

Club: Carolina Aquatic Team For All Time

Female 10 & under 200 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:52.46	NC	Carolina Aquatic Team 2006 NC 14&U AG Champs	28.16 10 Castillo, Bailey	10 Li, Celina	10 Roses, Maija	10 Speight, Carly
2	1:55.80	NC	Carolina Aquatic Team 2006 NC WAVE Fall States Invit	30.47 10 Siemens, Sara	9 Smith, Morgan	10 Sarratt, Emily	10 Roses, Maija
3	1:56.01	NC	Carolina Aquatic Team 2006 NC SZ Eastern AG Champs	27.82 10 Li, Celina	10 Roses, Maija	10 Castillo, Bailey	9 Sarratt, Emily
4	2:00.88	NC	Carolina Aquatic Team 2005 NC THAT Trick or Treat Me	28.27 10 Li, Celina	10 Speight, Carly	10 Castillo, Bailey	9 Roses, Maija
5	2:01.04	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	30.49 10 Siemens, Sara	10 Sarratt, Emily	9 Marzinsky, Cece	10 Smith, Morgan
6	2:02.22	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	31.50 9 Castillo, Bailey	10 Rowsey, Jess	10 Krasnov, Allie	9 Roses, Maija
7	2:02.77	NC	Carolina Aquatic Team 2006 NC THAT Trick or Treat 12	31.26 10 Sarratt, Emily	9 Marzinsky, Cece	9 Smith, Morgan	10 Roses, Maija
8	2:02.97	NC	Carolina Aquatic Team 2014 NC Duke Aquatics Nike Inv	29.59 10 Battaglini, Gabi	10 Simpson, Leah	10 Heetderks, Claire	10 Vann, Kelly
9	2:03.74	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	32.54 10 Wade, Kristen	10 Smith, Morgan	10 Marzinsky, Cece	10 Stuart, Lucy
10	2:04.16	NC	Carolina Aquatic Team 2005 NC WAVE Blue Moon	32.25 10 Castillo, Bailey	9 Sarratt, Emily	9 Roses, Maija	10 Li, Celina
10	2:04.16	NC	Carolina Aquatic Team 2007 NC THAT Thanksgiving Invi	32.79 10 Stuart, Lucy	10 Marzinsky, Cece	10 Wade, Kristen	10 Smith, Morgan

Female 10 & under 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:37.10	NC	Carolina Aquatic Team 2007 NC WSY Winter Wonderland	1:23.92 9 Liu, Caroline	10 Smith, Morgan	10 Roses, Maija	10 Sarratt, Emily

Female 10 & under 200 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	2:06.08	NC	Carolina Aquatic Team 2006 NC 14&U AG Champs	31.97 10 Roses, Maija	10 Speight, Carly	10 Li, Celina	10 Castillo, Bailey
2	2:09.69	NC	Carolina Aquatic Team 2020 NC CAT Frozen Frenzy	33.94 10 Willis, Anastasia	9 Sobus, Elaina	10 Prince, Hannah	10 Guckian, Elsa
3	2:13.75	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	34.17 10 Siemens, Sara	10 Sarratt, Emily	9 Marzinsky, Cece	10 Smith, Morgan
4	2:14.98	NC	Carolina Aquatic Team 2006 NC WAVE Fall States Invit	31.58 10 Roses, Maija	10 Sarratt, Emily	9 Smith, Morgan	10 Siemens, Sara
5	2:17.00	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	33.32 9 Roses, Maija	10 Krasnov, Allie	10 Schaefer, Jamie	10 Rowsey, Jess
6	2:18.54	NC	Carolina Aquatic Team 2014 NC NCS 14 & Under SC Cham	41.37 10 Vann, Kelly	10 Nguyen, Jackie	9 Kosik, Ede	10 Battaglini, Gabi
7	2:18.99	NC	Carolina Aquatic Team 2005 NC THAT Thanksgiving	33.94 9 Roses, Maija	9 Sarratt, Emily	10 Li, Celina	10 Castillo, Bailey
8	2:19.49	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	33.31 10 Liu, Caroline	10 Churchill, Becca	10 Marzinsky, Cece	9 Castillo, Anne
9	2:19.89	NC	Carolina Aquatic Team 2006 NC RSA January Jubilee	36.21 10 Speight, Carly	10 Li, Celina	10 Harris, Erin	10 Castillo, Bailey
10	2:20.17	NC	Carolina Aquatic Team 2006 NC Tar Heel Aquatic Team'	32.93 10 Roses, Maija	10 Sarratt, Emily	9 Marzinsky, Cece	10 Siemens, Sara

Female 10 & under 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:59.06	NC	Carolina Aquatic Team 2007 NC WSY Winter Wonderland	1:09.62 10 Roses, Maija	10 Smith, Morgan	10 Sarratt, Emily	10 Siemens, Sara

Female 11-12 200 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:44.59	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	25.78 12 Marinshaw, Dania	12 Howard, Chelsea	12 Robinson, Mackenzie	12 Smith, Meghan

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Female 11-12 200 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
2	1:45.15	NC	Carolina Aquatic Team 2004 NC Southern Zone Eastern	27.01 11 Marinshaw, Dania	12 Galli, Emma	12 Caron, Hannah	12 Fowler, Kelley
3	1:45.26	NC	Carolina Aquatic Team 2007 NC SZ East Sect AG Ch	26.86 12 Rowsey, Jess	11 Castillo, Bailey	12 Schaefer, Jamie	11 Roses, Maija
4	1:45.79	NC	Carolina Aquatic Team 2008 NC WAVE Fall States Invit	25.09 12 Roses, Maija	12 Liu, Danielle	12 Siemens, Sara	12 Sarratt, Emily
5	1:46.25	NC	Carolina Aquatic Team 2004 NC 14 & Under Age Group C	27.34 11 Marinshaw, Dania	12 Caron, Hannah	12 Galli, Emma	12 Fowler, Kelley
6	1:46.44	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	25.61 12 Roses, Maija	12 Castillo, Bailey	11 Sarratt, Emily	12 Speight, Carly
7	1:47.14	NC	Carolina Aquatic Team 2008 NC East AG Champ	26.69 11 Siemens, Sara	12 Roses, Maija	12 Speight, Carly	12 Castillo, Bailey
8	1:47.66	NC	Carolina Aquatic Team 2009 NC WAVE Winter Classic In	26.79 11 Xu, Jennifer	12 Stuart, Lucy	12 Marzinsky, Cece	12 Smith, Morgan
9	1:48.02	NC	Carolina Aquatic Team 2003 NC WAVE Fall States Invit	27.96 12 Galli, Emma	12 Fowler, Kelley	11 Marinshaw, Dania	12 Caron, Hannah
10	1:48.06	NC	Carolina Aquatic Team 2010 NC SZ East Sect AG Champs	26.70 12 Xu, Jennifer	12 Churchill, Becca	12 Marzinsky, Cece	12 Liu, Caroline

Female 11-12 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:47.45	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	58.11 12 Robinson, Mackenzie	12 Smith, Meghan	12 Howard, Chelsea	12 Marinshaw, Dania
2	3:49.69	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	54.65 12 Roses, Maija	11 Sarratt, Emily	12 Castillo, Bailey	12 Speight, Carly
3	3:51.24	NC	Carolina Aquatic Team 2004 NC 14 & Under Age Group C	58.83 11 Marinshaw, Dania	12 Caron, Hannah	12 Galli, Emma	12 Fowler, Kelley
4	3:53.00	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	58.78 12 Rowsey, Jess	12 Krasnov, Allie	11 Roses, Maija	11 Castillo, Bailey
5	3:54.82	NC	Carolina Aquatic Team 2010 NC 14 & Under Age Group	57.87 12 Xu, Jennifer	12 Liu, Caroline	12 Marzinsky, Cece	12 Churchill, Becca
6	3:57.85	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	1:01.12 12 Speight, Carly	12 Castillo, Bailey	11 Siemens, Sara	11 Roses, Maija
7	4:00.18	NC	Carolina Aquatic Team 2009 NC 14 & Under Age Group C	58.07 12 Liu, Danielle	12 Siemens, Sara	12 Smith, Morgan	12 Sarratt, Emily
8	4:03.67	NC	Carolina Aquatic Team 2007 NC WSY Winter Wonderland	1:00.90 12 Krasnov, Allie	11 Castillo, Bailey	12 Rowsey, Jess	12 Schaefer, Jamie
9	4:04.35	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	1:00.13 12 Wood, Abbey	12 Shepherd, Sarah Helen	12 Mackey, Ella	11 Lai, Allison
9	4:04.35	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	1:00.13 12 Wood, Abbey	12 Shepherd, Sarah Helen	12 Mackey, Ella	11 Lai, Allison

Female 11-12 200 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:55.72	NC	Carolina Aquatic Team 2010 NC SZ East Sect AG Champs	29.98 12 Liu, Caroline	12 Churchill, Becca	12 Marzinsky, Cece	12 Xu, Jennifer
2	1:57.66	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	29.15 12 Marinshaw, Dania	12 Smith, Meghan	12 Howard, Chelsea	12 Robinson, Mackenzie
3	1:58.89	NC	Carolina Aquatic Team 2008 NC WAVE Fall States Invit	29.09 12 Roses, Maija	12 Sarratt, Emily	12 Siemens, Sara	12 Liu, Danielle
4	1:59.03	NC	Carolina Aquatic Team 2009 NC MOR Quad Meet	30.28 12 Liu, Caroline	12 Churchill, Becca	12 Stuart, Lucy	11 Xu, Jennifer
5	1:59.24	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	31.13 11 Roses, Maija	12 Krasnov, Allie	12 Schaefer, Jamie	11 Castillo, Bailey
6	1:59.36	NC	Carolina Aquatic Team 2004 NC Southern Zone Eastern	30.61 11 Marinshaw, Dania	12 Caron, Hannah	12 Galli, Emma	12 Fowler, Kelley
7	2:00.14	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	31.84 11 Siemens, Sara	11 Roses, Maija	12 Castillo, Bailey	12 Speight, Carly
8	2:00.24	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	32.53 11 Siemens, Sara	12 Speight, Carly	12 Castillo, Bailey	12 Roses, Maija
9	2:01.45	NC	Carolina Aquatic Team 2008 NC East AG Champ	32.76 12 Speight, Carly	12 Roses, Maija	12 Castillo, Bailey	11 Sarratt, Emily

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Female 11-12 200 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
10	2:02.02	NC	Carolina Aquatic Team 2008 NC Duke Aquatics Trick or	33.34 11 Liu, Caroline	12 Roses, Maija	12 Siemens, Sara	11 Liu, Danielle

Female 11-12 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	4:16.57	NC	Carolina Aquatic Team 2010 NC 14 & Under Age Group	1:05.86 12 Liu, Caroline	12 Churchill, Becca	12 Marzinsky, Cece	12 Xu, Jennifer
2	4:20.06	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	1:03.71 12 Marinshaw, Dania	12 Smith, Meghan	12 Howard, Chelsea	12 Robinson, Mackenzie
3	4:21.43	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	1:09.80 12 Hu, Karen	12 Speight, Carly	12 Castillo, Bailey	12 Roses, Maija
4	4:25.17	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	1:08.05 11 Roses, Maija	12 Krasnov, Allie	12 Schaefer, Jamie	11 Castillo, Bailey
5	4:25.26	NC	Carolina Aquatic Team 2004 NC 14 & Under Age Group C	1:06.75 11 Marinshaw, Dania	12 Caron, Hannah	12 Galli, Emma	12 Fowler, Kelley
6	4:26.99	NC	Carolina Aquatic Team 2009 NC 14 & Under Age Group C	1:08.84 11 Liu, Caroline	12 Sarratt, Emily	12 Siemens, Sara	12 Liu, Danielle
7	4:29.40	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	1:12.38 11 Siemens, Sara	11 Roses, Maija	12 Castillo, Bailey	12 Speight, Carly
8	4:34.26	NC	Carolina Aquatic Team 2008 NC NCS 14&U Age Group	1:08.18 11 Siemens, Sara	11 Sarratt, Emily	11 Smith, Morgan	11 Liu, Danielle
9	4:35.09	NC	Carolina Aquatic Team 2007 NC WSY Winter Wonderland	1:12.19 11 Castillo, Bailey	12 Schaefer, Jamie	12 Krasnov, Allie	12 Rowsey, Jess
10	4:35.28	NC	Carolina Aquatic Team 2016 PV NCAP Invitational	1:09.27 12 Heetderks, Claire	11 Sept, Margaret	12 Kosik, Ede	12 Simpson, Leah

Female 13-14 200 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:39.68	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	25.49 13 Caron, Hannah	14 Stewart, Erika	13 Fowler, Kelley	14 Pesacreta, Marie
2	1:40.07	NC	Carolina Aquatic Team 2010 NC 14 & Under Age Group	24.26 14 Roses, Maija	13 Smith, Morgan	14 Nolte, Michaela	13 Sarratt, Emily
3	1:41.45	NC	Carolina Aquatic Team 2011 NC WAVE Tarheel States In	24.59 14 Sarratt, Emily	14 Smith, Morgan	13 Marzinsky, Cece	14 Siemens, Sara
4	1:41.86	NC	Carolina Aquatic Team 2005 NC 3rd Annual THAT Sr. In	25.12 14 Stewart, Erika	13 Caron, Hannah	13 Smith, Jessica	14 Pesacreta, Marie
5	1:42.34	NC	Carolina Aquatic Team 2018 NC AG Champs SC	26.05 14 Heetderks, Claire	14 Kosik, Ede	14 Simpson, Leah	14 Vann, Kelly
6	1:42.70	NC	Carolina Aquatic Team 2019 NC SC AG Champs	25.58 14 Sept, Margaret	14 Marley, Jordan	13 Falise, Grace	14 Kosik, Ede
7	1:42.71	NC	Carolina Aquatic Team 2017 PV NCAP Invitational	26.39 14 Ervin, Bridgette	14 Vann, Kelly	13 Kosik, Ede	13 Simpson, Leah
8	1:42.77	NC	Carolina Aquatic Team 2012 NC 14U Age Group Champion	26.13 14 Marzinsky, Cece	14 Churchill, Becca	14 McNeill, Sophie	14 Liu, Caroline
9	1:43.11	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	26.50 14 Smith, Meghan	14 Marinshaw, Dania	14 Robinson, Mackenzie	14 Howard, Chelsea
10	1:43.28	NC	Carolina Aquatic Team 2006 NC 4th Annual THAT Sr. In	26.39 14 Galli, Emma	14 Fowler, Kelley	13 Smith, Meghan	13 Marinshaw, Dania

Female 13-14 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:35.67	NC	Carolina Aquatic Team 2005 GA Southern Zone	54.04 13 Caron, Hannah	14 Stewart, Erika	13 Fowler, Kelley	14 Pesacreta, Marie
2	3:35.95	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	53.66 13 Caron, Hannah	14 Stewart, Erika	14 Pesacreta, Marie	13 Fowler, Kelley
3	3:36.32	NC	Carolina Aquatic Team 2006 NC SZ Eastern AG Champs	55.92 14 Smith, Jessica	13 Marinshaw, Dania	14 Fowler, Kelley	14 Caron, Hannah
4	3:37.22	NC	Carolina Aquatic Team 2010 NC 14 & Under Age Group	52.28 14 Roses, Maija	14 Nolte, Michaela	13 Smith, Morgan	13 Sarratt, Emily
5	3:39.07	NC	Carolina Aquatic Team 2005 NC NCS Senior Champs	53.23 14 Stewart, Erika	14 Pesacreta, Marie	13 Caron, Hannah	14 Anderson, Claire

Club: Carolina Aquatic Team For All Time

Female 13-14 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
6	3:39.29	NC	Carolina Aquatic Team 2005 NC NSS 13-14/SR Winter	56.12 14 Galli, Emma	14 Smith, Jessica	14 Fowler, Kelley	13 Marinshaw, Dania
7	3:39.40	NC	Carolina Aquatic Team 2007 NC 14 & Under Age Group	55.97 14 Howard, Chelsea	14 Marinshaw, Dania	14 Robinson, Mackenzie	14 Smith, Meghan
8	3:40.01	NC	Carolina Aquatic Team 2012 NC ESSZ Age Group Champs	55.46 14 Marzinsky, Cece	13 Shepherd, Sarah Helen	14 McNeill, Sophie	14 Churchill, Becca
9	3:41.60	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	54.88 14 Smith, Morgan	13 Marzinsky, Cece	13 Xu, Jennifer	14 Sarratt, Emily
9	3:41.60	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	54.88 14 Smith, Morgan	13 Marzinsky, Cece	13 Xu, Jennifer	14 Sarratt, Emily

Female 13-14 800 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	7:52.25	NC	Carolina Aquatic Team 2005 NC NCS Senior Champs	1:56.57 14 Pesacreta, Marie	13 Caron, Hannah	14 Anderson, Claire	14 Stewart, Erika
2	8:01.65	NC	Carolina Aquatic Team 2012 NC ESSZ Age Group Champs	1:58.52 13 Shepherd, Sarah Helen	14 Marzinsky, Cece	14 Xu, Jennifer	14 McNeill, Sophie
3	8:04.87	NC	Carolina Aquatic Team 2019 NC SC AG Champs	2:00.87 14 Sept, Margaret	14 Marley, Jordan	13 Falise, Grace	14 Kosik, Ede
4	8:06.37	NC	Carolina Aquatic Team 2018 NC AG Champs SC	2:01.07 14 Vann, Kelly	14 Simpson, Leah	14 Heetderks, Claire	14 Kosik, Ede
5	8:11.86	NC	Carolina Aquatic Team 2011 SE SZES Age Group Section	1:57.92 14 Sarratt, Emily	13 Marzinsky, Cece	14 Siemens, Sara	14 Stuart, Lucy
6	8:27.01	NC	Carolina Aquatic Team 2012 PV Tom Dolan Invitational	2:01.58 14 Shepherd, Sarah Helen	14 Xu, Jennifer	14 Wood, Abbey	14 Sept, Corri
7	8:28.57	NC	Carolina Aquatic Team 2012 NC ESSZ Age Group Champs	2:04.50 14 Liu, Caroline	13 Wood, Abbey	14 Sept, Corri	14 Churchill, Becca
8	8:30.67	NC	Carolina Aquatic Team 2017 NC SC AG Championships	2:08.40 13 Simpson, Leah	13 Vann, Kelly	14 Sun, Meghan	14 Hannan, Zoe
9	8:37.37	NC	Carolina Aquatic Team 2016 NCS SC AG Championships	2:05.42 14 Sept, Audrey	14 Liu, Emily	14 Blair, Katie	13 Ervin, Bridgette

Female 13-14 200 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:51.76	NC	Carolina Aquatic Team 2005 NC 14&U AG Champs	28.48 14 Stewart, Erika	13 McClernan, Keary	13 Caron, Hannah	14 Pesacreta, Marie
2	1:52.61	NC	Carolina Aquatic Team 2006 NC 14&U AG Champs	29.14 13 Marinshaw, Dania	14 McClernan, Keary	13 Howard, Chelsea	14 Galli, Emma
3	1:53.15	NC	Carolina Aquatic Team 2012 NC 14U Age Group Champion	29.63 14 Liu, Caroline	14 Churchill, Becca	13 Wood, Abbey	14 Marzinsky, Cece
4	1:53.87	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	30.03 14 Siemens, Sara	13 Churchill, Becca	14 Smith, Morgan	14 Sarratt, Emily
4	1:53.87	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	30.03 14 Siemens, Sara	13 Churchill, Becca	14 Smith, Morgan	14 Sarratt, Emily
6	1:54.64	NC	Carolina Aquatic Team 2012 NC WAVE Tarheel States In	28.90 14 Liu, Caroline	14 Churchill, Becca	14 Marzinsky, Cece	14 McNeill, Sophie
7	1:55.15	NC	Carolina Aquatic Team 2009 NC MOR Quad Meet	28.31 13 Roses, Maija	13 Sarratt, Emily	13 Siemens, Sara	14 Nolte, Michaela
8	1:55.22	NC	Carolina Aquatic Team 2005 NC 3rd Annual THAT Sr. In	29.66 14 Pesacreta, Marie	14 Anderson, Claire	13 Caron, Hannah	14 Stewart, Erika
9	1:55.38	NC	Carolina Aquatic Team 2011 NC DUKE Nike Invitational	29.57 14 Siemens, Sara	14 Sarratt, Emily	14 Stuart, Lucy	13 Xu, Jennifer
10	1:55.47	NC	Carolina Aquatic Team 2017 PV NCAP Invitational	29.84 14 Vann, Kelly	14 Ervin, Bridgette	13 Kosik, Ede	13 Simpson, Leah

Female 13-14 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:58.19	NC	Carolina Aquatic Team 2005 GA Southern Zone	58.72 14 Stewart, Erika	13 McClernan, Keary	13 Caron, Hannah	14 Pesacreta, Marie
2	3:58.74	NC	Carolina Aquatic Team 2006 NC SZ Eastern AG Champs	1:02.50 14 Galli, Emma	14 McClernan, Keary	14 Caron, Hannah	13 Marinshaw, Dania

Club: Carolina Aquatic Team For All Time

Female 13-14 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
3	4:00.03	NC	Carolina Aquatic Team 2005 NC NCS Senior Champs	58.83 14 Stewart, Erika	14 Anderson, Claire	13 Caron, Hannah	14 Pesacreta, Marie
4	4:02.47	NC	Carolina Aquatic Team 2010 NC 14 & Under Age Group	59.30 14 Roses, Maija	13 Sarratt, Emily	13 Stuart, Lucy	14 Nolte, Michaela
5	4:03.42	NC	Carolina Aquatic Team 2007 NC SZ East Sect AG Ch	59.89 14 Marinshaw, Dania	14 Robinson, Mackenzie	14 Howard, Chelsea	14 Smith, Meghan
6	4:04.30	NC	Carolina Aquatic Team 2006 NC 14&U AG Champs	1:02.30 13 Marinshaw, Dania	14 McClernan, Keary	13 Howard, Chelsea	14 Galli, Emma
7	4:04.41	NC	Carolina Aquatic Team 2012 NC ESSZ Age Group Champs	1:01.00 14 McNeill, Sophie	14 Liu, Caroline	14 Marzinsky, Cece	14 Churchill, Becca
8	4:04.61	NC	Carolina Aquatic Team 2005 NC NSS 13-14/SR Winter	1:00.80 13 Marinshaw, Dania	14 McClernan, Keary	13 Howard, Chelsea	14 Fowler, Kelley
9	4:05.31	NC	Carolina Aquatic Team 2011 SE SZES Age Group Section	1:01.48 13 Liu, Caroline	14 Sarratt, Emily	14 Stuart, Lucy	13 Marzinsky, Cece
10	4:05.43	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	1:02.13 14 Siemens, Sara	14 Sarratt, Emily	14 Stuart, Lucy	14 Smith, Morgan
10	4:05.43	NC	Carolina Aquatic Team 2011 NC 14 & Under Age Group	1:02.13 14 Siemens, Sara	14 Sarratt, Emily	14 Stuart, Lucy	14 Smith, Morgan

Female Open 200 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:36.52	NC	Carolina Aquatic Team 2006 ST American SC Champs	24.34 14 Caron, Hannah	18 Howard, Ashley	15 Stewart, Erika	15 Pesacreta, Marie
2	1:37.34	NC	Carolina Aquatic Team 2004 ST American SC Champs	24.67 13 Stewart, Erika	17 Reynolds, Karen	15 Kanoy, Leigh	15 Ransohoff, Sarah
3	1:37.74	NC	Carolina Aquatic Team 2009 Winter Junior Nats	24.48 13 Roses, Maija	17 Marinshaw, Dania	17 Howard, Chelsea	17 Smith, Meghan
4	1:37.79	NC	Carolina Aquatic Team 2019 NC SC Senior Champs	25.03 15 Simpson, Leah	18 Candelaria, Bianca	15 Kosik, Ede	16 Wen, Melody
5	1:38.36	NC	Carolina Aquatic Team 2006 NC 4th Annual THAT Sr. In	24.60 14 Caron, Hannah	15 Pesacreta, Marie	15 Stewart, Erika	18 Howard, Ashley
6	1:38.45	NC	Carolina Aquatic Team 2014 VA Speedo Championship	24.61 17 Liu, Danielle	17 Smith, Morgan	15 Shepherd, Sarah Helen	17 Stuart, Lucy
7	1:38.56	NC	Carolina Aquatic Team 2010 NC WAVE Tarheel States In	24.82 17 Howard, Chelsea	14 Roses, Maija	16 Davis, Supriya	17 Smith, Meghan
8	1:39.68	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	24.93 15 Howard, Chelsea	15 Marinshaw, Dania	17 Pesacreta, Marie	15 Smith, Meghan
9	1:39.69	NC	Carolina Aquatic Team 2012 PV Tom Dolan Invitational	24.78 15 Smith, Morgan	16 Sarratt, Emily	17 Nolte, Michaela	15 Churchill, Becca
10	1:39.85	NC	Carolina Aquatic Team 2020 NC SC Senior Champs	24.86 17 Wen, Melody	16 Simpson, Leah	16 Vann, Kelly	16 Kosik, Ede

Female Open 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:28.98	NC	Carolina Aquatic Team 2006 NC Senior Champs	53.09 15 Stewart, Erika	14 Caron, Hannah	18 Howard, Ashley	17 Li, Jing
2	3:29.32	NC	Carolina Aquatic Team 2006 ST American SC Champs	52.91 15 Stewart, Erika	14 Caron, Hannah	18 Howard, Ashley	15 Pesacreta, Marie
3	3:29.37	NC	Carolina Aquatic Team 2009 NC SZ Eastern Section Sr.	52.88 13 Roses, Maija	16 Howard, Chelsea	16 Smith, Meghan	16 Marinshaw, Dania
4	3:30.56	NC	Carolina Aquatic Team 2005 NC NSS 13-14/SR Winter	53.14 15 Stewart, Erika	14 Caron, Hannah	17 Li, Jing	17 Howard, Ashley
5	3:30.60	NC	Carolina Aquatic Team 2007 GA Speedo Sectionals	52.47 16 Stewart, Erika	14 Marinshaw, Dania	14 Smith, Meghan	16 Pesacreta, Marie
6	3:31.49	NC	Carolina Aquatic Team 2009 Winter Junior Nats	53.68 17 Howard, Chelsea	17 Marinshaw, Dania	13 Roses, Maija	17 Smith, Meghan
7	3:32.41	NC	Carolina Aquatic Team 2014 VA Speedo Championship	52.50 17 Liu, Danielle	17 Smith, Morgan	15 Shepherd, Sarah Helen	16 Churchill, Becca
8	3:32.86	NC	Carolina Aquatic Team 2013 SE ES SPEEDO Sectional Se	52.60 16 Smith, Morgan	17 Nolte, Michaela	14 Shepherd, Sarah Helen	16 Sarratt, Emily
9	3:33.35	NC	Carolina Aquatic Team 2020 Sectional - Cary	51.61 16 Kosik, Ede	16 Simpson, Leah	15 Marley, Jordan	18 Lange, Sophie

Club: Carolina Aquatic Team For All Time

Female Open 400 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
10	3:33.41	NC	Carolina Aquatic Team 2015 NC Speedo Champions Serie	55.20 16 Shepherd, Sarah Helen	17 McNeill, Sophie	18 Smith, Morgan	17 Churchill, Becca

Female Open 800 Freestyle Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	7:29.70	NC	Carolina Aquatic Team 2009 NC SZ Eastern Section Sr.	1:52.60 16 Smith, Meghan	13 Roses, Maija	16 Howard, Chelsea	16 Marinshaw, Dania
2	7:32.02	NC	Carolina Aquatic Team 2006 NC Senior Champs	1:52.74 14 Caron, Hannah	17 Li, Jing	15 Stewart, Erika	18 Howard, Ashley
3	7:32.75	NC	Carolina Aquatic Team 2007 GA Speedo Sectionals	1:51.96 16 Stewart, Erika	14 Marinshaw, Dania	14 Smith, Meghan	16 Pesacreta, Marie
4	7:39.26	NC	Carolina Aquatic Team 2008 PV Short Course Champs	1:56.76 15 Howard, Chelsea	15 Smith, Meghan	17 Pesacreta, Marie	15 Marinshaw, Dania
5	7:41.00	NC	Carolina Aquatic Team 2010 SE SZ ES Senior Sectionals	1:54.60 14 Roses, Maija	17 Smith, Meghan	17 Robinson, Mackenzie	16 Davis, Supriya
6	7:41.48	NC	Carolina Aquatic Team 2009 Winter Junior Nats	1:53.31 17 Marinshaw, Dania	13 Roses, Maija	17 Robinson, Mackenzie	17 Smith, Meghan
7	7:41.52	NC	Carolina Aquatic Team 2015 NC NCS Senior SC Champs	1:57.04 17 Marzinsky, Cece	16 Shepherd, Sarah Helen	17 McNeill, Sophie	18 Smith, Morgan
8	7:42.15	NC	Carolina Aquatic Team 2020 NC SC Senior Champs	1:54.42 16 Simpson, Leah	16 Kosik, Ede	18 Lange, Sophie	15 Sept, Margaret
9	7:42.25	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	1:57.85 15 Howard, Chelsea	17 Pesacreta, Marie	15 Smith, Meghan	15 Marinshaw, Dania
10	7:42.85	NC	Carolina Aquatic Team 2013 SE ES SPEEDO Sectional Se	1:53.56 16 Smith, Morgan	17 Nolte, Michaela	15 McNeill, Sophie	16 Sarratt, Emily

Female Open 200 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	1:46.21	NC	Carolina Aquatic Team 2006 ST American SC Champs	26.93 15 Stewart, Erika	15 Pesacreta, Marie	14 Caron, Hannah	18 Howard, Ashley
2	1:47.64	NC	Carolina Aquatic Team 2014 VA Speedo Championship	27.62 16 Liu, Caroline	16 Churchill, Becca	17 Smith, Morgan	17 Liu, Danielle
3	1:47.84	NC	Carolina Aquatic Team 2009 Winter Junior Nats	27.66 17 Marinshaw, Dania	13 Roses, Maija	17 Howard, Chelsea	17 Smith, Meghan
4	1:49.12	NC	Carolina Aquatic Team 2004 ST American SC Champs	28.72 15 Kanoy, Leigh	15 Caron, Caitlyn	17 Reynolds, Karen	13 Stewart, Erika
4	1:49.12	NC	Carolina Aquatic Team 2020 NC SC Senior Champs	15 Marley, Jordan	17 Ervin, Bridgette	18 Lange, Sophie	16 Kosik, Ede
6	1:49.32	NC	Carolina Aquatic Team 2015 NC NCS Senior SC Champs	27.88 16 Wood, Abbey	17 Churchill, Becca	17 Marzinsky, Cece	17 McNeill, Sophie
7	1:49.35	NC	Carolina Aquatic Team 2003 FL NCSA Junior National C	28.89 15 Skinner, Sloan	16 Reynolds, Karen	17 Niemeyer, Victoria	16 Dimsdale, Callie
8	1:49.69	NC	Carolina Aquatic Team 2010 NC WAVE Tarheel States In	27.80 17 Howard, Chelsea	14 Roses, Maija	17 Smith, Meghan	17 Robinson, Mackenzie
9	1:49.77	NC	Carolina Aquatic Team 2009 NC WAVE Tarheel States In	28.88 18 Yu, Sarah	16 Smith, Meghan	16 Howard, Chelsea	16 Robinson, Mackenzie
10	1:50.03	NC	Carolina Aquatic Team 2012 NC WAVE Tarheel States In	28.63 18 Andrews, Caroline	15 Sarratt, Emily	15 Siemens, Sara	16 Nolte, Michaela

Female Open 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time			
				Leg 1 Age/Name	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
1	3:50.56	NC	Carolina Aquatic Team 2006 ST American SC Champs	57.11 15 Stewart, Erika	15 Pesacreta, Marie	14 Caron, Hannah	18 Howard, Ashley
2	3:51.40	NC	Carolina Aquatic Team 2009 Winter Junior Nats	58.09 17 Marinshaw, Dania	13 Roses, Maija	17 Howard, Chelsea	17 Smith, Meghan
3	3:54.13	NC	Carolina Aquatic Team 2009 NC SZ Eastern Section Sr.	59.95 18 Yu, Sarah	13 Roses, Maija	16 Howard, Chelsea	16 Marinshaw, Dania
4	3:54.39	NC	Carolina Aquatic Team 2020 Sectional - Cary	58.29 15 Marley, Jordan	16 Simpson, Leah	18 Lange, Sophie	16 Kosik, Ede
5	3:54.59	NC	Carolina Aquatic Team 2006 NC Senior Champs	57.19 15 Stewart, Erika	18 Skinner, Sloan	17 Ransohoff, Sarah	16 Scott, Hillary

Club: Carolina Aquatic Team For All Time

Female Open 400 Medley Relay Short Course Yards

Rank	Time	LSC	Club/Meet	Leg 1 Time	Leg 2 Age/Name	Leg 3 Age/Name	Leg 4 Age/Name
				Leg 1 Age/Name			
6	3:54.84	NC	Carolina Aquatic Team 2017 NC ESSZ Spring SC Champio	58.33 17 Slocum, Ashley	17 Chhan, Pahvie	18 Shepherd, Sarah Helen	16 Schumann, Sadie
7	3:55.33	NC	Carolina Aquatic Team 2008 PV Short Course Champs	1:01.60 17 Yu, Sarah	17 Pesacreta, Marie	15 Howard, Chelsea	15 Marinshaw, Dania
8	3:55.69	NC	Carolina Aquatic Team 2007 PV Tom Dolan Invitational	58.79 17 Pesacreta, Marie	15 Smith, Meghan	15 Howard, Chelsea	15 Marinshaw, Dania
9	3:56.45	NC	Carolina Aquatic Team 2010 NC NSS 13-14/Senior Winte	59.49 18 Robinson, Mackenzie	14 Roses, Majja	17 Davis, Supriya	16 Andrews, Caroline
10	3:56.65	NC	Carolina Aquatic Team 2004 ST American SC Champs	1:01.07 12 Caron, Hannah	16 Skinner, Sloan	17 Reynolds, Karen	13 Stewart, Erika