



TIGERSHARKS
COLUMBIA SWIM CLUB

Summer Invitational Swim Meet

June 4th-June 6th, 2021

Mizzou Aquatic Center

MVS SANCTION:	Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc., Sanction #MV-21-41		
MEET SANCTION AMENDMENT:	<p>Masks: With the mask requirement being lifted at both University of Missouri and City of Columbia, the Columbia Swim Club board and coaching staff have discussed and will follow City of Columbia and University of Missouri guidance on making masking optional. However, if you are not fully vaccinated, Columbia Swim Club suggests that you continue wearing a mask and use social distancing to help reduce the spread of COVID-19.</p> <p>Spectators: Will be allowed in the spectator stands only. No admission will be charged.</p> <p>Entrance: All meet attendees will enter through the main entrance at the MU Rec Complex</p>		
TYPE OF MEET:	Age Group and Open - Timed Finals		
LOCATION:	Mizzou Aquatic Center at the MU Student Recreation Complex 213 Rothwell Gymnasium University of Missouri, Columbia, MO 65211		
FACILITY:	One 50-meter course eight lanes each with non-turbulent lane lines. Colorado Time System throughout facility; 8 lane alphanumeric scoreboard; 2 Full-color digital display boards; 96" touch pads; 2 Stark Movable Bulkheads. The competition pool has a depth at the start end of 8-8.5 feet; pool depth at the turn end is 8-8.5 feet; 6" Competitor Gold Medal Lane Ropes. Electronic timing system. The competition course has not been certified in accordance with 104.2.2C(4). The diving well pool is available for warm-up and warm-down. Diving boards and Platforms are off limits. <u>Facility doors will open 30 minutes prior to the start of morning warm-up.</u> Please use the South entrance at the diving well (see map on back page)		
HEAT SHEETS:	Heat sheets will be published on-line at csctigersharks.org and on MeetMobile.		
SPECTATORS:	Consistent with University policy, there will be NO spectators allowed. Livestream will be available at: csctigersharks.org . By attending and/or participating in this competition you voluntarily agree to the livestream.		
PARKING:	Friday Parking: a prepaid parking pass must be purchased in advance if parking before 7:00pm in the Virginia Ave. Parking Garage on levels 1-3. Link: csctigersharks.org . Free parking is available on Saturday & Sunday in the Virginia Ave. Parking Garage on levels 1-3 located across Hitt St. from the MU Student Recreation Complex. See map on last page.		
STARTING TIME:	<p>Summer Invite Friday 13&Over Girls Friday 13&Over Mixed 1500 Friday 13&Over Boys Saturday 12&Under Mixed Saturday 13&Over Girls Saturday 13&Over Boys Sunday 12&Under Mixed Sunday 13&Over Girls Sunday 13&Over Boys</p>	<p>Warm-ups: 10:00am Warm-ups: Not Before 2:00pm Warm-ups: Not Before 4:00pm Warm-ups: 7:00am Warm-ups: Not Before 11:30am Warm-ups: Not Before 3:30pm Warm-ups: 7:00am Warm-ups: Not Before 11:30am Warm-ups: Not Before 3:30pm</p>	<p>Meet Starts: 11:30am Meet Starts: Not Before 2:30pm Meet Starts: Not Before 5:30pm Meet Starts: 8:30am Meet Starts: Not Before 1:00pm Meet Starts: Not Before 5:00pm Meet Starts: 8:30am Meet Starts: Not Before 1:00pm Meet Starts: Not Before 5:00pm</p>
CONTACTS:	<p>Meet Referee: Sarah Hansen 319-290-5673 (drsarahhansen@gmail.com)</p> <p>Meet Director: Shelly Manion 785-845-3067 (cscmeetchair@gmail.com)</p> <p>AO: Mary Barnes 573-999-4958 (Cscentries.mary@gmail.com)</p>		
ENTRIES:	<p>All swimmers must be 2021 athlete members of USA Swimming. The swimmer's age on Friday, June 4th, 2021 determines the age for the entire meet. Registration of all athletes will be verified by the MVS Registration Chair prior to the meet. Those not registered will not be allowed to swim in the meet. Event limits are as follows: 13&Older swimmers may swim a max of 3 events per session. 12&Under swimmers may swim a max of 4 events per session. Entries are limited to 200 swimmers per session. Entries for the 1500 Free session, 400 free and 400 IM may be limited to the top 16 girls and top 16 boys. No deck entries. Entries should be in Hy-tek. Each entry accepted will be confirmed via a return email receipt. Fee payment must follow all entries within 7 days. Columbia Swim Club has the sole discretion to determine which entries to accept. In exercising this discretion, Columbia Swim Club will consider: number of officials provided by the team, balance of age groups and gender in entries, level of competition and geographic location. <i>Once entries are accepted, only time updates will be allowed. Any additions/substitutions must be made via email to the entries chair prior to the entry deadline.</i></p> <p>Entries Chair: Submit entries to: Mary Barnes 1500 Keegan Court Columbia, MO 65203 573-999-4958 Cscentries.mary@gmail.com</p>		
DEADLINE:	Entries will not be accepted before 8am CST, Monday, May 17th, 2021. Entry deadline is 6pm CST, Monday, May 31th, 2021. Change requests and late entries after the entry deadline are subject to approval by the Meet Committee. Overnight mail entries should NOT require a signature upon receipt.		
FEES:	\$5.00 per individual event \$30.00 per individual facility surcharge Please make checks payable to Columbia Swim Club .		
CREDENTIALS & COACHES	All credentials must be up to date and will be checked upon entry to the facility and/or on deck. Please have those available upon request. In order to stay within University policy, we MAY limit the number of coaches per team based on the number of athletes attending the meet.		
CRASH AREA:	Swimmers' crash area will be on-deck bleachers. The on-deck bleachers will be marked in zones per team; teams are expected to social distance within that zone. The pool deck will have a one-way flow of traffic of counter clockwise (see map on back page).		

SEEDING:	The meet may be pre-seeded with the exception of those events requiring positive check-in. There will be no fees assessed for failure to check in. All events may be swum fastest to slowest, combining age groups.
MEET RULES:	2021 United States Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”) will govern this meet , All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Policy (“MAAPP”), and that they understand that compliance with MAAPP policy is a condition of participation in the conduct of this competition. 2021 Missouri Valley Swimming Rules will govern the meet. Missouri Valley Swimming Safety Guidelines and Warm-Up Procedures will be in effect. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Deck changes are prohibited. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
MEET FORMAT:	Friday, Saturday and Sunday are timed finals for all events. No awards will be given.
WARM UPS:	<u>Facility doors will open 30 minutes prior to the start of morning warm-up.</u> Warm-up lanes will be assigned for Friday, Saturday and Sunday. Warm-ups will be split if necessary and teams will be advised of their warm-up times. <u>8-10 swimmers are permitted per lane during warm-up in the competition pool. No more than 5 swimmers per lane during warm-up/warm-down in the diving well pool. No more than 1 swimmer on the wall at a time.</u> Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by <u>stepping in feet first, or sitting and sliding in, in a safe and cautious manner.</u> Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.
CONCESSIONS:	NO food or concessions will be available at this meet.
OFFICIALS:	Columbia Swim Club welcomes any visiting USA officials who would like to officiate. Visiting officials MUST contact CSC prior to arrival and entering the facility and their participation MUST be confirmed by Sarah Hansen, the Meet Director, or a Meet Referee. Officials' meetings are generally 45 minutes before the start of each session. Attire is white/blue. Contact Sarah Hansen with questions (drsarahhansen@gmail.com).
TIMERS:	CSC will provide timers for distance events, however teammates participating in the session will need to serve as lap counters for their teammates.
FINAL RESULTS:	Final Results will be posted on the Missouri Valley website at mvteamunify.com and may include the swimmer's name, age, times. Final results will also be posted on the CSC website at cscctigersharks.org .
CANCELLATION POLICY:	Due to the ever-changing status of COVID-19 we reserve the right to cancel this meet at any time. In the event the meet is cancelled, all entry fees will be returned if the meet is cancelled prior to the start of the events; if the meet is cancelled after the meet has begun, entry fees will be returned for events that have not been swum.
UPDATES:	All updates will be posted on cscctigersharks.org , under Hosted Meets-2021 Summer Invite
WAIVERS:	All Athletes, Coaches & Volunteers must complete waivers 1 or 2 prior to entrance to the meet AND waiver 3 (24 hours of arriving to the facility). <ol style="list-style-type: none"> Athlete 17 & under Assumption of Risk and Waiver of Liability Relating to Coronavirus/COVID-19 (Must be completed prior to travel) Athletes/Coaches/Volunteers Assumption of Risk and Waiver of Liability Relating to Coronavirus/COVID-19 (Must be completed prior to travel) Athlete/Coach/Volunteer COVID Self Screening Questionnaire (Must be completed within 24 hours of arriving to the facility)
COVID-19:	An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, MISSOURI VALLEY SWIMMING, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH. Please refer to specific safety protocols governing this meet at the end of this meet information. Updated protocols may be instituted in the days leading up to the meet. <u>All updates will be posted on cscctigersharks.org under Hosted Meets-2021 Summer Invite.</u> We have taken enhanced health and safety measures – for athletes, officials, personnel, and spectators. You must follow all posted instructions of the facility. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By attending and participating in the 2021 Summer Invite, you voluntarily assume all risks related to exposure to COVID-19. By attending or participating in this competition, you are consenting to your swimmer(s)'s races being live streamed.
SAFETY RULES AND SAFE SPORT INFORMATION:	Consistent with University policy, <u>there will be NO spectators allowed.</u> All participants, coaches and volunteers will enter and exit the Aquatic Center through the south entrance of the facility. Participants are expected to social distance and traffic on the pool deck will be one direction. Maps showing the flow will be sent out prior to the meet and posted on the pool deck. All participants will go through a health screening, including a temperature check and being questioned about any possible symptoms. Swimmers must wear a mask at all times when inside the facility except when they are about to race and when they are warming up/down. Coaches, officials and volunteers must wear a mask at all times. See the below section on COVID-19. Swimmers must arrive and leave in their swimsuits, NO changing in the locker rooms will be permitted. Bathroom use will be allowed. USA Swimming Rules and Regulations. It shall be the swimmers' and coaches' responsibility to acquaint themselves with all information contained here within. All persons expecting to receive access to the pool deck must be prepared to show a current USA Swimming membership card (Deck Pass is acceptable proof of USA Swimming membership). Information regarding the APT course and the background check is available online at usaswimming.org/protect . Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents and must have successfully passed the required background check and APT Course. Coaches must display their coach membership card while on deck. No swimmer will be permitted to compete unless he/she is a member as provided in Article 302. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. Further, those participants not proficient with a backstroke ledge must start each race from within the water, and without use of the backstroke ledge. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with these requirements. No swimmer will be allowed on deck without a coach member present. If the home club coach is not planning to attend the event, swimmer must be assigned a supervising coach. If a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued. The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional, and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules, and best practice guidelines, promoting healthy boundaries and mandated reporting of violations. The Minor Athlete Abuse Prevention Policy (“MAAPP”) prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

	<p>Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531-0340 or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.</p> <p>All athletes age 18 and older must complete Athlete Protection Training ("APT") in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after March 13th, 2021, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after March 13th, 2021, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.</p> <p>The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.</p> <p>Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition.</p> <p>Deck changes are prohibited.</p> <p>Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.</p> <p>Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.</p>
Mizzou Aquatics Center:	<p>Mizzou Aquatics Center Statement of Sportsmanship</p> <p>Coaches and student-athletes of visiting institutions and organizations, as well as Individual's employed by or associated with that institution, including alumni, fans, patrons and boosters, shall conduct themselves with honesty and good sportsmanship.</p> <p>Unacceptable behavior including tampering, vandalism, or destruction of Mizzou Aquatics Center, Mizzou Rec, or University of Missouri property, physical or verbal Abuse, or refusal to follow instructions given by Mizzou Rec staff will result in Disciplinary action, reimbursement for damages, and/or potential suspension from the facilities and programs. Anyone asked to leave by the staff will not be refunded any paid charges.</p>

Summer Invite Order of Events:

Friday 13&Over Girls Timed Finals:		Warm-up: 10:00am	Session Start: 11:30	
1		13&Over 50 Back		
2		13&Over 200 Free		
3		13&Over 100 Breast		
4		13&Over 200 Fly		
5		13 & Over 50 Breast		

Friday 13&Over Mixed 1500 Timed Finals:		Warm-up: Not Before 2:00pm	Session Start: Not Before 2:30pm	
6		13&Over Mixed 1500 Free		

Friday 13&Over Boys Timed Finals:		Warm-up: Not Before 4:00pm	Session Start: Not Before 5:30pm	
7		13&Over 50 Back		
8		13&Over 200 Free		
9		13&Over 100 Breast		
10		13&Over 200 Fly		
11		13&Over 50 Breast		

Saturday 12&Under Mixed Timed Finals:		Warm-up: 7:00am	Session Start: 8:30am	
12		12 & Under 200 IM Mixed		
13		12 & Under 50 Free Mixed		
14		12 & Under 50 Breast Mixed		
15		12 & Under 100 Back Mixed		
16		12 & Under 50 Fly Mixed		
17		12 & Under 400 Free Mixed		

Saturday 13&Over Girls Timed Finals:		Warm-up: Not Before 11:30am	Session Start: Not Before 1:00pm	
18		13 & Over 50 Fly		
19		13 & Over 100 Free		
20		13 & Over 200 Breast		
21		13 & Over 100 Back		
22		13 & Over 400 IM		

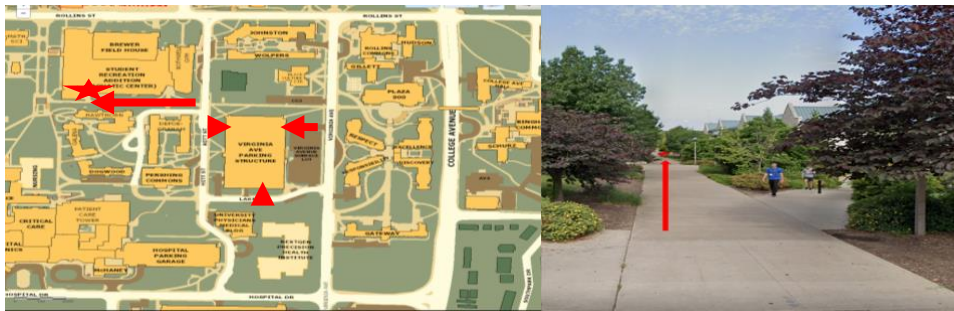
Saturday 13&Over Boys Timed Finals:		Warm-up: Not Before 3:30pm		Session Start: Not Before 5:00pm	
23			13 & Over 50 Fly		
24			13 & Over 100 Free		
25			13 & Over 200 Breast		
26			13 & Over 100 Back		
27			13 & Over 400 IM		

Sunday 12&Under Mixed Timed Finals:		Warm-up:7:00am		Session Start: 8:30am	
28			12 & Under200 Free Mixed		
29			12 & Under 50 Back Mixed		
30			12 & Under 100 Breast Mixed		
31			12 & Under 100 Free Mixed		
32			12 & Under 100 Fly Mixed		

Sunday 13&Over Girls Timed Finals:		Warm-up: Not Before 11:30am		Session Start: Not Before 1:00pm	
33			13 & Over 200 Back		
34			13 & Over 50 Free		
35			13 & Over 200 IM		
36			13 & Over 100 Fly		
37			13 & Over 400 Free		

Sunday 13&Over Boys Timed Finals:		Warm-up: Not Before 3:30pm		Session Start: Not Before 5:00pm	
38			13 & Over 200 Back		
39			13 & Over 50 Free		
40			13 & Over 200 IM		
41			13 & Over 100 Fly		
42			13 & Over 400 Free		

Entrance: The Southeast entrance is not open for pool access. PLEASE use the South entrance (red Star).



Mizzou Aquatics Center pool deck flow of traffic counter clockwise:

