**Jefferson City Invitational Pentathlon**

**Missouri Valley Swimming Sanction #MV-18-02A**

**Jefferson City, MO YMCA Knowles Center**

**January 6, 2018**

**SPONSOR:** Jefferson City, MO YMCA Barracuda Swim Team

[www.jc-barracudas.com](http://www.jc-barracudas.com)

**MEET** Michelle Cline Troy Stabenow

**DIRECTORS:** cline.michelle@hotmail.com Troy\_Stabenow@fd.org

 573-587-4139 573-645-6854

**MEET** Patti Draves

**REFEREE:** 3littlefishies@hughes.net

**ADMINISTATIVE** Rachel Busche

**OFFICIAL:** jcay@live.com

**ENTRY CHAIR:** Tommy Parker

 jcay@live.com

**LOCATION:** Jefferson City YMCA Knowles Center

424 Stadium Blvd., Jefferson City, MO 65101

**FROM HWY 54 WEST**:

Take the Jefferson St./Stadium Blvd. Exit. Immediate right on Jefferson Street. Right at the first light onto Stadium. After 3/10 mile turn right at YMCA Drive. (Across from high school stadium.)

**FROM HWY 54 EAST**: Take the Stadium Blvd./Tanner Bridge Rd Exit. Turn left at the stop sign. Right at the light onto Stadium. After 2/10 mile turn right at YMCA Dr. (Across from high school stadium.)

**FACILITY:** 25 yard, 6-lane pool with non-turbulent lane lines. Pool depth at the start end is 11 feet; pool depth at the turn end is 3 ½ feet. A Colorado Electronic Timing system with 6-lane touch pads and scoreboard will be used. The competition course has not been certified in accordance with 104.2.2C(4).

**APPROVAL:** This is a closed YMCA meet held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc.. Sanction Number PENDING.

**ELIGIBILITY:** All swimmers must comply with the eligibility conditions of The Rules that Govern YMCA Competitive Sports. Each athlete must be a member in good standing of their YMCA for at least 30-days prior to participating in this meet.

**RULES:** YMCA Swimming Rules will govern the meet. This meet is held under the approval of USA Swimming. USA Swimming technical rules will apply. Deck changes are prohibited. In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Use of audio or visual recording devises, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**ENTRIES:** Swimmers may swim 5 individual events for the Pentathlon scoring. In addition, swimmers may enter 1 relay. Email entries to: JCAY@live.com. Entry times must be in short-course yards, converted times are allowed. An entry report will be emailed back to each team; it is the teams’ responsibility to check their reports for accuracy. Entries will be limited to the first 250 swimmers on a first come, first serve basis. **Entry fees must arrive at the YMCA by the date of the swim meet. Fees must be paid with one check per team payable to “JCAY Swim Team”.**

**ENTRY FEES:**

$5.00 per swimmer surcharge plus $5.00 per individual event and $20.00 per team for relays.

Mail all fees to:

Jefferson City YMCA-Knowles Center

C/O Barracuda Swim Team-Pentathlon

P.O. Box 104176

 Jefferson City, MO 65110

**DEADLINE:** All entries must be emailed no sooner than **December 29, 2017** and no later than **January 1, 2018**. Late entries will be accepted at the discretion of the Meet Director and only to fill vacant lanes. Time updates will be accepted until January 3, 2018.

**MEET SCHEDULE:** Warm up schedule will be developed once all swimmers have been enrolled in the meet to address the needs of the swimmers/teams. Lanes will be assigned. Tentative meet schedule for both days of the meet:

8:00 A.M. Coaches Meeting

8:15 A.M. Officials Meeting/Warm ups

9:15 A.M. Timers Meeting

9:30 A.M. Meet Start

**SEEDING:** Pre-seeded with deck entries permitted to fill empty lanes only. Fees for deck entries and **late entries after January 1, 2018** willbe $10.00 per individual event; $24.00 per relay. Deck entries and scratches must be submitted at least **60 minutes prior to the Meet Start Time**.

**WORKERS:**

**Officials:** For planning purposes, we ask each team to forward a list of YMCA certified officials and USA Swimming certified officials that will be attending the meet during each session to the meet referee, Patti Draves, 3littlefishies@hughes.net. We are counting on your USA and YMCA Swimming officials to help us with this endeavor. This meet will be USA Swimming sanctioned and times will be submitted for entry in the USA Swimming SWIMS database.

**TIMERS**

Teams will be required to provide timers for the event. A timer assignment sheet will be emailed to all coaches to obtain their worker list.

**PENTATHLON SCORING:**

Swimmers must swim all 5 events in their age group if they want to be eligible for the pentathlon awards. Times for each event will be added in order to obtain one total time for each swimmer. Events will be scored for the following age groups: 8 & U, 9-10, 11-12, 13-14 and 15-21.

If a swimmer receives a disqualification, two-minutes will be added to their time for the event in which they received the DQ.

If a swimmer misses an event, their time for the event will be that of the slowest swimmer in the event plus a two-minute time penalty.

**AWARDS:**

* **Pentathlon Awards** - Trophies will be awarded to the top 3 fastest total times with medals going to swimmers in places four through eight for boys and girls in each age group.
* **Individual Awards** - Individual medals will be awarded for places one through three for each even and with ribbons for places four through eight.
* **Relay Awards** - Ribbons will be awarded for the top three relay finishes.

**CONCESSIONS:** Full concessions will be available. Food will be allowed in the concession area only; coolers must be stored there. A hospitality room will be available for coaches and officials.

**HEAT SHEETS** Heat Sheets and psych sheets will be posted with the meet information on the JCAY Barracudas webpage at www.jc-barracudas.com. They will be available beginning January 5, 2017.

**BULLPEN:** Radios, CD/cassette, etc. will be permitted with **HEADPHONES ONLY**. All balls and throwing type toys are prohibited. Swimmers **MUST** stay out of the weight room, gymnastics center, and running track. There must be parental supervision of each team in the bullpen **AT ALL TIMES**. **Lack of adequate supervision and discipline may result in disqualification of the swimmer or team involved.**

 **Saturday January 6, 2018**

Meet Starts: 9:30 AM

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| --- | --- | --- |
| **GIRLS** | **EVENT** | **BOYS** |
|  |  |  |
| 1 | 8 & U 25 Butterfly | 2 |
| 3 | 9-10 50 Butterfly | 4 |
| 5 | 11-12 50 Butterfly | 6 |
| 7 | 13-14 100 Butterfly | 8 |
| 9 | 15-21 100 Butterfly | 10 |
| 11 | 8 & U 25 Backstroke | 12 |
| 13 | 9-10 50 Backstroke | 14 |
| 15 | 11-12 50 Backstroke | 16 |
| 17 | 13-14 100 Backstroke | 18 |
| 19 | 15-21 100 Backstroke | 20 |
| 21 | 8 & U 25 Breaststroke | 22 |
| 23 | 9-10 50 Breaststroke | 24 |
| 25 | 11-12 50 Breaststroke | 26 |
| 27 | 13-14 100 Breaststroke | 28 |
| 29 | 15-21 100 Breaststroke | 30 |
| 31 | 8 & U 25 Freestyle | 32 |
| 33 | 9-10 50 Freestyle | 34 |
| 35 | 11-12 50 Freestyle |  36 |
| 37 | 13-14 100 Freestyle | 38 |
| 39 | 15-21 100 Freestyle | 40 |
| 41 | 8 & U 100 IM | 42 |
| 43 | 9-10 100 IM | 44 |
| 45 | 11-12 100 IM | 46 |
| 47 | 13-14 200 IM | 48 |
| 49 | 15-21 200 IM | 50 |

**RELAYS**

|  |  |  |
| --- | --- | --- |
| 51 | 8 & U 100 Medley Relay | 52 |
| 53 | 9-10 200 Medley Relay | 54 |
| 55 | 11-12 200 Medley Relay | 56 |
| 57 | 13-14 Medley Relay | 58 |
| 59 | 15-21 Medley Relay | 60 |