

## ← Scaffolded Anti-Racist Resources

*This is a working document for scaffolding anti-racism resources. The goal is to facilitate growth for white folks to become allies, and eventually accomplices for anti-racist work. These resources have been ordered in an attempt to make them more accessible. We will continue to add resources.*

**Immediate action list:** [Resources for Accountability and Actions for Black Lives](#)

Please note: if you wish to compensate us for this work, please donate to one of the following organizations: [National Bail Out Fund](#), [Black Visions Collective](#), [Campaign Zero](#). After you're done, send us a screenshot of the receipt if you'd like - [scaffoldedantiracismresources@gmail.com](mailto:scaffoldedantiracismresources@gmail.com)

**Documents containing resources used in this list:**

[Anti-racism resources for white people](#) (Sarah Sophie Flicker, Alyssa Klein - May 2020)

[Read about the Stages of Identity Development](#)

[A Race Is a Nice Thing to Have](#) - provides the framework for white identity development (Janet E. Helms)

Stage of white identity development (Helms) and their corresponding beliefs/thoughts/actions	Resources *When purchasing books, please purchase directly from authors or local bookstores -- here's one online suggestion.	What to do next?
<p><b>CONTACT</b></p> <ul style="list-style-type: none"> <li>- "I don't see color."</li> <li>- "Talking about race brings disunity."</li> <li>- Belief that racism is caused by talking about race.</li> <li>- Belief that you aren't racist if you don't purposely or consciously act in racist ways.</li> </ul> <p>How folks move from this stage: by being confronted with active racism, real-world experiences that highlight their whiteness.</p>	<p><b>Activities:</b></p> <ol style="list-style-type: none"> <li><a href="#">White Privilege: Unpacking the Invisible Knapsack</a> (Peggy McIntosh)</li> </ol> <p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li><a href="#">NPR episode about Whistling Vivaldi</a></li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li><a href="#">Interview about I'm Still Here</a></li> <li><a href="#">Interview about White Awake</a></li> </ol> <p><b>Articles:</b></p> <ol style="list-style-type: none"> <li><a href="#">Walking While Black</a> (Garnette Cadogan)</li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li><a href="#">Why Are All the Black Kids Sitting Together in the Cafeteria</a> (Beverly Tatum)</li> <li><a href="#">I'm Still Here</a> (Austin Channing Brown)</li> <li><a href="#">Whistling Vivaldi</a> (Claude Steel)</li> <li><a href="#">White Awake</a> (Daniel Hill)</li> </ol>	<p>Understanding and utilizing resources about racial inequality and bias is the first part of this work -- educating yourself is important.</p> <p>Reject the desire to ask black folks, indigeneous folks or people of color (BIPOC) to explain racism for you. Instead, find resources created by BIPOC to help educate yourself, or offer to financially compensate folks who are educating you!</p> <p>Start reading about concepts like white privilege and racial bias.</p>
<p><b>DISINTEGRATION</b></p> <ul style="list-style-type: none"> <li>- "I feel bad for being white."</li> <li>- May feel like you're stuck.</li> </ul> <p>How folks move from this stage: by participating in anti-racist work.</p> <p>*Big caution for this stage: guilt can be overwhelming. Be aware that sitting in guilt or shame might move us to the <i>reintegration</i> stage</p>	<p><b>Activities:</b></p> <ol style="list-style-type: none"> <li><a href="#">Racial Bias Test</a> - this will help you understand what your biases are for yourself</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li><a href="#">White Fragility</a> - short video summarizing the <a href="#">book</a> by Robin DiAngelo</li> </ol>	<p>Do not let guilt (<i>white guilt</i>) or shame stop you from doing anti-racist work.</p> <p>Ask folks how you can support.</p> <p>Find a way to support anti-racism. Some examples might include attending a training, joining an allies group, participating in a protest. Keep working to grow, instead of settling into shame.</p>

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<p><i>friend/child/relative, etc.”</i> - May notice yourself feeling defensive when talking about race.</p> <p>How do folks move past this stage? By combating these feelings of defensiveness, shame or superiority.</p>	<p>of these convictions.</p> <p><b>Overt White Supremacy (Socially Unacceptable)</b> Lynching Hate Crimes Blackface The N-word Swastikas Neo-Nazis Burning Crosses Racist Jokes Racial Slurs KKK</p> <p><b>Covert White Supremacy (Socially Acceptable)</b> Calling the Police on Black People White Silence Colorblindness White Parents Self-Segregating Neighborhoods &amp; Schools Eurocentric Curriculum White Savior Complex Spiritual Bypassing Education Funding from Property Taxes Discriminatory Lending Mass Incarceration Respectability Politics Tone Policing Racist Mascots Not Believing Experiences of BIPOC Paternalism "Make America Great Again" Blaming the Victim Hiring Discrimination "You don't sound Black" "Don't Blame Me, I Never Owned Slaves" Bootstrap Theory School-to-Prison Pipeline Police Murdering BIPOC Virtuous Victim Narrative Higher Infant &amp; Maternal Mortality Rate for BIPOC "But What About Me?" "All Lives Matter" BIPOC as Halloween Costumes Racial Profiling Denial of White Privilege Prioritizing White Voices as Experts Treating Kids of Color as Adults Inequitable Healthcare Assuming Good Intentions Are Enough Not Challenging Racist Jokes Cultural Appropriation Eurocentric Beauty Standards Anti-Immigration Policies Considering AAVE "Uneducated" Denial of Racism Tokenism English-Only Initiatives Self-Appointed White Ally Exceptionalism Fearing People of Color Police Brutality Fetishizing BIPOC Meritocracy Myth "You're So Articulate" Celebration of Columbus Day Claiming Reverse-Racism Paternalism Weaponized Whiteness Expecting BIPOC to Teach White People Believing We Are "Post-Racial" "But We're All One Big Human Family" / "There's Only One Human Race" Housing Discrimination</p> <p>@inaconsciousid</p> <p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">Side Effects of White Women</a> Podcast Episode with Amanda Seales</li> <li>2. Smartest Person in the Room's episode on <a href="#">Well Meaning White People</a></li> </ol> <p><b>Articles:</b></p> <ol style="list-style-type: none"> <li>3. Audre Lorde's <a href="#">The Uses of Anger: Women Responding to Racism</a></li> <li>4. Rachel Elizabeth Cargle's <a href="#">When Feminism is White Supremacy in Heels</a></li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">Me and White Supremacy</a> by Layla F Saad</li> </ol> <p><b>Videos:</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">Bloomberg and The Legacy of Stop-and-Frisk - Between the Scenes   The Daily Show</a></li> </ol>	<p>previous resources to help remind you of why this work is important.</p> <p>Find a way to support anti-racism. Some examples might include attending a training, joining an allies group, participating in a protest. Keep working to grow, instead of settling into shame.</p>
<p><b>PSEUDO-INDEPENDENCE</b> - "How can I be white and anti-racist?" - Belief that privilege is not based on merit, but on bias &amp; racism. - Rely on BIPOC to address racism. - Might affirm or seek to comfort the BIPOC who is addressing racism.</p>	<p><b>Podcasts:</b></p> <ol style="list-style-type: none"> <li>1. Code Switch podcast <a href="#">A Decade on Watching Black People Die</a></li> <li>2. <a href="#">Brené Brown + Ibram X. Kendi "How to Be an Antiracist"</a></li> </ol> <p><b>Books:</b></p> <ol style="list-style-type: none"> <li>1. Ijeoma Oluo's <a href="#">So You Want to Talk About Race</a></li> <li>2. <a href="#">Why I No Longer Talk to White People about Race</a> by Reni Eddo-Loge</li> <li>3. <a href="#">The Fire This Time</a> by Jesmyn Ward</li> </ol> <p><b>Documentary:</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">13th</a> (Ava DuVernay)</li> </ol> <p><b>Poem</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">White Privilege</a> (Kyla Lacey)</li> </ol> <p><b>Videos</b></p> <ol style="list-style-type: none"> <li>1. <a href="#">How We Can Win</a> (David Jones)</li> </ol>	<p>Begin having difficult conversations with white friends and family about racism and inequality.</p> <p>Begin to think about how you might use your privilege to support anti-racist work.</p>
<p><b>IMMERSION</b></p>	<p><b>Activities:</b></p> <ol style="list-style-type: none"> <li>1. Reflective Journal Prompts:</li> </ol>	<p>Complete the journal prompts and consider</p>

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<p>- Is able to embrace their own white identity &amp; what their whiteness means, while also working alongside BIPOC</p> <p>- Works actively to be anti-racist.</p>	<p>unspoken, historic and modern--associated with Black women? Black men?</p> <p>b. How do you see colorism at work in this country? How do you see colorism at work in your own prejudicial thoughts?</p> <p>c. How have you expected Black women to serve or soothe you?</p> <p>d. How have you reacted in the presence of Black women who are unapologetic in their confidence, self-expression, boundaries, and refusal to submit to the white gaze?</p> <p><i>Podcasts:</i></p> <ol style="list-style-type: none"> <li>1. Still Processing episode on <a href="#">Kaepernick</a></li> <li>2. <a href="#">White Lies</a> (NPR)</li> </ol> <p><i>Articles:</i></p> <ol style="list-style-type: none"> <li>1. <a href="#">Ta-Nehisi Coates's The Case for Reparations</a></li> <li>2. <a href="#">Why Seeing Yourself Represented on Screen Is So Important</a> (Kimberley Lawson)</li> <li>3. <a href="#">75 Things White People Can Do for Racial Justice</a></li> <li>4. <a href="#">Resources for White People to Learn and Talk About Race and Racism</a></li> </ol> <p><i>Books:</i></p> <ol style="list-style-type: none"> <li>1.</li> <li>2. <a href="#">How to be An Antiracist</a> by Ibram Kendi</li> <li>3. <a href="#">The Fire Next Time</a> by James Baldwin</li> </ol> <p><i>Video:</i></p> <ol style="list-style-type: none"> <li>1. <a href="#">5 Tips for Being an Ally</a></li> </ol> <p><i>Movies:</i></p> <ol style="list-style-type: none"> <li>1. The New Negro</li> </ol>	
<p><b>AUTONOMY</b></p> <p>- Embodied anti-racism: being willing to step in the way of racism when possible, engage in protests</p> <p>- Has done the work to recognize their own identity, so that they can effectively be anti-racist.</p> <p>- Recognizes that growth is continual, and they might need to revisit previous stages.</p>	<p><i>Activities:</i></p> <p>Answer these questions (written by Nii Addo Abrahams, M.A., M. Div. / Twitter &amp; Instagram @_nickyflash_)</p> <ul style="list-style-type: none"> <li>● Does your solidarity last longer than a news cycle?</li> <li>● Does your solidarity make you lose sleep at night?</li> <li>● Does your solidarity put you in danger?</li> <li>● Does your solidarity cost you relationships?</li> <li>● Does your solidarity take away time from other things you could be doing?</li> <li>● Does your solidarity change the way you spend your money?</li> </ul>	

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- your country's values?
- Does your solidarity make you think you're not racist?
  - Does your solidarity change how you read your Bible?
  - Does your solidarity change how you preach?
  - Does your solidarity happen when no one is looking?
  - Does your solidarity ever cause you to speak out when no one wants to listen?
  - Does your solidarity ever cause you to shut up when you want to say something?
  - Does your solidarity change the way you vote?
  - Does your solidarity cause you to denounce our current president?
  - Does your solidarity include cis-het Black women?
  - Does your solidarity include Black queer and trans folks?
  - Does your solidarity make you suspicious of predominantly white institutions?
  - Does your solidarity cause you to believe in costly reparations?
  - Does your solidarity assuage your white guilt?
  - Does your solidarity have room for Black rage?

*Online resources:*

[Racial Equity Tools](#)

*Book:*

[The End of Policing](#) (Alex Vitale)

*Social media accounts to follow in any stage:*

**Instagram:**

@wokebrownfem  
 @nowhitesaviours  
 @theimtiredproject  
 @rachel.cargle  
 @advancementproject  
 @britthawthorne  
 @indyamoore  
 @wearyourvoice  
 @ckyourprivilege  
 @alokvmenon  
 @theunapologeticallybrownseries  
 @austinchanning  
 @theconsciouskid  
 @antiracismctr  
 @\_nickyflash\_  
 @heyqueenyoucute

**Twitter:**

@clintsmithIII  
 @keeangayamahta  
 @Drlbram  
 @MsPackyetti  
 @JBouie  
 @thearmchaircom  
 @RevJacquiLewis  
 @drchanequa  
 @ava  
 @YNPierce  
 @esglaude  
 @jemelehill  
 @\_nickyflash\_  
 @nhannahjones

For those who want to be a better anti-racist in thier faith traditions

**The Christian Community:**

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4. Lenny Duncan's *Dear Church: A Love Letter from a Black Preacher to the Whitest Denomination in the U.S.*
5. Christena Cleveland's *Disunity in Christ*
6. Curtiss Paul DeYoung's *Coming Together in the 21st Century*
7. Edward Gilbreath's *Reconciliation Blues*
8. Michael Eric Dyson's *Tears We Cannot Stop: A Sermon to White America*
9. [Trouble I've Seen](#)
10. Chanequa Walker-Barnes's [I Bring the Voices of My People: A Womanist Vision for Racial Reconciliation](#)

### The Jewish Community:

1. [Jewish Racial Justice Resources](#)

### If you'd prefer to read a novel:

1. Angie Thomas's *The Hate You Give*
2. Chimamanda Ngozi Adichie's *Americanah*
3. Yaa Gyasi's *Homegoing*
4. Toni Morrison's *Beloved*
5. James Baldwin's *Go Tell It On the Mountain*

### Podcast recommendations:

1. [White Lies](#) by NPR
2. [The 1619 Project](#) by the New York Times
3. [Uncivil](#) by Gimlet Media
4. [The Witness Podcast Network](#) - Pass the Mic
5. [Seeing White](#)

### For those in education:

1. [Anti-Racist Educator Self-Questionnaire and Rubric](#)
2. [Anti-Racist Student Self-Questionnaire](#)

### Accessible resources for the youth:

#### [Antiracist Baby](#)

Kwame Alexander's the [Crossover](#) series

#### [This Book is Antiracist](#)

[Books to Teach White Children and Teens How to Undo Racism and White Supremacy](#)

### Young Adult Literature:

Dear Martin by Nic Stone

All American Boys by Jason Reynolds and Brendan Kiely

I am Alfonso Jones by Tony Medina

### Middle grades:

A Good Kind of Trouble by Lisa Moore Ramée

Ghost Boys by Jewell Parker Rhodes

New Kid by Jerry Craft

### Resources for parents:

[Raising White Kids](#) (Jen Harvey) -- article here: ['Raising White Kids' Author On How White Parents Can Talk About Race](#)

### Document created by:

Anna Stamborski, M. Div Candidate (2022)

Nikki Zimmermann, M. Div candidate (2021)

Bailie Gregory, M. Div, M.S. Ed.