



**2022 SPRING SPEEDO SECTIONALS \* PHOENIX, AZ\* MARCH 24 – 27, 2022**

2022 USA Swimming Speedo Championship Series Northwest Spring Sectional Time Standards						
March 24 <sup>th</sup> – 27 <sup>th</sup> * PCDS Dady Aquatic Center * Paradise Valley, AZ						
Women				Men		
SCY	SCM	LCM	EVENTS	SCY	SCM	LCM
24.99	27.76	28.44	<b>50 Free</b>	22.41	24.72	25.79
53.71	59.04	1:01.26	<b>100 Free</b>	48.46	53.27	55.89
1:56.22	2:07.92	2:12.75	<b>200 Free</b>	1:45.84	1:56.48	2:02.20
5:13.17	4:29.34	4:43.21	<b>400/500 Free</b>	4:49.98	4:10.18	4:23.21
10:52.09	9:27.35	9:48.19	<b>800/1000 Free</b>	10:10.58	8:53.74	9:19.51
18:19.78	18:07.11	18:54.49	<b>1500/1650 Free</b>	17:13.16	16:53.43	17:45.59
59.50	1:06.33	1:09.54	<b>100 Back</b>	54.42	1:00.66	1:04.26.0
2:07.80	2:22.78	2:29.20	<b>200 Back</b>	1:58.45	2:12.65	2:20.40
1:08.46	1:15.15	1:20.46	<b>100 Breast</b>	1:01.53	1:07.35	1:13.70
2:29.07	2:43.68	2:54.86	<b>200 Breast</b>	2:15.19	2:27.80	2:40.88
58.86	1:04.55	1:06.87	<b>100 Fly</b>	53.46	59.43	1:00.97
2:12.26	2:26.43	2:32.74	<b>200 Fly</b>	2:00.94	2:14.37	2:20.25
2:11.81	2:25.85	2:32.19	<b>200 Ind. Medley</b>	1:59.85	2:12.30	2:19.28
4:39.34	5:07.75	5:21.68	<b>400 Ind. Medley</b>	4:18.37	4:45.76	5:00.19
1:44.69	1:56.89	1:59.29	<b>200 Free Relay</b>	1:32.99	1:43.78	1:46.89
3:49.09	4:12.14	4:17.29	<b>400 Free Relay</b>	3:25.49	3:46.85	3:54.59
8:14.49	9:10.46	9:21.69	<b>800 Free Relay</b>	7:38.69	8:26.70	8:43.99
1:56.29	2:10.99	2:13.39	<b>200 Medley Relay</b>	1:44.69	1:55.50	1:59.69
4:09.49	4:44.93	4:48.39	<b>400 Medley Relay</b>	3:47.49	4:15.75	4:23.39

**Qualifying Time Period: December 1, 2020, through entry deadline, March 16, 2022.**

