

We had an AWESOME end to the Short Course season over the last couple of weeks! We ended up 1st overall at Districts, 1st overall at Open Champs, 2nd overall at 14&Under Champs, and 8th overall at Region VIII Sectionals last weekend. Special shout-out to Garner Darling, Declan Rydzel, and Sid Pradeep who represented Senior Prep with KCB at the 14&Under Champs Meet!

At Age Group Champs: Declan Rydzel had an outstanding meet, making finals and finishing in 16th place in the 200 Breast, as well as adding best times in 100 Breast, and 200 Back, as well as swimming on relays. Garner Darling added best times in 100 Back and 50 Free, as well as swimming on relays. Sid Pradeep filled in on relays all 3 days and helped out 13-14 boys crush it! Great job boys!

I would also like to take a moment to congratulate Natalie Chandler, Arjun Chitale, Anne Henderson, Brady Mallot, Ethan Ma, Akshay Ramachandran, Laksh Saluja, Eric Su, Avery Wiens, and Matthew Wu who are all advancing to Senior Prep from either Junior II or Age Group II. Congrats on a great season and welcome!



## Coach's Corner Senior Prep

Nikita Alvegaard-Struble