2017 MID-STATES 14 & UNDER ALL-STAR CHAMPIONSHIPS
Sponsored by speedo
IU Natatorium - Indianapolis
January 7 - 8, 2017

SANCTION: This meet is sanctioned by USA Swimming and Indiana Swimming. Sanction #IN17136

LOCATION: IU Natatorium, 901 W. New York Street, Indianapolis, IN 46202

FACILITY: The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Competition Pool: Two eight-lane, 25-yard pools with a depth ranging from 9' - 10', Competitor lane lines with custom designed starting blocks, Colorado electronic timing equipment, and Daktronics scoreboard.

Continuous eight-lane warm-up course available in the North pool (scoreboard end). Meet competition will be held in the South pool (diving well end) except for the 1650 freestyle events which will be swum in both pools by gender.

PARKING: Parking is available in the attached Natatorium Sports Garage for $6 per entry, credit card only (no cash). Prices are determined and retained by IUPUI Parking Services. Host is unable to negotiate pricing, nor does host receive any revenue from parking fees.

RULES: Current USA Swimming rules will govern. Swimmers must be ages 14 & Under and registered with USA Swimming in Lake Erie/Ohio, Kentucky, Michigan, Missouri Valley, or Indiana to be accepted into this meet. Each LSC has its own team selection process. Age as of 01/07/17 shall determine the swimmer's age for the entire meet.

USA Swimming Rules 202.5.2- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.

Coaches MUST constantly display their current USA Swimming coach credential to gain deck access. Meet management and/or the meet referee reserve the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid/current.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

In swimming competitions, the swimmer must wear only one swimsuit in one or two pieces except as provide in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. Only swimsuits complying with FINA swimsuit specifications may be worn.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

Deck changes are prohibited.

EVENT LIMIT: A swimmer may compete in a maximum of six individual events and two relays for the meet.

MEET FORMAT: All events are timed finals and will be seeded from the slowest to fastest. There are 3 heats of each event with the exception of relays (2 heats) and the 1650 (2 heats). All events will be swum in the south pool (diving-well end) except for the 1650 which will be swum in two pools by gender. **Flyover starts will be used in this meet**.

The host will provide one timer per lane for the 1650 events. Teams are responsible for providing a counter for each 1650 participant. The counter should be a credentialed participant in the meet (coach/athlete).

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INDIVIDUAL EVENTS: Each team will be entitled to enter four (4) swimmers in each individual event.
Exception: 11-12 & 13-14 1650 is limited to 3 swimmers per team.
There will be no on-deck registrations accepted at this meet.

RELAYS: Each team will be entitled to enter 2 relays per relay event.

SCORING: Individual Events: 20—17—16—15—14—13—12—11—9—7—6—5—4—3—2—1

Relay Events: 40—34—32—30—28—26—24—22

AWARDS: No individual awards will be given. Team scores will be kept. There will be heat winner prizes as well as record breaker recognition.

ENTRY & DEADLINE: Each LSC has its own unique team application, swimmer entry fees, and entry deadlines. Therefore, clubs and individual swimmers need to check with their LSC team contact (information listed below) regarding the application process, fees, and deadlines that are applicable to their team.

Team entries are due **via email** to the Mid-States entry chair by **Saturday, December 31, 2016, at 11:59 PM. HY-TEK OR TEAM UNIFY ENTRY FILE IS REQUIRED ALONG WITH A PDF OF THE TEAM ENTRY REPORT.** After all teams are entered in the meet, Team Entry Chairs will receive an e-mail copy of the team's entry for final approval prior to arriving at the meet.

LSC CONTACTS:

Team Indiana	www.inswimming.org	inteammanager@gmail.com
Team Kentucky	kyswim@kylsc.org	burnsidechiro@yahoo.com
Team Ohio	www.lakeerieswimming.com	billbare@sbcglobal.net
	www.swimohio.com	office@swimohio.com
Team Michigan	www.miswim.org	msprogramdevelopment@gmail.com
		jmorgan@cruiserswimming.com
Team Missouri Valley	www.missourivalleyswimming.com	huntsmane@sbcglobal.net

TEAM ENTRY FEE: Each team should submit $2,200 to cover the meet's operating expenses (facility rental, etc), entry fees, and the event activities.
Team entry fee checks, payable to Indiana Swimming, should be sent by **December 31, 2016,** to:
Indiana Swimming; ATTN: MidStates Entries; 201 S. Capitol Ave, Suite 410;
Indianapolis IN 46225

SEATING: The seating rotates each year:

SouthWest Bleachers – OH
CentralWestBleachers – IN
NorthWest Bleachers – MV
SouthEast Bleachers – MI
NorthEast Bleachers – KY

MEET JURY: Each team will appoint one athlete and one adult to a meet jury which will have jurisdiction over technical protests, registration, or eligibility challenges.

SCRATCHES/ CHANGES: Scratches, last minute swimmer changes (NOT time changes), and relay cards are due
SAT: 10:30 am at the Technical Meeting
SUN: 7:30 am at the Head Table

The meet will not be re-seeded; scratched swimmers may be replaced with swimmers already entered in the meet. If scratched swimmers are not replaced, affected lanes will be empty.

OFFICIALS: The Referee for this meet will be Dick Duncan, Indiana Swimming Officials Chair. Indiana Swimming will have the primary responsibility for scheduling officials for the meet.
Officials from all competing LSCs are welcome and encouraged to volunteer. Please see the application to officiate on page 9 of this meet announcement for more information.

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TIMERS: We welcome timers from all our participating teams! Volunteer timers will receive complimentary admission to the meet and complimentary meals during the sessions in which they are timing. Please email Arlene McDonald at arlenemcd@aol.com regarding your availability to time.

SPECTATOR FEE: Admission for spectator seating will be $5.00 each day (children 8&U free).
For spectator convenience, two-day passes will be sold on Saturday for $10.
Seating areas on both sides of the Natatorium will be open for the convenience of spectators.
OH, IN, & MV swimmers and fans will be on the WEST side
MI & KY swimmers and fans will be on the EAST side

DECK ACCESS: ONLY swimmers, team coaches, credentialed managers and chaperones, credentialed volunteers, and working officials will be allowed on deck. This is a USA Swimming liability issue; no parents will be allowed on deck. Club coaches who are not part of the LSC team staff will not be allowed on deck. As per Indiana University policy, all adult participants in the meet (coaches, officials, and volunteers) must present a photo ID along with their credentials to gain deck access.

HEAT SHEETS: $5.00 (will include Saturday and Sunday seeded events prior to scratches or changes)

FINAL RESULTS: Results will be posted on the Indiana Swimming website http://www.inswimming.org

MEET DIRECTORS: For any further information or assistance, please contact:

Arlene McDonald	arlenemcd@aol.com	317.442.2166
John Mybeck	john@inswimming.org	317.237.5780

E-MAIL TEAM ENTRIES TO:

Lucy Duncan	lucyuss@aol.com	317.946.1371

DEADLINE SATURDAY, DECEMBER 31, AT 11:59 PM. Report from entry chair back to teams shall be sent no later than Monday prior to meet. Entry changes made by teams via email or phone with the Entry Chair by Thursday noon (January 5) will be reflected in the seeded heat sheets.

PLEASE EMAIL a PDF team entry report for accuracy or questions with file.

PICTURES: Team pictures will be taken based on the schedule published on page 6 of this meet announcement. ProSwim Visuals will be photographing all LSC teams attending this year's meet and taking orders online for prints featuring the official meet logo. 8"x10" prints are $20 + $3.95 shipping when ordered prior to meet and $25 + $5.95 shipping once the meet has commenced. Click here to order your copy: http://czone.proswimvisuals.com/RedCart/index.php?sid=64. Team picture orders are fulfilled directly to each swimmer's home via U.S. Mail in rigid stayflat mailers to prevent inadvertent damage or misplacement possible with distribution at the competition. LSCs interested in placing bulk team orders should contact Mike Comer prior to the meet: mike.comer@proswimvisuals.com. At the discretion of the LSC, bulk team orders can be fulfilled for distribution by LSCs at the meet or shipped directly by ProSwim.

ProSwim Visuals will also be taking reservations for action photography throughout the competition. Click here to learn more about the process: http://www.proswimvisuals.com/pages/how-does-this-work. Click here to make a reservation for action photos: http://www.proswimvisuals.com/index_pages/reserve.

OPENING CEREMONIES: At 11:30 AM on Saturday, athletes from all teams will participate in the opening ceremony parade and team cheer activitity. Parade routes for each team will be explained at the Saturday morning Technical Meeting. Each team will be asked to identify an athlete flag carrier for the parade as well as prepare a team cheer to be performed during the opening ceremonies.

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TEAM ACTIVITY: There will be a team activity at the Natatorium on Saturday after the conclusion of the competition session. More information about this activity will be sent as it becomes available. The team activity will conclude no later than 6:00 PM on Saturday.

MEET EVALUATION MEETING: Sunday, January 8 at 7:00 AM in the Hospitality Room at the Natatorium

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ORDER OF EVENTS

SATURDAY

Warm-Ups: 10:00 – 11:15 am
Opening Ceremony: 11:30 am
Meet Start: 11:45 am

GIRLS	EVENT	BOYS
1	13-14 200 IM	2
3	11-12 200 IM	4
5	10 & U 200 IM	6
7	13-14 100 Free	8
9	11-12 100 Free	10
11	10 & U 100 Free	12
13	13-14 200 Back	14
15	11-12 50 Back	16
17	10 & U 50 Back	18
19	13-14 200 Breast	20
21	11-12 100 Breast	22
23	10 & U 100 Breast	24
25	13-14 100 Fly	26
27	11-12 50 Fly	28
29	10 & U 50 Fly	30
	10-MINUTE BREAK	
31	13-14 400 Medley Relay	32
33	11-12 200 Medley Relay	34
35	10 & U 200 Medley Relay	36
	5-MINUTE BREAK	
**37	13-14 1650 Free	**38
**39	11-12 1650 Free	**40

***Only allowed 3 swimmers per team (2 girls heats; 2 boys heats per age group); swum in two pools (girls & boys).*

SUNDAY

Warm-Ups: 7:30-8:20 am
Meet Start: 8:30 am

GIRLS	EVENT	BOYS
41	13-14 400 IM	42
43	11-12 100 IM	44
45	10 & U 100 IM	46
47	13-14 200 Free	48
49	11-12 200 Free	50
51	10 & U 200 Free	52
53	13-14 100 Breast	54
55	11-12 50 Breast	56
57	10 & U 50 Breast	58
59	13-14 200 Fly	60
61	11-12 100 Fly	62
63	10 & U 100 Fly	64
65	13-14 50 Free	66
67	11-12 50 Free	68
69	10 & U 50 Free	70
71	13-14 100 Back	72
73	11-12 100 Back	74
75	10 & U 100 Back	76
77	13-14 500 Free	78
79	11-12 500 Free	80
	5- MINUTE BREAK	
81	10 & U 200 Free Relay	82
83	11-12 200 Free Relay	84
85	13-14 400 Free Relay	86

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SCHEDULE OF ACTIVITIES

Saturday, January 7, 2017

8:15 am	Spectator Seating Area Opens
8:15 – 10:00	**Team Check-In** EAST CONCOURSE (parking garage side)– MI & KY WEST CONCOURSE (Side opposite parking garage) – OH, IN, & MV Teams should remain in the designated team seating areas in the spectator stands until called to the deck by the announcer approximately 20 minutes before the scheduled picture times below. Credentials are required at all times for deck entry.

TEAM PICTURES

8:50 am	Indiana	9:20 am	Kentucky
9:05 am	Ohio	9:35 am	Michigan
		9:50 am	Missouri Valley

10:00 -11:15 General Warm-Up

NORTH POOL (scoreboard end)		*__SOUTH POOL__ (diving well end)	
Kentucky	***LANES 1 - 2***	Kentucky	***LANE 1***
Indiana	***LANES 3 – 5***	Michigan	***LANES 3 - 5***
Missouri Valley	***LANES 6 - 8***	Ohio	***LANES 6 - 8***

*Remaining lane will be assigned to the largest team of 11 & Overs.

10:30	Technical Meeting for Coaches: Hospitality Room
10:30	Officials Briefing: NW Classroom – Scoreboard End
11:00	Timers Meetings: SE Aerobics Room – Diving Well End (anyone welcome)
11:15	Clear Competition Pool
11:30	Opening Ceremonies: Athlete Parade & Team Cheers *(Details/protocol will be discussed at Technical Meeting.)*
11:45	Meet Starts
End of Session – 6:00 PM	Team Activity TBD

Sunday, January 8, 2017

7:00 am	Meet Evaluation Meeting: Hospitality Room at Nat **(All Team Managers bring suggestions, changes)**
7:30	Spectator Seating Area Opens
7:30-8:20	General Warm-Up

NORTH POOL (scoreboard end)		*__SOUTH POOL__ (diving well end)	
Kentucky	***LANES 1 - 2***	Kentucky	***LANE 1***
Indiana	***LANES 3 – 5***	Michigan	***LANES 3 - 5***
Missouri Valley	***LANES 6 - 8***	Ohio	***LANES 6 - 8***

*Remaining lane will be assigned to the largest team of 11 & Overs.

7:30	Officials Briefing: NW Classroom – Scoreboard End
7:45	Timers Meeting: SE Aerobics Room – Diving Well End (anyone welcome)
8:20	Clear Competition Pool
8:30	Meet Starts

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HOTEL RESERVATION INFORMATION

Room blocks at special event rates have been reserved at these hotel properties in Downtown Indianapolis.

To obtain these special event rates, guests must use the Indiana Swimming online reservation system which can be accessed by clicking on the Events tab at the top of the Indiana Swimming home page at www.inswimming.org and scrolling down to the 2017 MidStates All-Star Championships.

- **Courtyard Indianapolis Downtown – $115.00 + tax & parking**
  Cut-Off: Tuesday, December 27, 2016
- **Fairfield Inn & Suites – Indianapolis Downtown – $ 115.00 + tax & parking**
  Cut-Off: Tuesday, December 27, 2016
- **Hilton Indianapolis Hotel & Suites - $134.00 + tax & parking** Cut-Off: Tuesday, December 27, 2016
- **SpringHill Suites by Marriott – Indianapolis Downtown - $125.00 + tax & parking**
  Cut-Off: Tuesday, December 27, 2016

All properties are located less than one mile from the IU Natatorium.

Please contact Arlene McDonald (317-442-2166) at arlenemcd@aol.com with any hotel questions.

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COACHES & MANAGERS INFORMATION

PLEASE COMPLETE THE INFORMATION REQUESTED FOR EACH TEAM COACH/MANAGER. ALSO, PLEASE DESIGNATE AT LEAST THREE PEOPLE BELOW WHO WILL BE PRESENT TO ASSIST WITH THE OLYMPIC CLINC SATURDAY AFTER THE COMPETITION SESSION. THANK YOU!

ENTRY CHAIR: _____ *E-MAIL:* _____

CELL PHONE #: _____

MANAGER

CELL PHONE #

E-MAIL

HEAD COACH

CELL PHONE #

E-MAIL

COACH

CELL PHONE #

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COACH

CELL PHONE #

E-MAIL

TEAM ACTIVITY SUPERVISORS: Please identify at least three team activity supervisors from the list above:

(1) _____ Additional: _____

(2) _____ Additional: _____

(3) _____ Additional: _____

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APPLICATION TO OFFICIATE

Applicant must be a member of USA Swimming and an LSC certified official.

Name: _____ LSC:_____

Address: _____ Home phone:_____

City, State, Zip: _____ Work Phone:_____

E-Mail Address: _____

Current LSC Certification: _____ No. of Years: _____

Current National Certification and Expiration: _____

Current National Championship Certification and Expiration: _____

ALL APPLICANTS MUST ATTEND MANDATORY OFFICIALS' BRIEFINGS BEFORE EACH SESSION OF THE MEET THEY WORK. BRIEFINGS BEGIN 1 HOUR BEFORE EACH SESSION.

I will serve at both sessions: Yes____ No_____

I can't serve all sessions. My choices for individual sessions are checked below:

Saturday _____

Sunday _____

Please circle your assignment request: Deck Referee, Admin. Referee, Starter, Chief Judge.

Assigned positions deadline is December 15, 2016. Applications for non-specific deck positions will be accepted any time. All officials are encouraged to volunteer.

Mail, Fax, or Email to:

MidStates Meet Referee
Dick Duncan
235 Poplar Grove Drive
Avon, IN 46123
Email: dickd46@aol.com
Fax & Phone: (317) 745-6817

_____ An email confirmation is desired.

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