

2017-2020 National Age Group Motivational Times

9/30/2016

Short Course Yards

| B Min | BB Min | A Min | AA Min | AAA Min | AAAA Min | AAAA Min | AAA Min | AA Min | A Min | BB Min | B Min | |
|-----------------------------|-----------|-----------|-----------|-----------|-----------|----------------------------|-----------|-----------|-----------|-----------|-----------|-----------|
| 10 & Under Girls | | | | | | 10 & Under Boys | | | | | | |
| 38.89* | 35.19* | 31.39* | 30.19* | 28.89* | 27.69* | 50 Y Free | 27.39* | 28.59* | 29.79* | 30.99* | 34.49* | 38.09* |
| 1:29.59* | 1:19.99* | 1:10.49* | 1:07.29* | 1:04.19* | 1:00.99* | 100 Y Free | 1:00.59* | 1:03.69* | 1:06.69* | 1:09.69* | 1:18.79* | 1:27.79* |
| 3:19.19* | 2:57.39* | 2:35.59* | 2:28.29* | 2:20.99* | 2:13.69* | 200 Y Free | 2:10.69* | 2:16.89* | 2:23.09* | 2:29.39* | 2:47.99* | 3:06.69* |
| 8:26.09* | 7:35.49* | 6:44.89* | 6:27.99* | 6:11.09* | 5:54.29* | 500 Y Free | 5:47.69* | 6:04.19* | 6:20.79* | 6:37.39* | 7:26.99* | 8:16.69* |
| 46.99* | 41.89* | 36.69* | 34.99* | 33.29* | 31.59* | 50 Y Back | 31.79* | 33.59* | 35.29* | 37.09* | 42.39* | 47.69* |
| 1:41.99* | 1:30.69* | 1:19.29* | 1:15.59* | 1:11.79* | 1:07.99* | 100 Y Back | 1:08.69* | 1:12.19* | 1:15.69* | 1:19.19* | 1:29.69* | 1:40.19* |
| 53.29* | 47.49* | 41.79* | 39.89* | 37.99* | 35.99* | 50 Y Breast | 35.49* | 37.29* | 39.19* | 40.99* | 46.59* | 52.09* |
| 1:58.09* | 1:44.99* | 1:31.89* | 1:27.49* | 1:23.09* | 1:18.79* | 100 Y Breast | 1:18.39* | 1:22.39* | 1:26.29* | 1:30.19* | 1:41.89* | 1:53.59* |
| 47.39* | 41.79* | 36.19* | 34.39* | 32.49* | 30.59* | 50 Y Fly | 30.29* | 31.99* | 33.69* | 35.39* | 40.49* | 45.69* |
| 1:53.99* | 1:39.09* | 1:24.09* | 1:19.19* | 1:14.19* | 1:09.19* | 100 Y Fly | 1:09.09* | 1:13.89* | 1:18.69* | 1:23.49* | 1:37.99* | 1:52.39* |
| 1:42.59* | 1:31.69* | 1:20.79* | 1:17.09* | 1:13.49* | 1:09.79* | 100 Y IM | 1:09.59* | 1:12.89* | 1:16.19* | 1:19.49* | 1:29.39* | 1:39.39* |
| 3:38.49* | 3:15.59* | 2:52.69* | 2:45.09* | 2:37.39* | 2:29.79* | 200 Y IM | 2:28.69* | 2:36.19* | 2:43.59* | 2:50.99* | 3:13.19* | 3:35.49* |
| 11-12 Girls | | | | | | 11-12 Boys | | | | | | |
| 33.79* | 31.49* | 29.09* | 27.89* | 26.79* | 25.59* | 50 Y Free | 24.49* | 25.59* | 26.79* | 27.89* | 30.29* | 32.59* |
| 1:13.59 | 1:08.29 | 1:03.09 | 1:00.49 | 97.79 | 95.19 | 100 Y Free | 93.29* | 95.79* | 98.29* | 1:00.89* | 1:05.89* | 1:10.99* |
| 2:41.19 | 2:29.69 | 2:18.19 | 2:12.39 | 2:06.69 | 2:00.89 | 200 Y Free | 1:56.79* | 2:02.39* | 2:07.89* | 2:13.49* | 2:24.59* | 2:35.69* |
| 7:09.09* | 6:38.39* | 6:07.79* | 5:52.49* | 5:37.09* | 5:21.79* | 500 Y Free | 5:12.99* | 5:27.89* | 5:42.79* | 5:57.69* | 6:27.49* | 6:57.29* |
| 14:48.09 | 13:44.69 | 12:41.19 | 12:09.49 | 11:37.79 | 11:06.09 | 1000 Y Free | 10:54.39* | 11:25.59* | 11:56.79* | 12:27.89* | 13:30.19* | 14:32.59* |
| 24:53.99* | 23:07.29* | 21:20.59* | 20:27.19* | 19:33.89* | 18:40.49* | 1650 Y Free | 18:16.39* | 19:08.59* | 20:00.79* | 20:52.99* | 22:37.49* | 24:21.89* |
| 38.29* | 35.59* | 32.89* | 31.49* | 30.09* | 28.79* | 50 Y Back | 27.99* | 29.39* | 30.89* | 32.29* | 35.29* | 38.19* |
| 1:25.19* | 1:18.49* | 1:11.79* | 1:08.39* | 1:05.09* | 1:01.69* | 100 Y Back | 99.59* | 1:02.79* | 1:06.09* | 1:09.29* | 1:15.79* | 1:22.19* |
| 2:56.59* | 2:43.99* | 2:31.39* | 2:25.09* | 2:18.79* | 2:12.49* | 200 Y Back | 2:09.49* | 2:15.69* | 2:21.79* | 2:27.99* | 2:40.29* | 2:52.69* |
| 43.09* | 39.99* | 36.89* | 35.39* | 33.89* | 32.29* | 50 Y Breast | 31.09* | 32.79* | 34.49* | 36.19* | 39.59* | 42.89* |
| 1:34.39* | 1:27.39* | 1:20.39* | 1:16.99* | 1:13.49* | 1:09.99* | 100 Y Breast | 1:07.79* | 1:11.29* | 1:14.89* | 1:18.39* | 1:25.49* | 1:32.49* |
| 3:23.09* | 3:08.59* | 2:54.09* | 2:46.89* | 2:39.59* | 2:32.39* | 200 Y Breast | 2:26.19* | 2:33.19* | 2:40.09* | 2:47.09* | 3:00.99* | 3:14.89* |
| 36.69* | 34.09* | 31.49* | 30.19* | 28.89* | 27.59* | 50 Y Fly | 26.79* | 28.19* | 29.69* | 31.19* | 34.19* | 37.09* |
| 1:25.09* | 1:18.29* | 1:11.49* | 1:08.09* | 1:04.69* | 1:01.29* | 100 Y Fly | 99.39* | 1:02.79* | 1:06.19* | 1:09.59* | 1:16.49* | 1:23.29* |
| 3:00.89* | 2:47.89* | 2:34.99* | 2:28.59* | 2:22.09* | 2:15.69* | 200 Y Fly | 2:12.49* | 2:18.79* | 2:25.09* | 2:31.39* | 2:43.99* | 2:56.59* |
| 1:24.39* | 1:18.39* | 1:12.29* | 1:09.29* | 1:06.29* | 1:03.29* | 100 Y IM | 1:00.29* | 1:03.29* | 1:06.19* | 1:09.09* | 1:14.99* | 1:20.89* |
| 3:00.69* | 2:47.79* | 2:34.89* | 2:28.49* | 2:21.99* | 2:15.59* | 200 Y IM | 2:10.89* | 2:17.49* | 2:24.19* | 2:30.89* | 2:44.19* | 2:57.59* |
| 6:24.19* | 5:56.79* | 5:29.29* | 5:15.59* | 5:01.89* | 4:48.19* | 400 Y IM | 4:39.79* | 4:53.19* | 5:06.49* | 5:19.79* | 5:46.39* | 6:13.09* |
| 13-14 Girls | | | | | | 13-14 Boys | | | | | | |
| 32.69* | 30.29* | 27.99* | 26.79* | 25.69* | 24.49* | 50 Y Free | 22.49* | 23.59* | 24.69* | 25.69* | 27.89* | 29.99* |
| 1:10.79* | 1:05.79* | 1:00.69* | 98.19* | 95.69* | 93.09* | 100 Y Free | 91.19* | 93.59* | 95.89* | 98.29* | 1:00.89* | 1:05.59* |
| 2:33.19* | 2:22.19* | 2:11.29* | 2:05.79* | 2:00.39* | 1:54.89* | 200 Y Free | 1:47.29* | 1:52.39* | 1:57.49* | 2:02.59* | 2:12.79* | 2:22.99* |
| 6:49.39* | 6:20.09* | 5:50.89* | 5:36.29* | 5:21.69* | 5:06.99* | 500 Y Free | 4:49.99* | 5:03.79* | 5:17.59* | 5:31.39* | 5:58.99* | 6:26.59* |
| 14:01.99* | 13:01.79* | 12:01.69* | 11:31.59* | 11:01.59* | 10:31.49* | 1000 Y Free | 10:00.89* | 10:29.49* | 10:58.09* | 11:26.69* | 12:23.89* | 13:21.19* |
| 23:23.49* | 21:43.19* | 20:02.99* | 19:12.89* | 18:22.79* | 17:32.59* | 1650 Y Free | 16:44.19* | 17:31.99* | 18:19.79* | 19:07.59* | 20:43.19* | 22:18.89* |
| 1:17.19* | 1:11.69* | 1:06.19* | 1:03.39* | 1:00.59* | 97.89* | 100 Y Back | 94.09* | 96.59* | 99.19* | 1:01.79* | 1:06.89* | 1:12.09* |
| 2:47.29* | 2:35.39* | 2:23.39* | 2:17.39* | 2:11.49* | 2:05.49* | 200 Y Back | 1:57.79* | 2:03.49* | 2:09.09* | 2:14.69* | 2:25.89* | 2:37.09* |
| 1:28.69* | 1:22.39* | 1:15.99* | 1:12.89* | 1:09.69* | 1:06.49* | 100 Y Breast | 1:01.09* | 1:03.99* | 1:06.89* | 1:09.79* | 1:15.59* | 1:21.39* |
| 3:11.99* | 2:58.29* | 2:44.59* | 2:37.69* | 2:30.89* | 2:23.99* | 200 Y Breast | 2:13.79* | 2:20.09* | 2:26.49* | 2:32.89* | 2:45.59* | 2:58.39* |
| 1:16.89* | 1:11.39* | 1:05.99* | 1:03.19* | 1:00.49* | 97.69* | 100 Y Fly | 93.59* | 96.09* | 98.69* | 1:01.29* | 1:06.39* | 1:11.49* |
| 2:50.09* | 2:37.89* | 2:25.79* | 2:19.69* | 2:13.59* | 2:07.59* | 200 Y Fly | 1:58.79* | 2:04.39* | 2:10.09* | 2:15.69* | 2:26.99* | 2:38.29* |
| 2:51.49* | 2:39.19* | 2:26.99* | 2:14.69* | 2:08.59* | 2:02.49* | 200 Y IM | 1:59.99* | 2:05.69* | 2:11.39* | 2:17.19* | 2:28.59* | 2:39.99* |
| 6:05.79* | 5:39.69* | 5:13.59* | 5:00.49* | 4:47.39* | 4:34.39* | 400 Y IM | 4:16.39* | 4:28.59* | 4:40.79* | 4:52.99* | 5:17.39* | 5:41.79* |
| 15-16 Girls | | | | | | 15-16 Boys | | | | | | |
| 32.09* | 29.79* | 27.49* | 26.39* | 25.19* | 24.09* | 50 Y Free | 21.69 | 22.69* | 23.69* | 24.79 | 26.79* | 28.89* |
| 1:09.59* | 1:04.59* | 99.59* | 97.19* | 94.69* | 92.19* | 100 Y Free | 90.19* | 92.39* | 94.69* | 96.99* | 98.39* | 1:02.89* |
| 2:29.89* | 2:19.19* | 2:08.49* | 2:03.09* | 1:57.79* | 1:52.39* | 200 Y Free | 1:42.99* | 1:47.89* | 1:52.79* | 1:57.69* | 2:07.49* | 2:17.29* |
| 6:40.69* | 6:12.09* | 5:43.49* | 5:29.09* | 5:14.79* | 5:00.49* | 500 Y Free | 4:39.49* | 4:52.79* | 5:06.09* | 5:19.39* | 5:45.99* | 6:12.59* |
| 13:49.19* | 12:49.99* | 11:50.79* | 11:21.19* | 10:51.59* | 10:21.89* | 1000 Y Free | 9:39.79* | 10:07.39* | 10:34.99* | 11:02.59* | 11:57.79* | 12:52.99* |
| 23:05.19* | 21:26.19* | 19:47.29* | 18:57.79* | 18:08.39* | 17:18.89* | 1650 Y Free | 16:11.59* | 16:57.79* | 17:44.09* | 18:30.39* | 20:02.89* | 21:35.39* |
| 1:15.39* | 1:10.09* | 1:04.69* | 1:01.99* | 99.29* | 96.59* | 100 Y Back | 91.29* | 93.79* | 96.19* | 98.59* | 1:03.49* | 1:08.39* |
| 2:44.09* | 2:32.39* | 2:20.69* | 2:14.79* | 2:08.99* | 2:03.09* | 200 Y Back | 1:52.39* | 1:57.79* | 2:03.09* | 2:08.49* | 2:19.19* | 2:29.89* |
| 1:26.89* | 1:20.69* | 1:14.49* | 1:11.39* | 1:08.29* | 1:05.19* | 100 Y Breast | 98.19* | 1:00.99* | 1:03.79* | 1:06.49* | 1:12.09* | 1:17.59* |
| 3:08.19* | 2:54.69* | 2:41.29* | 2:34.59* | 2:27.89* | 2:21.09* | 200 Y Breast | 2:06.49* | 2:12.59* | 2:18.59* | 2:24.59* | 2:36.59* | 2:48.69* |
| 1:15.39* | 1:09.99* | 1:04.59* | 1:01.89* | 99.19* | 96.49* | 100 Y Fly | 91.19* | 93.69* | 96.09* | 98.59* | 1:03.39* | 1:08.29* |
| 2:46.79 | 2:34.89 | 2:22.89* | 2:16.99 | 2:10.99 | 2:05.09 | 200 Y IM | 1:53.59* | 1:58.99* | 2:04.39* | 2:09.79* | 2:20.59* | 2:31.39* |
| 2:48.19* | 2:36.19* | 2:24.19* | 2:18.19* | 2:12.09* | 2:06.09* | 200 Y IM | 1:54.59* | 1:59.99* | 2:05.49* | 2:10.89* | 2:21.79* | 2:32.69* |
| 5:57.59* | 5:31.99* | 5:06.49* | 4:53.69* | 4:40.99* | 4:28.19* | 400 Y IM | 4:06.79* | 4:18.59* | 4:30.29* | 4:42.09* | 5:05.59* | 5:29.09* |
| 17-18 Girls | | | | | | 17-18 Boys | | | | | | |
| 31.49* | 29.19* | 26.99* | 25.89* | 24.69* | 23.59* | 50 Y Free | 20.99* | 21.99* | 22.99* | 23.99* | 25.99* | 27.99* |
| 1:08.19* | 1:03.29* | 98.49* | 95.99* | 93.59* | 91.19* | 100 Y Free | 89.09* | 91.29* | 93.59* | 95.89* | 98.19* | 1:01.39* |
| 2:28.59* | 2:17.99* | 2:07.39* | 2:02.09* | 1:56.79* | 1:51.49* | 200 Y Free | 1:40.99* | 1:45.79* | 1:50.59* | 1:55.39* | 2:05.09* | 2:14.69* |
| 6:39.09* | 6:10.59* | 5:42.09* | 5:27.89* | 5:13.59* | 4:59.39* | 500 Y Free | 4:34.29* | 4:47.39* | 5:00.39* | 5:13.49* | 5:39.59* | 6:05.69* |
| 13:46.19 | 12:47.19 | 11:48.19 | 11:18.69 | 10:49.19 | 10:19.69 | 1000 Y Free | 9:35.59* | 10:02.99* | 10:30.39* | 10:57.89* | 11:52.69* | 12:47.49* |
| 22:58.29* | 21:19.89* | 19:41.39* | 18:52.19* | 18:02.99* | 17:13.79* | 1650 Y Free | 15:54.89* | 16:40.39* | 17:25.89* | 18:11.29* | 19:42.29* | 21:13.19* |
| 1:14.49* | 1:09.09* | 1:03.79* | 1:01.19* | 98.49* | 95.89* | 100 Y Back | 94.69* | 97.09* | 99.49* | 1:01.89* | 1:04.29* | 1:06.69* |
| 2:41.19* | 2:29.69* | 2:18.19* | 2:12.49* | 2:06.69* | 2:00.89* | 200 Y Back | 1:49.69* | 1:54.89* | 2:00.09* | 2:05.29* | 2:15.79* | 2:26.19* |
| 1:25.89 | 1:19.79 | 1:13.59 | 1:10.59 | 1:07.49 | 1:04.39 | 100 Y Breast | 96.89* | 99.29* | 1:02.39* | 1:05.09* | 1:10.49* | 1:15.89* |
| 3:04.99* | 2:51.79* | 2:38.49* | 2:31.89* | 2:25.29* | 2:18.69* | 200 Y Breast | 2:04.19* | 2:10.09* | 2:15.99* | 2:21.89* | 2:33.79* | 2:45.59* |
| 1:14.19* | 1:08.89* | 1:03.59* | 1:00.89* | 98.29* | 95.59* | 100 Y Fly | 94.39* | 96.79* | 99.19* | 1:01.59* | 1:03.99* | 1:05.89* |
| 2:44.39* | 2:32.59* | 2:20.89* | 2:14.99* | 2:09.19* | 2:03.29* | 200 Y Fly | 1:51.39* | 1:56.6 | | | | |