

## Club: Carolina Aquatic Team For All Time

## Female 10 &amp; under 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:18.96	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	33.19 10 Smith, Morgan	10 Liu, Danielle	10 Marzinsky, Cece	10 Liu, Caroline
2	2:20.16	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	00.00 8 Roses, Maija	10 Krasnov, Allie	10 Davis, Supriya	10 Meyer, Theresa
3	2:21.35	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	10 Sarratt, Emily	9 Marzinsky, Cece	10 Roses, Maija	9 Smith, Morgan
4	2:23.65	NC	Carolina Aquatic Team 2014 NC 14 & Under Long Cours	36.06 10 Eward, Aly	10 Kosik, Ede	9 Sept, Margaret	9 Marley, Jordan
5	2:24.40	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	9 Roses, Maija	10 Fowler, Kalyn	8 Smith, Morgan	10 Castillo, Bailey
6	2:28.21	NC	Carolina Aquatic Team 2008 NC RSA Good Stuff Meet	10 Churchill, Becca	10 Castillo, Anne	10 Marzinsky, Cece	9 Kloetzer, Hannah
7	2:30.29	NC	Carolina Aquatic Team 2014 NC GSA Eastern Invitation	10 Eward, Aly	9 Sept, Margaret	9 Marley, Jordan	10 Kosik, Ede
8	2:32.95	NC	Carolina Aquatic Team 2017 NC LC AG Championships	39.37 10 Mihaly, Chloe	10 Spreitzer, Aubree	9 Roberts, Grace	10 Frank, Lily
9	2:33.10	NC	Carolina Aquatic Team 2018 NCS LC AG Championships	35.53 10 Thornburg, Sophie	10 Roberts, Grace	10 Schonwalder, Olivia	10 Meiferdt, Natalie
10	2:35.53	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	00.00 9 Fowler, Kalyn	10 Rowsey, Jess	9 Nolte, Michaela	10 Galli, Thea

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Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:36.57	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	00.00 10 Meyer, Theresa	9 Fowler, Kalyn	10 Davis, Supriya	8 Roses, Maija
2	2:41.90	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	10 Roses, Maija	10 Sarratt, Emily	9 Marzinsky, Cece	9 Smith, Morgan
3	2:43.96	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	10 Castillo, Bailey	10 Fowler, Kalyn	9 Roses, Maija	10 Nolte, Michaela
4	2:46.74	NC	Carolina Aquatic Team 2014 NC 14 & Under Long Cours	42.73 9 Marley, Jordan	9 Sept, Margaret	10 Kosik, Ede	10 Eward, Aly
5	2:55.56	NC	Carolina Aquatic Team 2014 NC NCAC Quad Meet	45.38 9 Marley, Jordan	9 Sept, Margaret	10 Eward, Aly	9 Cai, Laura
6	2:56.30	NC	Carolina Aquatic Team 2018 NCS LC AG Championships	41.10 10 Roberts, Grace	10 Schonwalder, Olivia	9 Yorkery, Cadence	10 Thornburg, Sophie
7	2:58.29	NC	Carolina Aquatic Team 2012 NC NCAC Quad Meet	10 Sept, Audrey	10 Liu, Emily	10 Sun, Meghan	9 Vann, Kelly
8	3:01.73	NC	Carolina Aquatic Team 2010 NC RSA Good Stuff	10 Slocum, Ashley	8 Liu, Emily	9 Falise, Emily	9 Morris, Grace
9	3:03.82	NC	Carolina Aquatic Team 2017 NC LC AG Championships	9 Roberts, Grace	9 Schonwalder, Olivia	10 Mihaly, Chloe	10 Spreitzer, Aubree
10	3:10.92	NC	Carolina Aquatic Team 2019 NC ECA Beach Invitational	00.00 7 Weaver, Erin	10 Meiferdt, Natalie	10 Thornburg, Sophie	8 Schaper, Caroline

## Female 10 &amp; under 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	7:00.06	NC	Carolina Aquatic Team 2004 NC Summer Sizzle	1:44.10 10 Andrews, Caroline	10 Galli, Thea	9 Fowler, Kalyn	7 Smith, Morgan

## Female 11-12 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:00.47	NC	Carolina Aquatic Team 2008 NC LC 14 & Under LC Champ	28.02 12 Roses, Maija	11 Liu, Danielle	12 Siemens, Sara	12 Sarratt, Emily
2	2:00.99	NC	Carolina Aquatic Team 2003 NC Long Course	1:00.00 11 Fowler, Kelley	12 Anderson, Claire	12 Caron, Hannah	12 Stewart, Erika
3	2:01.55	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	12 Marinshaw, Dania	11 Davis, Supriya	12 Robinson, Mackenzie	12 Howard, Chelsea
4	2:01.71	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	00.00 11 Marinshaw, Dania	12 Smith, Jessica	11 Robinson, Mackenzie	12 Fowler, Kelley
5	2:01.93	NC	Carolina Aquatic Team 2009 NC NCS Age Group LC Champs	30.61 12 Liu, Danielle	11 Xu, Jennifer	12 Smith, Morgan	12 Stuart, Lucy

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## Female 11-12 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
6	2:02.62	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	29.76 12 Castillo, Bailey	12 Hu, Karen	11 Roses, Maija	12 Speight, Carly
7	2:02.91	NC	Carolina Aquatic Team 2004 NC GSA Eastern Invitation	33.25 11 Robinson, Mackenzie	11 Marinshaw, Dania	12 Fowler, Kelley	12 Caron, Hannah
8	2:03.48	NC	Carolina Aquatic Team 2007 NC New South Swimming LC	29.80 12 Castillo, Bailey	12 Schaefer, Jamie	12 Speight, Carly	11 Roses, Maija
9	2:04.52	NC	Carolina Aquatic Team 2011 NC RSA Good Stuff Long Co	12 Shepherd, Sarah Helen	12 Wood, Abbey	12 Lai, Allison	12 Helmich, Emma
10	2:04.86	NC	Carolina Aquatic Team 2010 NC 14 & Under Long Course	30.02 12 Xu, Jennifer	11 Shepherd, Sarah Helen	12 Sept, Corri	12 Churchill, Becca

## Female 11-12 400 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:24.09	NC	Carolina Aquatic Team 2003 NC Long Course	1:08.48 12 Anderson, Claire	12 Galli, Emma	12 Caron, Hannah	12 Stewart, Erika
2	4:26.70	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	1:06.41 12 Robinson, Lacey	12 Fowler, Kelley	11 Howard, Chelsea	11 Marinshaw, Dania
3	4:27.35	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	1:09.15 12 Howard, Chelsea	12 Marinshaw, Dania	11 Davis, Supriya	12 Robinson, Mackenzie
4	4:28.47	NC	Carolina Aquatic Team 2004 NC GSA Eastern Invitation	00.00 12 Fowler, Kelley	11 Marinshaw, Dania	11 Robinson, Mackenzie	12 Caron, Hannah
5	4:29.15	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	1:06.64 12 Castillo, Bailey	12 Speight, Carly	12 Hu, Karen	11 Roses, Maija
6	4:29.78	NC	Carolina Aquatic Team 2008 NC LC 14 & Under LC Champ	1:08.16 11 Liu, Danielle	12 Sarratt, Emily	12 Siemens, Sara	12 Roses, Maija
7	4:30.52	NC	Carolina Aquatic Team 2007 NC WAVE Capital City Invi	1:06.80 12 Castillo, Bailey	12 Hu, Karen	12 Schaefer, Jamie	11 Roses, Maija
8	4:31.16	NC	Carolina Aquatic Team 2009 NC NCS Age Group LC Champs	1:06.23 12 Liu, Danielle	11 Xu, Jennifer	12 Marzinsky, Cece	12 Smith, Morgan
9	4:35.66	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	1:08.16 12 Rowsey, Jess	12 Krasnov, Allie	12 Davis, Supriya	11 Li, Celina
10	4:37.06	NC	Carolina Aquatic Team 2004 NC Capital City Informatio	1:06.30 11 Marinshaw, Dania	11 Robinson, Mackenzie	12 Smith, Meghan	12 Fowler, Kelley

## Female 11-12 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:15.32	NC	Carolina Aquatic Team 2010 NC RSA Good Stuff	12 Liu, Caroline	12 Churchill, Becca	12 Marzinsky, Cece	12 Xu, Jennifer
2	2:17.24	NC	Carolina Aquatic Team 2005 NC New South Swimming	12 Marinshaw, Dania	12 O'Donnell, Maureen	12 Howard, Chelsea	12 Robinson, Mackenzie
3	2:18.43	NC	Carolina Aquatic Team 2004 NC Goldsboro YMCA Open In	00.00 12 Robinson, Lacey	12 Caron, Hannah	11 Marinshaw, Dania	12 Fowler, Kelley
4	2:19.38	NC	Carolina Aquatic Team 2010 NC WAVE Capital City Invi	38.27 11 Shepherd, Sarah Helen	12 Churchill, Becca	12 Marzinsky, Cece	12 Xu, Jennifer
5	2:20.71	NC	Carolina Aquatic Team 2004 NC GSA Eastern Invitation	35.67 11 Marinshaw, Dania	11 Robinson, Mackenzie	12 Caron, Hannah	12 Smith, Meghan
6	2:21.49	NC	Carolina Aquatic Team 2007 NC New South Swimming LC	36.84 11 Roses, Maija	12 Speight, Carly	12 Schaefer, Jamie	12 Castillo, Bailey
7	2:22.81	NC	Carolina Aquatic Team 2009 NC RSA Good Stuff Long Co	38.16 11 Liu, Caroline	12 Sarratt, Emily	11 Marzinsky, Cece	12 Liu, Danielle
8	2:24.19	NC	Carolina Aquatic Team 2008 NC RSA Good Stuff Meet	11 Liu, Danielle	12 Roses, Maija	12 Siemens, Sara	11 Smith, Morgan
9	2:26.52	NC	Carolina Aquatic Team 2008 NC WAVE Capital City Invi	38.70 12 Siemens, Sara	11 Sarratt, Emily	11 Marzinsky, Cece	11 Liu, Danielle
10	2:27.05	NC	Carolina Aquatic Team 2011 NC RSA Good Stuff Long Co	36.38 12 Wood, Abbey	12 Shepherd, Sarah Helen	12 Guo, Angela	12 Lai, Allison

## Female 11-12 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:54.71	NC	Carolina Aquatic Team 2003 NC Long Course	1:13.47 12 Stewart, Erika	12 Anderson, Claire	12 Caron, Hannah	11 Fowler, Kelley

## Club: Carolina Aquatic Team For All Time

## Female 11-12 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
				Leg 1 Age/Name			
2	4:57.47	NC	Carolina Aquatic Team 2005 NC Wave Capital City Invi	1:12.16 12 Marinshaw, Dania	12 O'Donnell, Maureen	12 Howard, Chelsea	12 Robinson, Mackenzie
3	5:01.78	NC	Carolina Aquatic Team 2004 NC Capital City Invitatio	1:26.38 11 Marinshaw, Dania	12 Smith, Meghan	11 Robinson, Mackenzie	12 Fowler, Kelley
4	5:04.18	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	1:19.11 12 Hu, Karen	11 Roses, Maija	12 Castillo, Bailey	12 Speight, Carly
5	5:04.26	NC	Carolina Aquatic Team 2008 NC LC 14 & Under LC Champ	1:12.65 12 Roses, Maija	11 Liu, Caroline	12 Siemens, Sara	11 Liu, Danielle
6	5:04.76	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	1:16.13 11 Li, Celina	12 Krasnov, Allie	12 Davis, Supriya	12 Rowsey, Jess
7	5:05.14	NC	Carolina Aquatic Team 2009 NC NCS Age Group LC Champs	1:18.07 12 Liu, Danielle	12 Liu, Caroline	12 Marzinsky, Cece	12 Smith, Morgan
8	5:05.63	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	1:16.86 11 Marinshaw, Dania	12 Smith, Jessica	11 Howard, Chelsea	12 Fowler, Kelley
9	5:08.39	NC	Carolina Aquatic Team 2007 NC WAVE Capital City Invi	1:23.52 12 Hu, Karen	12 Speight, Carly	11 Roses, Maija	12 Castillo, Bailey
10	5:16.85	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	1:22.42 12 Robinson, Lacey	12 Smith, Meghan	11 Robinson, Mackenzie	12 Roses, Stephanie

## Female 13-14 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
				Leg 1 Age/Name			
1	1:55.23	NC	Carolina Aquatic Team 2006 PV Senior Champs	29.78 13 Howard, Chelsea	14 Fowler, Kelley	13 Robinson, Mackenzie	13 Marinshaw, Dania
2	1:56.23	NC	Carolina Aquatic Team 2011 NC RSA Good Stuff Long Co	29.48 14 Smith, Morgan	14 Sarratt, Emily	13 Marzinsky, Cece	13 Xu, Jennifer
3	1:58.16	NC	Carolina Aquatic Team 2011 NC Tar Heel State Meet East	29.73 14 Smith, Morgan	13 Xu, Jennifer	14 Marzinsky, Cece	14 McArdle, Gabrielle
4	1:58.89	NC	Carolina Aquatic Team 2010 NC NCAC Tar Heel States	29.97 14 Churchill, Becca	14 Xu, Jennifer	14 Liu, Caroline	14 McNeill, Sophie
5	1:59.74	NC	Carolina Aquatic Team 2012 NC NCAC Quad Meet	29.48 14 Smith, Morgan	13 Marzinsky, Cece	13 Xu, Jennifer	13 Churchill, Becca
6	2:00.56	NC	Carolina Aquatic Team 2011 NC NCAC Q Meet	28.27 13 Sarratt, Emily	14 Nolte, Michaela	13 Smith, Morgan	13 McArdle, Gabrielle
7	2:00.60	NC	Carolina Aquatic Team 2010 NC RSA Good Stuff	31.84 13 Roses, Maija	14 Schaefer, Jamie	14 Castillo, Bailey	13 Siemens, Sara
8	2:00.63	NC	Carolina Aquatic Team 2009 NC RSA Good Stuff Long Co	14 Krasnov, Allie	14 Davis, Supriya	14 Andrews, Caroline	13 Rowsey, Jess
9	2:01.80	NC	Carolina Aquatic Team 2008 NC RSA Good Stuff Meet	31.84 13 Vann, Kelly	14 Sun, Meghan	14 Febré, Kirsten	14 Sept, Audrey
10	2:02.86	NC	Carolina Aquatic Team 2016 NC NCAC Tar Heel States				

## Female 13-14 400 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
				Leg 1 Age/Name			
1	4:07.04	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	1:00.30 14 Caron, Hannah	14 Pesacreta, Marie	14 Stewart, Erika	13 Fowler, Kelley
2	4:08.15	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	1:02.64 14 Howard, Chelsea	14 Robinson, Mackenzie	13 Davis, Supriya	14 Marinshaw, Dania
3	4:11.05	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	1:01.56 13 Caron, Hannah	13 Stewart, Erika	14 Dimsdale, Hannah	13 Pesacreta, Marie
4	4:12.18	NC	Carolina Aquatic Team 2005 NC Wave Capital City Invi	1:02.39 13 Caron, Hannah	14 Pesacreta, Marie	13 Fowler, Kelley	14 Stewart, Erika
5	4:13.07	NC	Carolina Aquatic Team 2011 NC 14 & Under Long Course	1:04.47 14 Smith, Morgan	14 Marzinsky, Cece	13 Xu, Jennifer	14 Liu, Danielle
6	4:13.88	NC	Carolina Aquatic Team 2018 NCS LC AG Championships	1:03.75 14 Heetderks, Claire	14 Kosik, Ede	13 Marley, Jordan	14 Simpson, Leah
7	4:14.37	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	1:03.86 13 Robinson, Mackenzie	14 Smith, Meghan	14 Fowler, Kelley	13 Marinshaw, Dania
8	4:14.74	NC	Carolina Aquatic Team 2012 NC 14 & Under Long Course	1:03.22 13 Shepherd, Sarah Helen	14 McNeill, Sophie	14 Xu, Jennifer	14 Churchill, Becca
9	4:14.94	NC	Carolina Aquatic Team 2011 NC WAVE Capital City Invi	1:03.22 14 Sarratt, Emily	13 Xu, Jennifer	13 Marzinsky, Cece	14 Liu, Danielle

## Club: Carolina Aquatic Team For All Time

## Female 13-14 400 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
10	4:16.11	NC	Carolina Aquatic Team 2010 NC 14 & Under Long Course	1:03.48 13 Liu, Danielle	14 Sarratt, Emily	13 Marzinsky, Cece	13 Smith, Morgan

## Female 13-14 800 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	8:57.22	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	2:21.00 13 Fowler, Kelley	14 Stewart, Erika	14 Pesacreta, Marie	14 Caron, Hannah
2	9:00.50	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	2:13.70 13 Stewart, Erika	14 Dimsdale, Hannah	13 Caron, Hannah	13 Pesacreta, Marie
3	9:03.02	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	2:18.40 14 Robinson, Mackenzie	14 Howard, Chelsea	13 Davis, Supriya	14 Marinshaw, Dania
4	9:03.46	NC	Carolina Aquatic Team 2011 NC 14 & Under Long Course	2:14.49 14 Smith, Morgan	14 Marzinsky, Cece	13 Xu, Jennifer	14 Liu, Danielle
5	9:04.71	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	2:16.73 14 Fowler, Kelley	13 Robinson, Mackenzie	14 Smith, Meghan	13 Marinshaw, Dania
6	9:10.58	NC	Carolina Aquatic Team 2010 NC 14 & Under Long Course	2:15.02 13 Liu, Danielle	13 Smith, Morgan	13 Marzinsky, Cece	14 Sarratt, Emily
7	9:20.95	NC	Carolina Aquatic Team 2005 NC Wave Capital City Invi	2:21.25 14 Pesacreta, Marie	14 Stewart, Erika	13 Fowler, Kelley	13 Caron, Hannah
8	9:24.76	NC	Carolina Aquatic Team 2006 NC Capital City Invite	2:22.50 14 Smith, Meghan	13 Marinshaw, Dania	14 Fowler, Kelley	14 McClernan, Keary
9	9:30.21	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	2:23.25 13 Smith, Meghan	14 Galli, Emma	14 Yu, Sarah	13 Smith, Jessica
10	9:34.91	NC	Carolina Aquatic Team 2008 NC LC 14 & Under LC Champ	2:25.39 14 Krasnov, Allie	14 Davis, Supriya	14 Schaefer, Jamie	14 Rowsey, Jess

## Female 13-14 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:12.28	NC	Carolina Aquatic Team 2011 NC RSA Good Stuff Long Co	34.60 13 Liu, Caroline	14 Sarratt, Emily	13 Marzinsky, Cece	14 Smith, Morgan
2	2:13.02	NC	Carolina Aquatic Team 2012 NC NCAC Quad Meet	33.84 14 Liu, Caroline	14 Churchill, Becca	13 Wood, Abbey	14 McNeill, Sophie
3	2:18.70	NC	Carolina Aquatic Team 2010 NC RSA Good Stuff	33.84 13 Sarratt, Emily	14 Nolte, Michaela	14 Siemens, Sara	13 Smith, Morgan
4	2:19.73	NC	Carolina Aquatic Team 2015 NC SGSA Eastern Invitatio	36.32 14 Candelaria, Bianca	14 Ford, Alex	14 Brown, Tori	14 Sperry, Maggie
5	2:20.35	NC	Carolina Aquatic Team 2008 NC RSA Good Stuff Meet	36.32 14 Andrews, Caroline	14 Krasnov, Allie	13 Schaefer, Jamie	14 Seidel, Laura
6	2:20.66	NC	Carolina Aquatic Team 2019 NC NCAC Tar Heel State	36.17 14 Sept, Margaret	14 Berge, Isabel	14 Falise, Grace	13 Husketh, Sabrina
7	2:22.36	NC	Carolina Aquatic Team 2016 NC NCAC Tar Heel States	36.17 14 Febr, Kirsten	13 Sirgany, Madison	14 Sun, Meghan	14 Montefiori, Natalie
8	2:26.41	NC	Carolina Aquatic Team 2014 NC GSA Eastern Invitation	36.65 13 Candelaria, Bianca	14 McGhee, Grace	13 Falise, Emily	13 Morris, Grace
9	2:30.96	NC	Carolina Aquatic Team 2012 NC NCAC Quad Meet	40.96 13 Pfau, Lauren	14 Sept, Corri	14 Xu, Jennifer	14 Schneider, Alexandra
10	2:33.73	NC	Carolina Aquatic Team 2013 NC NCAC Quad Meet	41.04 13 Slocum, Ashley	14 Pfau, Lauren	14 Wood, Abbey	14 Van Wagener, Sarah

## Female 13-14 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:32.34	NC	Carolina Aquatic Team 2005 NC Long Course State Cham	1:08.57 14 Pesacreta, Marie	14 McClernan, Keary	14 Caron, Hannah	14 Stewart, Erika
2	4:35.65	NC	Carolina Aquatic Team 2004 NC Long Course Age Group	1:09.82 13 Stewart, Erika	13 McClernan, Keary	13 Caron, Hannah	13 Pesacreta, Marie
3	4:37.48	NC	Carolina Aquatic Team 2006 NC 14 & Under Long Cours	1:12.26 14 Robinson, Lacey	14 McClernan, Keary	13 Howard, Chelsea	13 Marinshaw, Dania
4	4:38.79	NC	Carolina Aquatic Team 2011 NC 14 & Under Long Course	1:12.78 14 Liu, Caroline	13 Churchill, Becca	14 Smith, Morgan	14 Liu, Danielle
5	4:40.24	NC	Carolina Aquatic Team 2007 NC LC 14 & Under Champs	1:09.96 14 Marinshaw, Dania	13 Krasnov, Allie	14 Howard, Chelsea	14 Robinson, Mackenzie

## Club: Carolina Aquatic Team For All Time

## Female 13-14 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
6	4:43.08	NC	Carolina Aquatic Team 2012 NC 14 & Under Long Course	1:10.27 13 Shepherd, Sarah Helen	14 Churchill, Becca	14 McNeill, Sophie	14 Xu, Jennifer
7	4:45.27	NC	Carolina Aquatic Team 2018 NCS LC AG Championships	1:11.67 14 Heetderks, Claire	14 Simpson, Leah	13 Marley, Jordan	14 Kosik, Ede
8	4:45.47	NC	Carolina Aquatic Team 2006 NC Capital City Invite	1:13.22 13 Marinshaw, Dania	14 McClernan, Keary	13 Howard, Chelsea	14 Fowler, Kelley
9	4:46.92	NC	Carolina Aquatic Team 2011 NC WAVE Capital City Invi	1:12.49 14 Liu, Danielle	13 Churchill, Becca	13 Marzinsky, Cece	14 Sarratt, Emily
10	4:52.94	NC	Carolina Aquatic Team 2004 NC Capital City Invitatio	1:14.50 13 Pesacreta, Marie	13 Anderson, Claire	14 Dimsdale, Hannah	13 Stewart, Erika

## Female Open 200 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:52.92	NC	Carolina Aquatic Team 2006 Summer Junior Nats	27.84 18 Howard, Ashley	15 Caron, Hannah	18 Li, Jing	16 Anderson, Claire
2	1:53.44	NC	Carolina Aquatic Team 2011 NC Tar Heel State Meet East	27.72 19 Smith, Meghan	17 Andrews, Caroline	16 Nolte, Michaela	17 Schaefer, Jamie
3	1:53.71	NC	Carolina Aquatic Team 2017 NC SGSA Eastern Invitatio	29.09 16 Schumann, Sadie	16 Candelaria, Bianca	18 Shepherd, Sarah Helen	17 Kayye, Olivia
4	1:54.25	NC	Carolina Aquatic Team 2014 NC GSA Eastern Invitation	29.62 15 Shepherd, Sarah Helen	17 Liu, Danielle	17 Smith, Morgan	18 Nolte, Michaela
5	1:54.46	NC	Carolina Aquatic Team 2010 NC NCAC Tar Heel States	29.62 16 Andrews, Caroline	18 Smith, Meghan	17 Robinson, Mackenzie	16 Davis, Supriya
6	1:54.84	NC	Carolina Aquatic Team 2011 NC RSA Summer Sizzle Meet	28.97 17 Davis, Supriya	19 Smith, Meghan	18 Howard, Chelsea	14 Liu, Danielle
7	1:55.04	NC	Carolina Aquatic Team 2010 NC RSA Summer Sizzle Meet	29.15 18 Smith, Meghan	16 Davis, Supriya	14 Roses, Maija	17 Robinson, Mackenzie
8	1:55.22	NC	Carolina Aquatic Team 2019 NC NCAC Tar Heel State	29.00 15 Simpson, Leah	16 Vann, Kelly	15 Heetderks, Claire	17 Sept, Audrey
9	1:55.42	NC	Carolina Aquatic Team 2012 NC Tar Heel State Meet -	29.00 18 Andrews, Caroline	15 Liu, Caroline	15 Marzinsky, Cece	16 McCullough, Keira
10	1:55.50	NC	Carolina Aquatic Team 2013 NC NCAC Quad Meet	29.00 17 Nolte, Michaela	15 Marzinsky, Cece	15 Liu, Caroline	15 Churchill, Becca

## Female Open 400 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:54.95	NC	Carolina Aquatic Team 2006 Summer Nationals	59.22 18 Howard, Ashley	15 Caron, Hannah	17 Li, Jing	20 Reynolds, Karen
2	3:56.89	NC	Carolina Aquatic Team 2006 GA Speedo Sectionals	59.13 14 Caron, Hannah	18 Howard, Ashley	17 Li, Jing	20 Reynolds, Karen
3	3:57.90	NC	Carolina Aquatic Team 2006 Spring Nationals	1:00.70 14 Caron, Hannah	15 Stewart, Erika	17 Li, Jing	18 Howard, Ashley
4	3:58.01	NC	Carolina Aquatic Team 2009 SE Eastern Sectional Senior Championships	58.72 16 Howard, Chelsea	16 Marinshaw, Dania	13 Roses, Maija	21 Howard, Ashley
5	3:58.77	NC	Carolina Aquatic Team 2011 GA Senior Sectionals	1:00.86 19 Hagerty, Kelly	17 Davis, Supriya	15 Sarratt, Emily	19 Smith, Meghan
6	4:00.24	NC	Carolina Aquatic Team 2005 SE Speedo Sectionals	1:00.84 14 Stewart, Erika	13 Caron, Hannah	14 Pesacreta, Marie	19 Reynolds, Karen
7	4:00.52	NC	Carolina Aquatic Team 2008 GA Senior LC Sectional	1:00.39 15 Howard, Chelsea	15 Marinshaw, Dania	16 Smith, Meghan	17 Pesacreta, Marie
8	4:00.97	NC	Carolina Aquatic Team 2008 Pro Swim - Charlotte	59.43 20 Howard, Ashley	17 Pesacreta, Marie	15 Marinshaw, Dania	15 Howard, Chelsea
9	4:01.34	NC	Carolina Aquatic Team 2010 GA Long Course Speedo Champi	59.72 14 Roses, Maija	18 Smith, Meghan	16 Davis, Supriya	17 Robinson, Mackenzie
10	4:01.57	NC	Carolina Aquatic Team 2013 GA LC Senior Sectionals	59.72 16 Smith, Morgan	16 Liu, Danielle	21 Smith, Meghan	15 Churchill, Becca

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## Female Open 800 Freestyle Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	8:25.93	NC	Carolina Aquatic Team 2006 Summer Nationals	2:06.21 18 Howard, Ashley	17 Li, Jing	20 Reynolds, Karen	15 Caron, Hannah
2	8:34.39	NC	Carolina Aquatic Team 2006 Spring Nationals	2:06.09 14 Caron, Hannah	17 Li, Jing	15 Stewart, Erika	18 Howard, Ashley
3	8:34.56	NC	Carolina Aquatic Team 2006 GA Speedo Sectionals	2:07.38 14 Caron, Hannah	18 Howard, Ashley	20 Reynolds, Karen	17 Li, Jing
4	8:36.22	NC	Carolina Aquatic Team 2009 SE Eastern Sectional Senior Championships	2:05.31 16 Marinshaw, Dania	13 Roses, Maija	17 Smith, Meghan	21 Howard, Ashley
5	8:39.08	NC	Carolina Aquatic Team 2005 SE Speedo Sectionals	2:09.85 17 Howard, Ashley	13 Caron, Hannah	14 Stewart, Erika	19 Reynolds, Karen
6	8:40.81	NC	Carolina Aquatic Team 2011 GA Senior Sectionals	2:11.44 17 Davis, Supriya	21 O'Connor, Rose	19 Smith, Meghan	19 Hagerty, Kelly
7	8:40.94	NC	Carolina Aquatic Team 2012 NC Speedo Champs Series	2:08.80 15 Liu, Danielle	18 Davis, Supriya	15 Smith, Morgan	20 Smith, Meghan
8	8:41.06	NC	Carolina Aquatic Team 2006 Santa Clara Grand Prix	2:06.06 14 Caron, Hannah	17 Li, Jing	20 Reynolds, Karen	18 Howard, Ashley
9	8:41.11	NC	Carolina Aquatic Team 2004 SE Speedo Champions Series	2:08.29 20 Martin, Leila	16 Kanoy, Leigh	13 Caron, Hannah	18 Reynolds, Karen
10	8:42.79	NC	Carolina Aquatic Team 2008 GA Senior LC Sectional	2:11.69 16 Smith, Meghan	17 Pesacreta, Marie	15 Robinson, Mackenzie	15 Marinshaw, Dania

## Female Open 200 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:02.36	NC	Carolina Aquatic Team 2006 Summer Junior Nats	31.38 18 Howard, Ashley	15 McClernan, Keary	16 Anderson, Claire	15 Caron, Hannah
2	2:08.71	NC	Carolina Aquatic Team 2011 NC Tar Heel State Meet East	33.31 17 Andrews, Caroline	16 Nolte, Michaela	14 Marzinsky, Cece	19 Smith, Meghan
3	2:08.74	NC	Carolina Aquatic Team 2017 NC SGSA Eastern Invitatio	33.03 18 Shepherd, Sarah Helen	17 Kayye, Olivia	17 Chhan, Pahvie	16 Candelaria, Bianca
4	2:09.46	NC	Carolina Aquatic Team 2005 PV Senior LC Champs	53.80 15 Nguyen, Magarit	14 Anderson, Claire	16 Ransohoff, Sarah	15 Scott, Hillary
5	2:09.72	NC	Carolina Aquatic Team 2009 NC RSA Good Stuff Long Co	34.40 18 Yu, Sarah	13 Roses, Maija	15 Davis, Supriya	15 Andrews, Caroline
6	2:09.76	NC	Carolina Aquatic Team 2009 NC LC Tar Heel States	15 Schaefer, Jamie	13 Sarratt, Emily	21 Beall, Shannon	15 Davis, Supriya
7	2:09.96	NC	Carolina Aquatic Team 2010 NC NCAC Tar Heel States	35.58 17 Robinson, Mackenzie	15 Nolte, Michaela	16 Schaefer, Jamie	16 Davis, Supriya
8	2:10.22	NC	Carolina Aquatic Team 2011 NC RSA Good Stuff Long Co	34.87 18 Howard, Chelsea	15 Nolte, Michaela	17 Davis, Supriya	17 Andrews, Caroline
9	2:10.29	NC	Carolina Aquatic Team 2012 NC NCAC Quad Meet	33.93 19 Smith, Meghan	15 Sarratt, Emily	17 Schaefer, Jamie	15 Smith, Morgan
10	2:10.47	NC	Carolina Aquatic Team 2012 NC Tar Heel State Meet -	32.64 18 Andrews, Caroline	16 McCullough, Keira	18 Krasnov, Allie	15 Marzinsky, Cece

## Female Open 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:16.82	NC	Carolina Aquatic Team 2009 U. S. Open	1:03.73 21 Howard, Ashley	13 Roses, Maija	16 Howard, Chelsea	16 Marinshaw, Dania
2	4:20.07	NC	Carolina Aquatic Team 2006 Summer Nationals	1:06.22 18 Howard, Ashley	15 McClernan, Keary	20 Reynolds, Karen	15 Caron, Hannah
3	4:23.38	NC	Carolina Aquatic Team 2006 Spring Nationals	1:06.21 18 Howard, Ashley	15 Stewart, Erika	14 Caron, Hannah	17 Li, Jing
4	4:23.93	NC	Carolina Aquatic Team 2005 Summer Nationals	1:07.26 17 Howard, Ashley	14 Pesacreta, Marie	19 Reynolds, Karen	14 Caron, Hannah
5	4:24.62	NC	Carolina Aquatic Team 2006 Summer Junior Nats	1:06.21 18 Howard, Ashley	15 McClernan, Keary	16 Anderson, Claire	15 Caron, Hannah
6	4:25.08	NC	Carolina Aquatic Team 2006 Santa Clara Grand Prix	1:06.89 18 Howard, Ashley	15 Anderson, Claire	20 Reynolds, Karen	14 Caron, Hannah
7	4:26.24	NC	Carolina Aquatic Team 2008 Pro Swim - Charlotte	1:05.94 20 Howard, Ashley	17 Pesacreta, Marie	21 Reynolds, Karen	15 Marinshaw, Dania
8	4:28.23	NC	Carolina Aquatic Team 2004 SE Speedo Champions Series	1:07.64 20 Martin, Leila	15 Robinson, Meredith	18 Reynolds, Karen	13 Pesacreta, Marie

## Club: Carolina Aquatic Team For All Time

## Female Open 400 Medley Relay Long Course Meters

Rank	Time	LSC	Club/Meet	Leg 1 Time	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
				Leg 1 Age/Name			
9	4:28.68	NC	Carolina Aquatic Team 2011 GA Senior Sectionals	1:09.16 19 Smith, Meghan	15 Sarratt, Emily	17 Davis, Supriya	19 Hagerty, Kelly
10	4:31.08	NC	Carolina Aquatic Team 2010 GA Long Course Speedo Champi	1:08.98 17 Robinson, Mackenzie	14 Roses, Majja	18 Smith, Meghan	16 Davis, Supriya