**14&U Champs Daily Breakdown**

**11-12 Girls and Boys will be swimming an A relay Friday, Saturday and Sunday each day.**

**10&U Girls and Boys will be swimming an A relay Saturday and Sunday.**

**Names are listed below for relays each day.**

**Please make sure you locate the shirts we are wearing each day before the day of the meet. Also, make sure you have located either your ATOM suit or if you are 11-12 and have 3 or more state cuts, you may wear a tech suit. ALL 10&U wear ATOM team suit.**

**Friday, July 13**

**10&U/ 11-12 Individual Event Swimmers arrive at 11:50 a.m. (Sofia, Allison, Eleanor, Claire, Nate, Zach, Taylor, Katelyn, Max)**

**11-12 RELAY ONLY swimmers arrive at 2:30 p.m. (Madeline, Marshall and Preston)**

**Shirt: ATOM Blue shirt**

**10&U/11-12 Events:** 50 Fr, 100 Fly, 50 Br, 400 Fr, 11-12 400 Fr Relay (in that order)

11-12 Girls 400 FREE Relay (end): Sofia Plaza, Claire Oettinger, Allison Repella, Eleanor Haviland

11-12 Boys 400 FREE Relay (end): Nate Hohm, Marshall Pifer, Zach Spicer, Preston Davis

**Saturday, July 14**

**10&U/11-12 Individual Event Swimmers arrive at 11:20 a.m. (Sofia, Allison, Marshall, Nate, Taylor, Lily, Katelyn, Max)**

**10&U/11-12 RELAY ONLY Swimmers arrive at 2:30 p.m. (Madeline, Zach, Preston, Kate Guenther, Cash, Owen, Gray)**

**Shirt: NEW ATOM Champ shirt (will be given out)**

**10&U/11-12 Events:** 200 Fr, 100 Br, 100 Back, 10&U 200 Medley Relay, 11-12 400 Medley Relay (in that order)

11-12 Girls 400 MEDLEY Relay (end): Allison Repella, Sofia Plaza, Eleanor Haviland, Claire Oettinger

11-12 Boys 400 MEDLEY Relay (end): Marshall Pifer, Nate Hohm, Zach Spicer, Preston Davis

10&U Girls 200 MEDLEY Relay (end): Kate Guenther, Lily Lund, Katelyn Cromar, Taylor Weaver

10&U Boys 200 MEDLEY Relay (end): Cash Hall, Owen Hohm, Max McNeer, Gray Kreps

**Sunday, July 15**

**10&U/ 11-12 Individual Event Swimmers arrive at 11:50 a.m. (Sofia, Allison, Eleanor, Nate, Taylor, Max)**

**10&U/11-12 RELAY ONLY Swimmers arrive at 2:30 p.m. (Madeline, Preston, Cameron, Liam, Lily, Katelyn, Sally, Owen, Gray, Cash)**

**Shirt: Black ATOM Shirt**

**10&U/11-12 Events:** 50 Bk, 200 IM, 50 Fly, 100 Fr 200 Free Relay (in that order)

11-12 Girls 200 Free RELAY (end): Sofia Plaza, Madeline Lewis, Allison Repella, Eleanor Haviland

11-12 Boys 200 Free RELAY (end): Nate Hohm, Liam Akins, Preston Davis, Cameron Bucci

10&U Girls 200 FREE RELAY (end): Sally Smith, Taylor Weaver, Katelyn Cromar, Lily Lund

10&U Boys 200 FREE RELAY (end): Max McNeer, Cash Hall, Owen Hohm, Gray Kreps