

**2023 MW HLA Champ Challenge - 3/3/2023 to 3/5/2023**  
**Lincoln, NE Southeast High School 25yrd, Sanction #: MWS23016**  
**Session Report**

Session: 1 Friday Evening Session

Day of Meet: 1 Starts at 05:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11 & Over 400 IM	14	2	05:30 PM	_____
Finals	2 Boys 11 & Over 400 IM	8	1	05:44 PM	_____
Finals	3 Girls 11 & Over 200 Backstroke	32	4	05:51 PM	_____
Finals	4 Boys 11 & Over 200 Backstroke	28	4	06:05 PM	_____
	Break: 5 Minutes:				
Finals	5 Girls 11 & Over 200 Breaststroke	38	5	06:23 PM	_____
Finals	6 Boys 11 & Over 200 Breaststroke	26	4	06:42 PM	_____
	Break: 5 Minutes:				
Finals	7 Girls 11 & Over 200 Butterfly	9	2	07:01 PM	_____
Finals	8 Boys 11 & Over 200 Butterfly	8	1	07:08 PM	_____
	Break: 10 Minutes:				
Finals	9 Girls 11 & Over 500 Freestyle	43	6 u	07:21 PM	_____
Finals	10 Boys 11 & Over 500 Freestyle	26	4 u	08:03 PM	_____
	Swimmers Counts for Warm-ups: 143	=====	=====		
	Entry / Heat Totals:	232	33		
	Finish Time			08:29 PM	_____

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Session: 2 Saturday Morning Session

Day of Meet: 2 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	11 Girls 11 & Over 50 Freestyle	123	16	08:15 AM	_____
Prelims	12 Boys 11 & Over 50 Freestyle	93	12	08:29 AM	_____
Prelims	13 Girls 11 & Over 100 Backstroke	83	11	08:39 AM	_____
Prelims	14 Boys 11 & Over 100 Backstroke	59	8	09:00 AM	_____
Prelims	15 Girls 11-12 100 IM	42	6	09:16 AM	_____
Prelims	16 Boys 11-12 100 IM	16	2	09:28 AM	_____
	Break: 15 Minutes:				
Prelims	17 Girls 11 & Over 200 Freestyle	80	10	09:47 AM	_____
Prelims	18 Boys 11 & Over 200 Freestyle	61	8	10:16 AM	_____
Prelims	19 Girls 11-12 50 Breaststroke	47	6	10:40 AM	_____
Prelims	20 Boys 11-12 50 Breaststroke	29	4	10:47 AM	_____
Prelims	21 Girls 11 & Over 100 Butterfly	52	7	10:52 AM	_____
Prelims	22 Boys 11 & Over 100 Butterfly	34	5	11:04 AM	_____
	Break: 10 Minutes:				
Finals	23 Girls 11 & Over 1000 Freestyle	10	2 u	11:22 AM	_____
Finals	24 Boys 11 & Over 1000 Freestyle	5	1 u	11:54 AM	_____
	Swimmers Counts for Warm-ups: 272	=====	=====		
	Entry / Heat Totals:	734	98		
	Finish Time			12:10 PM	_____

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**Session Report**

Session: 3 Saturday Afternoon session

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	25 Girls 10 & Under 100 IM	37	5	01:30 PM	_____
Finals	26 Boys 10 & Under 100 IM	21	3	01:41 PM	_____
	Break: 5 Minutes:				
Finals	27 Girls 10 & Under 50 Freestyle	45	6	01:52 PM	_____
Finals	28 Boys 10 & Under 50 Freestyle	37	5	01:58 PM	_____
	Break: 10 Minutes:				
Finals	29 Girls 10 & Under 50 Butterfly	17	3	02:13 PM	_____
Finals	30 Boys 10 & Under 50 Butterfly	17	3	02:17 PM	_____
	Break: 5 Minutes:				
Finals	31 Girls 10 & Under 100 Backstroke	22	3	02:26 PM	_____
Finals	32 Boys 10 & Under 100 Backstroke	13	2	02:33 PM	_____
	Break: 10 Minutes:				
Finals	33 Girls 10 & Under 100 Breaststroke	22	3	02:48 PM	_____
Finals	34 Boys 10 & Under 100 Breaststroke	15	2	02:54 PM	_____
	Break: 10 Minutes:				
Finals	35 Girls 10 & Under 200 Freestyle	16	2	03:09 PM	_____
Finals	36 Boys 10 & Under 200 Freestyle	10	2	03:16 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 90	=====	=====		
	Entry / Heat Totals:	272	39		
	Finish Time			03:34 PM	_____

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**Session Report**

Session: 4 Saturday Evening Finals

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Girls 11 & Over 50 Freestyle	24	3 u	05:30 PM	_____
Finals	12 Boys 11 & Over 50 Freestyle	24	3 u	05:38 PM	_____
	Break: 3 Minutes:				
Finals	13 Girls 11 & Over 100 Backstroke	24	3 u	05:48 PM	_____
Finals	14 Boys 11 & Over 100 Backstroke	24	3 u	05:58 PM	_____
	Break: 10 Minutes:				
Finals	15 Girls 11-12 100 IM	8	1 u	06:19 PM	_____
Finals	16 Boys 11-12 100 IM	8	1 u	06:22 PM	_____
	Break: 5 Minutes:				
Finals	17 Girls 11 & Over 200 Freestyle	24	3 u	06:30 PM	_____
Finals	18 Boys 11 & Over 200 Freestyle	24	3 u	06:43 PM	_____
	Break: 10 Minutes:				
Finals	19 Girls 11-12 50 Breaststroke	8	1 u	07:05 PM	_____
Finals	20 Boys 11-12 50 Breaststroke	8	1 u	07:08 PM	_____
	Break: 5 Minutes:				
Finals	21 Girls 11 & Over 100 Butterfly	24	3 u	07:16 PM	_____
Finals	22 Boys 11 & Over 100 Butterfly	24	3 u	07:26 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 123	=====	=====		
	Entry / Heat Totals:	224	28		
	Finish Time			07:45 PM	_____

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**Session Report**

Session: 5 Sunday Morning Session

Day of Meet: 3 Starts at 08:15 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	37 Girls 11 & Over 200 IM	70	9	08:15 AM	_____
Prelims	38 Boys 11 & Over 200 IM	51	7	08:45 AM	_____
Prelims	39 Girls 11-12 50 Butterfly	36	5	09:07 AM	_____
Prelims	40 Boys 11-12 50 Butterfly	15	2	09:12 AM	_____
	Break: 10 Minutes:				
Prelims	41 Girls 11 & Over 100 Breaststroke	85	11	09:24 AM	_____
Prelims	42 Boys 11 & Over 100 Breaststroke	58	8	09:45 AM	_____
Prelims	43 Girls 11-12 50 Backstroke	41	6	10:00 AM	_____
Prelims	44 Boys 11-12 50 Backstroke	24	3	10:07 AM	_____
Prelims	45 Girls 11 & Over 100 Freestyle	115	15	10:11 AM	_____
Prelims	46 Boys 11 & Over 100 Freestyle	81	11	10:34 AM	_____
	Break: 10 Minutes:				
Finals	47 Girls 11 & Over 1650 Freestyle	6	1 u	11:00 AM	_____
Finals	48 Boys 11 & Over 1650 Freestyle	5	1 u	11:26 AM	_____
	Swimmers Counts for Warm-ups: 232	=====	=====		
	Entry / Heat Totals:	587	79		
	Finish Time			11:53 AM	_____

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**Session Report**

Session: 6 Sunday Afternoon Session

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	49 Girls 10 & Under 50 Breaststroke	41	6	01:30 PM	_____
Finals	50 Boys 10 & Under 50 Breaststroke	30	4	01:38 PM	_____
	Break: 5 Minutes:				
Finals	51 Girls 10 & Under 100 Freestyle	42	6	01:48 PM	_____
Finals	52 Boys 10 & Under 100 Freestyle	27	4	01:59 PM	_____
	Break: 5 Minutes:				
Finals	53 Girls 10 & Under 50 Backstroke	46	6	02:12 PM	_____
Finals	54 Boys 10 & Under 50 Backstroke	32	4	02:21 PM	_____
	Break: 5 Minutes:				
Finals	55 Girls 10 & Under 100 Butterfly	2	1	02:31 PM	_____
Finals	56 Boys 10 & Under 100 Butterfly	4	1	02:33 PM	_____
	Break: 10 Minutes:				
Finals	57 Girls 10 & Under 200 IM	16	2	02:45 PM	_____
Finals	58 Boys 10 & Under 200 IM	8	1	02:53 PM	_____
	Swimmers Counts for Warm-ups: 87	=====	=====		
	Entry / Heat Totals:	248	35		
	Finish Time			02:58 PM	_____

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Session: 7 Sunday Evening Finals

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 120 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	37 Girls 11 & Over 200 IM	24	3 u	05:30 PM	_____
Finals	38 Boys 11 & Over 200 IM	24	3 u	05:44 PM	_____
Finals	39 Girls 11-12 50 Butterfly	8	1 u	05:58 PM	_____
Finals	40 Boys 11-12 50 Butterfly	8	1 u	06:00 PM	_____
	Break: 10 Minutes:				
Finals	41 Girls 11 & Over 100 Breaststroke	24	3 u	06:13 PM	_____
Finals	42 Boys 11 & Over 100 Breaststroke	24	3 u	06:23 PM	_____
Finals	43 Girls 11-12 50 Backstroke	8	1 u	06:33 PM	_____
Finals	44 Boys 11-12 50 Backstroke	8	1 u	06:36 PM	_____
	Break: 10 Minutes:				
Finals	45 Girls 11 & Over 100 Freestyle	24	3 u	06:49 PM	_____
Finals	46 Boys 11 & Over 100 Freestyle	24	3 u	06:58 PM	_____
	Break: 10 Minutes:				
	Swimmers Counts for Warm-ups: 111	=====	=====		
	Entry / Heat Totals:	176	22		
	Finish Time			07:16 PM	_____
	Finish Time			08:00 PM	_____
	Finish Time			08:00 PM	_____