the vote for acceptance.**

(21) Pay officials from host clubs and MT swimming  
Cherewatenko

Submitted by Jim

Final Action by HOD: **FAILED**

**Proposal: All certified Montana Swimming Officials be reimbursed \$20/day for each day of a meet where they work at least 2 sessions or more each day. This reimbursement will be paid by the host team of a regular meet and by Montana Swimming LSC for all championship meets held in the state. Timing of the reimbursement to each individual will be due and payable at the end of each month wherein a meet or meets were worked.**

(22) Pay officials from MT Swimming

Submitted by Jim Cherewatenko

Final Action by HOD: **FAILED**

**Proposal: All certified Montana Swimming Officials be reimbursed \$20/day for each day of a meet where they work at least 2 sessions or more each day. This reimbursement will be paid by Montana Swimming LSC. Timing of the reimbursement to each individual will be due and payable at the end of each month wherein a meet or meets were worked.**



Treasurer's Reports:

**Montana Swimming Inc**  
**STATEMENT OF FINANCIAL POSITION**  
As of December 31, 2017

|                                        | TOTAL               |
|----------------------------------------|---------------------|
| <b>ASSETS</b>                          |                     |
| Current Assets                         |                     |
| Bank Accounts                          |                     |
| 1010 Checking - First Interstate       | 83,594.70           |
| 1030 Savings - First Interstate        | 176,907.76          |
| 1080 CDs - Temp Restricted             | 0.00                |
| <b>Total Bank Accounts</b>             | <b>\$260,502.46</b> |
| Accounts Receivable                    |                     |
| 1110 Accounts Receivable               | 0.00                |
| <b>Total Accounts Receivable</b>       | <b>\$0.00</b>       |
| Other Current Assets                   |                     |
| 12000 Undeposited Funds                | 0.00                |
| <b>Total Other Current Assets</b>      | <b>\$0.00</b>       |
| <b>Total Current Assets</b>            | <b>\$260,502.46</b> |
| Fixed Assets                           |                     |
| 1500 Inventories                       | 250.00              |
| <b>Total Fixed Assets</b>              | <b>\$250.00</b>     |
| <b>TOTAL ASSETS</b>                    | <b>\$260,752.46</b> |
| <b>LIABILITIES AND EQUITY</b>          |                     |
| Liabilities                            |                     |
| Current Liabilities                    |                     |
| Accounts Payable                       |                     |
| 2010 Accounts Payable                  | 0.00                |
| <b>Total Accounts Payable</b>          | <b>\$0.00</b>       |
| Other Current Liabilities              |                     |
| 2020 Nagashima Travel Fund             | 3,000.00            |
| <b>Total Other Current Liabilities</b> | <b>\$3,000.00</b>   |
| <b>Total Current Liabilities</b>       | <b>\$3,000.00</b>   |
| <b>Total Liabilities</b>               | <b>\$3,000.00</b>   |
| Equity                                 |                     |
| 3000 Opening Balance Equity            | 98,259.37           |
| 3010 Unrestricted Net Assets           | 144,025.50          |
| Net Revenue                            | 15,467.59           |
| <b>Total Equity</b>                    | <b>\$257,752.46</b> |
| <b>TOTAL LIABILITIES AND EQUITY</b>    | <b>\$260,752.46</b> |

# Montana Swimming Inc

BUDGET VS. ACTUALS: FY\_2017 - FY17 P&L

January - December 2017

|                                         | TOTAL               |                     |                    |
|-----------------------------------------|---------------------|---------------------|--------------------|
|                                         | ACTUAL              | BUDGET              | OVER BUDGET        |
| <b>Revenue</b>                          |                     |                     |                    |
| 5000 Earned Revenue                     |                     |                     |                    |
| 5100 USAS Registrations Dues            | 110,985.50          | 38,000.00           | 72,985.50          |
| 5200 Swim Meets                         |                     |                     |                    |
| 5210 LSC Sponsored Meets                |                     |                     |                    |
| 5211 SC State Championship              | 12,732.00           | 12,500.00           | 232.00             |
| 5212 BC Championship                    | 6,781.00            | 7,500.00            | -719.00            |
| 5213 LC State Championship              | 9,263.40            | 8,000.00            | 1,263.40           |
| 5214 Other Championship Meet            | 1,988.00            | 1,750.00            | 238.00             |
| 5215 Mixed Meet                         |                     | 1,500.00            | -1,500.00          |
| <b>Total 5210 LSC Sponsored Meets</b>   | <b>30,764.40</b>    | <b>31,250.00</b>    | <b>-485.60</b>     |
| 5220 Club Meet Registration Fees        | 32,349.00           | 27,000.00           | 5,349.00           |
| 5230 Meet Sanction Fees                 | 240.00              | 500.00              | -260.00            |
| <b>Total 5200 Swim Meets</b>            | <b>63,353.40</b>    | <b>58,750.00</b>    | <b>4,603.40</b>    |
| 5300 Zones Meet                         | 4,058.00            | 22,500.00           | -18,442.00         |
| 5310 AG Zones Fee                       | 2,105.00            |                     | 2,105.00           |
| 5320 Snr Zones Fee                      | 13,212.00           |                     | 13,212.00          |
| <b>Total 5300 Zones Meet</b>            | <b>19,375.00</b>    | <b>22,500.00</b>    | <b>-3,125.00</b>   |
| 5400 Camps & Clinics Income             | 1,000.00            |                     | 1,000.00           |
| 5500 License Plate                      | 3,850.00            | 2,700.00            | 1,150.00           |
| 5800 Miscellaneous Revenue              | 480.00              |                     | 480.00             |
| 5810 Interest-Savings, Short-term CD    | 601.85              | 400.00              | 201.85             |
| <b>Total 5800 Miscellaneous Revenue</b> | <b>1,081.85</b>     | <b>400.00</b>       | <b>681.85</b>      |
| <b>Total 5000 Earned Revenue</b>        | <b>199,645.75</b>   | <b>122,350.00</b>   | <b>77,295.75</b>   |
| <b>Total Revenue</b>                    | <b>\$199,645.75</b> | <b>\$122,350.00</b> | <b>\$77,295.75</b> |
| <b>GROSS PROFIT</b>                     | <b>\$199,645.75</b> | <b>\$122,350.00</b> | <b>\$77,295.75</b> |
| <b>Expenditures</b>                     |                     |                     |                    |
| 6000 Program Expense                    |                     |                     |                    |
| 6100 USAS Registration Fees             | 74,551.00           |                     | 74,551.00          |
| 6200 LSC Sponsored Meets                |                     |                     |                    |
| 6211 SC State Championships             |                     | 3,500.00            | -3,500.00          |
| 6212 BC Championships                   | 6,729.81            | 3,500.00            | 3,229.81           |
| 6213 LC State Championships             | 6,638.02            | 7,600.00            | -961.98            |
| 6214 Other Championship Meet            | 2,500.00            | 3,000.00            | -500.00            |
| 6215 Mixed Meet                         |                     | 9,500.00            | -9,500.00          |
| 6250 Other Meet Expenses                | 1,057.99            |                     | 1,057.99           |
| <b>Total 6200 LSC Sponsored Meets</b>   | <b>16,925.82</b>    | <b>27,100.00</b>    | <b>-10,174.18</b>  |
| 6300 Zone Meet                          | 8,728.97            | 50,000.00           | -41,271.03         |
| 6310 AG Zones Expense                   | 8,674.78            |                     | 8,674.78           |
| 6311 AG Zones Coaching                  | 2,250.00            |                     | 2,250.00           |
| <b>Total 6310 AG Zones Expense</b>      | <b>10,924.78</b>    |                     | <b>10,924.78</b>   |

|                                              | TOTAL               |                     |                    |
|----------------------------------------------|---------------------|---------------------|--------------------|
|                                              | ACTUAL              | BUDGET              | OVER BUDGET        |
| 6320 Snr Zones Expense                       | 23,964.54           |                     | 23,964.54          |
| 6321 Snr Zones Coaching                      | 2,450.00            |                     | 2,450.00           |
| <b>Total 6320 Snr Zones Expense</b>          | <b>26,414.54</b>    |                     | <b>26,414.54</b>   |
| <b>Total 6300 Zone Meet</b>                  | <b>46,068.29</b>    | <b>50,000.00</b>    | <b>-3,931.71</b>   |
| 6400 Camps & Clinics                         |                     |                     |                    |
| 6410 All Star Camp                           | 4,117.16            | 2,500.00            | 1,617.16           |
| 6420 Developmental Camp                      | 2,720.96            | 6,000.00            | -3,279.04          |
| 6421 Developmental Camp Coordinator          | 1,800.00            | 7,500.00            | -5,700.00          |
| <b>Total 6420 Developmental Camp</b>         | <b>4,520.96</b>     | <b>13,500.00</b>    | <b>-8,979.04</b>   |
| 6440 Camps & Clinics Other                   |                     | 1,500.00            | -1,500.00          |
| <b>Total 6400 Camps &amp; Clinics</b>        | <b>8,638.12</b>     | <b>17,500.00</b>    | <b>-8,861.88</b>   |
| 6600 Awards - Recognition                    | 395.20              | 800.00              | -404.80            |
| <b>Total 6000 Program Expense</b>            | <b>146,578.43</b>   | <b>95,400.00</b>    | <b>51,178.43</b>   |
| 7000 Grants & Awards                         |                     |                     |                    |
| 7100 Athletes                                | 3,900.00            | 3,000.00            | 900.00             |
| 7200 Coaches                                 | 1,800.00            | 300.00              | 1,500.00           |
| 7300 Officials                               | 288.00              | 1,000.00            | -712.00            |
| 7400 Club Support                            | 2,500.00            |                     | 2,500.00           |
| <b>Total 7000 Grants &amp; Awards</b>        | <b>8,488.00</b>     | <b>4,300.00</b>     | <b>4,188.00</b>    |
| 8000 Operations                              |                     |                     |                    |
| 8010 Postage, Mailing Service                | 95.75               | 35.00               | 60.75              |
| 8030 Supplies                                | 162.78              | 500.00              | -337.22            |
| 8040 Website                                 | 13,000.00           | 13,000.00           | 0.00               |
| <b>Total 8000 Operations</b>                 | <b>13,258.53</b>    | <b>13,535.00</b>    | <b>-276.47</b>     |
| 8100 Business/Professional Fees              |                     |                     |                    |
| 8110 Education/Seminars                      | 616.40              | 1,960.00            | -1,343.60          |
| 8130 Business/Professional Fees Othe         | 50.00               | 15.00               | 35.00              |
| <b>Total 8100 Business/Professional Fees</b> | <b>666.40</b>       | <b>1,975.00</b>     | <b>-1,308.60</b>   |
| 8300 Travel and Meetings                     |                     |                     |                    |
| 8310 USAS Convention                         | 9,482.21            | 10,000.00           | -517.79            |
| 8320 LSC Meetings                            | 847.92              | 1,000.00            | -152.08            |
| 8340 Meetings/Travel Other                   | 3,563.27            | 3,200.00            | 363.27             |
| <b>Total 8300 Travel and Meetings</b>        | <b>13,893.40</b>    | <b>14,200.00</b>    | <b>-306.60</b>     |
| 8500 Misc. Expense                           |                     |                     |                    |
| 8510 Bank Fee                                | 573.40              |                     | 573.40             |
| 8550 Misc Expense Other                      | 720.00              | 50.00               | 670.00             |
| <b>Total 8500 Misc. Expense</b>              | <b>1,293.40</b>     | <b>50.00</b>        | <b>1,243.40</b>    |
| <b>Total Expenditures</b>                    | <b>\$184,178.16</b> | <b>\$129,460.00</b> | <b>\$54,718.16</b> |
| <b>NET OPERATING REVENUE</b>                 | <b>\$15,467.59</b>  | <b>\$ -7,110.00</b> | <b>\$22,577.59</b> |
| <b>NET REVENUE</b>                           | <b>\$15,467.59</b>  | <b>\$ -7,110.00</b> | <b>\$22,577.59</b> |

# Montana Swimming Inc

## STATEMENT OF ACTIVITY

January - December 2017

|                                         | TOTAL               |                     |                   |
|-----------------------------------------|---------------------|---------------------|-------------------|
|                                         | JAN - DEC 2017      | JAN - DEC 2016 (PY) | CHANGE            |
| <b>Revenue</b>                          |                     |                     |                   |
| 5000 Earned Revenue                     |                     |                     |                   |
| 5100 USAS Registrations Dues            | 110,985.50          | 108,318.00          | 2,667.50          |
| 5200 Swim Meets                         |                     |                     |                   |
| 5210 LSC Sponsored Meets                |                     |                     |                   |
| 5211 SC State Championship              | 12,732.00           | 12,542.00           | 190.00            |
| 5212 BC Championship                    | 6,781.00            | 5,675.00            | 1,106.00          |
| 5213 LC State Championship              | 9,263.40            | 9,022.70            | 240.70            |
| 5214 Other Championship Meet            | 1,988.00            | 1,760.00            | 228.00            |
| <b>Total 5210 LSC Sponsored Meets</b>   | <b>30,764.40</b>    | <b>28,999.70</b>    | <b>1,764.70</b>   |
| 5220 Club Meet Registration Fees        | 32,349.00           | 29,708.00           | 2,641.00          |
| 5230 Meet Sanction Fees                 | 240.00              | 320.00              | -80.00            |
| <b>Total 5200 Swim Meets</b>            | <b>63,353.40</b>    | <b>59,027.70</b>    | <b>4,325.70</b>   |
| 5300 Zones Meet                         | 4,058.00            | 6,205.00            | -2,147.00         |
| 5310 AG Zones Fee                       | 2,105.00            | 4,495.00            | -2,390.00         |
| 5320 Snr Zones Fee                      | 13,212.00           | 14,000.00           | -788.00           |
| <b>Total 5300 Zones Meet</b>            | <b>19,375.00</b>    | <b>24,700.00</b>    | <b>-5,325.00</b>  |
| 5400 Camps & Clinics Income             | 1,000.00            |                     | 1,000.00          |
| 5500 License Plate                      | 3,850.00            | 3,425.00            | 425.00            |
| 5800 Miscellaneous Revenue              | 480.00              | 300.00              | 180.00            |
| 5810 Interest-Savings, Short-term CD    | 601.85              | 402.70              | 199.15            |
| <b>Total 5800 Miscellaneous Revenue</b> | <b>1,081.85</b>     | <b>702.70</b>       | <b>379.15</b>     |
| <b>Total 5000 Earned Revenue</b>        | <b>199,645.75</b>   | <b>196,173.40</b>   | <b>3,472.35</b>   |
| <b>Total Revenue</b>                    | <b>\$199,645.75</b> | <b>\$196,173.40</b> | <b>\$3,472.35</b> |
| <b>GROSS PROFIT</b>                     | <b>\$199,645.75</b> | <b>\$196,173.40</b> | <b>\$3,472.35</b> |
| <b>Expenditures</b>                     |                     |                     |                   |
| 6000 Program Expense                    |                     |                     |                   |
| 6100 USAS Registration Fees             | 74,551.00           | 69,059.00           | 5,492.00          |
| 6200 LSC Sponsored Meets                |                     |                     |                   |
| 6211 SC State Championships             |                     | 4,713.70            | -4,713.70         |
| 6212 BC Championships                   | 6,729.81            | 4,157.44            | 2,572.37          |
| 6213 LC State Championships             | 6,638.02            | 7,689.19            | -1,051.17         |
| 6214 Other Championship Meet            | 2,500.00            |                     | 2,500.00          |
| 6215 Mixed Meet                         |                     | 6,000.00            | -6,000.00         |
| 6250 Other Meet Expenses                | 1,057.99            |                     | 1,057.99          |
| <b>Total 6200 LSC Sponsored Meets</b>   | <b>16,925.82</b>    | <b>22,560.33</b>    | <b>-5,634.51</b>  |
| 6300 Zone Meet                          | 8,728.97            | 13,200.34           | -4,471.37         |
| 6310 AG Zones Expense                   | 8,674.78            | 9,589.67            | -914.89           |
| 6311 AG Zones Coaching                  | 2,250.00            | 1,950.00            | 300.00            |
| <b>Total 6310 AG Zones Expense</b>      | <b>10,924.78</b>    | <b>11,539.67</b>    | <b>-614.89</b>    |
| 6320 Snr Zones Expense                  | 23,964.54           | 23,537.68           | 426.86            |

|                                              | TOTAL               |                     |                   |
|----------------------------------------------|---------------------|---------------------|-------------------|
|                                              | JAN - DEC 2017      | JAN - DEC 2016 (PY) | CHANGE            |
| 6321 Snr Zones Coaching                      | 2,450.00            | 1,950.00            | 500.00            |
| <b>Total 6320 Snr Zones Expense</b>          | <b>26,414.54</b>    | <b>25,487.68</b>    | <b>926.86</b>     |
| <b>Total 6300 Zone Meet</b>                  | <b>46,068.29</b>    | <b>50,227.69</b>    | <b>-4,159.40</b>  |
| 6400 Camps & Clinics                         |                     |                     |                   |
| 6410 All Star Camp                           | 4,117.16            | 1,275.00            | 2,842.16          |
| 6420 Developmental Camp                      | 2,720.96            | 6,021.63            | -3,300.67         |
| 6421 Developmental Camp Coordinator          | 1,800.00            | 900.00              | 900.00            |
| <b>Total 6420 Developmental Camp</b>         | <b>4,520.96</b>     | <b>6,921.63</b>     | <b>-2,400.67</b>  |
| <b>Total 6400 Camps &amp; Clinics</b>        | <b>8,638.12</b>     | <b>8,196.63</b>     | <b>441.49</b>     |
| 6600 Awards - Recognition                    | 395.20              | 223.00              | 172.20            |
| <b>Total 6000 Program Expense</b>            | <b>146,578.43</b>   | <b>150,266.65</b>   | <b>-3,688.22</b>  |
| 7000 Grants & Awards                         |                     |                     |                   |
| 7100 Athletes                                | 3,900.00            | 3,300.00            | 600.00            |
| 7200 Coaches                                 | 1,800.00            | 600.00              | 1,200.00          |
| 7300 Officials                               | 288.00              | -1,176.00           | 1,464.00          |
| 7400 Club Support                            | 2,500.00            |                     | 2,500.00          |
| <b>Total 7000 Grants &amp; Awards</b>        | <b>8,488.00</b>     | <b>2,724.00</b>     | <b>5,764.00</b>   |
| 8000 Operations                              |                     |                     |                   |
| 8010 Postage, Mailing Service                | 95.75               | 21.17               | 74.58             |
| 8030 Supplies                                | 162.78              | 885.45              | -722.67           |
| 8040 Website                                 | 13,000.00           | 13,000.00           | 0.00              |
| <b>Total 8000 Operations</b>                 | <b>13,258.53</b>    | <b>13,906.62</b>    | <b>-648.09</b>    |
| 8100 Business/Professional Fees              |                     |                     |                   |
| 8110 Education/Seminars                      | 616.40              | 1,727.70            | -1,111.30         |
| 8130 Business/Professional Fees Othe         | 50.00               | 20.00               | 30.00             |
| <b>Total 8100 Business/Professional Fees</b> | <b>666.40</b>       | <b>1,747.70</b>     | <b>-1,081.30</b>  |
| 8300 Travel and Meetings                     |                     |                     |                   |
| 8310 USAS Convention                         | 9,482.21            | 8,170.48            | 1,311.73          |
| 8320 LSC Meetings                            | 847.92              | 1,157.87            | -309.95           |
| 8340 Meetings/Travel Other                   | 3,563.27            | 3,578.30            | -15.03            |
| <b>Total 8300 Travel and Meetings</b>        | <b>13,893.40</b>    | <b>12,906.65</b>    | <b>986.75</b>     |
| 8500 Misc. Expense                           |                     |                     |                   |
| 8510 Bank Fee                                | 573.40              | 8.00                | 565.40            |
| 8550 Misc Expense Other                      | 720.00              | 400.00              | 320.00            |
| <b>Total 8500 Misc. Expense</b>              | <b>1,293.40</b>     | <b>408.00</b>       | <b>885.40</b>     |
| <b>Total Expenditures</b>                    | <b>\$184,178.16</b> | <b>\$181,959.62</b> | <b>\$2,218.54</b> |
| <b>NET OPERATING REVENUE</b>                 | <b>\$15,467.59</b>  | <b>\$14,213.78</b>  | <b>\$1,253.81</b> |
| <b>NET REVENUE</b>                           | <b>\$15,467.59</b>  | <b>\$14,213.78</b>  | <b>\$1,253.81</b> |

2019 Approved MT Swimming Budget:

## 2019 MT Swimming - P&L/Budget

|                                        | 2019              |
|----------------------------------------|-------------------|
|                                        | Approved Budget   |
| <b>Income</b>                          |                   |
| 5000 · Earned Revenue                  |                   |
| 5100 · USAS Registrations              | 110,000.00        |
| 5200 · Swim Meets                      |                   |
| 5210 · LSC Sponsored Meets             |                   |
| 5211 · SC State Championship           | 15,875.00         |
| 5212 · BC Championship                 | 8,500.00          |
| 5213 · LC State Championship           | 10,000.00         |
| 5214 · Senior Meet                     | 2,188.00          |
| 5215 · Mixed Meet                      |                   |
| Total 5210 · LSC Sponsored Meets       | 36,563.00         |
| 5220 · Club Meet Registration Fees     | 32,000.00         |
| 5230 · Meet Sanction Fees              | 300.00            |
| 5240 · Meet Sponsorship                |                   |
| Total 5200 · Swim Meets                | 68,863.00         |
| 5300 · Zones Meet                      | 25,000.00         |
| 5400 · Camps & Clinics                 |                   |
| 5500 · License Plate                   | 1,725.00          |
| 5800 · Miscellaneous Revenue           |                   |
| 5810 · Interest-Savings, Short-term CD | 600.00            |
| 5800 · Miscellaneous Revenue - Other   |                   |
| Total 5800 · Miscellaneous Revenue     | 600.00            |
| Total 5000 · Earned Revenue            | 206,188.00        |
| <b>Total Income</b>                    | <b>206,188.00</b> |
| <b>Expense</b>                         |                   |
| 6000 · Program Expense                 |                   |
| 6100 · USAS Registrations              | 68,000.00         |
| 6200 · LSC Sponsored Meets             |                   |
| 6211 · SC State Championship           | 8,000.00          |
| 6212 · BC Championship                 | 7,000.00          |
| 6213 · LC State Championship           | 7,700.00          |
| 6214 · Additional Championship Meet    | 3,700.00          |
| 6215 · Mixed Meet                      |                   |
| 6216 · Other Meet Expense              | 2,000.00          |

|                                           |            |
|-------------------------------------------|------------|
| Total 6200 - LSC Sponsored Meets          | 28,400.00  |
| 6300 - Zone Meet                          | 48,000.00  |
| 6400 - Camps & Clinics                    |            |
| 6410 - All Star Camp                      | 0.00       |
| 6420 - Developmental Camp                 | 5,000.00   |
| 6440 - Camps & Clinics Other              | 4,000.00   |
| 6450 - Camp Coordinator                   | 0.00       |
| Total 6400 - Camps & Clinics              | 9,000.00   |
| 6600 - Awards - Recognition               | 800.00     |
| Total 6000 - Program Expense              | 154,200.00 |
| 7000 - Grants & Awards                    |            |
| 7100 - Support - Athletes                 | 15,000.00  |
| 7200 - Support - Coaches                  | 5,600.00   |
| 7300 - Support - Officials                | 300.00     |
| 7400 - Support - Club                     | 5,000.00   |
| Total 7000 - Grants & Awards              | 25,900.00  |
| 8000 - Operations                         |            |
| 8010 - Postage, Mailing Service           | 35.00      |
| 8030 - Supplies                           | 500.00     |
| 8040 - Website                            | 13,000.00  |
| Total 8000 - Operations                   | 13,535.00  |
| 8100 - Business/Professional Fees         |            |
| 8110 - Education/Seminars                 | 0.00       |
| 8100 - Business/Professional Fees - Other | 70.00      |
| Total 8100 - Business/Professional Fees   | 70.00      |
| 8300 - Travel and Meetings                |            |
| 8310 - USAS Convention                    | 8,000.00   |
| 8320 - LSC Meetings                       | 1,000.00   |
| 8340 - Meetings Other                     | 8,000.00   |
| Total 8300 - Travel and Meetings          | 17,000.00  |
| 8500 - Misc. Expense                      |            |
| 8510 - Bank Fee                           | 550.00     |
| 8550 Misc Expense Other                   | 170.00     |
| Total 8500 - Misc. Expense                | 720.00     |
| Total Expense                             | 211,425.00 |
| Net Income                                | -5,237.00  |

## General Chair Report

Fall 2018

Montana Swimming has come a long way in the past four years and I am proud to have been a small part of that, working with some highly dedicated volunteers. I thank you, my friends, for the commitment you have given to our sport.

Our LEAP 1 & 2 accomplishments reached the highest level we could possibly attain in USAS and will help guide future administrations to even greater success. I strongly encourage our future board members to take LEAP seriously and spread the knowledge gained by completing the requirements to the rest of the LSC members.

I think one of our greatest accomplishments is the participation of our members. We have sent more athletes to convention than most other LSCs and the experiences these young people have can not be calculated in a monetary sense. We have also had athletes participate in Leadership Camps, Diversity Camps, and Safe Sport weekends. Getting our athletes involved like never before helps build a strong future.

Our adult volunteers attended meetings, seminars, workshops, etc., in unprecedented numbers. These included the USA Aquatic Sports Convention, Safe Sport, Diversity, Officials, Coaches, Sports Medicine, Rules & Regs, Leadership, and the Mighty 2500. These folks bring back knowledge to the LSC which helps us advance in all areas.

Our coaches organized the "first in a long time" coach retreat which was extremely well attended and a great step in making our huge LSC seem just a little smaller.

As my term is up as General Chair of MTS, I encourage all to participate at some level of volunteerism as it is a highly rewarding way to help our athletes whether part time always getting DQ'd for underwater recovery, our college scholarship winners, or our future Olympians.

Respectfully submitted,  
Dr Tony Popp  
A.J.'s Dad



October 5, 2018

Montana Swimming House of Delegates,

I am pleased to present the following summary of Financial Division standing for Fiscal Year 2017, activities and plans for FY 2018, and budgeting for 2019. The financial position of MT Swimming continues to be strong. However, future spending as a result of recent proposals and anticipated program activities look to significantly outpace revenues. Some decisions will need to be made starting at our October 2018 HOD meeting. Please see the following paragraphs for additional details

**Finance/Treasury:** Financial results for the 2017 calendar year show that revenues exceeded expenses by approximately \$15,000. Revenue exceeded the budget estimate by approximately \$5,000. As in recent previous years, actual expenses underran compared to budget. Actual expenditures were approximately \$26,000 less than budget (~14 percent). A significant portion of the underrun was the lack of spend on approved program(s) – e.g., Mixed Meets. The spending underrun resulted in an increase in MT Swimming's reserves. We now have approximately \$260,000 in cash-equivalent assets. This is approximately 130 percent of our current annual expenditures.

Note that there were significant increases in programmatic spending that resulted from proposals approved at the October 2017 MT Swimming HOD meeting. Initial budgeting efforts for 2019 indicate that, without modifications of current trends and plans, there is the significant potential for spending to exceed income. Some choices will have to be made to either reduce spending or find additional income.

**License Plates:** Proceeds from sales of the MT Swimming Specialty License Plates continue to increase. Income from license plates for 2017 were \$3,850, a 12 percent year-over-year increase. Please note that the Montana Department of Revenue has put MT Swimming on notice that our ability to market and receive income from the license plate program will be terminated if the sales of MT Swimming license plates does not exceed 400. Approximately 100 additional license plates need to be sold by the end of the year to keep this revenue stream active.

**Financial Controls:** I'd like to thank Craig Smith, our Treasurer, for implementing some additional financial controls designed to add additional assurances against fiscal impropriety. Craig has implemented a web-based version of our Quickbooks financial management system. This system provides the Finance Vice Chair and the General Chair with online access to all of the Quickbooks records and transactions.

**Budget Planning:** The Treasurer has prepared a draft budget for FY 2019 for presentation and approval at the October 7, 2018 HOD meeting.

Please feel free to contact me if you have questions or require additional information.  
Respectfully Submitted,

Matt Yovich  
Finance Vice-Chair  
Montana Swimming  
myovich@woodardcurran.com

### 2018 Fall Secretary Report

The minutes from the 2018 Spring Montana Swimming HOD meeting were e-mailed out to board members and teams for review. The minutes are also posted on the website and need to be approved at the 2018 Fall HOD meeting. Please let me know if there are any changes or corrections to be made.

Teams, please send me your team contact and team president's e-mail information so I may e-mail minutes and other LSC information to your team.

I am pleased to serve you and assist whenever possible.

Respectfully submitted,

Susan Huckleby  
Montana Swimming Secretary  
September 30, 2018

### 2018 Spring IT Webmaster Report

Thank you to everyone for sending me your meet results, meet contracts, and news to post on the website!

The past meet results page is being updated for the 2018-2019 short course season. It is located under the meets tab and has a list of the meets, host, location, the meet information, event file and results files. Past meet results can also be found under the meets tab by searching under the past & archived tab.

As your team contacts change, please e-mail me your updated information so I can update the team listing.

The Reach Out grant program is posted under the diversity & disability tab.

Teams, please send your meet information to me to post once it is sanctioned. Please add the sanction number to your meet information before sending it to me to post. I would prefer to receive it as a word file. Many times teams don't send their warm-up schedules and psych sheets prior to the meet for posting. Also, please send me an unlocked Meet Manager back-up after the meet so I can produce the various results reports to post on the website. If you attend an out of state meet, do send those results to me as well including any Team Manager or Meet Manager files you receive. For teams hosting time trials or dual meets send that information to me also for posting.

Please keep the information, times, suggestions, and stories coming. My e-mail address is [shuckleby@msn.com](mailto:shuckleby@msn.com). I love posting stories about the accomplishments of our Montana Swimming members! Thank you.

Respectfully submitted,  
Susan Huckleby  
Montana Swimming Webmaster/IT Chair  
October 1, 2018

Congratulations to six outstanding Montana Swimming athletes named to the USA Swimming Scholastic All America Team!! These athletes are both fast and smart having achieved both a 2017 Winter Juniors qualifying time or faster and have a 3.5 gpa or higher in academic subjects in the past school year.

Ethan Harder (BAC) and James Bouda (KATS) are two time team members. Ethan completed his junior year at MSU/Internationals Virtual learning Academy with a 4.0 gpa. James completed his senior year at Flathead High School with a 3.7 gpa and is attending the University of Wyoming this fall.

Four other swimmers qualified for the team for their first year. Catherine Russo (BMA) completed her sophomore year at Butte High School with a 4.0 gpa. Katharine Berkoff (MAC) completed her junior year at Hellgate High School with a 4.0 gpa. Peter Thompson (BAC) has a 3.9 gpa and attends Billings Senior High School. Parker Keller (HLST) completed his sophomore year with a 4.0 gpa and attends Helena High School.

These athletes will be recognized on the USA Swimming website and each will receive three certificates – one for the swimmer, one for their club, and one for their school. Each member will also receive a commemorative bag tag.

Montana Swimming and USA Swimming are proud to recognize these scholar-athletes and congratulate the swimmers on their achievement, as well as their coaches and parents for their outstanding support!

As a member of the USA Scholastic All America subcommittee, I tabulate the Western Zone women's applications. This year there were overall 1622 successful applicants -- 807 girls and 815 boys. The western zone had 370 athletes qualified. This year was the first year freshman could apply for the team and 240 were successful applicants. Southern California and Pacific Swimming were the top LSCs in the western zone.

Respectfully submitted,

Susan Huckleby  
Western Zone Women's Tabulator  
Scholastic All America Sub-Committee



## 2017-2018 Scholastic All America Team Summary By the Numbers

### *Athlete Numbers:*

|                       |      |
|-----------------------|------|
| Successful Applicants | 1622 |
| Girls                 | 807  |
| Boys                  | 815  |

|              |     |
|--------------|-----|
| Three-Timers | 180 |
| Open Water   | 3   |
| Disability   | 13  |

|               |     |
|---------------|-----|
| Central Zone  | 398 |
| Eastern Zone  | 409 |
| Southern Zone | 445 |
| Western Zone  | 370 |

|                        |     |
|------------------------|-----|
| 9 <sup>th</sup> Grade  | 240 |
| 10 <sup>th</sup> Grade | 406 |
| 11 <sup>th</sup> Grade | 564 |
| 12 <sup>th</sup> Grade | 413 |

No perfect scores in 2017-2018 (National Champion and 4.0 GPA)

### ***Top LSCs***

|                              |     |
|------------------------------|-----|
| North Carolina Swimming      | 120 |
| Southern California Swimming | 104 |
| Illinois Swimming            | 85  |
| Pacific Swimming             | 72  |
| Potomac Valley Swimming      | 71  |
| Florida Swimming             | 67  |
| Georgia Swimming             | 65  |

### ***Top Clubs***

|                               |    |
|-------------------------------|----|
| Swim MAC Carolina-NC          | 47 |
| Nation's Capital Swim Club-PV | 33 |
| Irvine Novaquatics-CA         | 26 |
| Dynamo Swim Club-GA           | 20 |
| Marlins of Raleigh-NC         | 19 |
| NOVA of Virginia Aquatics-VA  | 19 |
| Swim Atlanta-GA               | 19 |

Membership/Registration Coordinator and Times Reports:

**USA Swimming, Inc.**  
**2017 Year Round Athletes**

10/5/2018 3:48:57 PM

**LSC: MT**

**Year To Date**

| <b>Age Group</b> | <b>Total Female</b> | <b>Total Male</b> | <b>Grand Total</b> |
|------------------|---------------------|-------------------|--------------------|
| 8 & Under        | 64                  | 47                | 111                |
| 9 Year Olds      | 56                  | 43                | 99                 |
| 10 Year Olds     | 97                  | 58                | 155                |
| 11 Year Olds     | 120                 | 52                | 172                |
| 12 Year Olds     | 85                  | 38                | 123                |
| 13 Year Olds     | 78                  | 49                | 127                |
| 14 Year Olds     | 63                  | 44                | 107                |
| 15 Year Olds     | 44                  | 36                | 80                 |
| 16 Year Olds     | 50                  | 28                | 78                 |
| 17 Year Olds     | 36                  | 25                | 61                 |
| 18 Year Olds     | 18                  | 16                | 34                 |
| 19 and Over      | 10                  | 4                 | 14                 |
| <b>Totals</b>    | <b>721</b>          | <b>440</b>        | <b>1161</b>        |

**USA Swimming, Inc.**  
**2018 Year Round Athletes**

10/5/2018 3:47:51 PM

**LSC: MT**

**Year To Date**

| <b>Age Group</b> | <b>Total Female</b> | <b>Total Male</b> | <b>Grand Total</b> |
|------------------|---------------------|-------------------|--------------------|
| 8 & Under        | 62                  | 42                | 104                |
| 9 Year Olds      | 70                  | 41                | 111                |
| 10 Year Olds     | 65                  | 44                | 109                |
| 11 Year Olds     | 79                  | 59                | 138                |
| 12 Year Olds     | 102                 | 48                | 150                |
| 13 Year Olds     | 69                  | 36                | 105                |
| 14 Year Olds     | 63                  | 36                | 99                 |
| 15 Year Olds     | 41                  | 41                | 82                 |
| 16 Year Olds     | 38                  | 26                | 64                 |
| 17 Year Olds     | 39                  | 24                | 63                 |
| 18 Year Olds     | 20                  | 19                | 39                 |
| 19 and Over      | 11                  | 6                 | 17                 |
| <b>Totals</b>    | <b>659</b>          | <b>422</b>        | <b>1081</b>        |

# USA Swimming, Inc.

10/5/2018 3:49:37 PM

## 2017 Seasonal Athletes

LSC: MT

Year To Date

| Age Group     | Total Female | Total Male | Grand Total |
|---------------|--------------|------------|-------------|
| 8 & Under     | 5            | 9          | 14          |
| 9 Year Olds   | 6            | 6          | 12          |
| 10 Year Olds  | 7            | 1          | 8           |
| 11 Year Olds  | 6            | 7          | 13          |
| 12 Year Olds  | 3            | 5          | 8           |
| 13 Year Olds  | 3            | 4          | 7           |
| 14 Year Olds  | 1            | 1          | 2           |
| 15 Year Olds  | 3            | 1          | 4           |
| 16 Year Olds  | 2            | 3          | 5           |
| 17 Year Olds  | 2            | 1          | 3           |
| 19 and Over   | 4            | 2          | 6           |
| <b>Totals</b> | <b>42</b>    | <b>40</b>  | <b>82</b>   |

# USA Swimming, Inc.

10/5/2018 3:50:16 PM

## 2018 Seasonal Athletes

LSC: MT

Year To Date

| Age Group     | Total Female | Total Male | Grand Total |
|---------------|--------------|------------|-------------|
| 8 & Under     | 8            | 9          | 17          |
| 9 Year Olds   | 8            | 4          | 12          |
| 10 Year Olds  | 4            | 7          | 11          |
| 11 Year Olds  | 5            | 6          | 11          |
| 12 Year Olds  | 2            | 4          | 6           |
| 13 Year Olds  | 2            | 1          | 3           |
| 14 Year Olds  | 1            | 3          | 4           |
| 15 Year Olds  | 0            | 1          | 1           |
| 16 Year Olds  | 3            | 3          | 6           |
| 17 Year Olds  | 0            | 2          | 2           |
| <b>Totals</b> | <b>33</b>    | <b>40</b>  | <b>73</b>   |

## Live Database Meet Statistics Report

10/5/2018 3:53:18 PM

Meets Starting on 9/1/2017 through 8/31/2018

| <u>LSC</u> | <u>Number of</u><br><u>Meets</u> | <u>Most Recent</u><br><u>Meet Uploaded</u> | <u>Number</u><br><u>of Indiv</u> | <u>Number</u><br><u>of Relay</u> |
|------------|----------------------------------|--------------------------------------------|----------------------------------|----------------------------------|
| MT         | 32                               | 07/16/2018                                 | 33108                            | 623                              |

## Records Chair Report:

### **Montana Swimming, Fall 2018 HOD Meeting**

Submitted by Pam Harder

September 2018

I have been tracking records with Team Manager.

I check for records after in-state meets, Sectional meets, Zones Meets, Junior Nationals, and National Meets. If I miss a record, please send me an email and I will check it. For all other out of state meets, please let me know of any new records.

RELAY records are checked also. Also let me know if any of these are missed as they are a bit more difficult because of age classifications.

### **2017-2018 SHORT COURSE RECORDS RECAP**

There were a total of **60** new records set this past Short Course season, by a total of 15 different swimmers. There was also 1 new relay record set.

### **Records Set From September 1, 2017 to April 30, 2018**

#### **Records achieved by Meet**

- |                                    |                                                                            |
|------------------------------------|----------------------------------------------------------------------------|
| • FAST Fall Frost Open             | 1 record                                                                   |
| • MAC Fall Invite                  | 2 records                                                                  |
| • HLST Jamie Turner Memorial Meet  | 2 records                                                                  |
| • Winter Jr. Nationals             | 10 records + 7 open records                                                |
| • OK AESC/TYR Elite Meet           | 2 records + 2 open records                                                 |
| • 2018 Washington Open             | 6 records + 5 open records                                                 |
| • BYSC Snowball Classic            | 1 open record                                                              |
| • MAC Winterfest                   | 1 record                                                                   |
| • 2018 MHSA High School State      | 6 records                                                                  |
| • MT Swimming State Swim Meet      | 3 records + 2 open records                                                 |
| • Short Course Senior Sectionals   | 15 records + 13 open records<br>+ 1 relay record<br>+ 1 open relay records |
| • Short Course Age Group Regionals | 8 records                                                                  |

#### **Boys**

- 26 Individual Records were recorded this past Short Course season
  - Jamie Bouda (KATS) 17-21 Age Group 3 records, 2 open records
  - Ethan Harder (BAC) 17-21 Age Group 15 records, 11 open records
  - Cale Berkoff (MAC) 17-21 Age Group 1 record, 1 open record
  - Jack Leuthold (BAC) 17-21 Age Group 1 record
  - Robert Wagner (HLST) 13-14 3 records
  - Daniel Apostol (BY) 10 & U 1 record
  - Brennen O'Neil (BAC) 10 & Under 2 records

## Girls

- 34 Individual Records were recorded this past Short Course season
  - Mari Aoki (MAC) 17-21 Age Group 1 open record
  - Gabby Smart 17-21 Age Group 3 records, 2 open records
  - Katharine Berkoff (MAC) 17-21 Age Group 9 records, 5 open records
  - Catherine Russo (UN) 15-16 Age Group 2 records
  - Katharine Berkoff (MAC) 15-16 Age Group 11 records, 9 open records
  - Addy Lewis (MAC) 11-12 Age Group 1 record
  - Julia Huffmaster (BOZ) 11-12 Age Group 1 record
  - Myrka Hardy (BAC) 10 & Under Age Group 2 records
  - Teagan Boysen (HLST) 10 & Under Age Group 4 records
- 1 Relay Record was recorded this past Short Course season

## 2018 LONG COURSE RECORDS RECAP

There were a total of **35** new records set this past Long Course season, by a total of 8 different swimmers.

### Records set from May 1, 2018 to August 31, 2018

#### Records achieved by meet

- Missoula Firecracker Meet 3 records + 2 open records
- World Championship Trials 8 records + 6 open records
- Oregon Sectionals 5 records + 3 open records  
+ 1 relay record
- Montana State Championships 2 records + 1 relay record
- Futures Championships 2 record + 2 open records
- Western Zone Senior Championship 1 record
- Western Zone Age Group Championship 1 record
- Summer Junior National Championship 3 records + 3 open records
- Junior Pan Pacific Championship 1 record + 1 open record

## Boys

- 14 Individual records were recorded this past Long Course season
  - Peter Thompson (BAC) 15-16 Age Group 3 records, 1 open record
  - Ethan Harder (BAC) 17-21 Age Group 10 records, 8 open records
  - Jamie Bouda (KATS) 17-21 Age Group 1 record

## Girls

- 21 Individual records were recorded this past Long Course season
  - Myrka Hardy (BAC) 10 & Under Age Group 2 records
  - Julia Huffmaster (BOZ) 11-12 Age Group 4 records
  - Rylee O'Neil (BAC) 15-16 Age Group 1 record
  - Catherine Russo (BMA) 15-16 Age Group 1 record
  - Katharine Berkoff (MAC) 17-21 Age Group 13 records, 11 open records



## Officials Chair Report:

September 11, 2018

Montana Swimming House of Delegates,

I would like to start by thanking all of Montana Swimming for the opportunity to serve as the Montana LSC Officials Chair the last 4 years. I look forward to dedicating my expertise and knowledge to the next Montana Swimming Officials Chair to keep all Montana Swimming officials at the great level they have attained and the respect they have received when they attend and work upper level meets around the country.

I would like to report that, as of September 11, 2018, we have 108 registered officials with 88 officials certified as stroke and turn, starters, administrative officials and referees. There are currently 2 stroke and turn trainees and another who has completed all his deck requirements and is currently completing his registration.

We had a very successful long course season that concluded with the 2018 Montana Swimming LC State Championship Meet in Bozeman in July 2018. We had a great turn out of officials who worked the meet over the three days. These officials made the meet run extremely well and the comments which were made during and after the meet were all positive. The meet was completed ahead of the projected time line each day.

Montana Swimming had numerous officials who traveled and worked the Western Zones Meet, the Sectional Meet and the new USA Futures Meet this summer. Montana Swimming also sent officials to the USA Swimming officials meeting this past year and we have a new referee scheduled to attend a meeting later this year. These national meetings provide those attending additional learning experiences and the information they gain and bring back helps to improve our own Montana Swimming officials.

As we get ready to start the 2018-19 short course season, I would like to ask that we continue to recruit new officials from all the teams as we will continue to lose officials each year and the need for trained officials will grow each year. I would like to ask that we continue to add two officials from each team every year.

In conclusion, I would like to thank all the officials that have worked meets throughout the last year and provided training and mentoring for our newer officials. I would encourage all our officials to continue with the training and mentoring of all the officials. We have a great group of officials in our LSC and I know we all learn something at each of the meets we work.

If anyone has questions or needs anything, please feel free to contact me.

Respectfully Submitted,

Merle L Gunderson  
Montana Swimming Officials Chairman  
mtgunders@outlook.com

Safe Sport Coordinator Report:  
October 2018

Reminder that ALL NEW COACHES AND VOLUNTEERS must have a background check.

I have been sending out SAFE SPORT MONDAYS scenarios, and **STRONGLY** encourage every coach to take 5 minutes to discuss these with your team! Being aware is the first step to keeping team members safe. This is an incredibly important issue, as we've all seen in the news lately.

Working on getting the SAFE SPORT tips included in the meet programs, and would like to make this a standard inclusion. Thoughts on doing this without having to notify each registrar individually?

Take the time to make sure all the coaches and volunteers are aware of your team's policies regarding travel, communication between staff and swimmers, and photography around the pool.

If you have an issue or safety concern regarding swimmers, you may report these online at [usaswimming](#) through safe sport tab, or to myself and I will forward your concerns to usa swimming.

The USA Swimming's Safe Sport Initiative has been growing and doing great things for athletes nation wide! Here are a few ways that your team can be a part of the action to make swimming safe!

1. **[Take the online Safe Sport training. \(CLICK HERE\)](#)** It's FREE and there is a Parent version and Swimmer Version (Created for swimmers 12 and up), and a Bully prevention course too!
2. **[Take the Safe Sport Self Assessment \(Click Here\)](#)** for your team to see where you need improvement.

"What you permit is what you promote." Be willing to have candid and respectful conversations that make swimming safe for kids. Here are some examples:

- Ask someone respectfully to **put away their phone in the locker room** to respect the privacy of others.
- **Educate your swimmers why giving coach a hug every day is not the best idea.** Coaches WANT to build relationships with your kids, but they are BEST done through hand shakes, high fives, and words of encouragement....doesn't seem to make sense to you? Follow #1 and watch the online training and you will understand what makes this important!
- **Discuss with your swimmer what to do if they feel unsafe**—Tell someone!
- Use Safe Sport's **"See something, Hear Something, Say Something" Safe Sport Monday scenarios** with your swimmer. [CLICK HERE](#) to be directed to the latest Scenarios! There is a new one each month!
- **Post signs** at your practice facility and during events the following key information. This will help empower kids to make good choices, and know what the expectation is. [\(Click Here for printable posters\)](#)
- NO CELL PHONES in locker rooms
- NO photos allowed behind the blocks
- NO Deck Changing-please use designated changing areas
- Bullying is NOT Tolerated here
- Team Communication should always be positive and appropriate.

- **Teach kids that they need to create a positive online footprint** for their future. Remind them that what they post becomes a part of their lives.
- **Encourage kids to let you know if they feel unsafe.** Help them pick 5 adults they can trust if they feel unsafe or need someone to talk to. Use their hand as a visual to help them remember the 5 people that are safe. Remind them if they get an “uh oh” or gut feeling, they should tell someone what is going on.

Questions? Here are some important Safe Sport Names and Contact Info:

- a. Montana Swimming Safe Sport Coordinator: Janel McCormick 406-360-8304, [nellybean@aol.com](mailto:nellybean@aol.com)
- b. USA Swimming Support:
  - i. Online form for reporting: [Click Here](#)
  - ii. Liz Hoendervoogt (Assistant to the Director) [ehoendervoogt@usaswimming.org](mailto:ehoendervoogt@usaswimming.org) or
  - iii. Maggie Vail (educational services) [mvail@usaswimming.org](mailto:mvail@usaswimming.org)

USA Swimming has a new **Safe Sport Activity Book** available, a good way for coaches and parents to talk to young swimmers about safety.

Diversity and Inclusion Chair's Report on 2018 WZ Diversity and Inclusion Camp:

2018 WZ Diversity and Inclusion Camp and Summit at San Diego Report

Susan Huckleby

Montana Swimming was well represented at the recent Western Zone Diversity and Inclusion Select Camp held at San Diego State University in sunny San Diego, California.

Representing our Big Sky state were athletes Bennett Apostol (BY), O'Shay Birdinground (BY), and Sara Guillen (BOZ). Also attending the camp summit were BY head coach Kristen Wyatt and MT Swim Diversity and Inclusion Chair Susan Huckleby (BTST).

Head coach for the camp was Chris Sheppard from Boston, Massachusetts. Assistant Coaches included Maddy Sheblessy from Cincinnati, Ohio, Audrey Bell (Utah), Emily Melina (Oregon) and Andriana Conteras (California).

Athletes had practiced in both short course yards and long course meters. Each day included dry land practice, nutrition talks, team building exercises, classroom education, walks to and from the pool, goal setting, and great food in the campus dining hall. Giles Smith, national team athlete and winner of a gold medal at the Pan Pac Games spoke to the athletes and adults on his path in swimming and as he trains for Nationals and the Olympic Trials.

MJ Truex led the adults in the summit classes with assistance from Juan Caraveo. The group discussed implicit bias, privilege, D&I Chair 101, the new transgender membership changes, the Western Zone all star team, and more. Ben Lee, coach with Team Elite, spoke on community activation. Kent Yoshiwara, Pacific Swimming, led the WZ D&I committee discussion.

Everyone participated in the community service outreach helping the Surfrider Foundation Net Patrol clean up the Moonlight Beach in Encinitas. Following the cleanup the group enjoyed a picnic lunch.

The last evening was spent bowling, eating pizza, and having fun. The athletes received some nice swag -- including a backpack, practice suit, and three camp t-shirts courtesy of USA Swimming, TYR, and Arena. It was a great camp and a wonderful experience!

Thank you Montana Swimming for sending us to the Western Zone Diversity and Inclusion Select Camp!! We are looking forward to the 2020 camp.

#WZDSC18



At the beach clean-up.



At the beach clean-up





The group at the beach clean-up at Moonlight Beach in Encinitas with the Surfrider Foundation





The campers and coaches in their camp shirts.



Camp coaching staff - Audrey, Adrianna, Chris, Maddie, another coach, and Emily





All the campers in their Arena suits. Thank you Arena!



Practice in the 50 meter pool





Team Montana arriving at the airport in San Diego





Team Montana - Coach Kristen, Bennett, Sara, O'Shay, Susan

#### Coach Kristen Wyatt's WZ Diversity and Inclusion Camp Report:

June 14-17 of 2018 I was able to attend the Western Zone Diversity and Inclusion Select Camp and Summit. I attended with Susan Huckeby, our Diversity and Inclusion Chair, and 3 athletes, Sara Guillen BOZ, Bennett Apostol BY, and O'Shay Birdinground BY.

This was an outstanding opportunity for our athletes to connect with coaches and other athletes from across our Western Zone. It was fun to watch them make connections and build friendships. This was also a great opportunity for me as a coach to meet athletes, diversity and inclusion chairs, officials and other coaches from our zone and beyond. I was fortunate enough to reconnect with many I met during the summit at the AG Zones Meet later in the summer. The camp coaching staff was a fun and dynamic group from all over the nation! They brought varied backgrounds, experience and perspectives not only to the athletes, but to those attending the summit as well.

The D&I summit was an eye-opening experience. Until attending, I was completely unaware of the projects, marketing, and development the LSCs of our zone are undertaking to make diversity and inclusion an integral part of USA Swimming in our areas. I was able to attend meetings that discussed the nuts and bolts of D&I within each LSC. Some LSCs are doing so very much to promote Diversity and Inclusion, while others are just getting started. I think the most important thing I learned from those meetings is that we have come a long way, but there is still a very long way to go.

As a coach rather than a D&I Chair attending the summit, I found myself wishing that we could have had more time discussing current D&I issues with the other coaches. I am hopeful that in future summits a more practical rather than philosophical approach will be taken with the coach portion of the summit. I think there is great value in think tank discussions among such a varied and diverse group of coaches!!

I am so grateful to have had the opportunity to attend this camp and summit! I look forward to seeing our D&I mission grow and evolve within our LSC!

Kristen Wyatt  
Head Coach Billings YMCA

#### Sara Guillen's WZ Diversity and Inclusion Camp Report:

In early summer 2018, I had a wonderful opportunity to travel to San Diego, California to attend USA Swimming's Diversity and Inclusion Camp in the western area. We left on a Thursday morning from Billings, Montana, to arrive in California midday. There, we arrived at campus and were introduced to some staff and a few other campers who had arrived. Once most everyone had arrived, we went over a schedule and some expectations for the weekend. Then, we went up to our rooms to unpack and meet our roommates. Over the course of the weekend, we had multiple dryland/swim sessions, and many meetings or talks that were very beneficial. These meetings consisted of talking about the psychology of the sport, how to make goals, and how to reach those goals. It was an amazing experience that focused a lot on things we could apply to areas outside of swimming and not just in the pool.

To begin, this camp was a wonderful opportunity to meet new people and learn lessons about swimming and how they can be applied to other aspects of life. Throughout this camp, I made many friendships with people from all over. It really was a unique experience to meet people from other states. I know that these friendships will continue. It was good to meet people from the western area that I can look for at a big meet, rather than not know anyone but people from Montana. I am very grateful I got to experience this because it has given me a lot to think about both in and out of the pool.

Throughout the whole camp, we discussed a lot of important healthy habits. A nutritionist talked about how to balance healthy, beneficial foods, while also being an athlete. We also discussed sleep, hydration, and healthy relationships. These are all important because they affect our everyday lives and, if not taken care of, they can be damaging to personal goals.

Another important lesson we learned was the importance of team. They strongly emphasized this throughout all the days, by using cheers at the end of practice, or doing small team bonding activities randomly. Something I really enjoyed was how easy it was to find your spot and be comfortable at the camp. We had a meeting one night that emphasized on how important it is to think about your teammates. For example, a bad day is inevitable, especially during teenage years. However, when practice time comes around, spreading negativity can be affecting the goals of other teammates and their success. We discussed how to be a good teammate especially when things get difficult.

The aspect of camp that has stuck with me the most would be the lessons they taught us about the sport. However, these lessons could all be applied outside of the sport as well. In particular, Juan, one of the counselors, talked a lot about how to reach your goal, whether it would be in swimming or in another area. He covered the different types of goals, and how we can use

skills like body language and active listening to reach them. Additionally, he taught us a lot about the different levels of swimming, and how every person's path to success is different, whether it's what camps you go to, or what degree you get in college.

More specifically, we talked about grit. In the sport or just in life, grit is essential in order to succeed. Giles Smith, a very inspirational athlete, came to talk at the camp on one of the last days. He has experienced the worst and the best parts of swimming. He's gone through major accomplishments, as well as major injuries. But, he is still learning and growing, and inspired us to do the same. He did not start swimming with any profound talent, but instead worked hard. His story was truly inspirational because he explained that he had been beaten down, torn apart, and crushed by the sport of swimming. Yet, he continued on because he believed in himself and chased a dream. He taught us how important and beneficial mind control is, and how to pick yourself up after falling down, even for the millionth time. This was the most beneficial talk we had, at least in my opinion, because it applies to everything we do. I now have deeper insight as to how to set goals, how to find balance in all aspects of life in order to reach those goals, and how important passion and positivity is, and how much it can affect performance.

Overall, this was an amazing opportunity that I am extremely grateful for. I would recommend this camp to everyone because of not only how beneficial it is, but also because of how exciting and fun it is. This camp really inspired me to make some changes in attitude and lifestyle choices. I'm sure that in the long run, I will see positive results in my swimming performance and overall personality due to these changes. It was very well organized, and engaging for everyone who was in attendance.

Thanks USA Swimming and Montana Swimming!!!

#### O'Shay Birdinground's WZ Diversity and Inclusion Camp Report:

July 7, 2018

This is my overall experience at the Western Diversity Swim Camp I attended in June 2018. In my report I will go over the coaching and staff at the camp. Then I will be talking about the dorms and the building itself. Lastly, I will go over what I think the camp could have done better and what we can do in our state for our minority children.

So the camp was great and the coaches were phenomenal to the swimmers and with them we all had a good time. I don't know if any other coaches would be as equally fun and hard on us as those coaches. Bennett and I were surprised when we heard from Kristin that Coach Chris and Coach Maddie were gay. Bennett and I thought it was cool because we have never met anyone who was gay and coaching a swim team so it was certainly an experience for us both. Overall the coaches filled us with self esteem, joy, and self discipline that we need to push ourselves the extra mile to grow in the sport of swimming and to become fit and become faster.

Juan was great about explaining the "ladder" to the national swim camp and talking to us about how to get to those camps and that it isn't a ladder or we don't even have to take the ladder to become a member of the national swim team and even an Olympian and take our country to the Olympics with pride and wear the USA swimming cap with the American flag and give it everything you've got for your country and to get a gold so that the other countries know we still got some of the best swimmers on the planet with the best swimming corporation on the earth. I think we had fun when the nutrition talk came and we had to take a drink from our water bottles and she told us what to eat and what not to eat. Then we absolutely blew it by eating alfredo with pasta which she said not to do but we thought it was funny.

Secondly when we got off the plane and Maddie picked us up and we made our way towards the university we saw downtown and the harbor with navy ships and a yacht. We got to the dorms and we looked at the building and it looked like modern on the outside so we thought the dorms were going to be nice and the inside was nice then we got to the rooms themselves meet our roommate and the beds were not what we expected but it'll do for the time because we were just there for like three nights which wasn't too bad. And the showers were small but we all got used to it and the condiments were great like the tri swim was so great I bought some when I got home it works great to get the chlorine out of the skin and keep it from drying and cracking. But push all those things aside I think staying in the dorms was great the experience was great and the staff were excellent, kind, and were great when we first showed up to get our room keys to figure out who we will be rooming with for the camp.

And thirdly I think that the camp could have given the camp swimmers a choice between a jammer and a brief because some people don't like how briefs feel or how they fit on the body. That is all I think the camp could have done better.

Lastly I think that our state could go to the communities that have more minorities than the majority of the population like Hardin, Crow Agency, Ashland, or anywhere that has a pool with a minority population above 50%. We should have maybe a coach or two who went to the diversity camp to pass on our experience and practice set to the people that want to succeed in swimming. Maybe we could take a couple of "big" kids who are a minority and take a group picture and spread it as encouragement for minorities. And go out and meet with coaches from around the state that have majority minority group and see if they need to do more and just supervise for like a practice and then move on to the next swim team that needs help with swimmers. We can provide comfort and reassurance to swimmers that think that they are getting bullied due to their ethnicity and to encourage them to stay with it and those things will get better in the long run and if they stay with it they could be like one of the big names in swimming when they grow older. I would like to coach minorities because I could teach them a thing or two or perfect a stroke and/or work one on one with a stroke that they need help with. In conclusion this camp was a fun experience and I hope I have the chance to return to the camp to learn more and absorb all the information I can.

Thank you Montana Swimming for sending me to the Western diversity and inclusion camp!

### Bennett Apostol's Report on the WZ Diversity and Inclusion Camp:

They say unity is defined by the state of being united or joined as a whole, but the USA Zone Diversity Select Camp was much more than that. When I heard that I could apply to attend the Select Camp I was curious to know what it would be like. Two weeks later, I was ecstatic to learn that I was accepted and given the opportunity to fly down to San Diego. Not only that but I was able to travel alongside my swim coach, Kristen Wyatt, close friend and teammate, Oshay Birdinground, and fellow competitor from Bozeman, Sara Guillen. At first, I thought the camp started once we landed in San Diego. However, our trip started after we hooked up with Miss Susan Huckleby from Butte and met some very fun and energetic people in Salt Lake City. Sonny, Sebastian, and Coach Audrey were the zone representatives from Utah and they flew down with us to San Diego. Once we arrived at the dorms, we immediately unloaded our luggage and started to meet and greet other swimmers and coaches.

As we started to get to know each other, I realized there were swimmers from the west coast who were of very high caliber and could achieve times that were equal to AAAA standards. While this did make me feel a little intimidated, it also inspired me to achieve goals similar to the ones that they were striving for. Everyday at each 2 hour long practice, I never lost sight of what I wanted to accomplish despite the practices being more intense than what I was accustomed to. What really helped me be more insightful and passionate in achieving these goals were the talks presented to us by various people.



One such person was US national swimmer, Giles Smith. He really gave a new perspective into the life of an experienced and talented swimmer and how he overcame his struggles in his swimming career. Giles really helped me understand the true meaning behind the sport of swimming. What I took away from his speech was “It’s not the idea of becoming a future Olympian, but rather being the best swimmer that you can be.” This completely changed my perspective of swimming and I still hold onto that idea to this day.

Now our days weren’t fully filled with just swimming and dryland exercises. We also had fun in the sun and had an opportunity to give back to the community by picking up the litter off Moonlight State Beach. Before concluding the Camp, we also had fun at the bowling alley scoring a few strikes and gutter balls alongside our new friends and inspirational coaches.

In conclusion, thank you Montana Swimming and the executive board for giving me this special opportunity to strengthen my skills as a swimmer, and more importantly, to further grow and develop my personal character. I feel blessed to be part of an amazing LSC and am proud to have represented Montana in San Diego.

## 2018 - 2019 Montana Swimming Board of Directors

| <b>Office</b>                                         | <b>Office Holder</b>                          | <b>Team</b> |
|-------------------------------------------------------|-----------------------------------------------|-------------|
| General Chair*                                        | Matt Yovich                                   | BOZ         |
| Admin Vice Chair*                                     | Jay Friend                                    | MAC         |
| Program Development Co-chairs*                        | Kristen Wyatt                                 | BY          |
|                                                       | Mike Turner                                   | MAC         |
| Finance Vice-Chair*                                   | Mike O'Neil                                   | BAC         |
| Program Operations Vice Chair<br>(Zones Coordinator)* | Jessica Kaufman                               | BAC         |
| Secretary*                                            | Susan Huckeby                                 | BTST        |
| Coach Representative*                                 | Kirby Beierle                                 | MYST        |
| Treasurer                                             | Craig Smith                                   | BOZ         |
| Membership/Registration<br>Coordinator                | Lanni Jacobson                                | MAC         |
| Record Coordinator                                    | Kyle Kallin                                   | HLST        |
| Technical Planning                                    | Sean Marshall                                 | BAC         |
| Officials Chair                                       | Lon Huckert                                   | BOZ         |
| Operational Risk Chair (Safety)                       | Caty Flikkema                                 | BMA         |
| Sr Athlete Representative*                            | Claire Becker                                 | MYST        |
| Sr Athlete Representative*                            | AJ Popp                                       | KATS        |
| Jr Athlete Representative                             | Isabella Seagrave                             | MAC         |
|                                                       | Hannah                                        |             |
| Jr Athlete Representative                             | Jourdonnais                                   | MYST        |
| Non-Voting Board Members                              |                                               |             |
| Diversity and Inclusion Chair                         | Susan Huckeby                                 | BTST        |
| Times Officer                                         | Lanni Jacobson                                | MAC         |
| Safe Sport Coordinator                                | Janel McCormick                               | MYST        |
| Information Technology Chair<br>(webmaster)           | Susan Huckeby                                 | BTST        |
| Adapted Swimming Chair (Disability)                   |                                               |             |
| Reach Out Grant Committee                             | Susan Huckeby, Mike O'Neil, and Claire Becker |             |

\* Executive Board Members



Meeting Sign-in Sheets:

①

**2018 Montana Swimming Fall HOD Meeting  
House of Delegates Meeting – October 7, 2018  
Butte YMCA, Butte, Montana**

Sign in of those present board members present:

**Officers:**

|                                | Print              | Signed                    | Email address                 |
|--------------------------------|--------------------|---------------------------|-------------------------------|
| General Chair:                 | Dr. Tony Popp      |                           |                               |
| X Administrative Vice Chair:   | Tami Peters        | <i>Tami Peters</i>        | tpeters94@gmail.com           |
| X Program Development V.C.:    | Kyle Potter        | <i>Kyle Potter</i>        | kpotter@ymcamissoula.org      |
| Only one vote Co-Chair:        | Major Robinson     |                           |                               |
| X Program Operations Chair:    | Jessica Kaufman    | <i>Jessica Kaufman</i>    | jessica.kaufman1974@gmail.com |
| X Finance Vice Chair:          | Matt Yovich        | <i>Matt Yovich</i>        | Myovich@wardardcurrent.com    |
| X Secretary:                   | Susan Huckleby     | <i>Susan Huckleby</i>     | shuckleby@msn.com             |
| Treasurer:                     | Craig Smith        | <i>Craig Smith</i>        | CraigSmith1742@comcast.net    |
| X Coach Representative:        | Kirby Beierle      | <i>Kirby Beierle</i>      | kbeierle@ymcamissoula.org     |
| X Operational Risk Chair:      | Caty Flikkema      | <i>Caty Flikkema</i>      | cmflikk@me.com                |
| X Tech Planning Chair:         | Sean Marshall      | <i>Sean Marshall</i>      | BACstingrays@gmail.com        |
| X Membership/Reg Coord:        | Lanni Jacobson     | <i>Lanni Jacobson</i>     |                               |
| X Officials Chair:             | Merle Gunderson    | <i>Merle Gunderson</i>    |                               |
| Records Chair:                 | Pam Harder         | <i>Pam Harder</i>         | pamharder51@gmail.com         |
| Athlete Representatives:       |                    |                           |                               |
| Sr. Rep                        | AJ Popp            |                           |                               |
| Sr. Rep                        | Claire Becker      |                           |                               |
| X Jr. Rep                      | Hannah Jourdonnais | <i>Hannah Jourdonnais</i> |                               |
| X Jr. Rep                      | Isabella Seagrave  | <i>Isabella Seagrave</i>  |                               |
| Non-Voting Members:            |                    |                           |                               |
| X Safe Sport Coordinator:      | Janel McCormick    | <i>Janel McCormick</i>    |                               |
| X IT Chair / Webmaster:        | Susan Huckleby     | <i>Susan Huckleby</i>     |                               |
| X Diversity & Inclusion Chair: | Susan Huckleby     | <i>Susan Huckleby</i>     |                               |

**Fall 2018 Montana Swimming HOD Meeting  
October 7, 2018, Butte, MT**

**Club ADULT Voting Representative: (ONE per club)**

|                           | Print          | Signed      | Email address            |
|---------------------------|----------------|-------------|--------------------------|
| X Billings Aquatic Club   | Jessica Knote  | J Knote     | knotejes@gmail.com       |
| X Billings YMCA Swim Club | Kristen Wypa   | K Wypa      | kwypa@billingsymca.org   |
| X Bozeman Barracudas      |                |             |                          |
| X Bozeman Brookies        | Grace Warkuski | G Warkuski  | gracewarkuski@gmail.com  |
| Butte Tarpon Swim Team    | Kyle R. Harris | KRH         | kylr.harris11@gmail.com  |
| X Butte YMCA Riptide      | Debra Elmer    | Debra Elmer | Debra.Elmer@ButteY.org   |
| Deer Lodge Otter Aquatics |                |             |                          |
| X Falls Aquatic Swim Team | Marla Hauser   | M Hauser    | marlahausers@gmail.com   |
| Hardin Otter Swim Team    |                |             |                          |
| Havre Lions Swim Team     |                |             |                          |
| X Helena Lions Swim Team  | Kyle Kallin    | K Kallin    | kallinkyle545@gmail.com  |
| X Kalispell Aquatic Team  | Steve Quarel   | S Quarel    | sterequarel@gmail.com    |
| X Missoula Aquatic Club   | Jed Dennis     | J Dennis    | jed@emacswim.org         |
| X Missoula YMCA Swim Team | Shelby Midboe  | S Midboe    | shelby.midboe@gmail.com  |
| X Peak Waves Swim Team    | Pete King      | P King      | Coachpeteking@gmail.com  |
| X Polson Lake Monsters    | Shayna Swanson | S Swanson   | shaynanswanson@gmail.com |
| X Wave Ryders Swim Club   | Nayley Cousin  | N Cousin    | nayley@whitefishwave.com |

**Fall 2018 Montana Swimming HOD Meeting**  
**October 7, 2018, Butte, MT**

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**Club ATHLETE Voting Representatives : (ONE per club)**

|                           | Print | Signed                         | Email address                    |
|---------------------------|-------|--------------------------------|----------------------------------|
| X Billings Aquatic Club   |       | <u>Hylee O'Neil</u>            |                                  |
| X Billings YMCA Swim Club |       | <u>Bennett Apostol</u>         |                                  |
| X Bozeman Barracudas      |       | <u>Miles Fastnow</u>           |                                  |
| X Bozeman Brookies        |       | <u>Catherine Russo</u>         |                                  |
| Butte Tarpon Swim Team    |       |                                |                                  |
| Butte YMCA Swim Team      |       | <u><del>Royal Sandoz</del></u> |                                  |
| Deer Lodge Otter Aquatics |       |                                |                                  |
| Falls Aquatic Swim Team   |       |                                |                                  |
| Hardin Otter Swim Team    |       |                                |                                  |
| Havre Lions Swim Team     |       |                                |                                  |
| X Helena Lions Swim Team  |       | <u>Parker Keller</u>           | <u>Parker Keller12@gmail.com</u> |
| X Kalispell Aquatic Team  |       | <u>Ada Quinell</u>             | <u>adaquinell@gmail.com</u>      |
| Missoula Aquatic Team     |       |                                |                                  |
| Missoula YMCA Swim Team   |       |                                |                                  |
| X Peak Waves Swim Team    |       | <u>Joseph Guter</u>            | <u>josephguter@outlook.ca</u>    |
| Polson Lake Monsters      |       |                                |                                  |
| Wave Ryders Swim Club     |       |                                |                                  |

**Montana Swimming Fall 2018 HOD Meeting, October 7, Butte, MT**

### Non Voting ATHLETES

### Non Voting ADULTS -- Parents/Coaches/Guests

60