

# Sarpy County Swim Club

## One-On-One Interactions Policy



### **APPLICABLE ADULT**

As defined herein, an “Applicable Adult” is defined as any USA Swimming Non-Athlete Member, Adult Athlete Member, Participating Non-Members (EX. Meet Marshal, Timing System Operator, Timer, Runner, etc.), LSC Adult Staff and Board Members, Club Adult Staff and Board Members, and any other adult authorized to have regular contact with authority over minor athletes.

### **PURPOSE**

One-on-One interactions between a minor athlete and coach/adult (who is not the minor’s legal guardian) must occur in a observable, and interruptible distance from another adult unless meeting with a Mental Health Care Professional and/or Health Care Provider, or under emergency circumstances.

### **MEETINGS**

- a) Meetings between an athlete and coach/adult may only occur if another adult is present and where interactions can be easily observed at an interruptible distance from another adult, except under emergency circumstances.
- b) If a one-on-one meeting takes place between a athlete and coach/adult, the door to the room must remain unlocked and open through the entire duration of the meeting, along with any windows, blinds, and/or curtains in the room.
- c) Meetings in an overnight lodging location such as a hotel must not be conducted in a coach or athlete room.

### **MEETINGS WITH MENTAL HEALTH CARE PROFESSIONALS AND/OR HEALTH CARE PROVIDERS**

If a Mental Health Care Professional and/or Health Care Provider meets with a minor athlete in conjunction with participation, including at practice or competition sites, a closed-door meeting may be permitted to protect patient privacy provided that:

- a) The door remains unlocked
- b) Another adult is present at the facility
- c) The other adult is advised that a closed-door meeting is occurring
- d) Written legal guardian consent is obtained in advance by the Mental Health Care Professional and/or Health Care Provider with a copy provided to a club administrator or coach.

### **INDIVIDUAL TRAINING SESSIONS/PRIVATE LESSONS**

Individual training sessions outside of the regular course of training and practice between coaches and minor athletes are permitted if the training session is observable and interruptible by another adult. Legal guardians must be allowed to observe the training session.