

Friday PM Session

Open Warm Up: 2:30-3:00 PM

Pool Closes: 3:00 PM

Meet Start: 3:15 PM

Saturday & Sunday AM Sessions

1st Warm Up: 8:00-8:25 AM

2nd Warm Up: 8:25-8:50 AM

Pool Closes: 8:50 AM

Meet Start: 9:00 AM

1st Warm Up 8:00-8:25 AM

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|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| KCB | KCB | KCB | KCB | KCB | KCB | KCB | CNS |

2nd Warm Up 8:25-8:50 AM

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|-----|-----|-----|--------------|------|------------------|-----------------|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| WSC | WSC | MSA | MSA/ AAAA | AAAA | TST/ Lifetime | KCSA/ Kraken | LA |

Saturday & Sunday PM Warm Up

Open Warm Up: 12:00-12:40 PM

Push Pace/Starts: 12:40-12:50 PM

Pool Closes: 12:50 PM

Meet Start: 1:00 PM

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| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Push Pace | Starts | Starts | Open | Open | Starts | Starts | Push Pace |