

	Enfinity Aquatic Club Safety Management Plan		Doc No:	COVID-19
			Initial Issue Date	8/1/2020
CORONAVIRUS (COVID-19)			Revision Date:	Initial Version
			Revision No.	0
			Next Review Date:	12/20/2020
Preparation: Safety Mgr	Authority: President		Page:	1 of 3 - 1 -Page 1 of 3

Enfinity Aquatic Club (EAC): COVID-19 (Coronavirus) Action Plan

This interim guidance is based on what is currently known about the coronavirus disease (COVID-19) as provided by the Centers for Disease Control and Prevention (CDC). The CDC will update their guidance as additional information becomes available. <https://www.cdc.gov/coronavirus/2019-ncov/about/index.html>

EAC Action Plan:

1. Pool Protocol:

- Enfinity to display signage regarding Wellness & Safety Tips at all pool locations. These displays should be highly visible and in well traveled areas.
- Coaches are to ask all swimmers to check the temperature of all swimmers entering the facility before practice. The Coach is also to turn away any swimmer who is not wearing a mask to the pool.
- If the coach receives a high temperature reading (+100.4) or notices the swimmer having trouble breathing (dry cough/flu like symptoms) they are to ask:
 - Have you, or anyone in your family, been in contact with a person that has tested positive for COVID-19?
 - Have you, or anyone in your family, been in contact with a person that is in the process of being tested for COVID-19?
 - Have you, or anyone in your immediate family, traveled outside of the USA within the last two (2) weeks?
 - Are you having trouble breathing, have a dry cough, or have flu like symptoms?
- In the event that a swimmer's answer is "yes", the swimmers is to be removed from the pool immediately (Coach is to ensure that swimmer's parents on site; if not, they are to remain in an isolated area until transportation has arrived) and will not be allowed to return to the pool without a doctor's letter verifying "OK to return to practice" status.
- If the swimmer is reading a high temperature and response "no" to that above. The coach is to contact the swimmer's parents (if applicable for transportation) and inform them that they are reading a high temperature today and cannot swim.
- No visitors are permitted to enter enfinity aquatic club practice. This includes parents/guardians or associates. workplaces, including job sites, unless fundamental to the execution of the work.

2. COVID-19 Measures:

- Swimmers who are well but who have a sick family member at home and/or have been in close contact with a person with COVID-19 must stay home and notify their Coach and refer to CDC guidance for how to conduct a risk assessment of their potential exposure. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>
- If a swimmer is confirmed to have COVID-19, enfinity will inform all families of their possible exposure to COVID-19 at the pool while maintaining confidentiality as required by the

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Americans with Disabilities Act (ADA). Swimmers exposed to a teammate (participated in the same practice) with confirmed COVID-19 should refer to CDC guidance for how to conduct a risk assessment of their potential exposure. <https://www.cdc.gov/coronavirus/2019-ncov/php/risk-assessment.html>

3. Travel Protocol:

Enfinity advises families to consider the following before travel:

- Check the CDC's Traveler's Health Notices for the latest guidance and recommendations for each country or region to which you will travel. <https://wwwnc.cdc.gov/travel>
- Check yourself for symptoms of acute respiratory illness before starting travel and stay home if you are sick. <https://www.cdc.gov/coronavirus/2019-ncov/about/symptoms.html>
- Swimmers who become sick while traveling or on temporary assignment must notify their Coach and should promptly call a healthcare provider for advice.
- **Enfinity will enforce a mandatory 14-day self-quarantine upon returning from travel outside the United States and potentially domestic locations to be determined.**
- Inform your Coach prior to scheduling any travel.

4. General Protocol:

Enfinity will actively encourage sick swimmers to stay home:

- If swimmers are exhibiting any of the following symptoms or behavior associated with these symptoms, they will be asked to leave practice and call (or go to) the doctor:
 - Fever
 - Cough
 - Shortness of breath
- Swimmers who have symptoms of acute respiratory illness are required to stay home and not come to work until they are free of fever (100.4° F [37.8° C] or greater using an oral thermometer), signs of a fever, and any other symptoms for at least 48 hours, without the use of fever-reducing or other symptom-altering medicines (e.g. Tylenol, cough suppressants). Swimmers should immediately notify their coach and stay home if they are sick.
- Enfinity will communicate the following to coaches and families:
 - Serious respiratory illnesses like influenza, respiratory syncytial virus (RSV), whooping cough, and severe acute respiratory syndrome (SARS) and COVID-19 are spread by:
 - Coughing or sneezing
 - Unclean hands: Touching your face after touching contaminated objects and touching objects after contaminating your hands
 - To help stop the spread of germs:
 - Cover your mouth and nose with a tissue when you cough or sneeze.
 - Put your used tissue in a waste basket.
 - If you don't have a tissue, cough or sneeze into your upper sleeve, not your

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hands.

Remember to wash your hands after coughing or sneezing

Avoid unnecessary contact with others

- Use disposal paper tissue and no-touch disposal trash receptacles.
- Clean hands often with an alcohol-based hand sanitizer that contains at least 60-95% alcohol, or wash hands with soap and water for at least 20 seconds. Soap and water should be used preferentially if hands are visibly dirty.
- Perform routine environmental cleaning:

Routinely clean all frequently touched surfaces in the workplace, such as

Enfinity is committed to the safety of its swimmers, parents/families, coaches and volunteers, and the general public. The above action plan is consistent with the CDC's Interim Guidance which can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

Thank you for your help in preventing the spread of COVID-19 and all illnesses and your understanding and cooperation. Enfinity's leadership is committed to providing the best practice environment possible for all swimmers and coaches and we will continue to monitor the CDC website for updates. We will make revisions to this policy as updated information is available.