

MISSOURI VALLEY SHORT COURSE CHAMPS TIME STANDARDS

SCY Champs 2019

Girls														Boys					
LCM		SCM		SCY			10 & Under	SCY			SCM		LCM						
Districts	Champs	Districts	Champs	Districts	Bonus	Champs		Champs	Bonus	Districts	Champs	Districts	Champs	Districts					
43.59	37.19	43.69	36.39	39.29	34.39	32.79	50 Free	32.99	34.59	39.99	36.59	44.39	37.39	42.79					
01:40.09	01:22.59	01:41.19	01:20.99	01:31.09	01:16.59	01:12.99	100 Free	01:13.79	01:17.39	01:30.89	01:21.89	01:40.89	01:23.49	01:35.59					
03:27.89	03:02.79	03:29.09	02:59.59	03:08.29	02:49.79	02:41.79	200 Free	02:43.59	02:51.69	03:08.69	03:01.49	03:29.09	03:04.69	03:19.69					
53.09	43.49	53.79	42.89	48.39	40.59	38.69	50 Back	39.49	41.39	47.69	43.79	52.99	44.39	53.09					
01:56.99	01:33.89	02:01.69	01:32.69	01:49.59	01:27.69	01:23.59	100 Back	01:25.69	01:29.89	01:51.59	01:35.09	02:03.89	01:36.29	01:56.99					
56.49	49.89	01:01.29	48.89	55.19	46.29	44.09	50 Breast	44.89	47.09	56.19	49.79	01:02.39	49.19	58.99					
02:06.79	01:50.19	02:15.09	01:48.19	02:01.69	01:42.29	01:37.49	100 Breast	01:39.29	01:44.19	02:04.19	01:50.19	02:17.89	01:52.19	02:06.79					
56.99	42.79	55.79	42.09	50.19	39.89	37.99	50 Fly	38.99	40.89	50.29	43.19	55.89	43.89	56.99					
01:59.99	01:43.69	02:03.19	01:42.39	01:50.99	01:36.79	01:32.19	100 Fly	01:34.29	01:38.99	01:51.99	01:44.59	02:04.39	01:45.99	01:59.99					
		01:48.69	01:33.29	01:37.89	01:28.29	01:24.09	100 IM	01:25.29	01:29.49	01:37.89	01:34.59	01:48.69							
03:54.79	03:25.49	03:44.09	03:22.29	03:21.89	03:11.39	03:02.29	200 IM	03:05.29	03:14.49	03:26.69	03:25.59	03:49.49	03:28.79	03:55.99					
						02:17.59	200 Free Relay	02:18.39											
						02:41.19	200 Medley Relay	02:43.99											
LCM		SCM		SCY			11-12	SCY			SCM		LCM						
Districts	Champs	Districts	Champs	Districts	Bonus	Champs		Champs	Bonus	Districts	Champs	Districts	Champs	Districts					
36.19	32.19	38.59	31.39	34.69	29.69	28.29	50 Free	28.39	29.79	34.59	31.49	38.39	32.29	37.09					
01:22.59	01:10.49	01:23.99	01:08.89	01:15.59	01:05.19	01:02.09	100 Free	01:02.49	01:05.59	01:15.49	01:09.29	01:23.79	01:10.89	01:23.09					
02:52.89	02:34.79	02:51.19	02:31.59	02:34.19	02:23.39	02:16.59	200 Free	02:17.19	02:23.99	02:33.29	02:32.19	02:50.19	02:35.39	02:51.19					
06:04.59	05:28.59	06:01.39	05:19.39	06:56.59	06:26.59	06:08.19	400/500 Free	06:11.59	06:30.19	06:51.59	05:22.29	05:56.99	05:31.59	06:03.99					
43.19	37.29	45.19	36.69	40.69	34.69	33.09	50 Back	33.79	35.39	42.39	37.49	47.09	38.09	45.59					
01:36.09	01:19.89	01:36.59	01:18.69	01:26.99	01:14.39	01:10.89	100 Back	01:12.49	01:16.09	01:33.09	01:20.39	01:43.39	01:22.59	01:37.99					
	02:55.59		02:47.29		02:38.99	02:31.39	200 Back	02:27.99	02:35.39		02:43.49		02:52.19						
48.99	42.99	50.19	41.99	45.19	39.79	37.89	50 Breast	38.19	40.09	45.79	42.39	50.89	43.39	50.59					
01:46.99	01:33.49	01:49.29	01:31.49	01:38.39	01:26.59	01:22.49	100 Breast	01:24.09	01:28.29	01:39.29	01:33.29	01:50.29	01:35.29	01:49.59					
	03:19.49		03:12.39		03:02.79	02:54.09	200 Breast	02:47.09	02:55.49		03:04.59		03:12.59						
42.09	35.59	42.79	34.89	38.49	32.99	31.49	50 Fly	32.29	33.89	39.99	35.79	44.39	36.49	42.59					
01:43.09	01:22.29	01:42.89	01:20.89	01:32.69	01:16.49	01:12.89	100 Fly	01:13.89	01:17.49	01:32.79	01:21.99	01:42.99	01:23.39	01:43.09					
	02:55.59		02:51.29		02:42.79	02:34.99	200 Fly	02:31.39	02:38.99		02:47.29		02:53.19						
		01:32.39	01:18.99	01:23.19	01:14.69	01:11.19	100 IM	01:12.29	01:15.89	01:22.09	01:20.19	01:31.19							
03:17.69	02:56.99	03:14.59	02:51.49	02:55.29	02:42.19	02:34.49	200 IM	02:36.99	02:44.79	02:55.99	02:54.19	03:15.39	02:57.39	03:17.49					
						01:58.79	200 Free Relay	01:59.19											
						02:17.19	200 Medley Relay	02:19.19											
LCM		SCM		SCY			13-14	SCY			SCM		LCM						
Districts	Champs	Districts	Champs	Districts	Bonus	Champs		Champs	Bonus	Districts	Champs	Districts	Champs	Districts					
34.39	30.29	36.59	29.49	32.89	27.89	26.59	50 Free	24.99	26.19	29.99	27.69	33.29	28.49	33.59					
01:15.99	01:05.69	01:16.09	01:04.09	01:08.49	01:00.59	57.79	100 Free	54.49	57.19	01:05.59	01:00.39	01:12.89	01:01.99	01:13.59					
02:42.09	02:24.19	02:42.99	02:20.99	02:26.79	02:13.39	02:07.09	200 Free	02:00.19	02:06.19	02:15.69	02:13.39	02:30.69	02:16.59	02:39.19					
05:48.99	05:06.29	05:39.89	04:57.69	06:31.79	06:00.29	05:43.19	400/500 Free	05:28.79	05:45.19	06:16.99	04:47.69	05:30.99	04:53.49	05:38.19					
11:58.79	11:04.99	12:08.59	10:46.29	13:59.99		12:25.09	800/1000 Free	11:44.69		12:48.99	10:11.19	11:06.99	10:28.89	11:20.09					
22:20.09	20:31.09	22:28.99	20:24.19	22:46.49		20:40.09	1500/1650 Free	19:39.49		20:58.39	19:24.39	20:42.29	20:02.99	20:55.09					
01:31.99	01:14.29	01:29.09	01:13.09	01:20.19	01:09.09	01:05.89	100 Back	01:02.69	01:05.79	01:18.59	01:09.59	01:27.29	01:10.79	01:31.09					
03:17.69	02:41.09	03:11.99	02:38.69	02:52.89	02:30.09	02:22.99	200 Back	02:17.79	02:24.69	02:45.19	02:32.89	03:03.39	02:35.29	03:09.69					
01:43.09	01:25.59	01:42.69	01:23.59	01:32.49	01:19.09	01:15.39	100 Breast	01:11.59	01:15.19	01:28.09	01:19.39	01:37.79	01:21.39	01:44.09					
03:41.99	03:09.29	03:39.69	03:05.29	03:17.89	02:55.29	02:46.99	200 Breast	02:38.39	02:46.29	03:00.09	02:55.79	03:19.89	02:59.79	03:36.99					
01:35.09	01:14.69	01:31.79	01:13.29	01:22.69	01:09.39	01:06.09	100 Fly	01:02.19	01:05.29	01:19.49	01:08.99	01:28.29	01:10.39	01:31.09					
03:18.69	02:52.59	03:16.69	02:49.79	02:57.19	02:40.59	02:32.99	200 Fly	02:27.69	02:34.99	02:47.59	02:43.89	03:06.09	02:46.69	03:15.69					
03:07.89	02:42.79	03:06.29	02:39.59	02:47.79	02:30.89	02:23.79	200 IM	02:16.09	02:22.89	02:34.19	02:30.99	02:51.19	02:34.19	03:01.29					
07:00.19	05:51.59	06:44.99	05:44.89	06:04.79	05:26.29	05:10.79	400 IM	05:01.39	05:16.49	05:40.79	05:34.49	06:18.29	05:40.89	06:39.99					
						04:02.39	400 Free Relay	03:48.79											
						04:38.19	400 Medley Relay	04:23.49											
LCM		SCM		SCY			Senior	SCY			SCM		LCM						
Districts	Champs	Districts	Champs	Districts	Bonus	Champs		Champs	Bonus	Districts	Champs	Districts	Champs	Districts					
35.09	29.39	37.19	28.59	33.49	27.09	25.79	50 Free	22.99	24.09	29.89	25.49	33.19	26.29	30.09					
01:14.09	01:03.69	01:20.19	01:02.09	01:12.19	58.79	55.99	100 Free	50.09	52.59	01:04.79	55.59	01:11.99	57.19	01:06.09					
02:40.09	02:18.59	02:40.29	02:15.39	02:24.39	02:08.09	02:01.99	200 Free	01:51.49	01:56.99	02:11.09	02:03.69	02:25.59	02:06.89	02:21.09					
05:39.79	04:49.79	05:34.79	04:44.19	06:25.99	05:40.99	05:24.79	400/500 Free	05:02.89	05:17.99	05:46.09	04:23.69	05:00.19	04:30.29	05:00.09					
11:45.09	10:17.69	11:20.39	10:00.39	13:04.39		11:32.19	800/1000 Free	10:45.09		12:16.99	09:19.49	10:39.19	09:35.69	10:30.09					
22:00.09	20:13.49	21:51.69	19:34.89	22:08.69		19:49.79	1500/1650 Free	18:16.09		20:39.19	18:02.09	20:23.29	18:30.09	20:00.09					
01:29.09	01:11.79	01:33.19	01:10.49	01:23.89	01:06.79	01:03.59	100 Back	57.89	01:00.69	01:16.09	01:04.19	01:24.49	01:05.39	01:20.09					
03:02.79	02:37.19	03:09.49	02:34.79	02:50.69	02:26.49	02:19.49	200 Back	02:07.39	02:13.79	02:35.29	02:21.39	02:52.39	02:23.79	02:47.89					
01:42.09	01:22.49	01:40.99	01:20.39	01:30.99	01:16.09	01:12.49	100 Breast	01:04.09	01:07.29	01:22.09	01:11.09	01:31.19	01:13.09	01:29.09					
03:32.99	03:00.99	03:36.19	02:56.89	03:14.69	02:47.39	02:39.39	200 Breast	02:24.79	02:31.99	02:48.49	02:40.69	03:07.09	02:44.69	03:13.79					
01:29.09	01:11.09	01:35.19	01:09.69	01:25.69	01:05.89	01:02.79	100 Fly	56.39	59.19	01:13.89	01:02.59	01:22.09	01:03.99	01:17.09					
03:12.69	02:40.99	03:10.39	02:38.19	02:51.49	02:29.69	02:22.59	200 Fly	02:10.89	02:17.39	02:35.39	02:25.29	02:52.49	02:28.09	02:44.79					
03:05.49	02:36.19	02:55.29	02:32.99	02:37.89	02:24.69	02:17.89	200 IM	02:05.89	02:12.09	02:26.09	02:19.69	02:42.19	02:22.89	02:42.09					
06:28.99	05:33.99	06:07.89	05:27.59	05:31.39	05:09.89	04:55.19	400 IM	04:34.89	04:48.59	05:52.29	05:05.09	06:05.59	05:11.49	05:53.29					
						03:55.19	400 Free Relay	03:30.39											
						08:32.39	800 Free Relay	07:47.99											
						04:27.59	400 Medley Relay	03:59.79		</									