

**2021 BSC AGE GROUP INTRO & NTS SENIOR SPRINT**  
**BELLEVUE SWIM CLUB**  
**OCTOBER 10, 2021**

- SANCTION:** Meet is held under the sanction of USA Swimming and Midwestern Swimming, Inc.  
Sanction #:MWS21049
- It is understood and agreed that USA Swimming and Midwestern Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.
  - Bellevue Swim Club has agreed to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Midwestern Swimming, the State of Nebraska, and Bellevue.
- DISCLAIMER:**
- Bellevue Swim Club has taken enhanced health and safety measures for all athletes, officials, and family members. Participants must follow all posted instructions while in and around the venue of the Bellevue East HS pool. An inherent risk of exposure to COVID-19 exists in any public place where people are present.  
COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, people with underlying medical conditions are especially vulnerable. By attending and participating in this activity, participants voluntarily assume all risks related to exposure to COVID-19.
  - To Parents: USA Swimming, Inc., cannot prevent you or your children from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in this USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
  - BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, AND MIDWESTERN SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.
- LOCATION:** Bellevue East High School, 1401 High School Dr, Bellevue, NE 68005. Kennedy Freeway & Cornhusker Rd. interchange; east on Cornhusker Rd. (Cornhusker becomes Harvell Dr. after crossing Ft. Crook Rd); east on Harvell Dr.; right on Lincoln Rd.; left on High School Drive; pool is in the rear of the school. Plenty of parking available in front of the school. Please enter through the South Gym Entrance.
- POOL:**
- The pool is six lanes, 25 yards in length; Timing system is Daktronics.
  - The water depth of the competition pool measured for a distance of 3' 3 1/2" (1.0 meter to 16' 5" (5.0 meters) from the start wall is 11.5 ft and the water depth at the end or turn wall when measured for a distance of 3' 3 1/2" to 16' 5" (5.0 meters) is 4 ft. (USA-S Rule 202.3.4.D.)
  - Pool has not been certified in accordance with 104.2.2C(4).
- FACILITY:**
- Mask requirements: This meet will follow current Bellevue Public School guidance. Currently, there are no mandatory mask requirements for either athletes or spectators while in the school or the pool area.
  - Team seating: There are no specific team seating areas available. Swimmers are encouraged to sit with their parents in the pool seating or in the common areas outside the pool
  - Spectator seating: Spectator seating is available in the pool areas. Additionally, seating is allowed in the hallways and common areas outside the pool.
  - Disinfecting stations – Hand sanitizer will be located at each end of the pool and in the common area outside the pool
  - Absolutely NO glass containers will be allowed in the pool area.
  - Bellevue Swim Club reserves the right to remove from the premises any individual who might jeopardize safety and facility privileges.
  - Use of audio or visual recording devices, including a cell phone, is not permitted behind the blocks, in changing areas, rest rooms, or locker rooms.
  - Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**2021 BSC AGE GROUP INTRO & NTS SENIOR SPRINT**  
**BELLEVUE SWIM CLUB**  
**OCTOBER 10, 2021**

- Gender neutral/family facilities are not available at this facility since it was built before current codes apply. To accommodate the needs of individuals, please contact Alicia Ayala ([aliciaayala83@yahoo.com](mailto:aliciaayala83@yahoo.com)) if you need family or gender-neutral changing spaces.

**SCHEDULE:** Sunday Morning                      Warm-ups:                      7:30 AM                      Start:                      8:30 AM

**MEET DIRECTOR:** Alicia Ayala                      Phone: (402) 598-4944                      E-mail: [aliciaayala83@yahoo.com](mailto:aliciaayala83@yahoo.com)

**OFFICIALS:** Referee: Debra Pearson                      Admin Official: Doug Thayer  
Meet Marshall: Laura Mace

**MEET FORMAT:** The Age Group Intro is designed for the novice swimmer who is new to the sport or just aged up. At this meet we will have extra Stroke and Turn judges to help. They will take the extra time needed with these swimmers to help them become familiar with meets and how they are run. The Senior Sprint is for 13 & O swimmers who can now swim 50s in each event.  
Timed Finals: 12 & U – NTS; 13-18 – NTS

**DISABILITY SWIMMERS:** Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director. The athlete (or the athlete’s coach) is also responsible for notifying the Deck Referee of any disability prior to competition.

**RULES:** Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and MWS rules will apply.

**CREDENTIALS:**

- Presentation of coach’s membership credentials will be required at coach sign-in. Credentials shall be available at all times. Deck Pass is acceptable proof of USA Swimming registration.
- In accordance with MWS Policy, only those coaches with current, valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches who do not possess these credentials will be required to leave the deck area.

**ELIGIBILITY:**

- All swimmers, coaches, and clubs must currently be registered with USA Swimming.
- Age of swimmer on October 10, 2021 determines age group for the meet.
- Athletes who appear as unregistered on the first pre-meet recon must register with Midwestern or their own LSC immediately. A second pre-meet recon will be run 4 days prior to the start of the meet and any unregistered athlete that appears on that list must register with Midwestern Swimming and will be charged an additional \$30.00 above the current MW registration fee and must provide proof of registration before being allowed to swim in the meet. Meet management must delete unregistered athletes from the meet file prior to meet commencement
- Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**EVENT LIMITS:**

- Swimmers may participate in five (5) individual events.
- No Exhibition Swimming or Time Trials will be allowed.
- NO on deck registration permitted. NO late entries permitted.
- The 4-hour rule will be applied. The host will accept no further entries for a session with 12 & Under swimmers where a 4-hour projected time limit is reached. The Meet Director reserves the right to limit events, heats, teams, and swimmers to conform to the 4-hour time limit. Teams will be notified of any and all necessary adjustments.

**ENTRY FEES:** Individual event                      \$4.00  
Midwestern Splash Fee                      \$6.50 (per swimmer)

**ENTRY PROCEDURE:**

- Entries should be submitted in electronic meet entry file with hard copy.
- A check payable to Bellevue Swim Club for the entry fees must accompany all entries. No Refunds.

**DEADLINE:**

- **Entries will be accepted starting Monday, September 13, 2021 at 8 am and will close Thursday, September 30, 2021 at 8 pm**
- NO late entries and NO deck entries.
- Psych sheets will be sent to the club entry chair within 24 hours of the entry deadline. Clubs will have 48 hours after psych sheets are sent to make corrections.

**2021 BSC AGE GROUP INTRO & NTS SENIOR SPRINT**  
**BELLEVUE SWIM CLUB**  
**OCTOBER 10, 2021**

- ENTRY CHAIR:** Alicia Ayala      Phone: 402-598-4944      E-mail: [aliciaayala83@yahoo.com](mailto:aliciaayala83@yahoo.com)  
2522 Linda St., Bellevue, NE 68147
- COACH MEETING**      October 10, 2021, 8:10 am, in office behind starting blocks.
- GENERAL  
CONDUCT OF  
MEET:**
- All events will be pre-seeded and swum Fastest to Slowest.
  - Please report all scratches to the Clerk of Course.
  - All events are timed finals.
  - Events may be combined.
  - Fly-over starts may be used at the discretion of the meet referee and meet director
  - Coaches' packets may be picked up from Clerk of Course.
  - No exhibition swimming. No time trials.
- WARM-UP  
PROCEDURES:**
- MWS Safety and Warm-up procedures will be in effect. Marshals will be present throughout warm-ups and competition, and have the authority to remove, with the concurrence of the Meet Referee, any swimmer, coach, or club for the failure to follow the safety rules.
  - All swimmers must enter the pool for warm-ups using "Sit and Slide" or one hand on the wall entry. The first 25 minutes will be general warm-ups. The last 20 minutes lanes 2 & 5 will be open for racing starts then other lanes as needed.
- TEAM  
SUPERVISION:**
- Deck changes are prohibited.
  - Each team must provide an adult with a current non-athlete USA Swimming membership to supervise the swimmers (those not sitting with parents) in the team area at all times.
  - Only registered coaches, swimmers and officials will be allowed on deck.
- SCORING:**      Meet will not be scored.
- AWARDS:**      No awards will be presented.
- RESULTS:**      Results will be posted on the MW Website – [www.mwswim.org](http://www.mwswim.org) within 48 hours of the conclusion of the meet.
- CONCESSIONS:**      Concessions will be available on site.
- PHOTOGRAPHY  
POLICY:**      The MWS Photography Policy will be followed (MWS Policies and Procedures 8.5.15). Photographers taking pictures must adhere to MW policies and have advanced, written permission from the Meet Director or the Meet Referee to be on deck.

**2021 BSC AGE GROUP INTRO & NTS SENIOR SPRINT**  
**BELLEVUE SWIM CLUB**  
**OCTOBER 10, 2021**

**Event Schedule**

**AGE GROUP INTRO SESSION**

**SUNDAY MORNING, OCTOBER 10, 2021**

**TIMED FINALS**

**7:30 AM WARM-UPS**

**8:30 AM START**

**GIRLS**

**Boys**

<b>Event</b>	<b>Age</b>	<b>Distance</b>	<b>Stroke</b>	<b>Event</b>
1	8 & U	25	Freestyle	2
3	10 & U	50	Freestyle	4
5	11 & 12	50	Freestyle	6
7	13-18	50	Freestyle	8
9	8 & U	25	Backstroke	10
11	10 & U	50	Backstroke	12
13	11 & 12	50	Backstroke	14
15	13-18	50	Backstroke	16
17	8 & U	25	Breaststroke	18
19	10 & U	50	Breaststroke	20
21	11 & 12	50	Breaststroke	22
23	13-18	50	Breaststroke	24
25	8 & U	25	Butterfly	26
27	10 & U	50	Butterfly	28
29	11 & 12	50	Butterfly	30
31	13-18	50	Butterfly	32
33	8 & U	100	Ind Medley	34
35	9 & 10	100	Ind Medley	36
37	11 & 12	100	Ind Medley	38
39	13-18	200	Ind Medley	40

**2021 BSC AGE GROUP INTRO & NTS SENIOR SPRINT**  
**BELLEVUE SWIM CLUB**  
**OCTOBER 10, 2021**

**USA Swimming and Midwestern Swimming**  
**Supplement Document for Sanction**

The following information must be provided for sanction.

- a) A statement of the local protocols and requirements
  - a. Currently Bellevue Public Schools has implemented no COVID restrictions
  - b. Mask wearing is optional for swimmers, officials, and meet volunteers
  - c. We encourage swimmers who feel ill the day of the meet to stay home
- b) For meet spectators:
  - a. Mask wearing is optional in the school and pool area
  - b. Spectators are encouraged to sit in the hallways and common areas to spread out if they are concerned with social distancing.
- c) An attestation statement in which the meet hosts attest that the conduct of the meet will adhere to local jurisdictional guidelines.

In applying for this sanction(ed event), the Host, Bellevue Swim Club  
(specifically named Club of other entity) agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Midwestern Swimming, Inc, the State of Nebraska, and Bellevue and Bellevue Public Schools (local city/jurisdiction).

The assumption of risk disclaimer language (listed in the Meet Information under Disclaimer) must be included in all meet information, announcements, and heat sheets.