



Our Age Group swimmers were very impressive this Champs season! Age Groupers did not hold back at MALs, Districts, or Champs! Every swim was important to them and their focus and positive attitudes helped them shine in every race. Their support and encouragement of each other was amazing to watch. A big thank you to swimmers who participated in only relays at Champs. You made relays possible! Great job Age Group! I am very proud.

A portrait of Coach Shawn Lynn-Bequette, a woman with long blonde hair, smiling. She is wearing a blue polo shirt with the Kansas City Blazers logo on the chest. The photo is set within a white border and a yellow background.

Coach's Corner Age Group

Coach Shawn Lynn-Bequette