USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 10 & under 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.61	770	Morales, Isabella	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
2	31.84	756	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	32.48	717	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	32.78	699	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
5	32.83	696	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
6	33.24	672	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
7	34.17	617	Pales, Ash	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
8	34.21	615	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	34.25	613	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	34.26	612	Ost, Kate	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	34.43	602	Khammaly, Caiya	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
12	34.50	598	Smith, Avery	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	34.72	586	Hathaway, Delaney	10	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	34.93	574	Paup, Maddie	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	35.23	557	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
16	35.53	541	Sipp, Esme	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
17	35.59	537	Nielsen, Morgan	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	35.69	532	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
19	36.01	656	Silverberg, Taylor	9	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
20	36.13	508	Heyen, Peri	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 10 & under 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:09.61	759	Morales, Isabella	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
2	1:10.62	728	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
3	1:10.98	717	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
4	1:12.48	671	Ryder, Avery	10	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
5	1:12.86	660	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
6	1:13.12	652	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	1:14.39	615	Hathaway, Delaney	10	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
8	1:14.88	601	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
9	1:15.02	597	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
10	1:16.18	564	Nielsen, Morgan	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
11	1:16.28	562	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
12	1:16.57	554	Ost, Kate	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	1:16.68	550	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
14	1:17.07	540	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	1:17.16	537	Maxwell, Elsie	10	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
16	1:19.07	486	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
17	1:19.39	478	Khammaly, Caiya	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	1:19.52	474	Sipp, Esme	10	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
19	1:19.77	468	Von Scheliha, Emma	10	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	1:20.44	450	Ellenberger, Lily	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

Female 10 & under 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:28.76	796	Morales, Isabella	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	2:31.70	749	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
3	2:36.75	670	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	2:36.90	668	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
5	2:37.10	665	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
6	2:37.23	663	Hathaway, Delaney	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	2:41.06	606	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
8	2:43.63	570	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
9	2:44.41	559	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	2:45.43	544	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
11	2:46.38	531	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
12	2:48.98	496	Lucas, Maddie	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 10 & under 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
13	2:49.93	484	Ost, Kate	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
14	2:50.34	479	Maxwell, Elsie	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
15	2:51.01	470	Nielsen, Morgan	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
16	2:54.11	431	Von Scheliha, Emma	10	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	2:54.17	430	Ellenberger, Lily	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
18	2:54.75	423	Wiebe, Macey	10	MW Lincoln Select Swimming	6/12/2009	2009 MW MOST Gold/Silver Summe
19	2:55.11	418	Moorehead, Elsie	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	2:55.58	413	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

Female 10 & under 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:15.37	797	Morales, Isabella	10	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
2	5:29.59	688	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	5:34.63	651	Hathaway, Delaney	10	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
4	5:38.96	620	Heinrich, Anna	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
5	5:52.53	528	Heinrich, Sophie	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
6	5:59.87	481	McKee, Ellie	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
7	6:05.20	448	Maxwell, Elsie	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
8	6:12.25	406	Wiebe, Macey	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
9	6:16.40	538	Lienemann, Grace	8	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
10	6:18.78	369	Lucas, Maddie	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
11	6:19.61	518	Livingston, Bella	9	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
12	6:26.71	326	Pales, Ash	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
13	6:28.74	316	Moorehead, Elsie	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
14	6:29.77	310	Winjum, Ava	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
15	6:29.84	310	Ellenberger, Lily	10	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
16	6:30.78	453	Ryder, Avery	9	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
17	6:32.75	295	Ost, Kate	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
18	6:49.45	352	Silverberg, Taylor	8	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
19	6:57.29	185	Pynes, Cecilia-marie	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
20	7:03.96	159	Ford, Ella	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Female 10 & under 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	12:22.67	1	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp

Female 10 & under 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	37.24	765	Morales, Isabella	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
2	37.77	735	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	39.58	634	Pales, Ash	10	MW Lincoln Select Swimming	4/18/2009	2009 AR RAC Aquahawg Long Cour
4	39.84	620	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
5	39.85	620	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
6	40.26	598	Hathaway, Delaney	10	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
7	40.56	582	Storer, Amber	10	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
8	40.81	569	Chrisp, Avery	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	40.98	560	Sipp, Esme	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
10	41.25	546	Ryder, Avery	10	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
11	41.42	538	Palmer, Alana	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
12	41.85	516	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	42.12	503	Moorehead, Elsie	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
13	42.12	503	Paup, Maddie	10	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
15	42.69	475	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
16	42.74	638	Silverberg, Taylor	9	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
16	42.74	473	Ost, Kate	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	43.09	456	Von Scheliha, Emma	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
19	43.29	446	Moorehead, Abby	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 10 & under 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
20	43.49	437	Khammaly, Caiya	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Female 10 & under 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:20.75	755	Morales, Isabella	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
2	1:21.44	737	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	1:23.30	690	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
4	1:23.80	678	Hathaway, Delaney	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
5	1:25.45	637	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
6	1:25.58	634	Sipp, Esme	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
7	1:28.42	567	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
8	1:28.62	562	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
9	1:29.00	553	Ryder, Avery	10	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
10	1:29.09	551	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	1:30.56	518	Pales, Ash	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
12	1:30.72	514	Palmer, Alana	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
13	1:31.15	505	McKee, Ellie	10	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
14	1:31.75	491	Moorehead, Elsie	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
15	1:32.57	473	Heinrich, Sophie	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
16	1:32.83	468	Maxwell, Elsie	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
17	1:33.01	629	Silverberg, Taylor	9	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
18	1:33.20	460	Nielsen, Morgan	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	1:33.24	459	Ost, Kate	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	1:33.97	443	Chrisp, Avery	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course

Female 10 & under 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:58.80	1	Smith, Avery	10	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
2	3:01.76	1	Hathaway, Delaney	10	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
3	3:08.76	1	Sipp, Esme	10	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
4	3:39.95	1	Kontras, Maggie	10	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
5	4:04.11	1	Frederick, Piper	8	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite

Female 10 & under 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	41.19	773	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
2	41.65	752	Pales, Ash	10	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
3	43.46	671	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	44.00	648	Morales, Isabella	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
5	44.20	639	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
6	44.74	616	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	44.76	615	Hathaway, Delaney	10	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
8	45.21	596	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	47.20	513	Wiebe, Macey	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
10	47.62	496	Craft, Crystal	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
11	48.28	469	Moorehead, Elsie	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
12	48.59	457	Kollmorgen, Payton	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
13	48.69	453	Heinrich, Anna	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
14	48.90	445	Craft, Jessica	10	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
15	49.37	427	Storer, Amber	10	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
16	49.41	425	Sipp, Esme	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
17	49.42	425	Lucas, Maddie	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
18	49.47	423	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
19	49.68	415	Khammaly, Caiya	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
20	49.82	410	Paup, Maddie	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 10 & under 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:30.35	771	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
2	1:32.95	718	Pales, Ash	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
3	1:34.00	697	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	1:34.67	684	Hathaway, Delaney	10	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
5	1:36.86	640	Morales, Isabella	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
6	1:37.98	619	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	1:40.46	571	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
8	1:41.26	556	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	1:42.95	524	Smith, Avery	10	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
10	1:44.11	503	Heinrich, Anna	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
11	1:44.52	496	Kollmorgen, Payton	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
12	1:44.74	492	Wiebe, Macey	10	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
13	1:45.11	485	Sipp, Esme	10	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
14	1:45.54	477	Craft, Crystal	10	MW Lincoln Select Swimming	7/12/2014	2014 MW App Cornhusker State Games
15	1:45.80	472	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
16	1:46.18	466	Storer, Amber	10	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
17	1:46.36	462	Moorehead, Elsie	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	1:46.77	455	Maxwell, Elsie	10	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
19	1:48.70	421	Heinrich, Sophie	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
20	1:49.31	411	Craft, Jessica	10	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class

Female 10 & under 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	3:28.51	1	Hathaway, Delaney	10	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
2	4:11.99	1	Kontras, Maggie	10	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
3	4:35.94	1	Praznik-Lodge, Abi	10	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash

Female 10 & under 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.34	843	Morales, Isabella	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	34.94	755	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
3	35.76	712	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
4	36.26	686	Palmer, Alana	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
5	36.64	667	Maxwell, Elsie	10	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
6	37.52	622	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
7	37.67	615	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
8	37.68	614	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
9	37.91	603	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	38.54	573	Pales, Ash	10	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
11	39.01	550	Wiebe, Macey	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
12	39.66	520	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
13	40.35	488	Pynes, Cecilia-marie	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
14	40.40	486	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	40.62	476	Khammaly, Caiya	10	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
16	41.01	600	Silverberg, Taylor	9	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
17	41.87	422	Moorehead, Abby	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	41.88	421	Paup, Maddie	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
19	42.62	390	Heinrich, Anna	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
20	43.34	498	Hathaway, Delaney	9	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
20	43.34	361	Heinrich, Addie	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Female 10 & under 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:15.06	858	Morales, Isabella	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	1:23.79	658	Smith, Avery	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
3	1:24.33	646	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 10 & under 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
4	1:25.80	615	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	1:26.67	596	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
6	1:27.46	580	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	1:27.91	571	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
8	1:28.25	564	Pales, Ash	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
9	1:32.36	650	Maxwell, Elsie	9	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
10	1:32.94	470	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
11	1:33.54	627	Silverberg, Taylor	9	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
12	1:34.99	431	Pynes, Cecilia-marie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
13	1:35.68	418	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
13	1:35.68	418	Hathaway, Delaney	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
15	1:38.50	368	Wiebe, Macey	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
16	1:39.21	355	Goracke, Brysen	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
17	1:39.83	345	Heinrich, Anna	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
18	1:40.25	337	Winjum, Ava	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
19	1:47.03	230	Moorehead, Abby	10	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
20	1:48.22	212	Nielsen, Morgan	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class

Female 10 & under 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	3:17.25	1	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
2	3:19.25	1	Smith, Avery	10	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite

Female 10 & under 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:46.11	836	Morales, Isabella	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	2:54.96	726	Smith, Avery	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	2:57.17	700	Palmer, Alana	10	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
4	2:57.45	697	Lienemann, Grace	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
5	2:58.48	684	Heinrich, Anna	10	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
6	2:59.09	677	McKee, Ellie	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
7	3:00.84	657	Hathaway, Delaney	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
8	3:02.61	636	Ryder, Avery	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
9	3:06.27	595	Pales, Ash	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
10	3:07.94	576	Lucas, Maddie	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
11	3:09.38	561	Maxwell, Elsie	10	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
12	3:09.46	560	Livingston, Bella	10	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	3:09.77	556	Storer, Amber	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	3:13.99	511	Heinrich, Sophie	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	3:15.15	649	Silverberg, Taylor	9	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	3:17.11	478	Winjum, Ava	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
17	3:17.35	476	Moorehead, Elsie	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
18	3:17.46	475	Wiebe, Macey	10	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
19	3:23.18	417	Sipp, Esme	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
20	3:24.16	408	Ost, Kate	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class

Female 11-12 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	28.57	803	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
2	28.65	797	Calegan, Olivia	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
3	29.43	740	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
4	29.44	739	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
5	29.55	731	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	29.66	724	Khammaly, Caiya	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
7	29.73	718	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	29.86	709	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
9	29.94	703	Sipp, Esme	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 11-12 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
10	30.21	684	Barber, Jerica	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	30.29	679	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	30.40	671	Ryder, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
13	30.46	667	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	30.77	645	Herrick, Calie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
15	31.18	617	Lee, Logan	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
16	31.23	613	Alstrom, Edyn	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
17	31.34	606	Ellenberger, Lily	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	31.36	605	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
19	31.42	677	Ost, Kate	11	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
20	31.47	597	Livingston, Bella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

Female 11-12 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:01.36	832	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
2	1:02.41	791	Calegan, Olivia	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
3	1:02.45	790	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	1:02.92	772	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
5	1:04.16	725	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
6	1:04.20	724	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	1:04.90	698	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	1:05.73	668	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
9	1:05.91	662	Khammaly, Caiya	12	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
10	1:06.49	641	Morales, Isabella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
10	1:06.49	641	Herrick, Calie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
12	1:06.50	641	Barber, Jerica	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
13	1:06.51	641	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
14	1:06.69	634	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
15	1:06.82	630	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
15	1:06.82	630	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
17	1:07.10	620	Lee, Logan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	1:07.81	596	Graul, Emily	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
19	1:08.07	587	Pales, Ash	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
20	1:08.08	586	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

Female 11-12 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:14.00	806	Calegan, Olivia	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
2	2:14.17	802	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
3	2:16.27	761	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
4	2:17.35	740	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
5	2:18.96	710	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
6	2:19.46	700	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	2:21.23	668	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	2:21.59	661	Morales, Isabella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
9	2:22.54	644	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
10	2:22.78	640	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
11	2:23.07	635	Graul, Emily	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
12	2:23.10	634	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
13	2:23.26	631	Herrick, Calie	12	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
14	2:23.34	630	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
15	2:23.93	619	Sipp, Esme	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
16	2:24.38	611	Lee, Logan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
17	2:26.41	576	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
18	2:28.26	545	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
19	2:28.41	542	Barber, Jerica	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
20	2:28.49	541	Wiebe, Macey	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite

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Club: Lincoln Select Swimming For All Time

Female 11-12 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:38.66	833	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
2	4:43.51	786	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
3	4:43.64	785	Palmer, Alana	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
4	4:47.59	747	Calegan, Olivia	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
5	4:49.86	726	Livingston, Berkeley	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
6	4:50.57	719	Stonehocker, Katie	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
7	4:50.90	716	Morales, Isabella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
8	4:51.24	713	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
9	4:55.02	679	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
10	4:58.35	649	Graul, Emily	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	5:02.19	616	Lee, Logan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
12	5:02.39	614	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
13	5:03.23	607	Storer, Amber	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
14	5:04.35	598	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
15	5:04.39	597	Maxwell, Elsie	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
16	5:08.41	564	Wiebe, Macey	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
17	5:08.57	562	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
18	5:11.05	542	Ellenberger, Lily	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
19	5:11.89	535	Barber, Jerica	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
20	5:13.18	525	Herrick, Calie	12	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open

Female 11-12 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	9:43.63	841	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
2	9:56.33	786	Storer, Jessica	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
3	10:00.22	770	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
4	10:07.68	739	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	10:09.23	732	Maxwell, Elsie	12	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
6	10:13.94	713	Livingston, Berkeley	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
7	10:14.67	710	Calegan, Olivia	12	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
8	10:16.35	841	Stonehocker, Katie	11	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	10:18.98	693	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	10:21.55	682	Graul, Emily	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	10:27.63	658	Lee, Logan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
12	10:29.41	788	Morales, Isabella	11	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
13	10:35.66	627	Herrick, Calie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
14	10:36.18	625	Sipp, Esme	12	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
15	10:42.70	600	Smith, Avery	12	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
16	10:49.59	575	Wiebe, Macey	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
17	10:53.55	560	Barber, Jerica	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	10:54.28	557	Ellenberger, Lily	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
19	10:54.53	556	Delgado, Kenzie	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	11:04.35	521	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

Female 11-12 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	18:21.96	907	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
2	19:01.27	820	Kollmorgen, Payton	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
3	19:13.05	794	Storer, Jessica	12	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
4	19:22.11	775	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	19:39.75	738	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	19:41.54	734	Livingston, Berkeley	12	MW Lincoln Select Swimming	7/19/2013	2013 MW MOST LC Qualifier 8 &
7	19:48.89	719	Graul, Emily	12	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
8	19:53.07	868	Morales, Isabella	11	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	20:01.76	693	Lee, Logan	12	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
10	20:12.56	671	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Female 11-12 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	20:15.74	664	Smith, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	20:25.63	645	Wiebe, Macey	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
13	20:58.18	736	Heinrich, Anna	11	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
14	21:05.94	568	Delgado, Kenzie	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
15	21:18.27	545	Winjum, Ava	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
16	21:19.39	543	Ellenberger, Lily	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
17	21:40.71	655	Nielsen, Morgan	11	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
18	21:56.84	476	Moorehead, Elsie	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
19	22:13.10	596	Heinrich, Sophie	11	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
20	22:36.20	555	Pales, Ash	11	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet

Female 11-12 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.81	893	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
2	32.81	820	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
3	33.11	798	Calegan, Olivia	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
4	34.13	727	Livingston, Berkeley	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
5	34.62	693	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	35.02	667	Pales, Ash	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
7	35.18	656	Khammaly, Caiya	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	35.19	655	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	35.41	641	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
10	35.65	625	Mitchell, Abigail	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
11	35.67	624	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
12	36.19	591	Schneider, Syd	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
13	36.45	574	Stonehocker, Katie	12	MW Lincoln Select Swimming	6/7/2014	2014 MW MOST Summer Splash
14	36.50	571	Morales, Isabella	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
15	36.63	563	Thober, Emma	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	36.87	548	Harral, Mallory	12	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
17	36.95	543	Kollmorgen, Payton	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
18	36.98	541	Smith, Avery	12	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
19	37.01	540	Barber, Jerica	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
19	37.01	540	Griffin, Claire	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 11-12 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:08.94	858	Hathaway, Allie	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
2	1:09.89	827	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
3	1:10.12	819	Calegan, Olivia	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
4	1:11.72	768	Palmer, Alana	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
5	1:14.06	695	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	1:14.29	688	Storer, Jessica	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	1:15.00	667	Schneider, Syd	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
8	1:15.05	665	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
9	1:15.16	662	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	1:15.28	658	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
11	1:16.48	623	Heinrich, Anna	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
12	1:16.55	621	Khammaly, Caiya	12	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
13	1:16.56	621	Morales, Isabella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
14	1:16.66	618	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
15	1:16.82	613	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
16	1:17.28	600	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
17	1:18.37	568	Pales, Ash	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
18	1:19.62	533	Herrick, Calie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
19	1:19.67	532	Maxwell, Elsie	12	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
20	1:19.98	523	Harral, Mallory	12	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

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Club: Lincoln Select Swimming For All Time

Female 11-12 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:24.45	916	Hathaway, Allie	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
2	2:34.73	773	Calegan, Olivia	12	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
3	2:35.18	767	Sipp, Esme	12	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
4	2:35.25	766	Palmer, Alana	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
5	2:36.96	743	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	2:38.12	727	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	2:41.38	684	Heinrich, Anna	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
8	2:41.71	680	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	2:41.75	679	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
10	2:42.16	674	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
11	2:43.56	656	Schneider, Syd	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
12	2:44.22	647	Maxwell, Elsie	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
13	2:44.37	646	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
14	2:46.62	617	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
15	2:47.16	610	Herrick, Calie	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
16	2:47.55	605	Pales, Ash	12	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
17	2:47.65	604	Khammaly, Caiya	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
18	2:47.80	602	Storer, Jessica	12	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
19	2:49.25	584	Morales, Isabella	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
20	2:52.02	550	Barber, Jerica	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta

Female 11-12 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.05	998	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	35.58	850	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
3	35.67	845	Pales, Ash	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
4	37.42	747	Palmer, Alana	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
5	38.52	687	Alstrom, Edyn	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
6	38.79	672	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
7	39.02	660	Ryder, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	39.44	638	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
9	39.46	637	Barber, Jerica	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	39.66	626	Livingston, Berkeley	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
11	39.86	616	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	39.97	610	McKee, Shelby	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
13	40.82	566	Friesen, Maya	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	40.91	562	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
15	41.15	550	Smith, Avery	12	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
16	41.37	538	Butalla, Taylor	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
17	41.49	532	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
18	41.90	512	Lienemann, Molly	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
18	41.90	512	Seipel, Lillian	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	42.05	505	Craft, Crystal	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Female 11-12 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:15.60	887	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	1:16.66	859	Pales, Ash	12	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
3	1:18.70	806	Stonehocker, Katie	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
4	1:21.99	723	Palmer, Alana	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
5	1:25.35	640	Ryder, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	1:25.62	634	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	1:25.84	629	Heinrich, Anna	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	1:27.06	600	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
9	1:27.26	595	Barber, Jerica	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	1:27.27	595	Alstrom, Edyn	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
11	1:27.51	589	Sipp, Esme	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
12	1:27.85	581	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 11-12 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
13	1:28.32	570	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
14	1:28.35	569	Hathaway, Allie	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
15	1:28.95	556	Kollmorgen, Payton	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
16	1:29.13	551	McKee, Shelby	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
17	1:29.22	549	Witt, Kaitlyn	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
18	1:29.54	542	Wiebe, Macey	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
19	1:29.72	538	Seipel, Lillian	12	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
20	1:30.18	527	Ellenberger, Lily	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

Female 11-12 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:42.32	905	Pales, Ash	12	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	2:44.27	882	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
3	2:50.39	811	Stonehocker, Katie	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
4	2:56.77	739	Palmer, Alana	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
5	3:00.45	699	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	3:04.11	659	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	3:05.29	646	Heinrich, Anna	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
8	3:08.04	617	Ryder, Avery	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
9	3:08.72	609	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
10	3:09.16	605	Wiebe, Macey	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
11	3:09.98	596	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
12	3:10.99	585	Barber, Jerica	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	3:11.34	582	Lienemann, Molly	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
14	3:12.18	573	Friesen, Maya	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	3:12.57	691	McKee, Ellie	11	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
16	3:13.15	563	McKee, Shelby	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
17	3:14.25	551	Seipel, Lillian	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
18	3:15.05	543	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
19	3:15.64	537	Sipp, Esme	12	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
20	3:16.00	533	Morales, Isabella	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite

Female 11-12 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	29.79	861	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	31.23	768	Pales, Ash	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	31.31	763	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
4	31.60	745	Livingston, Berkeley	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
5	31.83	731	Palmer, Alana	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	31.89	727	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	32.13	712	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	32.28	703	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
9	32.31	701	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	32.84	668	Herrick, Calie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	32.87	667	Schneider, Syd	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
12	33.48	630	Ryder, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
13	33.58	624	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
14	33.59	624	Barber, Jerica	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
15	33.88	606	Alstrom, Edyn	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
16	34.33	580	Storer, Jessica	12	MW Lincoln Select Swimming	5/14/2010	2010 MV Early Bird Meet
17	34.39	662	Lienemann, Grace	11	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	34.49	571	Livingston, Bella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
19	35.00	627	Khammaly, Caiya	11	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	35.06	538	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 11-12 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.24	858	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	1:06.55	849	Hathaway, Allie	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
3	1:09.77	759	Pales, Ash	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
4	1:10.79	731	Stonehocker, Katie	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	1:10.87	729	Palmer, Alana	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
6	1:11.15	721	Storer, Jessica	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	1:11.16	721	Livingston, Berkeley	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
8	1:11.19	720	Maxwell, Elsie	12	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
9	1:11.93	700	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	1:12.62	681	Schneider, Syd	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
11	1:12.73	678	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
12	1:13.26	664	Herrick, Calie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	1:14.33	636	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
14	1:16.43	582	Smith, Avery	12	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
15	1:17.37	558	Graul, Emily	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
16	1:18.20	639	Ryder, Avery	11	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	1:18.23	536	Gowen, Samantha	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
18	1:18.53	529	Storer, Amber	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
19	1:18.68	525	Lee, Logan	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
20	1:19.59	503	Lienemann, Molly	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 11-12 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:36.49	763	Hathaway, Allie	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
2	2:38.31	742	Stonehocker, Katie	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	2:39.01	734	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
4	2:39.19	732	Livingston, Berkeley	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
5	2:40.09	721	Storer, Jessica	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
6	2:42.02	699	Schneider, Syd	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
7	2:43.42	683	Maxwell, Elsie	12	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
8	2:44.18	675	Palmer, Alana	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
9	2:45.79	657	Herrick, Calie	12	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
10	2:49.37	617	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
11	2:50.70	602	Calegan, Olivia	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
12	2:51.48	594	Storer, Amber	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
13	2:51.87	589	Pales, Ash	12	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
14	2:52.41	584	Sipp, Esme	12	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
15	2:53.13	576	Appleget, Liv	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
16	3:01.81	484	Wiebe, Macey	12	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
17	3:05.87	442	Livingston, Bella	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
18	3:06.10	440	Graul, Emily	12	MW Lincoln Select Swimming	6/25/2010	2010 CO FAST Long Course Open
19	3:07.23	429	Winjum, Ava	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
20	3:07.82	423	Hale, Chloé	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

Female 11-12 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:26.98	886	Calegan, Olivia	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	2:30.15	837	Hathaway, Allie	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
3	2:30.78	828	Palmer, Alana	12	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
4	2:34.02	779	Stonehocker, Katie	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	2:35.51	757	Pales, Ash	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
6	2:36.23	746	Livingston, Berkeley	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	2:36.57	741	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	2:40.37	686	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	2:41.55	669	Sipp, Esme	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
10	2:42.45	657	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Female 11-12 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	2:42.95	650	Heinrich, Anna	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
12	2:43.04	649	Smith, Avery	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
13	2:43.28	645	Herrick, Calie	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
14	2:45.74	611	Schneider, Syd	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
15	2:46.09	606	Mitchell, Abigail	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
16	2:46.97	595	Storer, Jessica	12	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
17	2:47.56	587	Barber, Jerica	12	MW Lincoln Select Swimming	7/13/2013	2013 MW App Cornhusker State Games
18	2:47.84	583	Wiebe, Macey	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
19	2:49.06	567	Ryder, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
20	2:50.15	552	Lienemann, Molly	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 11-12 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:18.20	850	Calegan, Olivia	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
2	5:25.72	799	Hathaway, Allie	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
3	5:26.41	794	Palmer, Alana	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	5:35.46	735	Morales, Isabella	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
5	5:35.67	733	Stonehocker, Katie	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
6	5:36.00	731	Kollmorgen, Payton	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	5:36.55	727	Pales, Ash	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
8	5:36.84	726	Maxwell, Elsie	12	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
9	5:37.91	719	Livingston, Berkeley	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	5:45.52	670	Herrick, Calie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	5:50.91	636	Smith, Avery	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	5:51.10	635	Sipp, Esme	12	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
13	5:51.12	635	Storer, Jessica	12	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
14	5:53.13	623	Heinrich, Anna	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
15	5:53.25	622	Graul, Emily	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
16	5:59.02	587	Barber, Jerica	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
17	5:59.82	733	McKee, Ellie	11	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	6:03.47	711	Storer, Amber	11	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
19	6:07.43	536	Lienemann, Molly	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
20	6:08.14	532	Ryder, Avery	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite

Female 13-14 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	27.22	829	Palmer, Alana	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	27.93	810	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	28.43	728	Heinrich, Anna	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	28.58	756	Pales, Ash	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	28.62	712	Stonehocker, Katie	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
6	28.63	711	Livingston, Berkeley	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	28.69	706	Storer, Jessica	14	MW Lincoln Select Swimming	6/8/2012	2012 SwimVitational Time Trial
8	28.94	686	Ebito, Emma	14	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
9	29.04	718	Khammaly, Caiya	13	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	29.07	676	Ryder, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	29.18	667	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	29.23	703	Hathaway, Allie	13	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
13	29.42	648	Nelson, Carly	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
14	29.57	676	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
15	29.60	633	Gowen, Samantha	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
16	29.73	623	Moran, Maya	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
17	29.92	608	Schroeder, Lily	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	29.93	608	Magsamen, Emma	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
19	29.97	605	Schneider, Syd	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	30.02	601	Appleget, Liv	14	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet

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Club: Lincoln Select Swimming For All Time

Female 13-14 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	58.83	842	Palmer, Alana	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	1:00.42	772	Storer, Jessica	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	1:00.68	761	Livingston, Berkeley	14	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
4	1:01.32	768	Calegan, Olivia	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
5	1:01.59	756	Hathaway, Allie	13	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	1:01.64	720	Heinrich, Anna	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals - TT
7	1:01.72	717	Stonehocker, Katie	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
8	1:02.14	699	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
9	1:02.71	675	Morales, Isabella	14	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
10	1:02.87	669	Appleget, Liv	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
11	1:03.19	656	Moran, Maya	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
12	1:03.25	653	Ebito, Emma	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
13	1:03.57	640	Sipp, Esme	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	1:03.70	635	Gowen, Samantha	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
15	1:03.77	632	Ryder, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	1:03.83	630	Lienemann, Molly	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
17	1:04.09	620	Becker, Ally	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
18	1:04.67	597	Nelson, Carly	14	MW Lincoln Select Swimming	7/10/2008	2008 MV Wave the Wheat Meet
19	1:04.99	618	Khammaly, Caiya	13	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	1:05.03	616	Rosenboom, Chantel	13	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh

Female 13-14 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:09.46	784	Palmer, Alana	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	2:09.91	774	Storer, Jessica	14	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
3	2:11.44	740	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	2:13.11	704	Livingston, Berkeley	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
5	2:13.21	701	Stonehocker, Katie	14	MW Lincoln Select Swimming	6/17/2016	Omaha Cup
6	2:13.75	690	Heinrich, Anna	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	2:13.81	713	Hathaway, Allie	13	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	2:13.86	688	Balogh, Blake	14	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
9	2:13.94	686	Appleget, Liv	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:14.31	678	Gowen, Samantha	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	2:14.48	699	Calegan, Olivia	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	2:16.98	623	Nelson, Carly	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
13	2:17.97	603	Lienemann, Molly	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	2:18.14	623	Ebito, Emma	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	2:18.39	618	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
16	2:18.79	587	Schroeder, Lily	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	2:19.05	605	Graul, Emily	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	2:19.12	604	Kollmorgen, Payton	13	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	2:19.12	604	Smith, Avery	13	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
20	2:19.43	598	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Female 13-14 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:30.04	792	Storer, Jessica	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	4:30.17	815	Palmer, Alana	13	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	4:38.30	703	Livingston, Berkeley	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
4	4:38.32	726	Hathaway, Allie	13	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
5	4:40.13	684	Stonehocker, Katie	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
6	4:40.25	706	Morales, Isabella	13	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	4:41.52	670	Balogh, Blake	14	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
8	4:42.93	655	Heinrich, Anna	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
9	4:44.65	638	Appleget, Liv	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Female 13-14 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
10	4:44.67	638	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	4:45.50	629	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	4:45.56	629	Schroeder, Lily	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
13	4:45.92	625	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
14	4:50.90	576	Delgado, Kenzie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	4:51.16	596	Graul, Emily	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
16	4:53.64	572	Wiebe, Macey	13	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
17	4:53.68	572	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	4:53.79	549	Sipp, Esme	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
19	4:54.58	563	Storer, Amber	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	4:57.17	518	Nelson, Carly	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh

Female 13-14 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	9:16.12	806	Storer, Jessica	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	9:18.09	797	Palmer, Alana	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	9:24.03	767	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
4	9:37.29	703	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	9:37.32	703	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	9:41.25	685	Heinrich, Anna	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	9:44.37	670	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
8	9:45.30	666	Stonehocker, Katie	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	9:48.10	653	Appleget, Liv	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
10	9:48.21	653	Hathaway, Allie	14	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
11	9:52.07	635	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	9:52.63	657	Graul, Emily	13	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
13	9:53.08	630	Delgado, Kenzie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
14	10:03.61	608	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	10:07.11	568	Wiebe, Macey	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
16	10:10.70	577	Storer, Amber	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
17	10:18.74	519	Goracke, Peyton	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	10:19.31	517	Nelson, Sophia	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
19	10:24.38	496	Lee, Logan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	10:25.69	514	Winjum, Ava	13	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Female 13-14 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	17:37.24	830	Storer, Jessica	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
2	17:46.28	806	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	17:57.06	779	Palmer, Alana	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
4	18:13.19	739	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	18:24.80	710	Hathaway, Allie	14	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
6	18:31.28	695	Heinrich, Anna	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
7	18:32.53	728	Stonehocker, Katie	13	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
8	18:35.56	685	Appleget, Liv	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
9	18:41.16	707	Graul, Emily	13	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
10	18:44.87	662	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	18:51.27	647	Delgado, Kenzie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
12	19:09.42	641	Storer, Amber	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
13	19:20.04	617	Calegan, Olivia	13	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
14	19:30.26	559	Winjum, Ava	14	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
15	19:32.78	589	Wiebe, Macey	13	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
16	19:36.21	546	Goracke, Peyton	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
17	19:41.09	536	Lee, Logan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
18	19:51.55	548	Herrick, Calie	13	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
19	19:53.51	509	Nelson, Sophia	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
20	19:58.55	498	Whittle, Rebekah	14	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe

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Club: Lincoln Select Swimming For All Time

Female 13-14 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.04	878	Hathaway, Allie	14	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	32.02	845	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
3	32.62	797	Livingston, Berkeley	13	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	32.67	745	Ebito, Emma	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
5	32.81	734	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	33.76	661	Wekesser, Meredith	14	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
7	34.05	639	Goracke, Peyton	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	34.07	638	Moran, Maya	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	34.64	596	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
10	34.69	639	Mitchell, Abigail	13	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	36.07	496	Welsh, Charlotte	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
12	36.09	501	Nelson, Carly	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
13	36.26	483	Harral, Mallory	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	36.63	459	Griffin, Claire	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
15	37.07	430	Schneider, Syd	14	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
16	38.00	416	Ford, Phoebe	13	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
17	38.97	357	Hale, Chloé	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
18	39.73	314	Lee, Logan	13	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
19	39.78	271	Brundieck, Isabelle	14	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
20	1:13.87	1	Calkins, Frannie	13	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

Female 13-14 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:07.41	807	Hathaway, Allie	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
2	1:07.53	803	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	1:08.44	769	Ebito, Emma	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
4	1:08.72	806	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
5	1:09.28	785	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
6	1:10.23	705	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
7	1:10.92	681	Mitchell, Abigail	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
8	1:11.17	672	Goracke, Peyton	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	1:11.21	671	Schneider, Syd	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
10	1:12.11	640	Wekesser, Meredith	14	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
11	1:12.47	628	Moran, Maya	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
12	1:12.56	671	Palmer, Alana	13	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
13	1:13.59	590	Gowen, Samantha	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
14	1:14.24	569	Ford, Josie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	1:14.63	601	Stonehocker, Katie	13	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	1:14.65	556	Storer, Jessica	14	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
17	1:14.72	599	Storer, Amber	13	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
18	1:15.03	543	Heinrich, Anna	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
19	1:15.09	541	Welsh, Charlotte	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
20	1:15.20	538	Griffin, Claire	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Female 13-14 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.56	867	Hathaway, Allie	13	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
2	2:25.53	785	Livingston, Berkeley	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
3	2:26.36	772	Palmer, Alana	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	2:27.80	784	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
5	2:28.03	746	Morales, Isabella	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
6	2:29.43	724	Mitchell, Abigail	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
7	2:29.66	721	Ebito, Emma	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	2:32.01	685	Goracke, Peyton	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	2:32.42	679	Schneider, Syd	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
10	2:33.53	662	Wekesser, Meredith	14	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
11	2:34.72	644	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster

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Club: Lincoln Select Swimming For All Time

Female 13-14 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
12	2:34.78	677	Calegan, Olivia	13	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	2:34.80	677	Storer, Jessica	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
14	2:35.84	627	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	2:36.07	658	Stonehocker, Katie	13	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	2:36.64	616	Ford, Josie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
17	2:36.92	611	Heinrich, Anna	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
18	2:38.10	594	Delgado, Kenzie	14	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
19	2:38.89	583	Nelson, Carly	14	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
20	2:39.61	572	Griffin, Claire	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Female 13-14 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	38.41	641	Harral, Mallory	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
2	38.55	633	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
3	40.22	541	Craft, Jessica	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
3	40.22	537	Seipel, Lillian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Female 13-14 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:12.54	921	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
2	1:12.71	912	Pales, Ash	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	1:15.27	836	Stonehocker, Katie	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	1:16.45	801	Ather, Marusha	14	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
5	1:18.25	749	Livingston, Berkeley	14	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
6	1:18.35	747	Heinrich, Anna	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
7	1:19.90	703	Morales, Isabella	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
8	1:20.76	679	Mitchell, Abigail	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
9	1:21.61	655	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	1:21.90	651	Palmer, Alana	13	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
11	1:22.11	642	Nelson, Sophia	14	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
12	1:22.34	635	Alstrom, Edyn	14	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
13	1:24.07	592	Heyen, Peri	13	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	1:24.17	586	Murray, Alex	14	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
15	1:24.53	576	Schroeder, Lily	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
16	1:24.61	574	Craft, Crystal	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
17	1:24.73	571	Artz, Emily	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
18	1:25.11	565	Silverberg, Paige	13	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
18	1:25.11	561	Ryder, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
20	1:25.84	542	Welsh, Charlotte	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Female 13-14 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:34.93	912	Pales, Ash	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
2	2:40.04	852	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	2:41.66	822	Ather, Marusha	14	MW Lincoln Select Swimming	6/17/2016	Omaha Cup
4	2:44.16	789	Stonehocker, Katie	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
5	2:48.15	737	Livingston, Berkeley	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
6	2:48.58	732	Heinrich, Anna	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	2:54.14	661	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	2:54.31	659	Nelson, Sophia	14	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
9	2:54.45	658	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	2:57.34	622	Schroeder, Lily	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	2:57.44	620	Palmer, Alana	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
12	2:57.61	618	Artz, Emily	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
13	2:58.19	611	Murray, Alex	14	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
14	2:58.88	612	Mitchell, Abigail	13	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Female 13-14 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
15	2:59.26	598	Wekesser, Meredith	14	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
16	2:59.66	593	Craft, Crystal	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
17	3:01.95	566	Harral, Mallory	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	3:02.52	559	Ford, Josie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
19	3:04.17	539	Wiebe, Macey	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	3:04.24	547	Hathaway, Allie	13	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open

Female 13-14 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.73	662	Herrick, Calie	13	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
2	33.25	554	Storer, Jessica	13	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
3	34.55	431	Ryder, Avery	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
4	37.42	292	Hale, Chloé	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
5	39.27	193	Seipel, Lillian	13	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
6	50.58	1	Petty, Jessica	13	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv

Female 13-14 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:05.50	782	Appleget, Liv	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
2	1:05.86	770	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	1:06.19	759	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	1:07.03	766	Pales, Ash	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	1:07.64	746	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	1:08.03	697	Schneider, Syd	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	1:08.03	697	Hathaway, Allie	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	1:08.09	695	Ather, Marusha	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	1:08.18	728	Storer, Jessica	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
10	1:08.49	682	Palmer, Alana	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	1:09.05	664	Stonehocker, Katie	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
12	1:09.24	657	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
13	1:10.01	632	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
14	1:10.71	646	Calegan, Olivia	13	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
15	1:10.84	606	Wekesser, Meredith	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
16	1:12.03	568	Winjum, Ava	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	1:12.24	562	Heinrich, Anna	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
18	1:12.29	596	Smith, Avery	13	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
19	1:12.45	555	Ebito, Emma	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
20	1:12.53	553	Roberts, Cassie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 13-14 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:26.33	760	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	2:27.86	737	Hathaway, Allie	14	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	2:28.82	724	Storer, Jessica	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
4	2:29.34	716	Appleget, Liv	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	2:29.35	760	Pales, Ash	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	2:29.43	715	Morales, Isabella	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
7	2:32.85	666	Palmer, Alana	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
8	2:33.08	707	Stonehocker, Katie	13	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
9	2:33.36	703	Herrick, Calie	13	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
10	2:33.51	657	Schneider, Syd	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	2:34.44	644	Ather, Marusha	14	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
12	2:34.91	638	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
13	2:35.04	636	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
14	2:37.87	641	Graul, Emily	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	2:39.59	573	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	2:39.71	572	Nelson, Sophia	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

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Club: Lincoln Select Swimming For All Time

Female 13-14 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
17	2:40.55	605	Lee, Logan	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	2:41.28	550	Wekesser, Meredith	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
19	2:42.28	537	Artz, Emily	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
20	2:42.36	536	Roberts, Cassie	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Female 13-14 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.17	853	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	2:25.81	840	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	2:26.75	773	Morales, Isabella	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
4	2:27.61	758	Hathaway, Allie	14	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
5	2:28.15	749	Palmer, Alana	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	2:28.23	748	Stonehocker, Katie	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
7	2:29.10	733	Pales, Ash	14	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Juniors - Time Tri
8	2:31.81	688	Heinrich, Anna	14	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
9	2:32.24	732	Sipp, Esme	13	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	2:32.61	675	Appleget, Liv	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
11	2:32.98	669	Storer, Jessica	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
12	2:33.06	667	Ather, Marusha	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
13	2:34.86	638	Schroeder, Lily	14	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
14	2:35.51	628	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	2:35.65	625	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
16	2:36.05	670	Mitchell, Abigail	13	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
17	2:37.61	645	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	2:38.29	584	Artz, Emily	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
19	2:38.34	583	Schneider, Syd	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	2:38.47	581	Gowen, Samantha	14	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster

Female 13-14 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:01.07	844	Livingston, Berkeley	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	5:11.69	760	Palmer, Alana	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	5:13.58	746	Morales, Isabella	14	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
4	5:14.60	778	Pales, Ash	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	5:15.89	768	Hathaway, Allie	13	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
6	5:18.13	711	Stonehocker, Katie	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
7	5:18.45	748	Calegan, Olivia	13	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
8	5:20.43	694	Ather, Marusha	14	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
9	5:21.87	683	Appleget, Liv	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
10	5:23.22	673	Storer, Jessica	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
11	5:25.31	658	Kollmorgen, Payton	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	5:25.34	658	Smith, Avery	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	5:27.37	643	Schroeder, Lily	14	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
14	5:30.75	618	Balogh, Blake	14	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
15	5:31.65	612	Wekesser, Meredith	14	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
16	5:32.75	604	Murray, Alex	14	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
17	5:34.09	634	Herrick, Calie	13	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	5:34.50	592	Artz, Emily	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
19	5:37.74	569	Mitchell, Abigail	14	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
20	5:41.47	582	Wiebe, Macey	13	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open

Female 15-16 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	26.71	838	Palmer, Alana	15	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
2	27.55	764	Heinrich, Anna	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio

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Club: Lincoln Select Swimming For All Time

Female 15-16 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
3	28.07	720	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
4	28.17	712	Freese, Mikayla	16	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
5	28.27	703	Pales, Ash	16	MW Lincoln Select Swimming	7/30/2015	2015 Speedo Junior National Ti
6	28.40	695	Storer, Jessica	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
7	28.65	672	Livingston, Berkeley	16	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
8	28.81	659	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	28.96	647	Hellbusch, Kara	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPEE
10	29.18	632	Magsamen, Emma	15	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
11	29.23	625	Balogh, Blake	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
12	29.27	625	Ayars, Lauren	15	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
13	29.51	606	Mitchell, Abigail	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
14	29.64	595	Nelson, Carly	15	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam
15	29.75	587	Ather, Marusha	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
16	29.88	574	Batterton, Kenna	16	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
17	29.89	576	Moran, Maya	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	30.00	567	Ebito, Emma	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
19	30.01	564	Appleget, Liv	16	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
20	30.19	550	Balogh, Brooke	16	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee

Female 15-16 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	57.69	846	Palmer, Alana	15	MW Lincoln Select Swimming	8/4/2016	2016 ST TXLA Futures Champions
2	1:00.40	726	Heinrich, Anna	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
3	1:00.75	711	Storer, Jessica	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	1:01.08	685	Balogh, Blake	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
5	1:01.24	679	Livingston, Berkeley	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	1:01.32	675	Balogh, Brooke	16	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
7	1:01.33	675	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	1:01.68	660	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	1:02.11	642	Appleget, Liv	16	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
10	1:02.80	614	Hellbusch, Kara	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPEE
11	1:04.26	568	Gowen, Samantha	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
12	1:04.27	567	Ebito, Emma	15	MW Lincoln Select Swimming	7/17/2013	2013 MV TT Region VIII LCM Sum
12	1:04.27	567	Pales, Ash	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
14	1:04.40	551	Freese, Mikayla	16	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
14	1:04.40	562	Ayars, Lauren	15	MW Lincoln Select Swimming	7/20/2011	2011 MV TT CSRVIII SUMMER LC
16	1:04.74	549	Moran, Maya	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
17	1:04.77	548	Nelson, Carly	15	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam
18	1:05.06	525	Delgado, Kenzie	16	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
19	1:05.11	535	Sipp, Esme	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
20	1:05.28	528	Ather, Marusha	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster

Female 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:04.91	840	Palmer, Alana	15	MW Lincoln Select Swimming	8/4/2016	2016 ST TXLA Futures Champions
2	2:08.50	738	Storer, Jessica	16	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
3	2:10.44	714	Livingston, Berkeley	15	MW Lincoln Select Swimming	6/17/2016	Omaha Cup
4	2:10.82	687	Heinrich, Anna	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
5	2:11.21	679	Balogh, Blake	16	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
6	2:11.44	674	Gowen, Samantha	16	MW Lincoln Select Swimming	7/9/2015	2015 GA Long Course Speedo Sectio
7	2:11.86	665	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
8	2:12.21	657	Appleget, Liv	16	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
9	2:13.91	622	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	2:16.00	579	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
11	2:16.53	586	Delgado, Kenzie	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
12	2:17.93	558	Ather, Marusha	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
13	2:19.09	535	Nelson, Sophia	15	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
14	2:19.34	514	Nelson, Carly	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

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Club: Lincoln Select Swimming For All Time

Female 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
15	2:19.67	507	Pales, Ash	16	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	2:21.29	477	Lee, Logan	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
17	2:21.71	486	Mitchell, Abigail	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
18	2:21.72	486	Ebito, Emma	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
19	2:21.83	467	Whittle, Rebekah	16	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
20	2:22.03	463	Hellbusch, Kara	16	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer

Female 15-16 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:25.32	815	Palmer, Alana	15	MW Lincoln Select Swimming	8/4/2016	2016 ST TXLA Futures Champions
2	4:30.70	722	Storer, Jessica	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	4:33.86	688	Balogh, Blake	16	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
4	4:33.96	719	Livingston, Berkeley	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
5	4:34.18	685	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
6	4:37.24	685	Heinrich, Anna	15	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
7	4:39.72	659	Gowen, Samantha	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
8	4:40.04	624	Appleget, Liv	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
9	4:41.13	613	McNeel, Mollie	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	4:43.80	617	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	4:48.78	538	Delgado, Kenzie	16	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
12	4:52.43	534	Nelson, Sophia	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
13	4:53.18	497	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	4:53.69	522	Nelson, Carly	15	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
15	4:54.27	487	Whittle, Rebekah	16	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
16	4:54.83	482	Lee, Logan	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
17	4:56.84	494	Stonehocker, Katie	15	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
18	4:58.14	482	Mitchell, Abigail	15	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
19	5:00.17	464	Ford, Josie	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
20	5:01.89	449	Wiebe, Macey	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class

Female 15-16 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	9:20.18	713	Storer, Jessica	16	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
2	9:27.25	695	Balogh, Blake	15	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
3	9:27.52	677	Livingston, Berkeley	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
4	9:28.87	671	McNeel, Mollie	16	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
5	9:30.81	662	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
6	9:31.49	675	Appleget, Liv	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
7	9:32.60	670	Palmer, Alana	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
8	9:47.46	601	Stonehocker, Katie	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
9	9:51.33	567	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	9:53.85	556	Delgado, Kenzie	16	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
11	10:01.32	524	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
12	10:03.47	515	Lee, Logan	16	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
13	10:03.97	513	Nelson, Carly	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	10:09.39	490	Whittle, Rebekah	16	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	10:12.96	491	Ford, Josie	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
16	10:15.12	482	Wiebe, Macey	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
17	10:19.57	463	Mitchell, Abigail	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
18	10:20.57	459	Artz, Emily	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
19	10:21.16	457	Mueller, Rianna	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
20	10:25.63	439	Winjum, Ella	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Female 15-16 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	17:39.69	773	Storer, Jessica	16	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
2	17:48.75	750	Livingston, Berkeley	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 15-16 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
3	18:10.40	711	Heinrich, Anna	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
4	18:10.77	695	McNeel, Mollie	16	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
5	18:33.83	654	Stonehocker, Katie	15	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
6	18:46.58	624	Delgado, Kenzie	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	18:47.60	608	Appleget, Liv	16	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
8	19:01.81	575	Lee, Logan	16	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
9	19:03.66	571	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	19:20.88	546	Ford, Josie	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
11	19:25.65	522	Becker, Ally	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
12	19:26.70	534	Winjum, Ella	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
13	19:27.41	518	Nelson, Carly	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	19:27.53	532	Whittle, Rebekah	15	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
15	19:33.66	518	Mueller, Rianna	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
16	19:45.18	480	Artz, Emily	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	20:20.54	421	Goracke, Peyton	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
18	20:44.33	363	Murray, Alex	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
19	20:57.45	351	Kreikemeier, Elise	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
20	21:25.24	301	Roberts, Cassie	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class

Female 15-16 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.57	767	Palmer, Alana	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
2	33.06	668	Livingston, Berkeley	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	33.07	649	Ebito, Emma	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	33.90	586	Ford, Josie	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
5	34.16	585	Sipp, Esme	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	34.20	583	Moran, Maya	15	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
7	34.36	571	Mitchell, Abigail	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
8	34.40	550	Schneider, Syd	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
9	35.56	469	Delgado, Kenzie	16	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	36.35	434	Craft, Crystal	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	37.87	322	Storer, Jessica	16	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
12	38.47	304	Brundieck, Isabelle	15	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open

Female 15-16 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.56	775	Palmer, Alana	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
2	1:08.45	705	Livingston, Berkeley	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
3	1:09.62	682	Ebito, Emma	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
4	1:10.07	666	Sipp, Esme	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
5	1:10.51	632	Mitchell, Abigail	16	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
6	1:10.63	646	Wekesser, Meredith	15	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
7	1:11.24	607	Freese, Mikayla	16	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
8	1:11.55	596	Ford, Josie	16	MW Lincoln Select Swimming	6/17/2016	Omaha Cup
9	1:12.01	599	Schneider, Syd	15	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
10	1:12.09	596	Goracke, Peyton	15	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
11	1:12.72	575	Storer, Jessica	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	1:12.87	570	Ayars, Lauren	15	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
13	1:13.06	546	Balogh, Brooke	16	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
14	1:13.65	544	Stonehocker, Katie	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
15	1:14.23	508	Welsh, Charlotte	16	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
16	1:14.41	520	Moran, Maya	15	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	1:14.54	498	Whittle, Rebekah	16	MW Lincoln Select Swimming	7/20/2011	2011 MV TT CSRVIII SUMMER LC
18	1:14.60	496	Heinrich, Anna	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
19	1:14.86	487	Hellbusch, Kara	16	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
20	1:15.03	482	Delgado, Kenzie	16	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 15-16 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.04	790	Palmer, Alana	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
2	2:25.09	760	Livingston, Berkeley	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
3	2:28.16	693	Gowen, Samantha	16	MW Lincoln Select Swimming	7/9/2015	2015 GA Long Course Speedo Sectio
4	2:31.73	657	Ford, Josie	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
5	2:32.78	641	Ebito, Emma	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
6	2:33.49	630	Storer, Jessica	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
7	2:33.53	630	Goracke, Peyton	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
8	2:33.56	629	Sipp, Esme	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
9	2:33.98	623	Murray, Alex	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:34.06	622	Schneider, Syd	15	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
11	2:34.80	592	Mitchell, Abigail	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	2:35.33	584	Wekesser, Meredith	16	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
13	2:35.81	577	Whittle, Rebekah	16	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
14	2:36.89	580	Ayars, Lauren	15	MW Lincoln Select Swimming	7/20/2011	2011 MV TT CSRVIII SUMMER LC
15	2:37.25	556	Balogh, Brooke	16	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
16	2:37.84	566	Stonehocker, Katie	15	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
17	2:38.14	543	Heinrich, Anna	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
18	2:38.37	558	Nelson, Carly	15	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
19	2:39.77	519	McNeel, Mollie	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
20	2:40.17	513	Pales, Ash	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class

Female 15-16 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.24	891	Pales, Ash	16	MW Lincoln Select Swimming	3/17/2015	2015 FL NCSA Spring Championship
2	33.29	888	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	37.79	616	Heyen, Peri	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	39.63	509	Craft, Crystal	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	40.22	476	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Female 15-16 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:12.25	866	Pales, Ash	15	MW Lincoln Select Swimming	7/30/2014	2014 Speedo Junior National Ch
2	1:12.77	836	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	1:15.21	762	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
4	1:16.29	730	Heinrich, Anna	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
5	1:16.61	721	Palmer, Alana	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	1:17.74	703	Livingston, Berkeley	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
7	1:18.42	683	Ather, Marusha	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
8	1:18.94	654	Hellbusch, Kara	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
9	1:19.70	632	Mitchell, Abigail	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	1:21.63	579	Pappas, Brandy	16	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
11	1:21.79	589	Heyen, Peri	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	1:22.40	572	Artz, Emily	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
13	1:22.92	558	Welsh, Charlotte	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	1:23.88	532	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	1:24.79	508	Craft, Crystal	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
16	1:25.76	483	Murray, Alex	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
17	1:26.65	460	Butalla, Taylor	15	MW Lincoln Select Swimming	7/12/2014	2014 MW App Cornhusker State Games
18	1:27.12	448	Kreikemeier, Elise	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
19	1:27.24	445	Wiebe, Macey	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
20	1:27.26	430	Balogh, Brooke	16	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee

Female 15-16 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:33.47	899	Pales, Ash	15	MW Lincoln Select Swimming	7/30/2014	2014 Speedo Junior National Ch
2	2:40.08	806	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Female 15-16 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
3	2:43.75	761	Stonehocker, Katie	15	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
4	2:43.97	754	Heinrich, Anna	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
5	2:46.64	719	Mitchell, Abigail	16	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
6	2:48.35	701	Ather, Marusha	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	2:50.19	677	Livingston, Berkeley	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
8	2:53.29	634	Hellbusch, Kara	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
9	2:53.30	634	Pappas, Brandy	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
10	2:53.91	626	Palmer, Alana	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
11	2:54.44	620	Artz, Emily	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
12	2:57.01	591	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	3:00.88	541	Murray, Alex	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
14	3:03.18	516	Heyen, Peri	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	3:03.41	510	Benes, Ciarra	16	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
16	3:03.74	510	Welsh, Charlotte	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	3:04.97	492	Balogh, Brooke	16	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
18	3:05.10	494	Wiebe, Macey	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
19	3:07.36	467	Butalla, Taylor	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
20	3:08.16	458	Ford, Josie	15	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open

Female 15-16 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	32.56	539	Moran, Maya	15	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
2	33.11	481	Wekesser, Meredith	16	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
3	33.75	457	Ayars, Lauren	15	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv

Female 15-16 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:05.49	737	Palmer, Alana	16	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
2	1:05.80	726	Livingston, Berkeley	16	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
3	1:05.99	719	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
4	1:07.19	698	Ather, Marusha	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
5	1:07.60	684	Appleget, Liv	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
6	1:07.83	677	Gowen, Samantha	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	1:08.31	661	Schneider, Syd	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
8	1:08.45	637	Balogh, Blake	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
9	1:08.97	639	Storer, Jessica	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
10	1:09.50	603	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	1:10.62	586	Pales, Ash	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	1:11.06	572	Nelson, Sophia	15	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
13	1:11.13	570	Whittle, Rebekah	15	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	1:11.41	542	Wekesser, Meredith	16	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
15	1:11.63	535	Lee, Logan	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
16	1:11.66	534	Pappas, Brandy	16	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
17	1:11.74	531	Wiebe, Macey	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
18	1:12.17	537	Murray, Alex	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
19	1:12.30	533	Becker, Ally	15	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
20	1:12.64	503	McNeel, Mollie	16	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO

Female 15-16 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.92	760	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
2	2:24.63	750	Storer, Jessica	16	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
3	2:25.93	731	Livingston, Berkeley	16	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
4	2:28.29	697	Appleget, Liv	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	2:28.84	689	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	2:28.90	688	Palmer, Alana	16	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
7	2:29.70	679	Pales, Ash	15	MW Lincoln Select Swimming	7/30/2014	2014 Speedo Junior National Ti

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Club: Lincoln Select Swimming For All Time

Female 15-16 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
8	2:31.12	659	Gowen, Samantha	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
9	2:32.30	642	Schneider, Syd	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
10	2:34.20	612	Wiebe, Macey	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
11	2:34.37	613	Ather, Marusha	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	2:34.48	608	Lee, Logan	16	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
13	2:34.80	607	Murray, Alex	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
14	2:35.90	589	Balogh, Blake	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
15	2:37.41	571	Whittle, Rebekah	15	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
16	2:37.74	566	Stonehocker, Katie	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
17	2:39.88	534	McNeel, Mollie	16	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
18	2:40.67	523	Becker, Ally	16	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
19	2:42.10	504	Pappas, Brandy	16	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
20	2:42.34	504	Lienemann, Molly	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

Female 15-16 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.39	807	Livingston, Berkeley	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
2	2:24.38	784	Palmer, Alana	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
3	2:27.70	727	Stonehocker, Katie	16	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
4	2:28.15	719	Heinrich, Anna	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
5	2:28.70	710	Pales, Ash	16	MW Lincoln Select Swimming	7/30/2015	2015 Speedo Junior National Ti
6	2:29.21	701	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	2:31.88	657	Appleget, Liv	16	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
8	2:31.89	657	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
9	2:32.54	652	Ather, Marusha	15	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
10	2:32.75	643	Balogh, Blake	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	2:33.82	631	Mitchell, Abigail	15	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
12	2:35.06	606	Storer, Jessica	16	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
13	2:36.77	584	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	2:36.78	578	McNeel, Mollie	16	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
15	2:37.04	574	Hellbusch, Kara	16	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
16	2:39.13	548	Wekesser, Meredith	15	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
17	2:39.73	533	Lee, Logan	16	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
18	2:39.82	537	Schneider, Syd	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
19	2:39.86	531	Wiebe, Macey	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
20	2:39.88	531	Murray, Alex	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Female 15-16 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:00.01	810	Livingston, Berkeley	16	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
2	5:07.90	748	Palmer, Alana	16	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
3	5:12.46	712	Nelson, Sophia	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
4	5:13.40	705	Balogh, Brooke	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
5	5:16.68	680	Pales, Ash	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
6	5:17.92	671	Storer, Jessica	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	5:18.00	676	Ather, Marusha	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	5:19.19	667	Stonehocker, Katie	15	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
9	5:21.68	643	Balogh, Blake	16	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
10	5:21.76	642	Appleget, Liv	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
11	5:24.19	624	McNeel, Mollie	16	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
12	5:25.84	618	Schroeder, Lily	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	5:26.88	610	Heinrich, Anna	15	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	5:28.44	599	Gowen, Samantha	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	5:31.05	580	Murray, Alex	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
16	5:31.73	570	Artz, Emily	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	5:32.23	566	Mitchell, Abigail	16	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
18	5:35.34	544	Wekesser, Meredith	16	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
19	5:36.02	540	Hellbusch, Kara	16	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh

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Club: Lincoln Select Swimming For All Time

Female 15-16 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
20	5:37.96	532	Wiebe, Macey	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class

Female 17-18 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	26.69	829	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	27.62	749	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
3	27.97	720	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
4	28.10	709	Livingston, Berkeley	17	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
5	28.35	688	Pales, Ash	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
6	28.53	673	Storer, Jessica	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
7	28.56	671	Balogh, Blake	18	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
8	28.57	670	Rye, Mary Beth	18	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
9	28.88	645	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/20/2011	2011 MV TT CSRVIII SUMMER LC
10	29.36	606	Magsamen, Emma	17	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
11	29.42	602	Becker, Ally	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	29.53	593	Batterton, Kenna	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	29.84	569	Mitchell, Abigail	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
14	29.86	567	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	29.90	564	Appleget, Liv	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
16	30.03	554	Balogh, Brooke	17	MW Lincoln Select Swimming	6/25/2010	2010 CO FAST Long Course Open
17	30.09	549	Sipp, Esme	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	30.22	539	Benes, Ciarra	17	MW Lincoln Select Swimming	7/18/2014	2014 MW MOST LC Qualifier 8 &
19	30.31	533	Schneider, Syd	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	30.63	508	Ford, Josie	17	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class

Female 17-18 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	59.06	770	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	1:00.03	727	Balogh, Blake	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	1:00.28	716	Storer, Jessica	18	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	1:00.74	697	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	1:00.83	693	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	1:00.93	689	Balogh, Brooke	18	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	1:01.28	674	Pales, Ash	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
8	1:02.60	619	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	1:02.79	611	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/20/2011	2011 MV TT CSRVIII SUMMER LC
10	1:03.46	585	Becker, Ally	17	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
11	1:04.48	545	Appleget, Liv	17	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
12	1:04.54	542	Batterton, Kenna	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	1:05.70	498	Nelson, Sophia	18	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
14	1:05.91	490	McNeel, Mollie	17	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
15	1:06.03	486	Rye, Mary Beth	18	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
16	1:06.30	476	Lienemann, Molly	17	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	1:06.43	471	Magsamen, Emma	17	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	1:06.50	469	Mitchell, Abigail	17	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
19	1:06.67	462	Ford, Josie	17	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
20	1:06.74	460	Balogh, Bobbi	17	MW Lincoln Select Swimming	5/2/2008	2008 MW OWSC Summer Classic

Female 17-18 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:06.55	783	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	2:07.70	743	Balogh, Blake	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
3	2:08.54	724	Storer, Jessica	18	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	2:08.61	736	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	2:11.10	668	Balogh, Brooke	18	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
6	2:11.41	674	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Female 17-18 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
7	2:11.72	668	Appleget, Liv	17	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
8	2:14.34	613	McNeel, Mollie	17	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
9	2:16.84	562	Lienemann, Molly	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	2:17.65	546	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	2:18.85	523	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
12	2:19.24	503	Rye, Mary Beth	18	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
13	2:19.53	510	Becker, Ally	17	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
14	2:20.34	482	Balogh, Bobbi	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
15	2:21.22	478	Pales, Ash	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
16	2:21.71	469	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	2:21.88	466	Delgado, Kenzie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
18	2:22.28	459	Batterton, Kenna	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
19	2:22.61	441	Hellbusch, Kara	18	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
20	2:22.69	440	Nelson, Sophia	18	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class

Female 17-18 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:27.17	748	Balogh, Blake	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
2	4:27.43	757	Storer, Jessica	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
3	4:29.38	736	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
4	4:30.61	722	Palmer, Alana	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	4:31.21	716	Balogh, Brooke	17	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
6	4:34.88	676	McNeel, Mollie	17	MW Lincoln Select Swimming	2/18/2011	2011 Missouri Grand Prix
7	4:38.86	635	Appleget, Liv	17	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
8	4:54.90	481	Delgado, Kenzie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
9	4:55.70	463	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
10	4:58.73	447	Mueller, Rianna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	4:59.12	444	Ford, Josie	17	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
12	4:59.67	428	Balogh, Bobbi	18	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam
13	5:00.01	425	Rye, Mary Beth	18	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	5:00.53	431	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
15	5:01.17	426	Lienemann, Molly	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	5:03.46	407	Nelson, Sophia	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
17	5:06.72	380	Benes, Ciarra	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
18	5:07.96	370	Pales, Ash	17	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
19	5:09.97	354	Becker, Ally	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
20	5:14.83	317	Winjum, Ava	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Female 17-18 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	9:10.87	752	Storer, Jessica	18	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
2	9:11.36	750	Balogh, Blake	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
3	9:16.04	726	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
4	9:22.48	695	McNeel, Mollie	18	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
5	9:28.61	666	Balogh, Brooke	17	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
6	9:43.43	597	Appleget, Liv	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	9:52.89	554	Delgado, Kenzie	17	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
8	10:03.41	509	Nelson, Sophia	18	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
9	10:06.50	496	Mueller, Rianna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	10:15.73	458	Balogh, Bobbi	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
11	10:20.01	441	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
12	10:32.94	390	Lienemann, Molly	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
13	10:37.78	372	Benes, Ciarra	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
14	10:37.97	371	Ford, Josie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
15	10:41.02	360	Becker, Ally	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
16	10:53.74	315	Winjum, Ava	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Female 17-18 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	17:27.43	800	Storer, Jessica	18	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
2	17:31.90	789	Balogh, Blake	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
3	18:00.71	716	McNeel, Mollie	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
4	18:56.40	583	Nelson, Sophia	18	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	19:07.85	557	Delgado, Kenzie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	19:10.37	552	Mueller, Rianna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	19:14.59	542	Appleget, Liv	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
8	19:38.87	490	Balogh, Bobbi	18	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam
9	19:42.86	481	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
10	20:40.40	366	Winjum, Ava	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Female 17-18 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	29.90	909	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	32.65	681	Sipp, Esme	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
3	33.00	654	Mitchell, Abigail	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	33.67	603	Appleget, Liv	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	33.82	592	Ford, Josie	17	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
6	37.78	328	Murray, Alex	17	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

Female 17-18 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:05.24	825	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	1:07.49	740	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	1:09.27	676	Appleget, Liv	17	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
4	1:09.31	675	Wekesser, Meredith	17	MW Lincoln Select Swimming	6/8/2012	2012 Mutual of Omaha Swimvitat
5	1:10.05	648	Balogh, Brooke	17	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
6	1:10.27	641	Mitchell, Abigail	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
7	1:10.52	632	Sipp, Esme	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	1:12.16	576	Pales, Ash	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
9	1:12.89	551	Ford, Josie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	1:15.31	473	Storer, Jessica	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	1:15.69	461	Murray, Alex	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	1:15.78	459	Heinrich, Anna	17	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
13	1:16.03	451	Lienemann, Molly	17	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
14	1:16.19	446	Schneider, Syd	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
15	1:16.45	438	Rye, Mary Beth	18	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
16	1:16.46	438	Balogh, Blake	17	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
17	1:16.87	425	Hellbusch, Kara	17	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
18	1:17.78	398	Delgado, Kenzie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	1:18.51	377	Batterton, Kenna	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
20	1:18.90	366	Ayars, Lauren	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Female 17-18 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.31	770	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
2	2:25.15	740	Palmer, Alana	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	2:26.33	721	Balogh, Brooke	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
4	2:27.53	703	Appleget, Liv	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	2:31.52	641	Mitchell, Abigail	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
6	2:31.99	634	Wekesser, Meredith	17	MW Lincoln Select Swimming	6/8/2012	2012 Mutual of Omaha Swimvitat
7	2:33.64	609	Ford, Josie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	2:34.26	600	Sipp, Esme	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	2:36.16	571	Storer, Jessica	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
10	2:41.18	499	Murray, Alex	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
11	2:41.37	496	Balogh, Blake	18	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa

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Club: Lincoln Select Swimming For All Time

Female 17-18 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
12	2:41.83	490	McNeel, Mollie	18	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
13	2:44.29	456	Rye, Mary Beth	18	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
14	2:44.83	449	Lienemann, Molly	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	2:45.16	444	Heinrich, Anna	17	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
16	2:46.80	422	Delgado, Kenzie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	2:47.04	419	Pales, Ash	17	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
18	2:47.46	413	Stonehocker, Katie	17	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
19	2:49.87	381	Hellbusch, Kara	17	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
20	2:51.69	358	Balogh, Bobbi	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh

Female 17-18 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.62	855	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
2	34.39	804	Pales, Ash	17	MW Lincoln Select Swimming	3/15/2016	2016 NCSA Spring Championship
3	35.71	719	Ather, Marusha	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	36.45	672	Mitchell, Abigail	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio

Female 17-18 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:13.29	809	Pales, Ash	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
2	1:13.81	793	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
3	1:15.09	755	Palmer, Alana	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
4	1:15.99	728	Nelson, Sophia	18	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
5	1:16.45	715	Mitchell, Abigail	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	1:17.71	678	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
7	1:17.89	673	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	1:19.21	635	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	1:19.30	633	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
10	1:21.09	583	Pappas, Brandy	17	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
11	1:25.27	470	Balogh, Brooke	18	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
12	1:27.12	423	Murray, Alex	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	1:27.12	423	Benes, Ciarra	18	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
14	1:27.55	412	Balogh, Blake	17	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
15	1:28.52	388	Ford, Josie	17	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
16	1:30.17	348	Sipp, Esme	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	1:30.39	343	Lienemann, Molly	17	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
18	1:31.28	321	Storer, Jessica	17	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
19	1:31.47	317	Welsh, Charlotte	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	1:31.99	305	Appleget, Liv	18	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite

Female 17-18 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:36.79	838	Pales, Ash	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
2	2:41.42	776	Nelson, Sophia	18	MW Lincoln Select Swimming	7/16/2014	2014 MV Region VIII Summer Sec
3	2:42.82	757	Mitchell, Abigail	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	2:43.81	744	Stonehocker, Katie	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	2:45.89	717	Ather, Marusha	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	2:46.66	707	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	2:53.31	621	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
8	2:54.85	602	Pappas, Brandy	17	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
9	2:59.28	547	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	3:03.78	493	Balogh, Blake	18	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
11	3:04.14	489	Benes, Ciarra	18	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
12	3:04.72	482	Murray, Alex	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
13	3:04.83	481	Balogh, Brooke	17	MW Lincoln Select Swimming	7/3/2010	2010 MW Lincoln Quad Meet
14	3:05.94	468	Lienemann, Molly	17	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
15	3:07.15	454	Storer, Jessica	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open

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Club: Lincoln Select Swimming For All Time

Female 17-18 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
16	3:09.73	424	Appleget, Liv	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
17	3:12.75	390	Ford, Josie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
18	3:19.22	319	Welsh, Charlotte	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
19	3:23.75	272	Holechek, Sam	18	MW Lincoln Select Swimming	4/18/2009	2009 AR RAC Aquahawg Long Cour
20	3:24.96	259	Stonehocker, Abby	17	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta

Female 17-18 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.44	597	Balogh, Brooke	18	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv

Female 17-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:04.71	761	Balogh, Brooke	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	1:05.50	734	Palmer, Alana	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
3	1:05.82	723	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
4	1:07.02	682	Balogh, Blake	17	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
5	1:07.63	662	Pales, Ash	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
6	1:08.09	647	Storer, Jessica	18	MW Lincoln Select Swimming	6/17/2016	Omaha Cup
7	1:08.26	641	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
8	1:08.78	624	Appleget, Liv	18	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
9	1:11.64	532	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
10	1:11.91	524	Rye, Mary Beth	18	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
11	1:12.07	519	Lienemann, Molly	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
12	1:12.10	518	Schneider, Syd	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
13	1:12.37	509	Pappas, Brandy	17	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
14	1:13.85	464	Becker, Ally	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
15	1:13.93	462	Hellbusch, Kara	18	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
16	1:14.21	453	Murray, Alex	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
17	1:14.74	438	Mueller, Rianna	18	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	1:15.77	407	Winjum, Ava	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
19	1:15.82	406	McNeel, Mollie	17	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
20	1:15.83	406	Mitchell, Abigail	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Female 17-18 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:20.60	780	Balogh, Brooke	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	2:23.49	737	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	2:25.15	712	Storer, Jessica	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
4	2:28.41	665	Balogh, Blake	17	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
5	2:29.68	646	Nelson, Sophia	18	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
6	2:34.75	574	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
7	2:35.20	568	Appleget, Liv	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
8	2:35.31	567	Becker, Ally	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
9	2:37.85	531	McNeel, Mollie	17	MW Lincoln Select Swimming	2/18/2011	2011 Missouri Grand Prix
10	2:38.64	521	Lienemann, Molly	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	2:40.50	495	Mueller, Rianna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
12	2:44.38	444	Murray, Alex	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
13	2:45.00	435	Balogh, Bobbi	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
14	2:53.12	332	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	2:55.56	303	Pappas, Brandy	17	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
16	2:57.43	281	Wekesser, Meredith	17	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
17	3:02.73	220	Jackman, Chandler	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	3:05.54	189	Pynes, Rosemary	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
19	3:09.32	150	Ford, Josie	17	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite

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Club: Lincoln Select Swimming For All Time

Female 17-18 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.79	792	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
2	2:27.01	736	Balogh, Brooke	17	MW Lincoln Select Swimming	7/21/2010	2010 MV CSRVIII CHAMPS
3	2:28.35	713	Stonehocker, Katie	17	MW Lincoln Select Swimming	8/1/2019	2019 Futures Championships
4	2:29.13	700	Palmer, Alana	17	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
5	2:30.06	674	Balogh, Blake	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
6	2:30.07	674	Mitchell, Abigail	18	MW Lincoln Select Swimming	8/1/2019	2019 Futures Championships
7	2:30.81	662	Nelson, Sophia	18	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	2:30.81	672	Appleget, Liv	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
9	2:30.96	669	Pales, Ash	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
10	2:31.44	662	Ather, Marusha	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	2:32.22	649	Heinrich, Anna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
12	2:34.39	603	Hellbusch, Kara	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
13	2:34.60	600	McNeel, Mollie	18	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
14	2:36.10	587	Storer, Jessica	17	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
15	2:42.33	492	Murray, Alex	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
16	2:42.76	475	Rye, Mary Beth	18	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO
17	2:43.36	476	Sipp, Esme	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	2:43.88	469	Lienemann, Molly	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
19	2:45.05	452	Wekesser, Meredith	17	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
20	2:45.51	436	Benes, Ciarra	18	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Female 17-18 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:03.50	782	Livingston, Berkeley	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
2	5:04.48	774	Balogh, Brooke	18	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
3	5:10.98	724	Nelson, Sophia	18	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	5:12.65	711	Balogh, Blake	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	5:16.51	681	Ather, Marusha	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	5:18.60	666	Storer, Jessica	17	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
7	5:19.31	660	McNeel, Mollie	17	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
8	5:24.09	625	Pales, Ash	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	5:25.30	616	Appleget, Liv	17	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
10	5:33.63	556	Mitchell, Abigail	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	5:39.56	515	Murray, Alex	17	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	5:42.36	496	Lienemann, Molly	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	5:42.88	492	Mueller, Rianna	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
14	5:44.25	483	Lee, Logan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
15	5:45.17	477	Balogh, Bobbi	18	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam
16	5:48.68	454	Pappas, Brandy	18	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
17	5:52.61	428	Hellbusch, Kara	18	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
18	5:55.11	412	Ford, Josie	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	6:16.10	285	Jackman, Chandler	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
20	6:16.37	284	Rye, Mary Beth	18	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe

Male 10 & under 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	30.03	867	Ayars, Michael	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
2	30.98	814	Pales, Josh	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	31.36	793	Palmer, Tommy	10	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
3	31.36	793	Becker, Sam	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	31.76	771	Paup, Ian	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	32.30	742	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
7	33.08	700	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
8	33.53	676	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	34.26	637	Delgado, Mason	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	35.02	598	Gunn, Braxton	10	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D

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Club: Lincoln Select Swimming For All Time

Male 10 & under 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	35.07	595	Reid, Grant	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	35.37	580	Welsh, Lucas	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
13	35.63	567	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
14	35.92	552	Brundieck, Oliver	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
15	36.03	546	Schneider, Austin	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
16	36.08	645	Shaffer, Jack	9	MW Lincoln Select Swimming	7/19/2013	2013 MW MOST LC Qualifier 8 &
17	36.69	513	Morales, Angel-david	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
18	36.71	614	Maxwell, Vincent	9	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
19	36.91	502	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
20	36.95	500	Pope, Jackson	10	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv

Male 10 & under 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.89	834	Pales, Josh	10	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	1:07.98	801	Ayars, Michael	10	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
3	1:09.14	767	Paup, Ian	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
4	1:09.84	747	Becker, Sam	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
5	1:09.85	747	Palmer, Tommy	10	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
6	1:10.91	716	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
7	1:13.33	648	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	1:13.88	633	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
9	1:14.20	624	Delgado, Mason	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	1:15.66	585	Kenney, Andy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
11	1:17.50	537	Reid, Grant	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	1:17.50	537	Welsh, Lucas	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
13	1:17.74	531	Brundieck, Oliver	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
14	1:17.86	528	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
15	1:17.97	525	Gunn, Braxton	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	1:18.13	521	Becker, Alex	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
17	1:18.93	500	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	1:20.22	468	Pope, Jackson	10	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
19	1:21.20	444	Lee, Seth	10	MW Lincoln Select Swimming	7/13/2013	2013 MW App Cornhusker State Games
20	1:22.76	407	Wiebe, Jt	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet

Male 10 & under 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.78	866	Pales, Josh	10	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	2:26.72	805	Ayars, Michael	10	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
3	2:29.75	759	Paup, Ian	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
4	2:32.12	724	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	2:33.06	710	Becker, Sam	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
6	2:34.56	689	Palmer, Tommy	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	2:37.00	654	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	2:38.25	637	Petty, Alex	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
9	2:39.51	619	Delgado, Mason	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
10	2:43.99	559	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
11	2:47.90	508	Gunn, Braxton	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	2:48.83	497	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
13	2:48.85	496	Brundieck, Oliver	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
14	2:49.56	488	Kenney, Andy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
15	2:49.89	483	Reid, Grant	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
16	2:51.03	469	Pope, Jackson	10	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
17	2:52.45	452	Lee, Seth	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
18	2:56.70	402	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	2:58.42	382	Spence, Tanner	10	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
20	2:59.07	375	Wiebe, Jt	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet

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Club: Lincoln Select Swimming For All Time

Male 10 & under 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:11.06	815	Pales, Josh	10	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
2	5:19.86	753	Becker, Sam	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
3	5:20.00	752	Paup, Ian	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
4	5:20.91	746	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	5:23.53	728	Ayars, Michael	10	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
6	5:31.72	673	Petty, Alex	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
7	5:37.26	637	Delgado, Mason	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
8	5:37.94	632	Palmer, Tommy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
9	5:44.44	591	Goins, Kyle	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
10	5:47.87	570	Pope, Jackson	10	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
11	5:55.85	521	Becker, Alex	10	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
12	5:58.73	504	Reid, Grant	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	6:06.68	458	Brundieck, Oliver	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
14	6:07.04	456	Kenney, Andy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
15	6:07.70	452	Maxwell, Vincent	10	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
16	6:15.17	411	Gunn, Braxton	10	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	6:25.77	355	Lee, Seth	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
18	6:27.87	345	Wiebe, Jt	10	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
19	6:30.13	518	Morales, Sebastian	9	MW Lincoln Select Swimming	7/8/2016	2016 MV LA Wave The Wheat
20	6:31.23	328	Welsh, Lucas	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Male 10 & under 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	11:03.52	1	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster

Male 10 & under 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	36.43	798	Ayars, Michael	10	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
2	37.11	761	Becker, Sam	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	38.04	712	Paup, Ian	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
4	38.47	689	Pales, Josh	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	39.14	655	Palmer, Tommy	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
6	39.48	637	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
7	39.63	630	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	39.71	626	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
9	41.09	558	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
10	41.14	555	Reid, Grant	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
11	41.20	552	Maxwell, Vincent	10	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
12	41.34	545	Delgado, Mason	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
13	42.09	510	Welsh, Lucas	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
14	42.14	633	Schneider, Austin	9	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
15	42.40	495	Brundieck, Oliver	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
16	42.51	490	Gunn, Braxton	10	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	44.04	421	Spence, Tanner	10	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
18	44.24	536	Von Scheliha, Scott	9	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
19	44.81	387	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
20	45.67	351	Etherton, Tommy	10	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh

Male 10 & under 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:17.22	844	Ayars, Michael	10	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
2	1:18.56	810	Becker, Sam	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	1:22.81	705	Paup, Ian	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
4	1:23.18	696	Balogh, Bennett	10	MW Lincoln Select Swimming	6/7/2014	2014 MW MOST Summer Splash
5	1:23.41	691	Pales, Josh	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	1:23.42	690	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Male 10 & under 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
7	1:25.28	646	Petty, Alex	10	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
8	1:26.55	617	Reid, Grant	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
9	1:26.72	613	Delgado, Mason	10	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
10	1:27.52	594	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
11	1:28.06	582	Palmer, Tommy	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
12	1:29.25	555	Gunn, Braxton	10	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
13	1:30.95	518	Welsh, Lucas	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
14	1:31.15	514	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
15	1:32.26	490	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	1:33.58	462	Spence, Tanner	10	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
17	1:34.20	449	Pope, Jackson	10	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
18	1:35.38	424	Becker, Alex	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
19	1:36.65	399	Morales, Angel-david	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	1:37.52	506	Von Scheliha, Scott	9	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

Male 10 & under 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:52.76	1	Balogh, Bennett	10	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
2	3:10.44	1	Paup, Ian	10	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
3	3:24.01	1	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/30/2015	2015 MW LSS Lincoln Invite
4	3:29.15	1	Becker, Alex	10	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite

Male 10 & under 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	38.73	906	Pales, Josh	10	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	38.83	901	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
3	40.11	838	Ayars, Michael	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
4	44.19	647	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	44.29	642	Paup, Ian	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	44.71	624	Welsh, Lucas	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	45.66	582	Pope, Jackson	10	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
8	46.47	547	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
9	47.54	503	Gunn, Braxton	10	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
10	48.20	476	Kollmorgen, Brecken	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	48.31	471	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
12	48.62	459	Becker, Sam	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
13	49.41	427	Wiebe, Jt	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
14	49.51	423	Barber, Joey	10	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
15	50.17	398	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
16	50.37	390	Palmer, Tommy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
17	50.43	388	Schneider, Austin	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	50.94	369	Loch, Porter	10	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	51.48	349	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
20	51.53	347	Gist, Talmadge	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course

Male 10 & under 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:25.97	877	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
2	1:28.44	959	Pales, Josh	9	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	1:28.80	817	Ayars, Michael	10	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
4	1:36.14	665	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	1:37.40	640	Pope, Jackson	10	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
6	1:37.89	630	Welsh, Lucas	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	1:40.23	585	Paup, Ian	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
8	1:41.55	560	Balogh, Bennett	10	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
9	1:41.92	553	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	1:45.42	487	Kollmorgen, Brecken	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

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Male 10 & under 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	1:45.68	483	Gunn, Braxton	10	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
12	1:46.48	468	Becker, Sam	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
13	1:48.28	436	Barber, Joey	10	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
14	1:49.48	415	Wiebe, Jt	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	1:50.28	540	Morales, Julian	9	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
16	1:52.40	365	Reid, Grant	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
17	1:52.50	363	Goins, Kyle	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
18	1:52.97	356	Loch, Porter	10	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	1:53.85	341	Lee, Seth	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
20	1:54.24	335	Delgado, Mason	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Male 10 & under 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:46.02	1	Herrick, Cj	9	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite

Male 10 & under 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.87	805	Ayars, Michael	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
2	34.47	770	Palmer, Tommy	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	35.39	718	Becker, Sam	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	35.62	705	Pales, Josh	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	35.65	704	Paup, Ian	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
6	35.99	685	Petty, Alex	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
7	36.52	656	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	36.88	637	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	37.40	610	Gunn, Braxton	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	38.09	575	Reid, Grant	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	38.19	569	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
12	39.05	527	Delgado, Mason	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	39.09	525	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
14	39.98	482	Barber, Joey	10	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
15	41.16	428	Pope, Jackson	10	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
16	41.18	427	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
17	41.54	556	Morales, Julian	9	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
18	41.56	410	Morales, Angel-david	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
19	43.61	464	Schneider, Austin	9	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
20	43.82	455	Olivas, Max	9	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course

Male 10 & under 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:19.51	732	Palmer, Tommy	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
2	1:19.94	721	Ayars, Michael	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
3	1:20.13	717	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
4	1:20.99	696	Paup, Ian	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
5	1:21.21	691	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	1:23.24	644	Becker, Sam	10	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
7	1:24.35	618	Petty, Alex	10	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
8	1:26.01	581	Reid, Grant	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	1:26.61	568	Pales, Josh	10	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
10	1:27.15	556	Maxwell, Vincent	10	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	1:30.57	484	Delgado, Mason	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	1:31.64	462	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
13	1:34.58	405	Lee, Seth	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
14	1:36.58	367	Morales, Angel-david	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
15	1:37.18	356	Becker, Alex	10	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
16	1:38.75	328	Pope, Jackson	10	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
17	1:39.05	323	Gunn, Braxton	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

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Male 10 & under 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
18	1:42.23	435	Morales, Julian	9	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
19	1:43.82	245	Barber, Joey	10	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
20	1:44.07	403	Morales, Sebastian	9	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Male 10 & under 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	3:06.06	1	Balogh, Bennett	10	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

Male 10 & under 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:46.16	819	Pales, Josh	10	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	2:46.20	818	Ayars, Michael	10	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
3	2:50.81	758	Petty, Alex	10	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
4	2:53.84	720	Balogh, Bennett	10	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	2:54.57	710	Paup, Ian	10	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
6	2:57.12	679	Palmer, Tommy	10	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	2:59.38	651	Goins, Kyle	10	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	3:00.17	642	Becker, Sam	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
9	3:04.59	589	Pope, Jackson	10	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
10	3:05.56	578	Maxwell, Vincent	10	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
11	3:07.32	558	Reid, Grant	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	3:08.74	542	Gunn, Braxton	10	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	3:12.92	496	Delgado, Mason	10	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
14	3:13.21	492	Welsh, Lucas	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
15	3:18.31	438	Brundieck, Oliver	10	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	3:18.48	437	Schlegelmilch, Matthew	10	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
17	3:19.34	428	Becker, Alex	10	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
18	3:19.85	423	Morales, Angel-david	10	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
19	3:20.73	414	Kenney, Andy	10	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
20	3:21.81	568	Morales, Julian	9	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Male 11-12 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	26.04	929	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
2	27.00	863	Pales, Jacob	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
3	27.43	834	Ayars, Michael	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
4	27.74	813	Palmer, Tommy	12	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
5	28.00	795	Louviere, Masen	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
6	28.16	785	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
6	28.16	785	Paup, Ian	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	29.09	723	Fraley, Michael	12	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
9	29.20	716	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	29.47	698	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
11	29.53	694	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
12	29.68	685	Frederick, Reid	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
13	29.77	679	Morris, Ben	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
14	30.51	631	Linder, Drew	12	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
15	30.67	621	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
16	30.93	605	Balogh, Bennett	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
17	31.10	594	Frederick, Braxton	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
18	31.23	586	Hoesing, Brodie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
19	31.25	585	Day, Griffin	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
20	31.31	581	Kenney, Javi	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

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Male 11-12 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	57.14	935	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
2	59.79	836	Ayars, Michael	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	59.87	833	Pales, Jacob	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
4	1:00.23	820	Palmer, Tommy	12	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
5	1:01.73	766	Paup, Ian	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
6	1:01.93	759	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
7	1:02.69	732	Louviere, Masen	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	1:03.19	715	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
9	1:03.56	702	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
10	1:04.28	677	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
11	1:04.34	675	Fraley, Michael	12	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
12	1:04.38	674	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	1:05.24	645	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	1:05.33	642	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
15	1:05.56	634	Morris, Ben	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
16	1:06.50	603	Petty, Alex	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
17	1:06.68	597	Balogh, Bennett	12	MW Lincoln Select Swimming	4/22/2016	2016 MW OWSC Spring Fiesta
18	1:06.92	589	Linder, Drew	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
19	1:07.25	578	Delgado, Mason	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
20	1:07.80	561	Frederick, Braxton	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp

Male 11-12 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:05.87	913	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
2	2:08.40	864	Ayars, Michael	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	2:10.95	816	Pales, Jacob	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
4	2:11.53	805	Palmer, Tommy	12	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
5	2:13.59	767	Molacek, Jacob	12	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
6	2:15.65	730	Balogh, Brennan	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
7	2:16.14	721	Paup, Ian	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	2:16.83	709	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
9	2:16.92	707	Morris, Ben	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
10	2:20.57	644	Balogh, Bennett	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
11	2:20.74	641	Becker, Sam	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
12	2:20.78	640	Louviere, Masen	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
13	2:20.98	637	Fraley, Michael	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	2:21.51	628	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
15	2:21.83	623	Frederick, Reid	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
16	2:22.99	603	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
17	2:23.58	594	Reid, Nolan	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
18	2:26.00	555	Delgado, Mason	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	2:28.32	518	Whittle, John	12	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
20	2:28.74	511	Frederick, Braxton	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 11-12 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:30.25	873	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
2	4:36.22	820	Ayars, Michael	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
3	4:36.23	820	Palmer, Tommy	12	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
4	4:38.14	803	Balogh, Brennan	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
5	4:40.69	781	Molacek, Jacob	12	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
6	4:46.03	736	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
7	4:48.69	713	Paup, Ian	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
8	4:49.38	708	Pales, Jacob	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
9	4:50.67	697	Morris, Ben	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
10	4:51.83	688	Graul, Thomas	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
11	4:51.90	687	Whittle, John	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
12	4:53.28	676	Balogh, Bennett	12	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone

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Club: Lincoln Select Swimming For All Time

Male 11-12 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
13	4:57.17	645	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	4:57.67	641	Louviere, Masen	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
15	4:58.30	636	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
16	5:01.97	607	Reid, Nolan	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
17	5:03.15	598	Delgado, Mason	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	5:04.95	584	Pope, Jackson	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
19	5:08.08	560	Linder, Drew	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
20	5:14.49	513	Fraley, Michael	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Male 11-12 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	9:35.74	844	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
2	9:50.58	945	Pales, Josh	11	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
3	9:54.85	764	Ayars, Michael	12	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
4	9:56.20	759	Paup, Ian	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
5	10:04.56	725	Becker, Sam	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
6	10:06.87	716	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	10:07.89	712	Balogh, Bennett	12	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
8	10:18.03	672	Louviere, Masen	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
9	10:19.07	668	Petty, Alex	12	MW Lincoln Select Swimming	5/17/2013	2013 IA IFLY David Armbruster
10	10:20.02	664	Morris, Ben	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
11	10:21.15	660	Reid, Nolan	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
12	10:35.80	604	Linder, Drew	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
13	10:36.79	601	Palmer, Tommy	12	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
14	10:51.94	545	Delgado, Mason	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
15	10:52.22	703	Whittle, John	11	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
16	11:03.60	504	Becker, Alex	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
17	11:23.22	438	Appleget, Jackson	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
18	12:28.18	248	Roh, Josh	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv

Male 11-12 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	18:16.13	863	Balogh, Brennan	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
2	18:59.44	779	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
3	19:10.25	758	Paup, Ian	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
4	19:10.62	757	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
5	19:26.14	728	Balogh, Bennett	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	19:28.76	723	Pales, Jacob	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
7	19:51.53	681	Louviere, Masen	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	20:11.11	646	Petty, Alex	12	MW Lincoln Select Swimming	7/19/2013	2013 MW MOST LC Qualifier 8 &
9	20:11.53	645	Linder, Drew	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
10	20:34.69	604	Delgado, Mason	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	20:36.88	600	Becker, Alex	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
12	22:13.55	438	Appleget, Jackson	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course

Male 11-12 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	31.16	871	Balogh, Brennan	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
2	31.36	857	Pales, Jacob	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
3	32.42	785	Ayars, Michael	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
4	32.91	753	Pales, Josh	12	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
5	34.42	655	Molacek, Jacob	12	MW Lincoln Select Swimming	7/19/2008	2008 MW App Cornhusker Games
6	34.54	648	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	34.94	623	Paup, Ian	12	MW Lincoln Select Swimming	5/12/2017	2017 MV EKC Rose Memorial
8	34.96	622	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	35.10	613	Palmer, Tommy	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

USA Swimming, Inc.

Club: Lincoln Select Swimming For All Time

Male 11-12 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
10	35.11	612	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	35.40	595	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
12	35.58	749	Louviere, Masen	11	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
13	35.67	578	Petty, Alex	12	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
13	35.67	578	Balogh, Bennett	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
15	36.31	540	Larsen, Andy	12	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
16	36.44	532	Morris, Ben	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
17	36.81	511	Day, Griffin	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
18	37.43	475	Piro, Adam	12	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
19	37.55	468	Frederick, Braxton	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
20	37.68	461	Fraley, Michael	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

Male 11-12 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.49	891	Pales, Jacob	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
2	1:06.60	888	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
3	1:08.99	812	Ayars, Michael	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
4	1:10.86	754	Pales, Josh	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
5	1:11.28	741	Molacek, Jacob	12	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
6	1:12.51	704	Paup, Ian	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	1:14.08	657	Becker, Sam	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
8	1:14.71	639	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	1:14.87	634	Balogh, Bennett	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
10	1:15.52	615	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	1:17.14	570	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
12	1:17.82	551	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
13	1:17.89	549	Palmer, Tommy	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
14	1:18.12	542	Frederick, Reid	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
15	1:18.88	522	Frederick, Braxton	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	1:19.17	514	Delgado, Mason	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
17	1:20.87	469	Louviere, Masen	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
18	1:22.42	429	Becker, Alex	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
19	1:22.48	427	Hoesing, Brodie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	1:23.24	408	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash

Male 11-12 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.20	923	Balogh, Brennan	12	MW Lincoln Select Swimming	2/5/2010	2010 Last Chance Championships
2	2:31.80	794	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
3	2:34.26	758	Pales, Josh	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
4	2:34.84	750	Ayars, Michael	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
5	2:36.31	729	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
6	2:36.65	724	Balogh, Bennett	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	2:40.22	674	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	2:43.43	630	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
9	2:49.83	545	Delgado, Mason	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
10	2:50.03	543	Paup, Ian	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
11	2:52.38	513	Louviere, Masen	12	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
12	2:53.54	498	Frederick, Reid	12	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
13	2:54.99	660	Reid, Grant	11	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
14	2:55.30	477	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
15	2:55.50	474	Welsh, Lucas	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
16	2:56.24	465	Whittle, John	12	MW Lincoln Select Swimming	4/30/2010	2010 MW OWSC Summer Classic
17	2:57.37	451	Roh, Josh	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
18	2:58.51	438	Piro, Adam	12	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
19	2:58.55	437	Hoesing, Brodie	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	3:00.85	410	Palmer, Tommy	12	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite

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Club: Lincoln Select Swimming For All Time

Male 11-12 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	32.37	994	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
2	35.35	808	Pales, Jacob	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
3	35.52	798	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	36.03	767	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
5	36.37	747	Ayars, Michael	12	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
6	36.99	711	Morris, Ben	12	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
7	37.14	702	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	37.55	679	Paup, Ian	12	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
9	39.03	596	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	39.49	571	Balogh, Brennan	12	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
11	39.94	546	Pope, Jackson	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
12	40.95	493	Welsh, Lucas	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
13	40.97	492	Linder, Drew	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
14	43.00	391	Becker, Alex	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
15	43.12	386	Balogh, Bennett	12	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
16	43.25	379	Frederick, Braxton	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	44.11	339	Louviere, Masen	12	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
18	44.24	333	Reid, Nolan	12	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
19	44.36	328	Hoesing, Brodie	12	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	44.69	313	Palmer, Tommy	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

Male 11-12 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:14.77	891	Pales, Josh	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
2	1:16.72	838	Ayars, Michael	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
3	1:17.04	830	Balogh, Brennan	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
4	1:17.55	816	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
5	1:17.74	811	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	1:20.63	736	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	1:20.72	733	Pales, Jacob	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
8	1:21.83	705	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
9	1:24.35	642	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	1:27.06	576	Pope, Jackson	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
11	1:27.10	575	Paup, Ian	12	MW Lincoln Select Swimming	5/19/2017	2017 IA IFLY David Armbruster
12	1:27.39	568	Welsh, Lucas	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
13	1:29.26	523	Linder, Drew	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
14	1:31.32	476	Becker, Alex	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
15	1:33.42	429	Balogh, Bennett	12	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
16	1:34.45	407	Frederick, Reid	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	1:36.01	373	Frederick, Braxton	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
18	1:37.80	336	Palmer, Tommy	12	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
19	1:39.01	312	Becker, Sam	12	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
20	1:39.04	311	Louviere, Masen	12	MW Lincoln Select Swimming	7/14/2012	2012 MW Approved Cornhusker St

Male 11-12 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:43.78	893	Morris, Ben	12	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
2	2:45.21	876	Ayars, Michael	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
2	2:45.21	876	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	2:47.95	845	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
5	2:50.43	817	Pales, Josh	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
6	2:53.68	781	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
7	2:53.91	778	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
8	3:01.80	692	Whittle, John	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
9	3:08.11	625	Pope, Jackson	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	3:09.70	608	Welsh, Lucas	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
11	3:10.31	602	Paup, Ian	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite

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Male 11-12 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
12	3:16.41	539	Linder, Drew	12	MW Lincoln Select Swimming	6/12/2009	2009 MW MOST Gold/Silver Summe
13	3:17.84	525	Becker, Alex	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
14	3:18.72	516	Balogh, Bennett	12	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
15	3:30.01	406	Watkins, Nolan	12	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
16	3:35.07	358	Graul, Thomas	12	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
17	3:37.20	518	Kollmorgen, Brecken	11	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	3:38.66	326	Friesen, Landon	12	MW Lincoln Select Swimming	7/23/2010	2010 MW MOST MW Long Course Qu
19	3:39.89	315	Appleget, Jackson	12	MW Lincoln Select Swimming	7/18/2014	2014 MW MOST LC Qualifier 8 &
20	3:44.59	274	Becker, Sam	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite

Male 11-12 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	29.63	838	Pales, Josh	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
2	30.24	795	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	30.67	765	Ayars, Michael	12	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
4	30.72	761	Balogh, Brennan	12	MW Lincoln Select Swimming	2/5/2010	2010 Last Chance Championships
5	31.03	740	Palmer, Tommy	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
6	31.83	687	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
7	32.04	673	Frederick, Braxton	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	32.10	669	Molacek, Jacob	12	MW Lincoln Select Swimming	7/19/2008	2008 MW App Cornhusker Games
9	32.37	651	Petty, Alex	12	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
10	32.43	648	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
11	32.57	638	Louviere, Masen	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
12	32.59	637	Paup, Ian	12	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
13	32.77	626	Frederick, Reid	12	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
14	33.09	605	Delgado, Mason	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
15	33.48	581	Fraley, Michael	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
16	33.49	580	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
17	34.21	536	Day, Griffin	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
18	34.22	536	Pales, Jacob	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
19	34.33	529	Balogh, Bennett	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
20	34.97	491	Brundieck, Oliver	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class

Male 11-12 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:04.93	868	Balogh, Brennan	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
2	1:06.97	805	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	1:09.88	718	Molacek, Jacob	12	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
4	1:10.32	705	Palmer, Tommy	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
5	1:10.66	695	Day, Griffin	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
6	1:10.71	693	Ayars, Michael	12	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
7	1:10.86	689	Pales, Josh	12	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
8	1:11.02	684	Frederick, Braxton	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	1:11.72	664	Reid, Nolan	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
10	1:12.35	646	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	1:12.44	644	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	1:13.44	615	Delgado, Mason	12	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
13	1:13.45	615	Balogh, Bennett	12	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
14	1:13.57	612	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
15	1:14.40	589	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
16	1:15.31	564	Paup, Ian	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
17	1:18.34	484	Louviere, Masen	12	MW Lincoln Select Swimming	7/5/2012	2012 Snowfox Independence Invi
18	1:18.61	477	Pales, Jacob	12	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
19	1:20.40	432	Pope, Jackson	12	MW Lincoln Select Swimming	7/5/2012	2012 Snowfox Independence Invi
20	1:20.93	419	Brundieck, Oliver	12	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class

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Club: Lincoln Select Swimming For All Time

Male 11-12 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:24.99	890	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
2	2:29.98	823	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	2:41.86	670	Ayars, Michael	12	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
4	2:41.99	668	Balogh, Bennett	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
5	2:42.24	665	Delgado, Mason	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	2:43.79	646	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
7	2:46.12	618	Palmer, Tommy	12	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
8	2:46.39	614	Frederick, Braxton	12	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
9	2:48.20	593	Becker, Sam	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	2:57.49	485	Graul, Thomas	12	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
11	2:58.70	472	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
12	2:58.83	470	Christianson, Zach	12	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
13	3:04.12	413	Pales, Josh	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
14	3:04.25	617	Paup, Ian	11	MW Lincoln Select Swimming	7/22/2016	2016 MW MOST LC Qualifier 8 &
15	3:11.75	335	Petty, Alex	12	MW Lincoln Select Swimming	6/1/2013	2013 MW LSS Lincoln Invite
16	3:13.20	321	Morales, Angel-david	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
17	3:14.50	509	Reid, Grant	11	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
18	3:18.51	271	Lee, Seth	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	3:26.10	204	Brundieck, Oliver	12	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
20	3:46.49	220	Louviere, Masen	11	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic

Male 11-12 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.59	925	Balogh, Brennan	12	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
2	2:22.64	924	Pales, Josh	12	MW Lincoln Select Swimming	8/1/2014	2014 OK Central Zone 14 & U Ch
3	2:26.67	857	Ayars, Michael	12	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
4	2:30.21	799	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
5	2:30.85	789	Molacek, Jacob	12	MW Lincoln Select Swimming	8/6/2008	2008 IN Central MegaZone
6	2:33.28	751	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
7	2:36.02	709	Palmer, Tommy	12	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
8	2:36.75	698	Paup, Ian	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
9	2:41.34	629	Pales, Jacob	12	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
10	2:41.36	629	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
11	2:43.16	603	Balogh, Bennett	12	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
12	2:43.18	603	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	2:43.22	602	Kuszak, Alex	12	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
14	2:45.09	576	Becker, Sam	12	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
15	2:45.41	571	Reid, Nolan	12	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
16	2:46.89	551	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	2:47.08	548	Pope, Jackson	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	2:47.10	548	Becker, Alex	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
19	2:49.17	520	Delgado, Mason	12	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
20	2:49.33	518	Frederick, Braxton	12	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 11-12 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	5:05.43	934	Balogh, Brennan	12	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
2	5:15.93	858	Morris, Ben	12	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	5:20.30	827	Ayars, Michael	12	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
4	5:28.87	768	Pales, Josh	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
5	5:34.19	732	Petty, Alex	12	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	5:37.42	710	Whittle, John	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	5:40.00	693	Paup, Ian	12	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	5:42.30	678	Balogh, Bennett	12	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
9	5:47.26	645	Graul, Thomas	12	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	5:48.11	640	Schlegelmilch, Matthew	12	MW Lincoln Select Swimming	8/3/2017	2017 MN ROC Central Zone 14 &
11	5:54.23	788	Palmer, Tommy	11	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
12	5:58.09	577	Frederick, Reid	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Male 11-12 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
13	5:58.35	575	Pales, Jacob	12	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
14	6:04.39	538	Frederick, Braxton	12	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	6:06.72	710	Becker, Sam	11	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
16	6:10.60	501	Becker, Alex	12	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
17	6:10.85	685	Pope, Jackson	11	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
18	6:16.21	469	Welsh, Lucas	12	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
19	6:25.43	599	Delgado, Mason	11	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
20	6:26.07	413	Christianson, Zach	12	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

Male 13-14 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	24.54	888	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
2	24.99	851	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
3	25.20	834	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
4	25.47	812	Pales, Jacob	14	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
5	25.96	773	Paup, Ian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	26.33	744	Balogh, Brennan	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
7	26.43	736	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
8	26.76	710	Morris, Ben	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	26.86	702	Molacek, Jacob	14	MW Lincoln Select Swimming	6/25/2010	2010 CO FAST Long Course Open
10	26.95	695	Fraley, Michael	14	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
11	27.60	645	Louviere, Masen	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
12	27.75	633	Roberts, Charles	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
13	28.03	612	Roh, Josh	14	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
14	28.05	610	Weatherly, Walker	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
15	28.08	608	Kivett, Trent	14	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
15	28.08	702	Becker, Sam	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	28.41	583	Day, Griffin	14	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
18	28.68	563	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	28.70	655	Reid, Nolan	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	28.71	561	Wichita, Easton	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	28.71	561	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 13-14 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	53.77	904	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
2	54.40	876	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
3	54.60	867	Palmer, Tommy	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
4	55.49	828	Pales, Jacob	14	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
5	56.90	767	Morris, Ben	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	57.53	740	Paup, Ian	14	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
7	58.05	719	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	58.10	717	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
9	58.56	774	Balogh, Brennan	13	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
10	58.66	694	Molacek, Jacob	14	MW Lincoln Select Swimming	6/25/2010	2010 CO FAST Long Course Open
11	58.70	768	Ayars, Michael	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	59.22	671	Roh, Josh	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
13	1:00.98	601	Kivett, Trent	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	1:01.38	585	Louviere, Masen	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	1:01.74	647	Becker, Sam	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
16	1:02.06	559	Weatherly, Walker	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
17	1:02.46	619	Kuszak, Alex	13	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
18	1:02.48	543	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
19	1:02.56	540	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	1:02.58	539	Day, Griffin	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

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Club: Lincoln Select Swimming For All Time

Male 13-14 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:59.17	859	Palmer, Tommy	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
2	2:01.02	817	Pales, Jacob	14	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
3	2:01.60	805	Balogh, Brennan	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
4	2:02.14	793	Morris, Ben	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
5	2:02.48	785	Pales, Josh	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
6	2:04.94	732	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
7	2:05.06	730	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	2:06.55	698	Molacek, Jacob	14	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
9	2:06.72	695	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:06.75	694	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
11	2:08.05	667	Paup, Ian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	2:08.08	666	Roh, Josh	14	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
13	2:09.95	629	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
14	2:11.30	602	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	2:12.05	587	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
16	2:13.23	564	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
17	2:13.73	661	Kuszak, Alex	13	MW Lincoln Select Swimming	5/29/2009	2009 MN TWIN Jump Into Summer
18	2:14.72	536	Balogh, Bennett	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
19	2:15.12	529	Wilcynski, Collin	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
20	2:15.16	528	Welsh, Lucas	14	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day

Male 13-14 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:12.56	869	Palmer, Tommy	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
2	4:18.99	802	Balogh, Brennan	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
3	4:19.98	792	Morris, Ben	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
4	4:23.34	758	Graul, Thomas	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
5	4:27.77	714	Pales, Josh	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
6	4:29.43	698	Molacek, Jacob	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	4:29.52	697	Roh, Josh	14	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
8	4:31.80	675	Pales, Jacob	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	4:32.60	760	Kuszak, Alex	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
10	4:33.34	660	Paup, Ian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	4:33.80	656	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
12	4:34.14	653	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	4:37.03	718	Ayars, Michael	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
14	4:39.35	604	Pope, Jackson	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	4:40.75	591	Balogh, Bennett	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
16	4:40.86	590	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
17	4:41.68	583	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
18	4:42.62	574	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
19	4:43.53	566	Welsh, Lucas	14	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
20	4:44.79	555	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course

Male 13-14 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	8:36.73	900	Palmer, Tommy	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
2	9:01.03	776	Graul, Thomas	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
3	9:21.58	677	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
4	9:23.26	669	Roh, Josh	14	MW Lincoln Select Swimming	8/2/2013	2013 MV Central Zone 14 & U Ch
5	9:23.47	668	Morris, Ben	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	9:23.73	760	Molacek, Jacob	13	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
7	9:26.19	748	Kuszak, Alex	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
8	9:29.27	641	Paup, Ian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	9:30.44	636	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	9:32.14	628	Balogh, Brennan	14	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic

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Club: Lincoln Select Swimming For All Time

Male 13-14 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	9:35.68	704	Ayars, Michael	13	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
12	9:37.64	603	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	9:46.34	565	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
14	9:46.43	565	Pope, Jackson	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	9:46.71	563	Balogh, Bennett	14	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
16	9:50.45	547	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	9:50.63	546	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	9:53.10	536	Pales, Jacob	14	MW Lincoln Select Swimming	5/6/2011	2011 MW OWSC Summer Classic
19	9:54.41	620	Whittle, John	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
20	9:55.56	525	Welsh, Lucas	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

Male 13-14 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	16:45.11	851	Palmer, Tommy	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
2	17:11.67	788	Graul, Thomas	14	MW Lincoln Select Swimming	8/3/2012	2012 Central Zone 14 & U Champ
3	17:48.24	784	Kuszak, Alex	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
4	17:51.13	777	Molacek, Jacob	13	MW Lincoln Select Swimming	7/9/2009	2009 MV Wave the Wheat Mee
5	17:53.28	694	Roh, Josh	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
6	18:06.71	664	Roberts, Charles	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
7	18:20.25	634	Paup, Ian	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	18:20.67	633	Pope, Jackson	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
9	18:42.58	587	Balogh, Bennett	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	18:43.87	584	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
11	18:45.39	659	Becker, Sam	13	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
12	19:06.32	537	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	19:16.57	594	Pales, Jacob	13	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
14	19:17.59	514	Liliedahl, John	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
15	19:20.25	509	Burke, Noah	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
16	19:20.36	509	Wilcynski, Collin	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
17	19:21.49	584	Petty, Alex	13	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
18	19:28.12	493	Welsh, Lucas	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	19:30.00	490	Lee, Seth	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
20	19:30.87	565	Whittle, John	13	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class

Male 13-14 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	29.08	846	Pales, Jacob	14	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
2	30.59	725	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	30.93	699	Paup, Ian	14	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
4	32.28	701	Becker, Sam	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
5	32.94	550	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	32.99	547	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	34.23	461	Balogh, Bennett	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
8	34.68	476	Weatherly, Walker	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
9	37.31	270	Piro, Adam	14	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
10	38.03	231	Becker, Alex	14	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
11	38.72	284	Hoesing, Brodie	13	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
12	39.79	143	Lee, Seth	14	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
13	1:04.57	1	Balogh, Brennan	13	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi

Male 13-14 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:00.60	918	Balogh, Brennan	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
2	1:01.85	870	Pales, Jacob	14	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
3	1:03.55	805	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	1:04.79	759	Molacek, Jacob	14	MW Lincoln Select Swimming	3/4/2010	CSRVIII 2010 LC SPEEDO CHAMPIO

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Club: Lincoln Select Swimming For All Time

Male 13-14 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
5	1:07.66	656	Paup, Ian	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
6	1:08.63	622	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	1:09.84	581	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	1:09.88	580	Reid, Nolan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	1:10.03	677	Pales, Josh	13	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
10	1:10.05	574	Morris, Ben	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
11	1:10.29	566	Palmer, Tommy	14	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
12	1:10.42	562	Balogh, Bennett	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
13	1:10.76	550	Roh, Josh	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
14	1:10.83	548	Fraley, Michael	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
15	1:10.90	546	Graul, Thomas	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
16	1:11.45	528	Wilcynski, Collin	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
17	1:12.02	509	Weatherly, Walker	14	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
18	1:13.56	460	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
19	1:13.76	454	Hovorka, Jaret	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	1:14.01	446	Whittle, John	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class

Male 13-14 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:08.11	957	Balogh, Brennan	14	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	2:17.27	788	Pales, Jacob	14	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
3	2:21.48	813	Molacek, Jacob	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
4	2:22.28	700	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	2:22.36	699	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	2:28.16	602	Petty, Alex	14	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
7	2:28.41	696	Morris, Ben	13	MW Lincoln Select Swimming	7/14/2012	2012 MW Approved Cornhusker St
8	2:29.11	587	Paup, Ian	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
9	2:29.20	585	Roh, Josh	14	MW Lincoln Select Swimming	4/26/2013	2013 MW OWSC Spring Fiesta
10	2:29.83	575	Reid, Nolan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
11	2:30.52	564	Wilcynski, Collin	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	2:31.66	546	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	2:31.78	544	Pales, Josh	14	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
14	2:32.34	633	Whittle, John	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	2:32.75	529	Balogh, Bennett	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
16	2:34.14	604	Kuszak, Alex	13	MW Lincoln Select Swimming	6/19/2009	2009 NA Swimmer Splash
17	2:34.87	593	Becker, Sam	13	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
18	2:36.16	477	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
19	2:36.97	561	Palmer, Tommy	13	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
20	2:37.30	460	Roberts, Charles	14	MW Lincoln Select Swimming	4/22/2016	2016 MW OWSC Spring Fiesta

Male 13-14 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	35.43	604	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp

Male 13-14 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:08.74	994	Pales, Josh	13	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
2	1:11.10	815	Petty, Alex	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
3	1:13.10	752	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	1:14.22	717	Molacek, Jacob	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
5	1:15.41	681	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	1:15.61	675	Hovorka, Jaret	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	1:15.62	674	Whittle, John	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	1:15.82	668	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
9	1:16.54	647	Welsh, Lucas	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	1:16.83	638	Balogh, Brennan	14	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
11	1:17.10	630	Morris, Ben	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa

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Male 13-14 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
12	1:17.41	621	Paup, Ian	14	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
13	1:19.61	557	Linder, Drew	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
14	1:20.54	531	Pales, Jacob	14	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
15	1:21.94	492	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
16	1:22.49	477	Chmelka, Alex	14	MW Lincoln Select Swimming	7/14/2012	2012 MW Approved Cornhusker St
17	1:26.03	383	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
18	1:27.00	359	Nelson, Grant	14	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
19	1:27.97	335	Becker, Alex	14	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
20	1:28.87	313	Weatherly, Walker	14	MW Lincoln Select Swimming	7/24/2009	2009 MW MOST Midwestern LC Qua

Male 13-14 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:33.86	821	Petty, Alex	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
2	2:36.86	780	Morris, Ben	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	2:37.19	776	Pales, Josh	14	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
4	2:38.20	762	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	2:38.74	755	Molacek, Jacob	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
6	2:39.19	749	Hovorka, Jaret	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	2:40.20	735	Balogh, Brennan	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
8	2:44.34	681	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
9	2:47.21	644	Whittle, John	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:48.67	625	Welsh, Lucas	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
11	2:51.65	587	Linder, Drew	14	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
12	2:52.32	579	Palmer, Tommy	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
13	2:53.53	563	Pales, Jacob	14	MW Lincoln Select Swimming	7/7/2011	2011 MV Wave the Wheat Meet
14	2:57.47	515	Paup, Ian	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
15	2:57.99	508	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
16	2:58.72	585	Pope, Jackson	13	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
17	2:59.16	494	Balogh, Bennett	14	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
18	3:00.63	477	Burke, Noah	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
19	3:03.42	443	Becker, Alex	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	3:10.60	361	Chmelka, Alex	14	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa

Male 13-14 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	27.64	836	Fraley, Michael	14	MW Lincoln Select Swimming	8/2/2018	2018 MN FOXJ Central Zone 14 & U Championships
2	28.93	724	Balogh, Brennan	14	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
3	30.87	566	Pales, Jacob	14	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
4	31.00	665	Becker, Sam	13	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
5	32.36	454	Underwood, Luke	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Male 13-14 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	59.06	873	Balogh, Brennan	14	MW Lincoln Select Swimming	8/8/2011	2011 Speedo Junior National Ch
2	1:00.90	800	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
3	1:01.32	783	Morris, Ben	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
4	1:02.34	744	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	1:03.87	686	Fraley, Michael	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	1:04.21	673	Day, Griffin	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
7	1:04.55	660	Molacek, Jacob	14	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
8	1:04.84	650	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	1:04.97	645	Petty, Alex	14	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals - TT
10	1:06.23	599	Pales, Josh	14	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
11	1:06.49	590	Reid, Nolan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
12	1:07.19	565	Paup, Ian	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open

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Male 13-14 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
13	1:07.54	660	Ayars, Michael	13	MW Lincoln Select Swimming	7/13/2013	2013 MW App Cornhusker State Games
14	1:07.79	544	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	1:07.84	543	Roh, Josh	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
16	1:08.27	634	Delgado, Mason	13	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
17	1:10.07	467	Pales, Jacob	14	MW Lincoln Select Swimming	5/20/2011	2011 IA IFLY David Armbruster Inv
18	1:10.15	465	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
19	1:10.45	455	Pynes, Joseph	14	MW Lincoln Select Swimming	5/2/2014	2014 MW OWSC Spring Fiesta
20	1:10.73	446	Kivett, Trent	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

Male 13-14 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:10.91	880	Balogh, Brennan	14	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	2:14.48	817	Morris, Ben	14	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
3	2:15.10	807	Roberts, Charles	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
4	2:17.73	762	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	2:19.99	723	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	2:23.80	661	Molacek, Jacob	14	MW Lincoln Select Swimming	7/8/2010	2010 MV Wave the Wheat Meet
7	2:24.04	657	Petty, Alex	14	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
8	2:26.16	623	Day, Griffin	14	MW Lincoln Select Swimming	8/6/2010	2010 MW Central Zone 14 & U Ch
9	2:27.90	595	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:29.39	572	Becker, Sam	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	2:32.02	651	Kuszak, Alex	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
12	2:32.15	530	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
13	2:32.96	517	Balogh, Bennett	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	2:33.04	636	Ayars, Michael	13	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
15	2:34.38	615	Delgado, Mason	13	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
16	2:35.88	593	Fraley, Michael	13	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	2:36.03	472	Pales, Josh	14	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
18	2:37.83	446	Lee, Seth	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
19	2:38.31	439	Christianson, Zach	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	2:39.60	538	Reid, Nolan	13	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course

Male 13-14 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:12.71	908	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
2	2:13.09	901	Balogh, Brennan	14	MW Lincoln Select Swimming	8/8/2011	2011 Speedo Junior National Ch
3	2:14.33	876	Pales, Josh	14	MW Lincoln Select Swimming	8/4/2016	2016 CZ 14 and Under Mega Zone
4	2:19.74	772	Molacek, Jacob	14	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
5	2:19.93	768	Pales, Jacob	14	MW Lincoln Select Swimming	8/5/2011	2011 MV Central Zone 14 & U Ch
6	2:20.28	761	Ayars, Michael	14	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
7	2:20.40	759	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	2:21.17	745	Morris, Ben	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	2:23.12	709	Petty, Alex	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
10	2:24.80	679	Paup, Ian	14	MW Lincoln Select Swimming	8/1/2019	2019 ND Central Zone 14 & U Ch
11	2:28.66	611	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
12	2:31.46	564	Reid, Nolan	14	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
13	2:31.96	555	Balogh, Bennett	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
14	2:32.08	553	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	2:32.21	646	Kuszak, Alex	13	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
16	2:32.28	550	Roh, Josh	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
17	2:33.73	526	Whittle, John	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
18	2:34.25	518	Wilcynski, Collin	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
19	2:34.56	513	Graul, Thomas	14	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
20	2:34.61	512	Fraley, Michael	14	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

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Club: Lincoln Select Swimming For All Time

Male 13-14 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:41.61	905	Balogh, Brennan	14	MW Lincoln Select Swimming	7/20/2011	2011 MV CSRVIII SUMMER LC SPE
2	4:47.71	852	Morris, Ben	14	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	4:53.60	801	Pales, Josh	14	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	4:56.33	778	Palmer, Tommy	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	4:57.20	771	Petty, Alex	14	MW Lincoln Select Swimming	8/7/2015	2015 MN FOXJ MSI Central Zone
6	5:02.42	728	Graul, Thomas	14	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	5:07.11	780	Molacek, Jacob	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
8	5:12.32	649	Ayars, Michael	14	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
9	5:15.88	621	Roh, Josh	14	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
10	5:16.04	620	Pope, Jackson	14	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	5:16.57	705	Kuszak, Alex	13	MW Lincoln Select Swimming	8/7/2009	2009 ND Central Zone Champions
12	5:19.01	597	Neil, Thomas	14	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	5:19.84	591	Schlegelmilch, Matthew	14	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	5:21.06	582	Pales, Jacob	14	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
15	5:21.21	580	Paup, Ian	14	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
16	5:22.25	573	Balogh, Bennett	14	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	5:24.14	647	Whittle, John	13	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	5:26.22	543	Roberts, Charles	14	MW Lincoln Select Swimming	4/22/2016	2016 MW OWSC Spring Fiesta
19	5:27.05	537	Appleget, Jackson	14	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
20	5:31.08	508	Fraley, Michael	14	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open

Male 15-16 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	24.41	822	Calegan, Haden	16	MW Lincoln Select Swimming	12/11/2011	2011 USA Swimming Long Course
2	24.62	805	Pales, Jacob	16	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
3	24.66	834	Palmer, Tommy	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	25.97	727	Balogh, Brennan	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	25.98	692	Morris, Ben	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	26.35	663	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	26.46	654	Ayars, Michael	16	MW Lincoln Select Swimming	6/4/2016	2016 MW LSS Lincoln Invite
8	26.51	650	Welsh, Lucas	16	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
9	26.69	636	Roberts, Charles	16	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
10	26.90	619	Roh, Josh	16	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	26.92	651	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	27.16	598	Graul, Thomas	16	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
12	27.16	598	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	27.30	588	Lee, Seth	16	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	27.31	621	Day, Griffin	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
16	27.37	582	Kivett, Trent	16	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
17	27.47	574	Louviere, Masen	16	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
18	27.74	553	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
19	27.83	546	Linder, Drew	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
20	27.92	540	Chmelka, Alex	16	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

Male 15-16 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	53.10	879	Palmer, Tommy	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
2	55.50	723	Balogh, Brennan	16	MW Lincoln Select Swimming	1/17/2014	2014 ST TXLA Austin Grand Prix
3	55.75	712	Calegan, Haden	16	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
4	56.38	685	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
5	56.45	682	Pales, Jacob	16	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
6	56.76	669	Roh, Josh	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	57.00	659	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
8	57.18	651	Reid, Nolan	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals - TT
9	57.37	643	Graul, Thomas	16	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
10	57.83	624	Roberts, Charles	16	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

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Male 15-16 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	58.04	616	Petty, Alex	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
12	58.71	637	Ayars, Michael	15	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
13	58.72	637	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	59.49	606	Neil, Thomas	15	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
15	59.76	595	Day, Griffin	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
16	1:00.02	536	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	1:00.16	531	Lee, Seth	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
18	1:00.93	549	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
19	1:01.46	480	Kivett, Trent	16	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
20	1:01.48	480	Linder, Drew	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Male 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:58.42	820	Palmer, Tommy	15	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
2	1:59.67	739	Morris, Ben	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
3	2:01.11	708	Roh, Josh	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
4	2:02.53	677	Roberts, Charles	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	2:03.49	708	Pales, Jacob	15	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
6	2:03.65	705	Balogh, Brennan	15	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa
7	2:04.06	644	Calegan, Haden	16	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
8	2:04.71	631	Lee, Seth	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	2:05.65	663	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	2:05.92	657	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	2:06.56	644	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	2:08.25	559	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
13	2:08.37	607	Ayars, Michael	15	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
14	2:08.75	549	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
15	2:09.20	540	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
16	2:11.16	502	Welsh, Lucas	16	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
17	2:11.55	544	Day, Griffin	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	2:13.31	511	Pope, Jackson	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
19	2:13.53	506	Balogh, Bennett	15	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	2:15.46	471	Burke, Noah	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course

Male 15-16 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:10.73	802	Palmer, Tommy	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
2	4:16.26	744	Balogh, Brennan	15	MW Lincoln Select Swimming	8/3/2012	2012 MV Central States Sr Cham
3	4:17.66	696	Roh, Josh	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	4:17.70	729	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
5	4:24.62	627	Roberts, Charles	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	4:24.91	624	Lee, Seth	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
7	4:25.60	617	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
8	4:29.74	578	Becker, Alex	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	4:30.44	604	Pales, Jacob	15	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
10	4:32.78	582	Ayars, Michael	15	MW Lincoln Select Swimming	7/31/2015	2015 MW App State Games of America
11	4:32.90	581	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
12	4:33.18	578	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	4:35.47	525	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	4:35.49	525	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
15	4:35.83	554	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	4:36.87	544	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
17	4:37.06	510	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
18	4:41.86	468	Day, Griffin	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
19	4:47.30	453	Linder, Drew	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	4:47.59	450	Christianson, Zach	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Male 15-16 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	8:45.89	787	Palmer, Tommy	15	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
2	8:57.47	729	Graul, Thomas	15	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
3	9:04.47	632	Roh, Josh	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
4	9:07.05	620	Lee, Seth	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	9:08.48	613	Balogh, Brennan	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
6	9:13.78	588	Roberts, Charles	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	9:16.87	574	Becker, Alex	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	9:17.52	633	Morris, Ben	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
9	9:22.90	608	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	9:24.30	540	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
11	9:28.21	584	Balogh, Bennett	15	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
12	9:28.92	580	Pope, Jackson	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
13	9:43.87	515	Christianson, Zach	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	9:45.79	506	Day, Griffin	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
15	9:46.42	445	Welsh, Lucas	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	9:51.04	484	Ayars, Michael	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
17	9:57.32	458	Fraley, Michael	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	10:01.64	441	Burke, Noah	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
19	10:02.79	436	Linder, Drew	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
20	10:03.17	434	Pales, Jacob	15	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet

Male 15-16 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	16:50.09	769	Palmer, Tommy	15	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
2	17:04.61	735	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
3	17:23.93	690	Roh, Josh	15	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	17:32.12	643	Roberts, Charles	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
5	17:34.17	638	Becker, Alex	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
6	17:53.83	595	Lee, Seth	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
7	17:58.10	614	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	17:59.79	610	Balogh, Bennett	15	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
9	18:13.40	580	Pope, Jackson	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
10	18:27.85	521	Welsh, Lucas	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
11	19:01.18	480	Linder, Drew	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
12	19:04.50	473	Burke, Noah	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
13	19:18.19	446	Fraley, Michael	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
14	19:21.00	440	Pales, Jacob	15	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
15	19:48.84	387	Louviere, Masen	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Male 15-16 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	28.13	806	Balogh, Brennan	16	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
2	29.81	668	Ayars, Michael	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
3	30.04	649	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	31.80	515	Graul, Thomas	16	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
5	32.24	484	Lee, Seth	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	34.16	405	Balogh, Bennett	15	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
7	36.85	241	Neil, Thomas	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 15-16 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	57.97	905	Balogh, Brennan	16	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Junior National Ch
2	1:03.33	694	Reid, Nolan	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	1:03.89	673	Calegan, Haden	16	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
4	1:04.06	667	Ayars, Michael	16	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Male 15-16 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
5	1:04.66	701	Pales, Jacob	15	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
6	1:08.49	510	Petty, Alex	16	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
7	1:09.08	544	Graul, Thomas	15	MW Lincoln Select Swimming	6/21/2013	2013 MV CSC Summer Invitationa
8	1:09.39	534	Roberts, Charles	15	MW Lincoln Select Swimming	7/21/2017	2017 MW ISWM LC Qualifier 8 &
9	1:09.40	533	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	1:09.63	526	Morris, Ben	15	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
11	1:09.79	520	Palmer, Tommy	15	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
12	1:09.86	464	Lee, Seth	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
13	1:09.92	462	Roh, Josh	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
14	1:11.09	424	Piro, Adam	16	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
15	1:11.73	404	Linder, Drew	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
16	1:11.74	457	Day, Griffin	15	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
17	1:12.07	446	Hovorka, Jaret	15	MW Lincoln Select Swimming	7/17/2013	2013 MV TT Region VIII LCM Sum
18	1:13.56	347	Delisi, Matt	16	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
19	1:13.86	338	Spence, Tanner	16	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
20	1:14.06	385	Pope, Jackson	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class

Male 15-16 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:04.46	927	Balogh, Brennan	16	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Juniors - Time Tri
2	2:17.41	685	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
3	2:20.11	682	Ayars, Michael	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
4	2:21.20	664	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
5	2:22.76	593	Petty, Alex	16	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
6	2:23.65	578	Morris, Ben	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
7	2:23.92	617	Pales, Jacob	15	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
8	2:24.63	562	Roh, Josh	16	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
9	2:29.65	524	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
10	2:30.24	472	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
11	2:30.81	463	Roberts, Charles	16	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
12	2:31.72	492	Palmer, Tommy	15	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
13	2:33.06	471	Lee, Seth	15	MW Lincoln Select Swimming	7/6/2018	2018 SD Scheels Independence D
14	2:33.94	415	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
15	2:36.30	422	Neil, Thomas	15	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
16	2:36.64	417	Christianson, Zach	15	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	2:38.42	392	Hovorka, Jaret	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
18	2:38.74	387	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
19	2:39.08	382	Day, Griffin	15	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
20	2:39.53	335	Gladyshev, Timmy	16	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh

Male 15-16 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	33.94	607	Welsh, Lucas	16	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio

Male 15-16 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.57	870	Calegan, Haden	16	MW Lincoln Select Swimming	12/11/2011	2011 USA Swimming Long Course
2	1:07.31	845	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
3	1:12.70	670	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
4	1:12.85	665	Gladyshev, Timmy	16	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPEE
5	1:12.98	706	Ayars, Michael	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	1:13.14	656	Reiners, Uriah	16	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
7	1:13.69	684	Hovorka, Jaret	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
8	1:13.75	637	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
9	1:14.57	657	Chmelka, Alex	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
10	1:15.81	620	Balogh, Brennan	15	MW Lincoln Select Swimming	6/15/2012	2012 MV CSC Summer Invitationa

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Club: Lincoln Select Swimming For All Time

Male 15-16 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	1:16.06	612	Linder, Drew	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
12	1:16.23	607	Palmer, Tommy	15	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
13	1:16.88	542	Lee, Seth	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
14	1:18.66	536	Pope, Jackson	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
15	1:20.24	491	Burke, Noah	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
16	1:20.47	439	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
17	1:23.87	348	Selzer, Joshua	16	MW Lincoln Select Swimming	7/14/2012	2012 MW Approved Cornhusker St
18	1:26.63	322	Louviere, Masen	15	MW Lincoln Select Swimming	7/17/2015	2015 MW MOST LC Qualifier 8 &
19	1:29.86	204	Fuson, Aaron	16	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
20	1:32.40	189	Kivett, Trent	15	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open

Male 15-16 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:28.50	820	Petty, Alex	16	MW Lincoln Select Swimming	8/3/2017	USA Swimming Futures Champions
2	2:31.28	781	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	2:35.65	720	Reiners, Uriah	16	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
4	2:37.03	709	Balogh, Brennan	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
5	2:37.31	698	Calegan, Haden	16	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
6	2:37.66	701	Hovorka, Jaret	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
7	2:40.68	660	Ayars, Michael	15	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
8	2:42.61	626	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
9	2:45.90	591	Linder, Drew	15	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
10	2:46.54	575	Gladyshev, Timmy	16	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
11	2:46.76	580	Chmelka, Alex	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
12	2:48.44	558	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	2:50.03	530	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
14	2:51.59	518	Palmer, Tommy	15	MW Lincoln Select Swimming	5/17/2019	2019 IA David Armbruster Open
15	2:56.18	461	Lee, Seth	15	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
16	2:56.66	455	Roh, Josh	15	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
17	2:58.08	438	Burke, Noah	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
18	3:01.89	392	Neil, Thomas	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
19	3:07.04	332	Pales, Jacob	15	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It
20	3:07.64	318	Christianson, Zach	16	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class

Male 15-16 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	27.50	767	Balogh, Brennan	15	MW Lincoln Select Swimming	5/18/2012	2012 IA IFLY David Armbruster Butterfly Open
2	28.11	713	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Male 15-16 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	58.11	797	Balogh, Brennan	16	MW Lincoln Select Swimming	12/15/2013	2013 NC GSA Winter Juniors LC
2	58.99	761	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	1:00.16	714	Reid, Nolan	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
4	1:01.03	715	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	1:01.59	658	Day, Griffin	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	1:01.71	653	Roberts, Charles	16	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
7	1:02.32	630	Petty, Alex	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
8	1:04.05	600	Fraley, Michael	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	1:04.11	563	Lee, Seth	16	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
10	1:05.39	551	Ayars, Michael	15	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
11	1:05.46	548	Roh, Josh	15	MW Lincoln Select Swimming	6/26/2014	2014 MW LSS Capital City Class
12	1:06.65	472	Graul, Thomas	16	MW Lincoln Select Swimming	6/7/2014	2014 MW MOST Summer Splash
13	1:07.67	471	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

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Club: Lincoln Select Swimming For All Time

Male 15-16 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
14	1:07.70	436	Christianson, Zach	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
15	1:08.00	426	Delisi, Matt	16	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe
16	1:08.34	415	Piro, Adam	16	MW Lincoln Select Swimming	6/10/2017	2017 MW LSS Lincoln Invite
17	1:08.51	409	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
18	1:09.35	382	Kivett, Trent	16	MW Lincoln Select Swimming	6/8/2019	2019 MW LSS Lincoln Invite
19	1:09.57	408	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
20	1:09.72	370	Pynes, Joseph	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course

Male 15-16 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:05.30	862	Balogh, Brennan	16	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Juniors - Time Tri
2	2:07.90	814	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	2:11.80	744	Roberts, Charles	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
4	2:16.39	708	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	2:17.56	644	Petty, Alex	16	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	2:17.89	682	Lee, Seth	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
7	2:18.29	632	Day, Griffin	16	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	2:19.55	654	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
9	2:22.09	612	Palmer, Tommy	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
10	2:24.46	531	Christianson, Zach	16	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
11	2:26.39	500	Roh, Josh	16	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
12	2:28.43	468	Becker, Alex	16	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
13	2:28.74	506	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
14	2:30.25	483	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
15	2:34.05	385	Reid, Nolan	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
16	2:34.17	425	Ayars, Michael	15	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
17	2:41.82	278	Kounikeev, Timur	16	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
18	2:48.75	230	Kivett, Trent	15	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
19	2:50.22	176	McClure, Cooper	16	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	2:52.24	189	Pynes, Joseph	15	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite

Male 15-16 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:09.04	878	Balogh, Brennan	16	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Junior National Ch
2	2:11.18	835	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	2:15.98	740	Petty, Alex	16	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
4	2:19.56	672	Calegan, Haden	16	MW Lincoln Select Swimming	1/7/2012	2012 IA IFLY PKWY-LSS Tri Meet
5	2:20.10	669	Ayars, Michael	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
6	2:21.20	649	Pales, Jacob	15	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
7	2:23.81	602	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
8	2:24.14	596	Roh, Josh	15	MW Lincoln Select Swimming	5/16/2014	2014 IA IFLY David Armbruster
9	2:24.60	581	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
10	2:24.93	582	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
11	2:26.06	556	Lee, Seth	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
12	2:28.05	522	Roberts, Charles	16	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
13	2:28.75	510	Reid, Nolan	16	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
14	2:30.25	486	Welsh, Lucas	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
15	2:30.57	487	Neil, Thomas	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
16	2:31.94	458	Linder, Drew	16	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
17	2:32.42	451	Chmelka, Alex	16	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
18	2:32.90	443	Christianson, Zach	16	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
19	2:33.65	438	Balogh, Bennett	15	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
20	2:34.00	432	Hovorka, Jaret	15	MW Lincoln Select Swimming	7/17/2013	2013 MV TT Region VIII LCM Sum

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Club: Lincoln Select Swimming For All Time

Male 15-16 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:32.88	874	Balogh, Brennan	16	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Junior National Ch
2	4:37.09	836	Morris, Ben	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
3	4:50.05	723	Petty, Alex	16	MW Lincoln Select Swimming	6/22/2017	2017 FL BSS TYR Summer Classic LC
4	4:53.84	707	Graul, Thomas	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
5	4:59.50	644	Roh, Josh	16	MW Lincoln Select Swimming	7/15/2015	2015 MV Region VIII Summer Sectionals
6	5:05.71	594	Lee, Seth	16	MW Lincoln Select Swimming	6/28/2019	2019 SD Scheels Independence D
7	5:07.08	583	Becker, Alex	16	MW Lincoln Select Swimming	4/26/2019	3rd Annual Augustana Spring Sp
8	5:09.39	581	Balogh, Bennett	15	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
9	5:10.33	573	Ayars, Michael	15	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
10	5:10.59	571	Palmer, Tommy	15	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	5:13.26	551	Neil, Thomas	15	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	5:17.45	519	Pope, Jackson	15	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	5:22.33	468	Roberts, Charles	16	MW Lincoln Select Swimming	6/9/2018	2018 MW LSS Lincoln Invite
14	5:23.36	460	Christianson, Zach	16	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
15	5:25.30	446	Welsh, Lucas	16	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	5:31.11	420	Day, Griffin	15	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
17	5:33.20	405	Hovorka, Jaret	15	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
18	5:34.87	394	Chmelka, Alex	15	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
19	5:46.59	303	Linder, Drew	16	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
20	5:47.22	299	Delisi, Matt	16	MW Lincoln Select Swimming	6/11/2010	2010 MW MOST Gold/Silver Summe

Male 17-18 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	24.06	819	Calegan, Haden	18	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
2	24.74	763	Pales, Jacob	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
3	25.72	682	Balogh, Brennan	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
4	25.78	675	Ebito, Ethan	18	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
5	25.99	660	Ayars, Michael	17	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
6	26.06	654	Reid, Nolan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
7	26.45	623	Reiners, Uriah	17	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
8	26.60	611	Graul, Thomas	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
9	26.67	603	Chmelka, Alex	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
10	27.00	579	Petty, Alex	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
11	27.20	563	Louviere, Masen	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
12	27.29	556	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
13	27.71	523	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
14	27.72	523	Roberts, Charles	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
15	27.86	512	Day, Griffin	17	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
16	27.87	509	Schrock, Garret	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
17	27.98	501	Caruso, Nick	18	MW Lincoln Select Swimming	6/25/2010	2010 CO FAST Long Course Open
18	28.10	494	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
19	28.14	490	Safranek, Austin	17	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
20	28.49	464	Becker, Alex	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 17-18 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	53.63	761	Calegan, Haden	18	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
2	55.43	681	Graul, Thomas	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
3	55.66	682	Morris, Ben	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	55.83	675	Pales, Jacob	17	MW Lincoln Select Swimming	7/24/2014	2014 MW Midwestern Long Course
5	56.29	655	Reiners, Uriah	17	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
6	56.36	652	Roberts, Charles	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
7	56.64	640	Balogh, Brennan	17	MW Lincoln Select Swimming	5/31/2014	2014 MW LSS Lincoln Invite
8	57.15	619	Reid, Nolan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	57.48	605	Ebito, Ethan	17	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
10	58.29	572	Ayars, Michael	17	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash

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Club: Lincoln Select Swimming For All Time

Male 17-18 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
11	58.52	562	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
12	59.34	519	Schrock, Garret	18	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
13	59.38	528	Chmelka, Alex	17	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
14	59.48	524	Caruso, Nick	17	MW Lincoln Select Swimming	4/18/2009	2009 AR RAC Aquahawg Long Cour
15	59.93	506	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
16	1:00.13	498	Louviere, Masen	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
17	1:00.82	472	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
18	1:01.24	456	Petty, Alex	17	MW Lincoln Select Swimming	5/18/2018	2018 IA David Armbruster Open
19	1:01.85	433	Provost, Alex	17	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
20	1:02.24	419	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

Male 17-18 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:00.59	689	Roberts, Charles	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
2	2:00.88	680	Graul, Thomas	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
3	2:01.35	669	Balogh, Brennan	18	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
4	2:01.81	662	Roh, Josh	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
5	2:02.01	658	Morris, Ben	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
6	2:03.11	632	Reiners, Uriah	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
7	2:04.90	597	Petty, Alex	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	2:08.58	520	Calegan, Haden	18	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
9	2:08.77	520	Becker, Alex	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
10	2:08.79	519	Ayars, Michael	17	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
11	2:08.83	516	Ebito, Ethan	18	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
12	2:08.86	518	Reid, Nolan	17	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
13	2:09.45	506	Caruso, Nick	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
14	2:09.74	498	Schrock, Garret	18	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
15	2:09.95	497	Chmelka, Alex	17	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
16	2:11.80	462	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
17	2:18.56	343	Christianson, Zach	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	2:19.95	320	Provost, Alex	17	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
19	2:19.96	320	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
20	2:28.42	196	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

Male 17-18 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:11.54	728	Graul, Thomas	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
2	4:12.42	719	Balogh, Brennan	18	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
3	4:16.64	684	Roh, Josh	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	4:17.07	680	Roberts, Charles	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
5	4:24.82	595	Reiners, Uriah	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
6	4:28.68	566	Becker, Alex	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
7	4:28.78	565	Petty, Alex	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
8	4:34.01	517	Caruso, Nick	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
9	4:41.33	452	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
10	4:41.40	452	Chmelka, Alex	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
11	4:41.86	448	Christianson, Zach	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	4:44.84	415	Schrock, Garret	18	MW Lincoln Select Swimming	8/1/2008	2008 MW Long Course Championsh
13	5:00.21	301	Louviere, Masen	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
14	5:01.05	295	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
15	5:11.89	221	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
16	5:14.01	207	Provost, Alex	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class

Male 17-18 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	8:43.99	725	Graul, Thomas	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
2	8:54.26	674	Roh, Josh	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec

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Club: Lincoln Select Swimming For All Time

Male 17-18 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
3	9:01.87	637	Roberts, Charles	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
4	9:03.83	627	Balogh, Brennan	18	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
5	9:08.46	605	Becker, Alex	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
6	9:21.46	545	Morris, Ben	17	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
7	9:53.24	410	Reiners, Uriah	18	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class
8	9:58.05	390	Caruso, Nick	17	MW Lincoln Select Swimming	5/1/2009	2009 MW OWSC SummerClassic
9	10:17.38	317	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class

Male 17-18 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	16:43.97	737	Graul, Thomas	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
2	17:22.38	648	Roh, Josh	17	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
3	17:27.61	636	Becker, Alex	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
4	19:17.12	403	Reiners, Uriah	18	MW Lincoln Select Swimming	6/21/2012	2012 MW LSS Capital City Class

Male 17-18 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	27.93	770	Balogh, Brennan	18	MW Lincoln Select Swimming	4/30/2015	Irish Open Swimming Championships
2	28.78	699	Piro, Adam	18	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
3	29.91	694	Caruso, Nick	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
4	30.14	603	Ayars, Michael	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
5	30.67	549	Petty, Alex	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	31.05	533	Reid, Nolan	17	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
7	32.37	437	Provost, Alex	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Male 17-18 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	56.83	900	Balogh, Brennan	18	MW Lincoln Select Swimming	3/17/2015	2015 FL NCSA Spring Championship
2	59.64	798	Caruso, Nick	17	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
3	1:03.70	641	Reid, Nolan	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	1:03.87	635	Morris, Ben	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
5	1:03.97	618	Petty, Alex	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
6	1:04.39	616	Ayars, Michael	17	MW Lincoln Select Swimming	7/7/2017	2017 SD SFST Independence Day
7	1:06.84	515	Schrock, Garret	18	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
8	1:07.32	511	Roberts, Charles	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	1:08.40	474	Graul, Thomas	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
10	1:09.16	449	Provost, Alex	17	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
11	1:09.18	448	Ebito, Ethan	17	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
12	1:10.74	385	Piro, Adam	18	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
13	1:12.12	355	Chmelka, Alex	17	MW Lincoln Select Swimming	7/10/2015	2015 MV LA Wave The Wheat Invi
14	1:12.27	350	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
15	1:13.99	299	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
16	1:14.35	289	Reiners, Uriah	17	MW Lincoln Select Swimming	6/23/2011	2011 MW LSS Capital City Class
17	1:17.27	209	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
18	1:26.76	21	Melcher, Evan	17	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class

Male 17-18 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:00.78	946	Balogh, Brennan	18	MW Lincoln Select Swimming	3/17/2015	2015 FL NCSA Spring Championship
2	2:10.12	775	Caruso, Nick	17	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
3	2:20.52	589	Petty, Alex	17	MW Lincoln Select Swimming	7/26/2018	2018 MW Midwestern Long Course
4	2:21.13	578	Reid, Nolan	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
5	2:21.47	572	Ayars, Michael	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
6	2:22.53	555	Graul, Thomas	17	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
7	2:23.53	538	Roberts, Charles	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
8	2:24.59	520	Morris, Ben	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course

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Club: Lincoln Select Swimming For All Time

Male 17-18 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
9	2:27.55	462	Schrock, Garret	18	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
10	2:28.48	458	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
11	2:33.13	387	Provost, Alex	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	2:33.24	386	Chmelka, Alex	17	MW Lincoln Select Swimming	7/23/2015	2015 MW Midwestern Long Course
13	2:34.32	370	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash
14	2:35.21	357	Christianson, Zach	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	2:48.11	189	Moeschen, Pete	17	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam

Male 17-18 50 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	30.17	818	Petty, Alex	18	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
2	33.55	588	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Male 17-18 100 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:06.18	819	Calegan, Haden	18	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
2	1:06.33	833	Petty, Alex	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	1:11.37	666	Reiners, Uriah	17	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
4	1:12.40	634	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	1:13.11	592	Chmelka, Alex	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
6	1:13.33	605	Ayars, Michael	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
7	1:15.05	533	Balogh, Brennan	18	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
8	1:15.65	534	Caruso, Nick	17	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
9	1:19.53	403	Reid, Nolan	18	MW Lincoln Select Swimming	6/22/2017	2017 MW LSS Capital City Class
10	1:20.39	398	Becker, Alex	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
11	1:29.06	183	Moeschen, Pete	17	MW Lincoln Select Swimming	6/19/2009	2009 FAST Summer Jam

Male 17-18 200 Breaststroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:23.64	851	Petty, Alex	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
2	2:23.94	840	Calegan, Haden	18	MW Lincoln Select Swimming	8/5/2013	2013 Speedo Junior National Ch
3	2:31.42	739	Reiners, Uriah	17	MW Lincoln Select Swimming	3/1/2012	SCS Central Section Region VII
4	2:34.41	691	Balogh, Brennan	18	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
5	2:37.43	656	Morris, Ben	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
6	2:38.48	641	Caruso, Nick	17	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE
7	2:40.20	612	Chmelka, Alex	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
8	2:41.80	597	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
9	2:42.69	585	Ayars, Michael	17	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
10	2:49.17	500	Graul, Thomas	17	MW Lincoln Select Swimming	5/8/2015	2015 IA IFLY Armbruster Open
11	2:59.94	367	Christianson, Zach	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	3:00.32	363	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv

Male 17-18 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	25.73	838	Balogh, Brennan	18	MW Lincoln Select Swimming	3/17/2015	2015 FL NCSA Spring Championship
2	27.46	678	Petty, Alex	18	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
3	30.40	449	Provost, Alex	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course

Male 17-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	55.81	839	Balogh, Brennan	18	MW Lincoln Select Swimming	7/30/2015	2015 Speedo Junior National Ch
2	59.20	713	Reid, Nolan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
3	59.42	704	Morris, Ben	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	59.64	695	Petty, Alex	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
5	1:00.31	668	Roberts, Charles	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio

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Club: Lincoln Select Swimming For All Time

Male 17-18 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
6	1:01.84	609	Ebito, Ethan	17	MW Lincoln Select Swimming	3/3/2011	2011 OK CSRVIII SPRING SPEEDO
7	1:02.47	585	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
8	1:03.91	531	Graul, Thomas	17	MW Lincoln Select Swimming	6/18/2015	2015 MW LSS Capital City Class
9	1:05.28	482	Ayars, Michael	17	MW Lincoln Select Swimming	7/27/2017	2017 MW Midwestern Long Course
10	1:05.30	481	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
11	1:06.52	438	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
12	1:06.73	431	Christianson, Zach	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
13	1:06.86	412	Piro, Adam	18	MW Lincoln Select Swimming	6/21/2018	2018 MW LSS Capital City Class
14	1:07.13	417	Provost, Alex	17	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
15	1:08.27	379	Becker, Alex	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
16	1:08.44	374	Safranek, Austin	17	MW Lincoln Select Swimming	7/30/2010	2010 MW MWS Long Course Champi
17	1:12.13	260	Caruso, Nick	17	MW Lincoln Select Swimming	4/18/2009	2009 AR RAC Aquahawg Long Cour
18	1:14.18	191	Reiners, Uriah	18	MW Lincoln Select Swimming	6/1/2012	2012 MW OWSC Spring into It

Male 17-18 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:02.74	873	Balogh, Brennan	18	MW Lincoln Select Swimming	7/30/2015	2015 Speedo Junior National Ch
2	2:09.59	754	Morris, Ben	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
3	2:12.28	706	Petty, Alex	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
4	2:13.14	691	Roberts, Charles	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
5	2:14.54	659	Graul, Thomas	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
6	2:19.27	586	Roh, Josh	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
7	2:23.60	515	Christianson, Zach	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
8	2:26.15	475	Becker, Alex	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
9	2:26.34	472	Day, Griffin	17	MW Lincoln Select Swimming	7/25/2013	2013 MW Midwestern Long Course
10	2:28.35	441	Reid, Nolan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
11	2:46.28	197	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

Male 17-18 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:04.68	910	Balogh, Brennan	18	MW Lincoln Select Swimming	7/30/2015	2015 Speedo Junior National Ch
2	2:12.58	759	Petty, Alex	17	MW Lincoln Select Swimming	7/31/2018	2018 NCSA Summer Swimming Cham
3	2:13.96	720	Calegan, Haden	18	MW Lincoln Select Swimming	7/17/2013	2013 MV Region VIII LCM Summer
4	2:14.86	714	Morris, Ben	17	MW Lincoln Select Swimming	6/22/2016	2016 MW LSS Capital City Class
5	2:16.63	680	Caruso, Nick	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
6	2:18.90	638	Roh, Josh	17	MW Lincoln Select Swimming	5/6/2016	2016 IA IFLY David Armbruster Inv
7	2:20.30	601	Reiners, Uriah	18	MW Lincoln Select Swimming	7/27/2012	2012 MW Midwestern Long Course
8	2:20.32	612	Reid, Nolan	17	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
9	2:21.87	584	Ayars, Michael	17	MW Lincoln Select Swimming	7/19/2017	2017 Region VIII Summer Sectio
10	2:23.10	562	Becker, Alex	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
11	2:25.00	518	Chmelka, Alex	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
12	2:26.01	501	Graul, Thomas	18	MW Lincoln Select Swimming	7/28/2016	2016 MW Midwestern Long Course
13	2:29.17	459	Ebito, Ethan	17	MW Lincoln Select Swimming	6/17/2011	2011 MV CSC Summer Invite
14	2:29.28	457	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
15	2:31.08	418	Schrock, Garret	18	MW Lincoln Select Swimming	7/16/2008	CSRVIII 2008 LC SPEEDO CHAMPIO
16	2:31.72	418	Moeschen, Pete	17	MW Lincoln Select Swimming	7/31/2009	2009 MW Long Course Championsh
17	2:34.55	375	Christianson, Zach	17	MW Lincoln Select Swimming	6/20/2019	2019 MW LSS Capital City Class
18	2:37.63	330	Provost, Alex	17	MW Lincoln Select Swimming	7/19/2019	2019 MW ISWM MW LC Qualifier/8
19	2:42.40	265	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class
20	2:45.98	219	Piro, Adam	17	MW Lincoln Select Swimming	4/27/2018	2018 Augustana Spring Splash

Male 17-18 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:26.75	898	Balogh, Brennan	18	MW Lincoln Select Swimming	3/17/2015	2015 FL NCSA Spring Championship
2	4:43.73	745	Petty, Alex	17	MW Lincoln Select Swimming	7/11/2018	2018 Region VIII Summer Sectio
3	4:46.72	719	Morris, Ben	17	MW Lincoln Select Swimming	7/20/2016	2016 MV Region VIII Summer Sec
4	4:50.61	686	Caruso, Nick	17	MW Lincoln Select Swimming	7/22/2009	2009 MV CSRVIII SUMMER LC SPE

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Club: Lincoln Select Swimming For All Time

Male 17-18 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
5	4:51.45	679	Graul, Thomas	18	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
6	4:59.02	616	Becker, Alex	17	MW Lincoln Select Swimming	7/17/2019	2019 Region VIII Summer Sectio
7	4:59.07	615	Roh, Josh	17	MW Lincoln Select Swimming	3/3/2016	2016 Region VIII Spring Sectio
8	5:09.10	536	Reiners, Uriah	17	MW Lincoln Select Swimming	7/29/2011	2011 MW Midwestern Long Course
9	5:18.51	464	Christianson, Zach	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
10	5:19.72	456	Ayars, Michael	17	MW Lincoln Select Swimming	4/28/2017	2017 SD Augustana Spring Splash
11	5:27.89	397	Newland, Ethan	17	MW Lincoln Select Swimming	7/25/2019	2019 MW Midwestern Long Course
12	5:45.74	280	Day, Griffin	17	MW Lincoln Select Swimming	6/27/2013	2013 MW LSS Capital City Class