



TSUNAMI SWIM TEAM CODE OF CONDUCT: ATHLETES

The purpose of a code of conduct for athletes is to establish a consistent expectation for athletes' behavior. By signing this code of conduct, I agree to the following statements:

- I will respect and show courtesy to my teammates and coaches at all times.
- I will demonstrate good sportsmanship at all practices and meets.
- I will set a good example of behavior and work ethic for my younger teammates.
- I will be respectful of my teammates' feelings and personal space. Swimmers who exhibit sexist, racist, homophobic, or otherwise inappropriate behavior will be faced with consequences.
- I will attend all team meetings and training sessions, unless I am excused by my coach.
- I will show respect for all facilities and other property (including locker rooms) used during practices, competitions, and team activities.
- I will refrain from foul language, violence, behavior deemed dishonest, offensive, or illegal.
- If I disagree with an official's call, I will talk with my coach and not approach the official directly.
- I will obey all of USA Swimming's rules and codes of conduct, including Safe Sport Policies.

I understand that if I violate this code of conduct, I will be subject to disciplinary action determined by my coaches and the swim club's board of directors.

Swimmer's signature Date

Parent's signature Date



Tsunami Swim Team Parent Code of Conduct

The purpose of a code of conduct for parents is to establish consistent expectations for behavior by parents. As a parent/guardian, I understand the important growth and developmental support that my child's participation fosters. I also understand that it is essential to provide the coaching staff with respect and the authority to coach the team. I agree with the following statements:

- I will set the right example for our children by demonstrating sportsmanship and showing respect and common courtesy at all times to the team members, coaches, competitors, officials, parents, and all facilities.
- I will volunteer and support the team as needed.
- I will come to meets and be supportive of my child and team by participation and positive actions and words.
- I will refrain from coaching my child during practices or meets. I will address any performance or progress-related questions to my swimmer's assigned coach.
- I will respect the integrity of the officials.
- I will first direct any concerns to my swimmer's assigned coach and then, if not satisfied, to the Head Coach or the Board, as appropriate.
- I will have positive and productive dialogue with my child as relates to the team philosophy and long-term development.
- I will familiarize myself with the Tsunami Swim Team Handbook, as it relates to parents policies and procedures.
- I understand the above expectations and that my failure to adhere to them may result in disciplinary action.
- To encourage my child to make his/her best effort at all times.
- To enjoy the experience of my child growing, through the swimming experience, into someone I am proud of win, lose, or draw.

Name _____

Signature(s) _____

Date _____