

Female 15-16 50 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	27.15	798	Marinshaw, Dania	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
2	27.45	775	Liu, Danielle	15	NC Carolina Aquatic Team	6/8/2012	2012 NC WAVE Capital City Invi
3	27.59	763	Schumann, Sadie	15	NC Carolina Aquatic Team	6/24/2016	2016 VA CGBD Summer Madness LC
4	27.64	756	Howard, Chelsea	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open Time Trials
4	27.64	759	Kosik, Ede	15	NC Carolina Aquatic Team	7/30/2019	2019 Southern Zone Age Group C
6	27.76	748	Stewart, Erika	15	NC Carolina Aquatic Team	3/28/2006	2006 Spring Champs
7	27.90	734	Sarratt, Emily	16	NC Carolina Aquatic Team	7/12/2012	2012 Speedo Champs Series
8	27.97	731	Smith, Morgan	15	NC Carolina Aquatic Team	7/12/2012	2012 Speedo Champs Series
9	28.03	726	Liu, Caroline	15	NC Carolina Aquatic Team	7/27/2012	2012 NC Tar Heel State Meet -
10	28.15	713	Chambers, Carissa	16	NC Carolina Aquatic Team	7/24/2003	2003 NC Long Course

Female 15-16 100 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	58.29	819	Marinshaw, Dania	15	NC Carolina Aquatic Team	8/4/2008	2008 Speedo Junior National Ch
2	58.83	783	Liu, Danielle	16	NC Carolina Aquatic Team	8/5/2013	2013 Speedo Juniors - Time Tri
3	59.00	775	Kosik, Ede	16	NC Carolina Aquatic Team	3/5/2020	2020 Sectional - Cary
4	59.11	771	Schumann, Sadie	16	NC Carolina Aquatic Team	8/9/2016	2016 NCSA Summer Swimming Cham
5	59.34	760	Pesacreta, Marie	16	NC Carolina Aquatic Team	7/19/2007	2007 NC NCS LC Senior Champion
6	59.72	744	Smith, Morgan	16	NC Carolina Aquatic Team	7/11/2013	2013 GA LC Senior Sectionals
7	1:00.25	721	Howard, Chelsea	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open Time Trials
8	1:00.60	706	Davis, Supriya	16	NC Carolina Aquatic Team	7/15/2010	2010 GA Long Course Speedo Champi
9	1:01.27	689	Robinson, Mackenzie	15	NC Carolina Aquatic Team	7/24/2008	2008 NC LC Senior Champs
10	1:01.34	686	Sarratt, Emily	15	NC Carolina Aquatic Team	7/14/2011	2011 GA Senior Sectionals

Female 15-16 200 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:03.21	862	Marinshaw, Dania	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open
2	2:05.38	829	Caron, Hannah	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
3	2:05.78	820	Liu, Danielle	15	NC Carolina Aquatic Team	7/31/2012	2012 NT LC Southern Zone Champ
4	2:08.35	742	Schumann, Sadie	16	NC Carolina Aquatic Team	8/9/2016	2016 NCSA Summer Swimming Cham
5	2:09.31	720	Pesacreta, Marie	16	NC Carolina Aquatic Team	7/19/2007	2007 NC NCS LC Senior Champion
6	2:10.27	699	Kanoy, Leigh	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
7	2:10.46	695	Davis, Supriya	16	NC Carolina Aquatic Team	7/15/2010	2010 GA Long Course Speedo Champi
8	2:10.71	690	Smith, Morgan	16	NC Carolina Aquatic Team	7/30/2013	2013 SC Southern Zone Age Grou
9	2:11.13	699	Smith, Meghan	15	NC Carolina Aquatic Team	7/19/2007	2007 NC NCS LC Senior Champion
10	2:11.92	664	Howard, Ashley	16	NC Carolina Aquatic Team	7/28/2004	2004 NC Long Course Age Group

Female 15-16 400 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:19.58	848	Marinshaw, Dania	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open
2	4:23.19	806	Liu, Danielle	16	NC Carolina Aquatic Team	7/18/2013	2013 NC Swimming Senior LC Cha
3	4:25.31	815	Caron, Hannah	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
4	4:34.08	686	Schumann, Sadie	16	NC Carolina Aquatic Team	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
5	4:35.06	676	Howard, Ashley	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
6	4:35.55	702	Smith, Meghan	15	NC Carolina Aquatic Team	7/31/2007	2007 GU UH Southern Zone
7	4:37.12	654	Davis, Supriya	16	NC Carolina Aquatic Team	7/15/2010	2010 GA Long Course Speedo Champi
8	4:38.72	638	Robinson, Meredith	16	NC Carolina Aquatic Team	7/14/2005	2005 SE Speedo Sectionals
9	4:40.11	623	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/23/2009	2009 NC NCS LC Senior Champion
10	4:40.96	615	Shepherd, Sarah Helen	16	NC Carolina Aquatic Team	7/23/2015	2015 NC LC SR Championships

Female 15-16 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	8:54.40	860	Marinshaw, Dania	15	NC Carolina Aquatic Team	8/4/2008	2008 Speedo Junior National Ch
2	9:07.69	775	Liu, Danielle	16	NC Carolina Aquatic Team	7/11/2013	2013 GA LC Senior Sectionals
3	9:24.06	711	Smith, Meghan	15	NC Carolina Aquatic Team	7/31/2007	2007 GU UH Southern Zone

Female 15-16 800 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
4	9:24.18	693	Howard, Ashley	16	NC Carolina Aquatic Team	7/28/2004	2004 NC Long Course Age Group
5	9:30.10	682	Shepherd, Sarah Helen	15	NC Carolina Aquatic Team	7/24/2014	2014 NCS Senior LC Champs (HP
6	9:32.02	656	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/23/2009	2009 NC NCS LC Senior Champion
7	9:35.01	642	Tesch, Molly	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
8	9:49.45	592	Schumann, Sadie	15	NC Carolina Aquatic Team	7/23/2015	2015 NC LC SR Championships
9	9:50.47	571	Pesacreta, Marie	16	NC Carolina Aquatic Team	5/11/2007	2007 NC New South Swimming LC
10	9:50.88	586	Smith, Morgan	15	NC Carolina Aquatic Team	7/27/2012	2012 NC Tar Heel State Meet -

Female 15-16 1500 Freestyle Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	17:26.15	823	Caron, Hannah	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
2	17:57.85	727	Marinshaw, Dania	16	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi
3	17:59.27	724	Howard, Ashley	16	NC Carolina Aquatic Team	7/28/2004	2004 NC Long Course Age Group
4	18:05.00	710	Liu, Danielle	16	NC Carolina Aquatic Team	6/14/2013	2013 NC WAVE Capital City Invi
5	18:18.92	676	Tesch, Molly	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
6	18:20.18	687	Smith, Meghan	15	NC Carolina Aquatic Team	7/19/2007	2007 NC NCS LC Senior Champion
7	18:22.10	668	Schumann, Sadie	16	NC Carolina Aquatic Team	6/22/2017	2017 NC SGSA Eastern Invitatio
8	18:30.61	647	Davis, Supriya	16	NC Carolina Aquatic Team	7/22/2010	2010 NC Senior LC Championship
9	19:05.62	566	Shepherd, Sarah Helen	16	NC Carolina Aquatic Team	6/18/2015	2015 NC SGSA Eastern Invitatio
10	19:06.47	565	Robinson, Mackenzie	16	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi

Female 15-16 50 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	32.05	729	Schumann, Sadie	16	NC Carolina Aquatic Team	6/9/2017	2017 NC GCY Sprint and Distanc
2	32.65	733	Marinshaw, Dania	16	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi
3	32.97	733	Howard, Chelsea	16	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi
4	33.09	666	Liu, Caroline	15	NC Carolina Aquatic Team	7/27/2012	2012 NC Tar Heel State Meet -
5	33.43	621	Sarratt, Emily	16	NC Carolina Aquatic Team	5/4/2013	2013 NC NCAC Quad Meet
6	33.69	654	Pesacreta, Marie	16	NC Carolina Aquatic Team	6/30/2007	2007 NC RSA Summer Sizzle Meet
7	33.85	654	Nguyen, Magarit	16	NC Carolina Aquatic Team	7/13/2006	2006 PV PVS Senior LC Championships
8	34.23	597	Yu, Sarah	15	NC Carolina Aquatic Team	7/13/2006	2006 PV PVS Senior LC Championships
9	34.37	570	Siemens, Sara	15	NC Carolina Aquatic Team	7/29/2011	2011 NC Tar Heel State Meet East
10	34.81	539	Wood, Abby	15	NC Carolina Aquatic Team	7/26/2013	2013 NC NCAC Tar Heel State Me

Female 15-16 100 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:05.09	831	Marinshaw, Dania	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open Time Trials
2	1:05.47	816	Stewart, Erika	16	NC Carolina Aquatic Team	3/28/2007	2007 Spring Nationals
3	1:07.50	759	Shepherd, Sarah Helen	15	NC Carolina Aquatic Team	7/24/2014	2014 NCS Senior LC Champs (HP
4	1:07.74	731	Howard, Chelsea	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
5	1:07.75	749	Marley, Jordan	15	NC Carolina Aquatic Team	3/5/2020	2020 Sectional - Cary
6	1:08.47	705	Schumann, Sadie	16	NC Carolina Aquatic Team	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
7	1:08.51	703	Slocum, Ashley	16	NC Carolina Aquatic Team	3/3/2016	2016 Speedo Champions Series E
8	1:08.77	694	Pesacreta, Marie	16	NC Carolina Aquatic Team	7/12/2007	2007 SE Speedo Champions Series
9	1:09.13	699	Nguyen, Magarit	15	NC Carolina Aquatic Team	7/14/2005	2005 PV Senior LC Champs
10	1:09.21	678	Howard, Ashley	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series

Female 15-16 200 Backstroke Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:18.73	844	Marinshaw, Dania	16	NC Carolina Aquatic Team	8/4/2009	2009 U. S. Open Time Trials
2	2:21.52	799	Stewart, Erika	16	NC Carolina Aquatic Team	11/30/2006	2006 U.S. Open
3	2:22.07	809	Liu, Danielle	15	NC Carolina Aquatic Team	7/31/2012	2012 NT LC Southern Zone Champ
4	2:23.55	766	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
5	2:24.62	768	Shepherd, Sarah Helen	15	NC Carolina Aquatic Team	7/24/2014	2014 NCS Senior LC Champs (HP

Female 15-16 200 Backstroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
6	2:25.51	754	Marley, Jordan	15	NC Carolina Aquatic Team	3/5/2020	2020 Sectional - Cary
7	2:28.62	705	Anderson, Claire	15	NC Carolina Aquatic Team	7/21/2006	2006 NC NCS Senior LC Champion
8	2:28.94	681	Howard, Ashley	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
9	2:29.83	667	Howard, Chelsea	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
10	2:30.21	661	Schumann, Sadie	16	NC Carolina Aquatic Team	8/9/2016	2016 NCSA Summer Swimming Cham

Female 15-16 50 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	34.43	812	Sarratt, Emily	16	NC Carolina Aquatic Team	5/9/2013	2013 Arena Grand Prix at Charl
2	36.37	703	Simpson, Leah	15	NC Carolina Aquatic Team	8/6/2019	2019 NCSA Summer Swimming Cham
3	36.69	669	Ervin, Bridgette	16	NC Carolina Aquatic Team	8/6/2019	2019 NCSA Summer Swimming Cham
4	36.83	660	Nolte, Michaela	16	NC Carolina Aquatic Team	6/8/2012	2012 NC WAVE Capital City Invi
5	37.39	640	Churchill, Becca	15	NC Carolina Aquatic Team	6/14/2013	2013 NC WAVE Capital City Invi
6	38.61	604	Smith, Meghan	15	NC Carolina Aquatic Team	6/30/2007	2007 NC RSA Summer Sizzle Meet
7	38.71	547	Chhan, Pahvie	16	NC Carolina Aquatic Team	6/10/2016	2016 NC GCY Sprint and Distanc
8	38.91	550	Schumann, Sadie	15	NC Carolina Aquatic Team	6/10/2016	2016 NC GCY Sprint and Distanc
9	39.14	545	Krasnov, Allie	15	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi
10	40.30	488	O'Donnell, Maureen	15	NC Carolina Aquatic Team	5/16/2008	2008 NC RSA Good Stuff Meet

Female 15-16 100 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	1:14.67	793	McClernan, Keary	15	NC Carolina Aquatic Team	8/7/2006	TT- 2006 Speedo USA Swimming J
2	1:16.31	744	Sarratt, Emily	15	NC Carolina Aquatic Team	3/8/2012	2012 NC Speedo Champions Serie
3	1:16.89	713	Pesacreta, Marie	16	NC Carolina Aquatic Team	8/6/2007	2007 Speedo Junior Nats TT
4	1:16.98	725	Simpson, Leah	15	NC Carolina Aquatic Team	6/13/2019	2019 NC SwimMAC Charlotte Ultr
5	1:17.22	718	Churchill, Becca	15	NC Carolina Aquatic Team	7/11/2013	2013 GA LC Senior Sectionals
6	1:17.46	711	Anderson, Claire	15	NC Carolina Aquatic Team	6/22/2006	2006 Santa Clara Grand Prix
7	1:17.60	692	Chhan, Pahvie	16	NC Carolina Aquatic Team	7/21/2016	2016 NC LC SR Championship
8	1:18.51	681	Robinson, Meredith	15	NC Carolina Aquatic Team	7/28/2004	2004 NC Long Course Age Group
9	1:18.80	658	Sept, Corri	16	NC Carolina Aquatic Team	7/24/2014	2014 NCS Senior LC Champs (HP
10	1:19.41	655	Stewart, Erika	15	NC Carolina Aquatic Team	6/8/2006	2006 NC Charlotte UltraSwim

Female 15-16 200 Breaststroke Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:39.59	816	McClernan, Keary	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
2	2:42.63	775	Robinson, Meredith	15	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
3	2:43.58	763	Caron, Hannah	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
4	2:45.65	736	Simpson, Leah	15	NC Carolina Aquatic Team	8/6/2019	2019 NCSA Summer Swimming Cham
5	2:46.03	731	Churchill, Becca	15	NC Carolina Aquatic Team	7/11/2013	2013 GA LC Senior Sectionals
6	2:46.05	731	Anderson, Claire	15	NC Carolina Aquatic Team	8/2/2005	2005 GU Southern Zones
7	2:46.40	723	Chhan, Pahvie	16	NC Carolina Aquatic Team	7/29/2016	2016 NC NCAC Tar Heel States
8	2:48.35	697	McCullough, Keira	16	NC Carolina Aquatic Team	7/27/2012	2012 NC Tar Heel State Meet -
9	2:48.55	695	Sarratt, Emily	16	NC Carolina Aquatic Team	5/9/2013	2013 Arena Grand Prix at Charl
10	2:49.38	684	Smith, Meghan	16	NC Carolina Aquatic Team	7/24/2008	2008 NC LC Senior Champs

Female 15-16 50 Butterfly Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	29.57	786	Howard, Chelsea	16	NC Carolina Aquatic Team	6/12/2009	2009 NC WAVE Capital City Invi
2	29.78	725	Sarratt, Emily	16	NC Carolina Aquatic Team	5/9/2013	2013 Arena Grand Prix at Charl
3	30.35	681	Davis, Supriya	16	NC Carolina Aquatic Team	5/14/2010	2010 RSA NC Good Stuff Long Co
4	30.75	651	Stuart, Lucy	16	NC Carolina Aquatic Team	6/14/2013	2013 NC WAVE Capital City Invi
5	30.78	668	Schumann, Sadie	15	NC Carolina Aquatic Team	6/10/2016	2016 NC GCY Sprint and Distanc
6	31.14	632	Pesacreta, Marie	16	NC Carolina Aquatic Team	6/30/2007	2007 NC RSA Summer Sizzle Meet
7	31.64	585	Siemens, Sara	16	NC Carolina Aquatic Team	6/23/2012	2012 NC RSA Summer Sizzle Meet
8	31.86	569	Chhan, Pahvie	16	NC Carolina Aquatic Team	6/10/2016	2016 NC GCY Sprint and Distanc
9	32.78	504	Marley, Jordan	16	NC Carolina Aquatic Team	6/25/2021	2021 NC NCAC Summer Meet

USA Swimming, Inc.
Club: Carolina Aquatic Team For All Time

Female 15-16 50 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
10	32.84	579	Smith, Meghan	15	NC Carolina Aquatic Team	6/30/2007	2007 NC RSA Summer Sizzle Meet

Female 15-16 100 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	1:01.83	884	Howard, Chelsea	15	NC Carolina Aquatic Team	7/10/2008	Senior Long Course Sectional C
2	1:02.18	872	Caron, Hannah	15	NC Carolina Aquatic Team	8/1/2006	2006 CP Summer Nationals
3	1:04.36	795	Anderson, Claire	15	NC Carolina Aquatic Team	7/13/2006	LC Senior Sectionals 2006
4	1:04.99	754	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
5	1:05.49	737	Davis, Supriya	16	NC Carolina Aquatic Team	7/15/2010	2010 GA Long Course Speedo Champi
6	1:05.77	746	Schumann, Sadie	15	NC Carolina Aquatic Team	3/3/2016	2016 Speedo Champions Series E
7	1:05.86	724	Smith, Morgan	16	NC Carolina Aquatic Team	7/30/2013	2013 SC Southern Zone Age Grou
8	1:05.91	722	Robinson, Meredith	16	NC Carolina Aquatic Team	7/28/2005	2005 NC Long Course State Cham
9	1:06.59	699	Kanoy, Leigh	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series
10	1:06.67	696	Sarratt, Emily	16	NC Carolina Aquatic Team	7/31/2012	2012 NT LC Southern Zone Champ

Female 15-16 200 Butterfly Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:17.85	854	Caron, Hannah	15	NC Carolina Aquatic Team	8/1/2006	2006 ConocoPhillips National t
2	2:20.89	808	Anderson, Claire	15	NC Carolina Aquatic Team	7/13/2006	LC Senior Sectionals 2006
3	2:20.98	807	Howard, Chelsea	15	NC Carolina Aquatic Team	8/4/2008	2008 Speedo Junior National Ch
4	2:21.51	796	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/23/2009	2009 NC NCS LC Senior Champion
5	2:23.50	767	Smith, Meghan	16	NC Carolina Aquatic Team	7/10/2008	Senior Long Course Sectional C
6	2:23.52	766	Robinson, Meredith	16	NC Carolina Aquatic Team	7/28/2005	2005 NC Long Course State Cham
7	2:24.77	748	Smith, Morgan	16	NC Carolina Aquatic Team	7/30/2013	2013 SC Southern Zone Age Grou
8	2:25.01	744	Davis, Supriya	16	NC Carolina Aquatic Team	7/15/2010	2010 GA Long Course Speedo Champi
9	2:25.26	744	Marley, Jordan	15	NC Carolina Aquatic Team	3/5/2020	2020 Sectional - Cary
10	2:26.80	718	Lange, Sophie	16	NC Carolina Aquatic Team	7/19/2018	2018 NCS LC SR Championships

Female 15-16 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:21.66	832	Liu, Danielle	16	NC Carolina Aquatic Team	8/5/2013	2013 Speedo Juniors - Time Tri
2	2:22.29	827	Pesacreta, Marie	15	NC Carolina Aquatic Team	12/1/2005	2005 US Open Champs
3	2:22.69	820	Caron, Hannah	15	NC Carolina Aquatic Team	8/7/2006	2006 Speedo USA Swimming Junio
4	2:25.71	767	Sarratt, Emily	15	NC Carolina Aquatic Team	3/8/2012	2012 NC Speedo Champions Serie
5	2:25.74	760	Robinson, Meredith	16	NC Carolina Aquatic Team	7/14/2005	2005 SE Speedo Sectionals
6	2:26.50	747	Robinson, Mackenzie	16	NC Carolina Aquatic Team	7/16/2009	2009 SE Eastern Sectional Seni
7	2:26.90	740	Schumann, Sadie	16	NC Carolina Aquatic Team	8/9/2016	2016 NCSA Summer Swimming Cham
8	2:27.28	740	Anderson, Claire	15	NC Carolina Aquatic Team	7/13/2006	LC Senior Sectionals 2006
9	2:28.44	720	Smith, Morgan	15	NC Carolina Aquatic Team	7/12/2012	2012 Speedo Champs Series
10	2:28.64	711	Smith, Meghan	16	NC Carolina Aquatic Team	7/10/2008	Senior Long Course Sectional C

Female 15-16 400 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	4:59.76	818	Caron, Hannah	15	NC Carolina Aquatic Team	8/1/2006	2006 CP Summer Nationals
2	5:02.36	791	Liu, Danielle	16	NC Carolina Aquatic Team	7/11/2013	2013 GA LC Senior Sectionals
3	5:06.61	758	Robinson, Meredith	16	NC Carolina Aquatic Team	7/14/2005	2005 SE Speedo Sectionals
4	5:06.86	756	Pesacreta, Marie	16	NC Carolina Aquatic Team	7/12/2007	2007 SE Speedo Champions Series
5	5:08.02	752	Robinson, Mackenzie	15	NC Carolina Aquatic Team	7/10/2008	Senior Long Course Sectional C
6	5:08.30	750	Shepherd, Sarah Helen	15	NC Carolina Aquatic Team	7/24/2014	2014 NCS Senior LC Champs (HP
7	5:09.06	744	Anderson, Claire	15	NC Carolina Aquatic Team	7/13/2006	LC Senior Sectionals 2006
8	5:12.05	715	Sarratt, Emily	16	NC Carolina Aquatic Team	7/31/2012	2012 NT LC Southern Zone Champ
9	5:12.52	718	Smith, Meghan	15	NC Carolina Aquatic Team	7/31/2007	2007 GU UH Southern Zone
10	5:13.10	707	Tesch, Molly	16	NC Carolina Aquatic Team	7/22/2004	2004 SE Speedo Champions Series