

Improvement Report
2019 NC SC Senior Champs
Meet Date: 02/21/2019
Location: Charlotte, NC
Report Date: 02/26/2019

Athlete Name	Age	Gen	Event	P/F/T	Place	Points	Time	Base Line	Improvement
Bria, Eamon	18	M	Open 100 Breast	P	26		1:00.82Y	1:01.11Y	-0.29
			Splits 50: 28.36 100: 32.46						
			Open 100 Fly	P	109		56.75Y	57.99Y	-1.24
			Splits 50: 26.28 100: 30.47						
			Open 100 Free	P	137		51.37Y	50.79Y	0.58
			Splits 50: 24.46 100: 26.91						
			Open 200 Breast	F	19		2:14.00Y	2:15.34Y	-1.34
Bunner, Devin	16	M	Open 100 Breast	F	23		1:00.95Y	1:03.62Y	-2.67
			Splits 50: 28.43 100: 32.52						
			Open 100 Fly	P	21		1:00.46Y	1:03.62Y	-3.16
			Splits 50: 28.43 100: 32.52						
			Open 100 Free	P	104		50.49Y	51.30Y	-0.81
			Splits 50: 24.23 100: 26.26						
			Open 200 Breast	F	13	4.00	2:11.07Y	2:17.54Y	-6.47
Candelaria, Bianca	18	F	Open 100 Back	P	111		1:02.95Y	1:01.46Y	1.49
			Splits 50: 30.77 100: 32.18						
			Open 100 Free	P	65		54.71Y	55.29Y	-0.58
			Splits 50: 26.54 100: 28.17						
			Open 200 Back	P	101		2:19.61Y	2:15.78Y	3.83
			Splits 50: 32.89 100: 35.21 150: 36.02 200: 35.49						
			Open 200 Free	P	84		2:01.24Y	2:01.70Y	-0.46

Splits 50: 28.12 100: 30.57 150: 31.02 200: 31.53								
Cheifetz, Adam	18	M	Open 50 Free	P	66	25.18Y	24.86Y	0.32
			Open 100 Back	P	121	59.59Y	1:00.07Y	-0.48
Splits 50: 28.22 100: 31.37								
			Open 100 Breast	F	20	1:00.30Y	57.70Y	2.60
Splits 50: 27.11 100: 33.19								
				P	24	1:00.72Y	57.70Y	3.02
Splits 50: 27.11 100: 33.19								
			Open 100 Free	P	126	51.01Y	51.29Y	-0.28
Splits 50: 23.96 100: 27.05								
Dingfelder, David	18	M	Open 50 Free	P	60	22.74Y	22.05Y	0.69
			Open 100 Back	P	76	56.43Y	54.77Y	1.66
Splits 50: 27.00 100: 29.43								
			Open 100 Breast	P	67	1:04.43Y	1:03.20Y	1.23
Splits 50: 30.21 100: 34.22								
			Open 100 Fly	P	73	55.11Y	55.09Y	0.02
Splits 50: 25.65 100: 29.46								
			Open 100 IM	F	23	56.20Y	1:07.90Y	-11.70
Splits 50: 26.85 100: 29.35								
			Open 200 Back	P	60	2:04.34Y	2:00.57Y	3.77
Splits 50: 28.90 100: 31.41 150: 31.98 200: 32.05								
			Open 200 IM	P	70	2:04.89Y	2:00.72Y	4.17
Splits 50: 26.88 100: 32.65 150: 35.72 200: 29.64								
Eppinger, Tate	16	M	Open 50 Back	F		25.99YL	25.87Y	0.12
			Open 50 Free	F		23.17YL	22.61Y	0.56
			Open 100 Back	P	67	55.88Y	57.60Y	-1.72
Splits 50: 26.97 100: 28.91								
			Open 100 Fly	P	87	55.69Y	56.27Y	-0.58
Splits 50: 25.76 100: 29.93								
			Open 100 Free	P	71	49.58Y	50.15Y	-0.57
Splits 50: 24.02 100: 25.56								
			Open 200 Free	P	102	1:52.88Y	1:52.56Y	0.32
Splits 100: 54.97 200: 57.91								
Ervin, Bridgette	16	F	Open 50 Free	P	100	23.29Y	23.00Y	0.29
			Open 100 Breast	F	23	1:07.43Y	1:06.23Y	1.20
Splits 50: 31.08 100: 36.35								
				P	17	1:06.97Y	1:06.23Y	0.74
Splits 50: 31.08 100: 36.35								
			Open 100 Free	P	148	56.98Y	57.16Y	-0.18
Splits 50: 26.94 100: 30.04								

			Open 200 Breast	P	33		2:31.49Y	2:33.19Y	-1.70
			Splits 50: 33.41 100: 38.29 150: 39.90 200: 39.89						
Falise, Nicholas	16	M	Open 50 Free	P	102		25.62Y	25.01Y	0.61
			Open 100 Breast	P	50		1:03.14Y	1:02.21Y	0.93
			Splits 50: 29.04 100: 34.10						
			Open 100 Fly	P	120		57.70Y	54.21Y	3.49
			Splits 50: 25.39 100: 32.31						
			Open 100 IM	F	15	2.00	54.85Y	1:05.12Y	-10.27
			Splits 50: 24.82 100: 30.03						
			Open 200 Back	P	70		2:06.74Y	1:58.00Y	8.74
			Splits 50: 28.78 100: 32.31 150: 33.47 200: 32.18						
			Open 200 Breast	P	54		2:21.95Y	2:16.32Y	5.63
			Splits 50: 30.58 100: 35.83 150: 38.05 200: 37.49						
			Open 200 IM	P	71		2:04.91Y	1:57.51Y	7.40
			Splits 50: 26.41 100: 33.46 150: 36.80 200: 28.24						
			Open 500 Free	P	42		4:54.74Y	4:52.87Y	1.87
			Splits 50: 25.44 100: 28.74 150: 29.72 200: 30.45 250: 30.37 300: 30.51 350: 30.52 400: 30.53 450: 30.11 500: 28.35						
Geib, Matthew	15	M	Open 100 Back	P	114		58.70Y	57.49Y	1.21
			Splits 50: 28.55 100: 30.15						
			Open 100 Breast	P	49		1:03.12Y	1:03.68Y	-0.56
			Splits 50: 29.37 100: 33.75						
			Open 100 Fly	P	71		55.10Y	55.02Y	0.08
			Splits 50: 25.44 100: 29.66						
			Open 200 Fly	P	71		2:09.33Y	2:06.62Y	2.71
			Splits 50: 27.11 100: 32.42 150: 34.90 200: 34.90						
Hannan, Zoe	16	F	Open 50 Free	P	151		24.17Y	24.60Y	-0.43
			Open 100 Breast	P	40		1:09.15Y	1:09.24Y	-0.09
			Splits 50: 32.89 100: 36.26						
			Open 100 Free	P	168		58.16Y	57.24Y	0.92
			Splits 50: 28.11 100: 30.05						
			Open 200 Breast	P	31		2:30.68Y	2:32.47Y	-1.79
			Splits 50: 33.50 100: 38.19 150: 39.45 200: 39.54						
			Open 200 IM	P	73		2:18.08Y	2:16.99Y	1.09
			Splits 50: 30.50 100: 36.70 150: 38.53 200: 32.35						
Heetderks, Claire	15	F	Open 100 Back	P	102		1:02.57Y	1:00.50Y	2.07
			Splits 50: 30.05 100: 32.52						
			Open 100 Fly	P	143		1:05.21Y	1:05.74Y	-0.53
			Splits 50: 29.15 100: 36.06						
			Open 100 Free	P	137		56.73Y	55.64Y	1.09

Splits 50: 27.06 100: 29.67									
			Open 200 Back	P	94		2:17.91Y	2:13.70Y	4.21
Splits 50: 32.30 100: 34.79 150: 35.12 200: 35.70									
			Open 200 Free	F			1:59.49YL	1:59.73Y	-0.24
			Open 50 Back	F			29.26YL	29.67Y	-0.41
			Open 50 Free	P	142		26.09Y	25.61Y	0.48
Heidkamp, George	17	M	Open 100 Back	F	22		54.17Y	53.46Y	0.71
Splits 50: 26.01 100: 28.16									
				P	27		53.60Y	53.46Y	0.14
Splits 50: 26.01 100: 28.16									
			Open 100 Fly	F	21		52.60Y	55.76Y	-3.16
Splits 50: 24.52 100: 28.08									
				P	25		52.83Y	55.76Y	-2.93
Splits 50: 24.52 100: 28.08									
			Open 100 Free	P	17		47.55Y	46.82Y	0.73
Splits 50: 22.74 100: 24.81									
			Open 100 IM	F	7	12.00	53.32Y	56.23Y	-2.91
Splits 50: 24.34 100: 28.98									
			Open 200 Free	F	21		1:44.90Y	1:45.91Y	-1.01
Splits 50: 24.12 100: 26.42 150: 27.12 200: 27.24									
				P	18		1:44.45Y	1:45.91Y	-1.46
Splits 50: 24.12 100: 26.42 150: 27.12 200: 27.24									
			Open 200 IM	P	34		2:01.63Y	1:59.36Y	2.27
Splits 50: 25.56 100: 30.87 150: 36.42 200: 28.78									
			Open 50 Free	F	6	13.00	21.25Y	21.20Y	0.05
				P	9		21.29Y	21.20Y	0.09
Husketh, Dalton	15	M	Open 100 Fly	P	96		55.97Y	56.11Y	-0.14
Splits 50: 26.15 100: 29.82									
			Open 100 Free	P	175		53.40Y	54.20Y	-0.80
Splits 50: 25.25 100: 28.15									
			Open 200 Fly	P	55		2:04.62Y	2:05.39Y	-0.77
Splits 50: 27.33 100: 31.02 150: 33.10 200: 33.17									
			Open 500 Free	P	91		5:12.39Y	5:17.88Y	-5.49
Splits 50: 27.46 100: 30.82 150: 31.47 200: 32.21 250: 32.16 300: 32.05 350: 32.93 400: 31.80 450: 30.94 500: 30.55									
Kosik, Ede	15	F	Open 100 Free	F	16	1.00	53.56Y	52.68Y	0.88
Splits 50: 25.88 100: 27.68									
				P	25		53.13Y	52.68Y	0.45
Splits 50: 25.88 100: 27.68									
			Open 200 Free	P	31		1:56.38Y	1:55.05Y	1.33
Splits 50: 27.22 100: 29.42 150: 30.13 200: 29.61									
			Open 50 Free	P	61		25.12Y	24.82Y	0.30

Lange, Sophia	17	F	Open 100 Fly	F	17		57.36Y	56.73Y	0.63	
	Splits 50: 27.05 100: 30.31			P	25		58.37Y	56.73Y	1.64	
	Splits 50: 27.05 100: 30.31									
			Open 1000 Free	F	8	11.00	10:25.63Y	10:50.22Y	-24.59	
	Splits 50: 27.79 100: 30.16 150: 30.82 200: 30.61 250: 30.83 300: 31.29 350: 31.11 400: 31.40 450: 31.47 500: 31.37 550: 31.63 600: 31.53 650: 31.76 700: 31.88 750: 32.02 800: 32.25 850: 32.17 900: 32.23 950: 32.00 1000: 31.31									
			Open 1650 Free	F	3	16.00	17:21.16Y	17:42.92Y	-21.76	
	Splits 50: 28.21 100: 31.13 150: 31.23 200: 31.27 250: 31.67 300: 31.59 350: 31.80 400: 31.72 450: 31.67 500: 32.07 550: 31.62 600: 31.94 650: 31.82 700: 31.92 750: 31.98 800: 31.49 850: 32.01 900: 31.81 950: 31.44 1000: 32.14 1050: 31.63 1100: 31.51 1150: 31.71 1200: 31.38 1250: 31.56 1300: 31.30 1350: 31.62 1400: 31.46 1450: 30.97 1500: 32.07 1550: 32.07 1600: 32.24 1650: 31.11									
			Open 200 Fly	F	7	12.00	2:05.55Y	2:06.93Y	-1.38	
	Splits 50: 27.92 100: 31.50 150: 32.72 200: 33.41									
			P	8		2:06.41Y	2:06.93Y	-0.52		
Splits 50: 27.92 100: 31.50 150: 32.72 200: 33.41										
		Open 200 Free	P	37		1:56.78Y	1:56.14Y	0.64		
Splits 50: 26.47 100: 29.28 150: 30.25 200: 30.78										
		Open 500 Free	F	10	7.00	5:04.88Y	5:02.02Y	2.86		
Splits 50: 27.70 100: 30.01 150: 30.62 200: 30.91 250: 30.70 300: 30.95 350: 31.06 400: 31.48 450: 31.18 500: 30.27										
			P	14		5:07.78Y	5:02.02Y	5.76		
Splits 50: 27.70 100: 30.01 150: 30.62 200: 30.91 250: 30.70 300: 30.95 350: 31.06 400: 31.48 450: 31.18 500: 30.27										
Pritchard, Thomas	17	M	Open 100 Fly	P	68		54.99Y	55.56Y	-0.57	
	Splits 50: 25.81 100: 29.18									
			Open 100 Free	P	58		49.17Y	49.00Y	0.17	
	Splits 50: 23.71 100: 25.46									
			Open 1000 Free	F	14	3.00	9:56.58Y	9:40.51Y	16.07	
			Open 200 Fly	P	49		2:03.22Y	1:58.98Y	4.24	
	Splits 50: 27.12 100: 30.93 150: 31.99 200: 33.18									
			Open 200 Free	F	20		1:44.69Y	1:43.77Y	0.92	
	Splits 50: 24.49 100: 26.55 150: 26.87 200: 26.78									
			P	20		1:44.72Y	1:43.77Y	0.95		
Splits 50: 24.49 100: 26.55 150: 26.87 200: 26.78										
		Open 500 Free	F	5	14.00	4:39.35Y	4:36.76Y	2.59		
Splits 50: 24.70 100: 26.94 150: 27.88 200: 28.39 250: 28.66 300: 28.59 350: 28.82 400: 28.83 450: 28.53 500: 28.01										
			P	5		4:39.48Y	4:36.76Y	2.72		
Splits 50: 24.70 100: 26.94 150: 27.88 200: 28.39 250: 28.66 300: 28.59 350: 28.82 400: 28.83 450: 28.53 500: 28.01										
Rigsbee, Matthew	18	M	Open 100 Breast	P	51		1:03.24Y	1:03.20Y	0.04	
				Splits 50: 29.93 100: 33.31						
		Open 100 Free	P	129		51.14Y	50.51Y	0.63		
Splits 50: 24.42 100: 26.72										
		Open 100 IM	F	25		56.57Y	57.21Y	-0.64		

Splits 50: 26.75 100: 29.82									
			Open 200 Breast	P	44		2:19.33Y	2:16.40Y	2.93
Splits 50: 30.83 100: 35.75 150: 35.55 200: 37.20									
			Open 200 IM	P	88		2:07.52Y	2:02.56Y	4.96
Splits 50: 27.23 100: 33.68 150: 36.51 200: 30.10									
Roberts, Lucy	16	F	Open 50 Free	P	64		22.80Y	22.87Y	-0.07
			Open 100 Breast	P	76		1:12.26Y	1:16.70Y	-4.44
Splits 50: 33.80 100: 38.46									
			Open 100 Fly	P	142		1:05.12Y	1:06.54Y	-1.42
Splits 50: 29.88 100: 35.24									
			Open 200 Breast	P	83		2:41.16Y	2:40.42Y	0.74
Splits 50: 36.91 100: 40.77 150: 41.46 200: 42.02									
Sept, Audrey	17	F	Open 100 Back	P	77		1:01.93Y	1:02.48Y	-0.55
Splits 50: 30.04 100: 31.89									
			Open 100 Fly	P	86		1:01.44Y	1:02.05Y	-0.61
Splits 50: 28.65 100: 32.79									
			Open 100 Free	P	73		54.95Y	54.24Y	0.71
Splits 50: 26.28 100: 28.67									
			Open 200 Free	F			1:58.69YL	2:00.72Y	-2.03
			Open 200 IM	P	90		2:20.83Y	2:15.12Y	5.71
Splits 50: 29.03 100: 36.41 150: 42.71 200: 32.68									
Simpson, Leah	15	F	Open 50 Free	P	115		25.74Y	25.25Y	0.49
			Open 100 Breast	F	16	1.00	1:07.70Y	1:07.36Y	0.34
Splits 50: 31.93 100: 35.77									
				P	13		1:06.38Y	1:07.36Y	-0.98
Splits 50: 31.93 100: 35.77									
			Open 100 Free	P	41		53.93Y	54.18Y	-0.25
Splits 50: 25.84 100: 28.09									
			Open 100 IM	F	8	10.00	1:00.86Y	1:06.58Y	-5.72
Splits 50: 28.03 100: 32.83									
			Open 200 Breast	F	12	5.00	2:23.70Y	2:22.80Y	0.90
Splits 50: 32.12 100: 35.98 150: 37.25 200: 38.35									
				P	10		2:23.30Y	2:22.80Y	0.50
Splits 50: 32.12 100: 35.98 150: 37.25 200: 38.35									
			Open 200 IM	P	25		2:12.08Y	2:10.68Y	1.40
Splits 50: 28.68 100: 35.33 150: 37.92 200: 30.15									
			Open 400 IM	P	22		4:39.62Y	4:48.42Y	-8.80
Splits 50: 29.23 100: 33.93 150: 37.58 200: 37.04 250: 39.56 300: 38.66 350: 32.93 400: 30.69									
Suminguit, Jacob	17	M	Open 50 Free	F			25.03YL	24.91Y	0.12
			Open 100 Breast	P	78		1:05.87Y	1:03.78Y	2.09
Splits 50: 30.83 100: 35.04									

			Open 100 Free	P	181		55.43Y	55.62Y	-0.19
			Splits 50: 26.38 100: 29.05						
			Open 200 Breast	P	46		2:19.95Y	2:18.00Y	1.95
			Splits 50: 31.74 100: 35.25 150: 35.99 200: 36.97						
			Open 200 IM	P	113		2:15.77Y	2:13.59Y	2.18
			Splits 50: 30.30 100: 36.43 150: 37.17 200: 31.87						
Sun, Meghan	16	F	Open 100 Back	P	178		1:08.29Y	1:07.34Y	0.95
			Splits 50: 33.14 100: 35.15						
			Open 100 Breast	P	79		1:12.41Y	1:14.48Y	-2.07
			Splits 50: 34.60 100: 37.81						
			Open 100 Fly	P	134		1:04.14Y	1:01.58Y	2.56
			Splits 50: 29.26 100: 34.88						
			Open 50 Free	P	126		25.93Y	25.51Y	0.42
Vann, Kelly	15	F	Open 100 Back	P	132		1:03.77Y	1:03.65Y	0.12
			Splits 50: 30.42 100: 33.35						
			Open 100 Free	P	127		56.56Y	55.22Y	1.34
			Splits 50: 26.91 100: 29.65						
			Open 200 Back	P	111		2:25.06Y	2:19.80Y	5.26
			Splits 50: 32.58 100: 36.62 150: 37.93 200: 37.93						
			Open 200 Free	P	83		2:01.13Y	2:00.85Y	0.28
			Splits 50: 27.98 100: 30.67 150: 31.61 200: 30.87						
			Open 50 Free	P	117		25.78Y	25.19Y	0.59
Weaver, Ryan	15	M	Open 100 Back	F	7	12.00	51.25Y	49.94Y	1.31
			Splits 50: 24.68 100: 26.57						
				P	9		51.71Y	49.94Y	1.77
			Splits 50: 24.68 100: 26.57						
			Open 100 Breast	P	40		1:02.32Y	1:01.08Y	1.24
			Splits 50: 29.31 100: 33.01						
			Open 100 Fly	P	102		56.33Y	55.70Y	0.63
			Splits 50: 25.92 100: 30.41						
			Open 100 Free	F			47.17YL	48.27Y	-1.10
			Open 100 IM	F	11	6.00	53.86Y	1:00.19Y	-6.33
			Splits 50: 24.27 100: 29.59						
			Open 200 Back	F	3	16.00	1:53.31Y	1:49.97Y	3.34
			Splits 50: 26.74 100: 29.05 150: 29.53 200: 27.99						
				P	15		1:56.54Y	1:49.97Y	6.57
			Splits 50: 26.74 100: 29.05 150: 29.53 200: 27.99						
			Open 50 Back	F			23.60YL	23.50Y	0.10
			Open 50 Free	F	13	4.00	21.48Y	21.32Y	0.16
				P	20		21.67Y	21.32Y	0.35

Wen, Melody	16	F	Open 100 Back	P	40		59.64Y	59.81Y	-0.17
Splits 50: 29.00 100: 30.64									
			Open 100 Fly	P	95		1:01.72Y	1:02.40Y	-0.68
Splits 50: 28.11 100: 33.61									
			Open 100 Free	F			53.14YL	52.56Y	0.58
			Open 100 IM	F	12	5.00	1:01.18Y	1:01.05Y	0.13
Splits 50: 27.05 100: 34.13									
			Open 200 Free	P	93		2:01.71Y	2:00.18Y	1.53
Splits 50: 27.69 100: 31.16 150: 31.73 200: 31.13									
			Open 50 Back	F			27.47YL	27.63Y	-0.16
			Open 50 Free	F	7	12.00	23.85Y	23.75Y	0.10
				P	7		23.96Y	23.75Y	0.21