

Carolina Aquatic Team

Team Travel

Code Of Conduct

The following code is in effect throughout the (travel trip name). Anyone who, in the opinion of the Carolina Aquatic Team Coaching Staff or Chaperones, acts in a manner that would interfere with the travel objectives listed below, will be subject to immediate return home (at the expense of the parent and/or swimmer) and other punishments including barring from future CAT Team trips, events, or competition may be imposed.

1. Carolina Aquatic Team will be traveling as a team to (travel trip name) and everyone is expected to behave in an exemplary manner. The reputation of CAT, CAT Coaches, as well as your teammates, is dependent on your behavior.
2. The CAT Coaching Staff and Chaperones hold the final word on any rules, regulations or disciplinary actions.
3. The consumption or purchase of alcohol, smoking or chewing tobacco, or use of any other illegal drug or substance of any kind will not be allowed. In addition, any member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities will be subject to the same punishments.
4. Use of inappropriate language, including obscene language or gestures and other threatening language or conduct will not be tolerated while traveling with CAT at any time.
5. At no time will athletes go anywhere alone or without the knowledge and permission of a CAT Coach or Chaperone.
6. At no times will male and female athletes be in the same hotel room together. This applies to your CAT Team members or members of any other Team.
7. No team meetings, activities, or practices may be missed. Be punctual to all meetings, events, and warm-up times.
8. No team member may be out of their room after the assigned curfew time and no one may leave their room alone. Permission must be obtained from the CAT Coaching Staff or designated chaperones to leave the room.
9. Any damages or thievery incurred at a hotel will be at the expense of the swimmers assigned to that room, and further disciplinary action will be taken. No loud or boisterous behavior will be tolerated in the hallways or public areas, such behavior should be kept to a minimum in your rooms. Make all phone calls (except within the hotel) from a cell phone.
10. Any individual damages or thievery incurred on the trip will be at the expense of the swimmer, and further disciplinary action will be taken. Such behavior will not be tolerated.
11. All team members will be polite in restaurants. Leave a 15% tip (Minimum). If there

is a problem with the service, see the CAT Coaching Staff or Chaperones.

12. Athletes agree to follow these and any other rules having to do with the behavior and the Carolina Aquatic Team, as established by the Coaching Staff and the Chaperones.
13. I recognize my responsibility to abide by these rules and requirements and those of the Carolina Aquatic Team I am representing, and I acknowledge that I have received and read such.

Swimmer's Printed Name _____ **Date** _____

Swimmer's Signature _____ **Date** _____

Parents's Signature _____ **Date** _____

CAT Head Coach's Signature _____ **Date** _____