



Sarpy County Swim Club Code of Conduct

Sarpy County Swim Club members and parents are expected to exhibit appropriate behavior always in both formal and informal settings. This includes, but not limited to, practices, during meets, in the bullpen, in the locker rooms, and at all team activities.

1. Swimmers are expected to follow the direction of the coaching staff. At no time will disrespectful attitudes, inappropriate language (swearing or derogatory comments) or lying be tolerated toward the coaching staff, fellow teammates, competitors, meet officials, or the public. The coaching staff has the discretion to ask swimmers to leave workout or impose other disciplinary actions.
2. Swimmers must display proper respect for swim facilities, equipment, persons, and person's personal property. Vandalism or destruction of facility and/or personal property during swim practice, swim meets and/or other team activities will result in disciplinary action.
3. Swimmers are expected to refrain from alcohol, tobacco or any non-prescribed drug while participating in any team functions, including swim practice, swim meets and/or any social functions.
4. Swimmers will NOT use cell phones or other electronic recording devices in the locker rooms/changing areas at the high school and/or other practice and/or meet locations.
5. Swimmers will adhere to the USA Swimming Safe Sport Policies & Procedures posted on the team website.

As a member of the Sarpy County Swim Club, I will remember that everything I do reflects my team, its coaches, and members, and that my actions either credit or discredit my team, its coaches and members at all times. Thus, I will conduct myself in a sportsmanlike manner always to better both my team and myself.

Behavioral Consequences:

1. Verbal warning
2. If negative behavior continues, a swimmer will be removed from swim practice, swim meet and/or another team activity, and a parent/guardian will be notified. Note: If it is deemed to be in the best interest of safety and/or respect of the rest of the team, a coach and/or board member, has the right to remove anyone from swim practice, swim meets and/or other team activities without a verbal warning. In this case a parent/guardian will be notified.
3. Repeated or continued poor behavior or removal from a team activity will result in a conference which will include coaches, parents, Board representative, and swimmer to determine further discipline measures. Imposed reprimands, restitution, formal verbal/written apologies and any other form of disciplinary measure considered appropriate will be taken after review by coaches and Board.
4. Other appropriate discipline options include:
 - A. Swimmer suspension from the team for a designated amount of time including meets.
 - B. Swimmer expulsion from the team.

Swimmer:

Signature

Date

Parent/Guardian:

Signature

Date