



Valley Center Swim Club
www.valleycenterswimclub.com

2022 Sign-Up Packet

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Purple Wave Swimming



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2022 Club Information

About the Team

The Valley Center Swim Club (VCSC) is a summer league swim team registered with Missouri Valley Swimming, competing in the Great Plains Swim League (GPSL). The season runs from the first Tuesday after Memorial Day until the League Finals meet, usually held towards the middle/end of July. Practices and home swim meets are held at the Valley Center Pool (255 E. Allen St.).

The Great Plains Swim League is affiliated with Missouri Valley Swimming. The other teams in the Great Plains Swim League are Derby, El Dorado, Haysville, Twin River Club, Wellington, and Winfield.

Eligibility

Boys and girls, 18 years and younger, who can swim the width of the pool (approx 10 yards) without stopping are welcome to join the team.

Our Coaches

Our coaches are focused on your swimmer's stroke work and general improvement with as much individual attention as possible. We are pleased that Maci McCullough will be our head coach this year. She has been swimming for 15 years, swam for VCSC for 6 years and is currently swimming for the University of Arkansas Little Rock.

Parent Responsibilities

1. Sign up for at least (1) job at each Home Meet and at least (1) job at one of the Away Meets. Remember all positions at meets are filled by volunteers so we can't do this without you.
2. Transportation to and from practice and swim meets.
3. Attend weekly parent meetings (Monday nights during the season).
4. Cheer on all of our swimmers and support the coaches.

Schedule (Practice and Meets)

Practices will begin on the Tuesday following Memorial Day. Please see the attached calendar for the full practice schedule for this summer. The first week will be Tuesday through Friday 6:30-8:00pm with Friday being a time trial meet. The following weeks will be 7:30-9:00am (M, T, Th, F), 7:30-9:00pm on Mondays, 6:30-8:00pm on Wednesdays, and 9:00-10:30am on Saturdays. The VCSC board believes that each family must decide how many practices to attend, however, attendance will be considered when the coaches are putting the relay teams together. If your child has not been at practice all week, don't expect them to be in all the relays.

There will be (5) dual meets on Tuesday nights at 6:00 pm from June 7 through July 12. The season finishes with a 2-day League Finals Meet at Winfield on July 15 & 16. Please see the attached calendar for specific details on these meets. Our team uses our website (also referred to as Team Unify) to determine who is attending these meets. You need to sign up for each swim meet on the site. If you do not sign up, your swimmer will not participate in the meet. Each meet has a sign up deadline that must be met. The coaches have to prepare and submit entries well ahead of the meet date.

There will be a short parent meeting at the beginning of every Monday evening practice during the season - these meetings are also noted on the attached calendar.



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Equipment

Team suits are available at The Starting Block (9505 W. Central Suite 110 - just mention that you are on the Valley Center Swim Club). Team suits are not required, but recommended.

Swim caps are not required, but highly recommended and will be available at the sign-up meetings and most practices and swim meets for \$10 each.

Swim goggles are a necessity and are also available from The Starting Block as well as many other retailers.

Cost

The registration fee is \$140 (by May 22nd) per swimmer - the fee will be \$150 after May 22nd. This fee covers the cost of Missouri Valley Swimming and USA Swimming registration fees, pool rental, coaches' salaries, meet entries, t-shirt, and team/individual pictures.

Swimmer T-Shirts this year will be purple. Indicate size during registration, sizes available are YS, YM, YL, S, M, L, XL, XXL, and XXXL. See apparel store for all other purchases.

Also, if you are currently registered with USA Swimming (club swimmer), you may deduct \$40 from the registration fee. This is our cost to register swimmers with MVS and USAS for the summer season. High school swimmers are not registered with MVS and USAS.

How do I Sign Up?

Registration is available via our website (www.valleycenterswimclub.com). If you would like to register and are unable to do this online, please reach out to a board member, see contact information below, and they will assist you via phone/email.

During the registration, you are allowed to pay via Credit Card or by Check. If you would like to pay by check, please send your payment to:

VCSC
705 S. Abilene
Valley Center, KS 67147

You may sign up at any time, however, if you do not register by May 22, the fee will increase to \$145 and you will not be guaranteed a T-shirt.

VCSC Board Officers and Contact Info

President	Kara Milligan	karalmilligan@sbcglobal.net	(316) 689-1525
Vice-President	Bryan Kutz	bryankutz@yahoo.com	(316) 293-8925
Secretary	Sara Johnson	sjorth2001@yahoo.com	(316) 737-0838
Treasurer	Janet Odonnell	janet.odonnell@yahoo.com	(316) 210-7337
At Large	Laurie Fulton	laurie.fulton@comcast.net	(316) 619-5609



Like us on facebook:
Valley Center Purple Wave Parents



Follow us on twitter:
VCSC



Join Remind:
@vcscpw



Summer Calendar

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30 Memorial Day	31 6:30-8:00 pm - Swim Practice	1	2	3	4

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Summer Calendar

June 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Memorial Day	31	1 6:30-8:00 pm - Swim Practice	2 6:30-8:00 pm - Swim Practice	3 6:30-8:30 pm Time Trials @ VC Pool (Warm-ups @ 6:15 pm)	4 9:00-10:30 am - Swim Practice
5	6 7:30-9:00 am - Swim Practice 7:30-9:00 pm - Swim Practice 7:30-8:00 pm - Parents Meeting	7 7:30-9:00 am - Swim Practice 6:00-10:00 pm - Swim Meet Derby @ VCSC (Check-In @ 4:45 pm) (Warm-ups @ 5:00 pm)	8 6:30-8:00 pm - Swim Practice	9 7:30-9:00 am - Swim Practice	10 7:30-9:00 am - Swim Practice	11 9:00-10:30 am - Swim Practice
12	13 7:30-9:00 am - Swim Practice 7:30-9:00 pm - Swim Practice 7:30-8:00 pm - Parents Meeting	14 7:30-9:00 am - Swim Practice No Swim Meet - Off Week 6:30-8:00 pm - Team Picture followed by ice cream social	15 6:30-8:00 pm - Swim Practice	16 7:30-9:00 am - Swim Practice	17 7:30-9:00 am - Swim Practice	18 9:00-10:30 am - Swim Practice
19	20 7:30-9:00 am - Swim Practice 7:30-9:00 pm - Swim Practice 7:30-8:00 pm - Parents Meeting	21 7:30-9:00 am - Swim Practice 6:00-10:00 pm - Swim Meet Haysville @ VCSC (Check-In @ 4:45 pm) (Warm-ups @ 5:00 pm)	22 6:30-8:00 pm - Swim Practice	23 7:30-9:00 am - Swim Practice	24 7:30-9:00 am - Swim Practice	25 9:00-10:30 am - Swim Practice
26	27 7:30-9:00 am - Swim Practice 7:30-9:00 pm - Swim Practice 7:30-8:00 pm - Parents Meeting	28 7:30-9:00 am - Swim Practice 6:00-10:00 pm - Swim Meet El Dorado @ VCSC (Check-In @ 4:45 pm) (Warm-ups @ 5:00 pm)	29 6:30-8:00 pm - Swim Practice	30 7:30-9:00 am - Swim Practice	1	2

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Summer Calendar

July 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	1 7:30-9:00 am - Swim Practice	2 9:00-10:30 am - Swim Practice
3	4	5 7:30-9:00 am - Swim Practice 6:00-10:00 pm - Swim Meet VCSC @ Winfield (Check-In @ 5:15 pm) (Warm-ups @ 5:30 pm)	6 6:30-8:00 pm - Swim Practice	7 7:30-9:00 am - Swim Practice	8 7:30-9:00 am - Swim Practice	9 9:00-10:30 am - Swim Practice
10	11 7:30-9:00 am - Swim Practice 7:30-9:00 pm - Swim Practice 7:30-8:00 pm - Parents Meeting	12 7:30-9:00 am - Swim Practice 6:00-10:00 pm - Swim Meet VCSC @ TRC (Check-In @ 5:15 pm) (Warm-ups @ 5:30 pm)	13 6:30-8:00 pm - Swim Practice	14 7:30-9:00 am - Swim Practice	15 2:00-8:00 pm - Swim Meet League Finals @ Winfield (Check-In @ 12:45 pm) (Warm-ups @ 1:00 pm)	16 9:00 am - 4:00 pm - Swim Meet League Finals @ Winfield (Check-In @ 7:45 am) (Warm-ups @ 8:00 am)
17 5:00-6:00 pm - Year-End Meeting (Board Elections - Lions Park Gazebo) 6:00-8:00 pm - Pool Party	18	19	20	21	22 MVS District Championships (Wichita Swim Club) (Formerly Div II) (For those who qualify)	23 MVS District Championships (Wichita Swim Club) (Formerly Div II) (For those who qualify)
24 MVS District Championships (Wichita Swim Club) (Formerly Div II) (For those who qualify)	25	26	27	28	29	30

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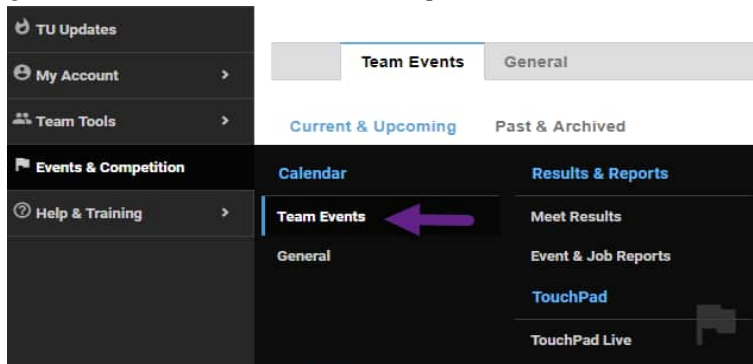
2022 Volunteers

Please sign up for at least (1) job at each Home Meet and at least (1) job at one of the Away Meets. It takes a great deal of volunteer help to have a successful swim meet and your help is Greatly Appreciated!

Our team is required to provide volunteers for every meet. When we host a meet, we need even more volunteers. Below you will find instructions on how to sign up.

As a courtesy, our meets are setup so that younger swimmers are first followed by older swimmers. If you are a parent of an older swimmer, please consider volunteering for the 2nd half.

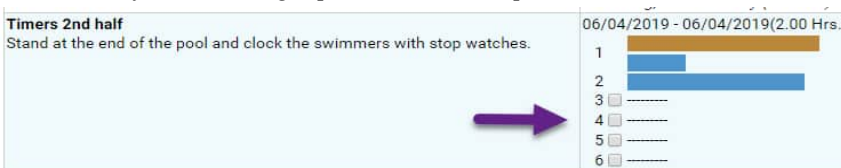
Sign in, in the menu select "Events & Competition" > "Team Events"



This will display a page listing all the team events. Click on the "Job Signup" button next to the desired event.



Find the area you wish to signup for, for this example we will use a lane timer. Check one of the available slots:



Click the "Signup" button at the top/bottom of the page:



Provide additional optional information. The account holder name will automatically show up as the volunteer. You can provide additional details here. Some examples would be if a friend is helping, maybe their name and/or contact number. We frequently will put the name of the person that is planning to fulfill this volunteer position (if not the name the account is under, ie a spouse).

Please Supply Your Volunteer's Information ✕

Please provide any additional contact information for the person who will actually be doing the work.

Optional Contact Info:

You are done, thank you for volunteering!

PS: If you make a mistake and signup for the wrong thing. Simply select the signup entry that needs to be removed and at the top/bottom of the page, click the "Remove Signup" button.



Sign up for important updates from VCSC.

To get text notifications, follow instructions below.

Text the message [@vcscpw](#) to the number [81010](#).

If you're having trouble with [81010](#), try texting [@vcscpw](#) to [\(989\) 278-2528](#).

** Standard text message rates apply.*



*you can also download the "remind" app from app stores but it is not required

Don't have a mobile phone? Go to rmd.at/vcscpw on a desktop computer to sign up for email notifications.

Apparel Store

We are excited to offer Purple Wave apparel.
Please visit the site and make your purchases.

A STORE IS COMING SOON

IT'S GONNA BE AWESOME.

See our website for updates.