

Montana Swimming 30/60/90 Day Plan

To: All Montana Swimming Member Clubs

Days 1-30 Return to Practice (RTP): Montana Swimming (MTSI) recommends that the first 30 days after the “Stay at Home” order is lifted and aquatic facilities are re-opened be used solely for practice. All practices should follow the best practice social distancing guidelines recommended by local, state, and national agencies.

Member clubs should work with their local agencies to develop and approve an RTP protocol. Information on how to develop a spacing plan and implement social distancing during practice will be shared as developed by USA Swimming and Montana Swimming.

MTSI recognizes that not all member clubs will be able to return to practice as soon as the “Stay at Home” order is lifted.

Days 31-60 Return to Modified Competition: In the following 30 days MTSI will support clubs in designing/running modified meet formats. The focus of meets during this time period is to help athletes return to competition. Each club will be able to use their discretion in order to run meets that are within local, state, and national best practice guidelines. Sanctioned meets may not be held until approval is given by USA Swimming which at this time will not be before June 1. Clubs should check with Montana Swimming and USA Swimming for the date when meets may be sanctioned in the future.

Meet formats may include virtual meets, postal meets, dual meets, intrasquad meets, and meets with both live and virtual components. Meets may be designated as non-sanctioned for clubs to run meets with little to no officiating crew and fewer timers on deck. Non-sanctioned meets allow swimmers to adjust to the return to competition and promote fun. In order for times to be entered into the SWIMS database, the swim meet must be sanctioned and meet the normal MTSI and USA Swimming sanctioning requirements.

Days 61-90 Return to Normal Competition: Days 61-90 represent our return to normal competition while recognizing there may still be limitations in place by local, state, and national agencies.

If there are significant delays to MTSI Member Club’s ability to return practice following the lifting of the “Stay at Home” order, MTSI may choose to modify the current Long Course State Championship Meet. In order to best serve the needs of the MTSI athletes, the meet may change locations, hosts, and championship designation.

The current statewide “Stay at Home” order is scheduled to be lifted on April 24th. If the order is not extended, sanctioned or unsanctioned competitions will not be approved until Day 38 (June 1st).