2018 Lawrence Aquahawks Stroke & Turn Incentive

**Training**

1. Notify Aquahawks of your intent to become USA Swimming Stroke & Turn Official
2. Register as Official on Missouri Valley Website
   1. Cost $62 (will be reimbursed after qualified S&T Official)
3. USA Swimming Registration and testing
   1. Take and pass 100 question Stroke & Turn test
   2. Finish Athlete Protection Training video
   3. Level II background check ($35 – paid out of pocket)
4. Attend Stroke & Turn Clinic at Missouri Valley swim meet
5. Shadow 6 swimming sessions in at least two meets
6. Turn in $62 Missouri Valley fee for reimbursement

**Volunteering**

1. Short Course Season September – March
   1. Work as an Official at least 75% of all team hosted swim meet sessions
   2. Receive 50% discount on the following April dues
2. Long Course Season April – August
   1. Work as an Official at least 75% of all team hosted swim meet sessions
   2. Receive 50% discount on the September dues

**Continue Education**

1. If you stay as a qualified official and work qualified swim meets as an official, Aquahawks will pay for your annual USA Swimming Registration fees
2. Bi-Annually the following must be completed to stay as a Qualified Official
   1. Level 2 background check ($35 fee)
   2. Athlete Protection training video
   3. 30 question Stroke and Turn test
   4. Attend Stroke and Turn Clinic

**Misc**

1. Families may combine sessions to meet the 75% minimum sessions worked if both members are qualified officials
2. The Aquahawks BOD reserve the right to change the incentive program at anytime with reasonable notice to the officials