

FRIDAY AFTERNOON SESSION ONE 11-12 WARM UP LANE ASSIGNMENTS

1:30 TO 1:55

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	SGSA	SGSA	SGSA	SGSA	RSA	RSA	RSA	WOW	WOW	WOW	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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FRIDAY AFTERNOON SESSION TWO 11-12 WARM UP LANE ASSIGNMENTS

2:00 TO 2:25

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
												EAC	EAC	EAC	EAC	EAC						
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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SATURDAY AM 11-12 SESSION ONE WARM UP LANE ASSIGNMENTS

7:15 TO 7:35

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	SGSA	SGSA	SGSA	SGSA	SGSA	OPEN	OPEN	OPEN	OPEN	OPEN	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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SATURDAY AM 11-12 SESSION TWO WARM UP LANE ASSIGNMENTS

7:35 TO 7:55

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
						WOW	WOW	WOW	WOW	EAC	EAC	EAC	EAC	EAC	EAC	EAC	RSA	RSA	RSA	RSA	RSA	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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SATURDAY MID DAY 10 & UNDER SESSION ONE WARM UP LANE ASSIGNMENTS

10:45 TO 11:05

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	SGSA	SGSA	SGSA	SGSA	CVAC	OPEN	OPEN	OPEN	OPEN	OPEN	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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SATURDAY MID DAY 10 & UNDER SESSION TWO WARM UP LANE ASSIGNMENTS

11:05 TO 11:25

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
OPEN	WOW	WOW	WOW	EAC	EAC	EAC	EAC	EAC	EAC	OPEN	OPEN	RSA	RSA	RSA	RSA	RSA	OPEN	OPEN	OPEN	OPEN	OPEN	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										

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SUNDAY AM 11-12 SESSION ONE WARM UP LANE ASSIGNMENTS

7:15 TO 7:35

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										S C O R E B O A R D
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	SGSA	SGSA	SGSA	SGSA	SGSA	OPEN	OPEN	OPEN	OPEN	OPEN	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										



SUNDAY AM 11-12 SESSION TWO WARM UP LANE ASSIGNMENTS

7:35 TO 7:55

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END										S C O R E B O A R D
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10	
							WOW	WOW	WOW	WOW	EAC	EAC	EAC	EAC	EAC	EAC	EAC	RSA	RSA	RSA	RSA	
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE										



SUNDAY AFTERNOON 13 & OVER SESSION ONE WARM UP LANE ASSIGNMENTS

2:15 TO 2:35

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END									
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10
WOW	WOW	WOW	WOW	WOW	WOW	WOW	WOW	WOW	WOW	WOW	WOW	EAC	EAC	EAC	EAC	RSA	RSA	RSA	RSA	RSA	RSA
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE									

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SUNDAY AFTERNOON 13 & OVER SESSION TWO WARM UP LANE ASSIGNMENTS

2:35 TO 2:55

POOL B - START END										BETWEEN BULKHEAD		POOL A - START END									
1	2	3	4	5	6	7	8	9	10	A	B	1	2	3	4	5	6	7	8	9	10
MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	MAC	SGSA	SGSA	SGSA	SGSA	SGSA	SGSA	SGSA	SGSA	SGSA	PKB	OPEN	OPEN
FOUR SWIMMERS PER LANE												FOUR SWIMMERS PER LANE									

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