

WINTER INVITATIONAL  
Hosted by ENFINITY AQUATIC CLUB  
FRIDAY & SATURDAY, DECEMBER 11-12, 2020  
Held at GREENSBORO AQUATIC CENTER  
1921 GATE CITY BLVD, GREENSBORO, NC, 27403

Held under the Sanction of USA Swimming, Inc., issued by North Carolina Swimming, Inc.  
**Sanction #NC20185**

**CONDITION OF SANCTION** As a condition of this sanction, ENFINITY AQUATIC CLUB agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, North Carolina Swimming, the State of North Carolina, local jurisdictions, and the ENFINITY Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

**ASSUMPTION OF RISK DISCLAIMER** ENFINITY AQUATIC CLUB has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

**COVID-19 RELEASE** An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION THEREWITH.

## ENFINITY AQUATIC CLUB COVID-19 MEET PLAN

**FACE COVERINGS** All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.

- LOCAL PROTOCOLS**
- *The total facility capacity allowed under COVID-19 regulations is 264.*
  - *ENFINITY AQUATIC CLUB is required to have 6 coaches, 1 meet referee, 1 starter, 4 stroke and turn judges, 1-2 admin officials, 1 event coordinator, 1 meet director, 4 coordinators (2 Locker Rooms & 2 Grand Stands), 8 timers, and 4 meet marshals for quality control.*
  - *There will be 10 GAC personnel for each session (all GAC staff are required to wear masks at all times with lifeguards on the stands as the only exception):*
    - *1-2 Event Managers*
    - *2 Manager/Supervisors*
    - *2-3 Meet Technicians*
    - *Timing Operator*
    - *2 Lifeguards*
  - *There will be one timer per lane with one head timer.*
  - *Shared items like watches, clipboards, writing utensils, starting equipment etc. will be sanitized before and after each session. The facility staff will also be sanitizing the pool deck, blocks, lane baskets, and other high touch areas between each session.*
  - *To enter the pool deck there will be a designated entrance and exit. This will be a one way loop. The entrance to the pool deck will be the hospitality room and the exit will be the cut through. These areas will be monitored by meet marshals.*
  - *A list of all volunteers will be provided to the Greensboro Aquatic Center and a planning meeting and walk through will take place before the event. Enfinity Aquatic Club will also provide all volunteers with a team shirt or another form of identification.*

## Warm-Ups

### Friday Session:

Swim Fanatics Swim Club and Swim Greensboro Swim Association will each have 4 lanes in the competition pool. Enfinity Aquatic Club will have 2 lanes in the competition pool and 12 lanes in warm up pool.

### Saturday 13&O Sessions:

Swim Fanatics Swim Club and Swim Greensboro Swim Association will each have 4 lanes in the competition pool. Enfinity Aquatic Club will have 2 lanes in the competition pool and 12 lanes in warm up pool.

### Saturday 12&U Session:

Swim Fanatics Swim Club will have 6 lanes in the competition pool. Swim Greensboro Swim Association will each have 4 lanes in the competition pool. Enfinity Aquatic Club will have 12 lanes in warm up pool.

All warm ups must be supervised by team coaches/designated team volunteers, to assure safe distancing layout with maximum 4 swimmers per lane & to ensure 6' social distancing during sprints.

## LOCKER ROOMS/ CHANGING

*Athletes must arrive and depart in their suits. Locker rooms are for restroom use only and must not be used for changing or showering. Deck changing is prohibited. Restrooms will be monitored by Enfinity Aquatic Club appointed meet marshal volunteers.*

## ENTRY & EXIT PROCEDURES and ATHLETE SEATING AREAS

All athletes, coaches and registered volunteers will enter and exit the facility through the box office doors. When entering the facility, the entire team including volunteers and coaches will enter together then proceed to their designated seating area. Designated seating areas will be in the grandstands, and each team will have an assigned section with social distancing markings on the seats. Athletes, coaches, and volunteers should not bring chairs in to the facility.

## SWIMMER LIMITATIONS and PROTOCOLS

- Total number of athletes allowed per session: 100
- There will be heat staging around the pool deck leading to the starting blocks.
- Athletes will follow marshals and signage around the pool deck from seating area to pool entry/exit. Athletes will wear masks when not in the water.
- The athletes will place their personal items (mask and towel) in a lane basket behind their designated lane. The mask must be put into a Ziploc bag that has their name on it. Head coaches will provide named bags for all their team's participants.
- Once the race has completed, the athlete will exit the pool to the recovery area behind the blocks to catch their breath, replace their mask and walk past the coaches' viewing area to address their coach.
- Swimmers will be allowed in the building no more than fifteen (15) minutes prior to their warm – up time and must leave the building immediately after their last swim of the session.

*When not in the water, athletes are expected to wear a mask at all times, including when walking to and from an event and/or warm-up lanes. They may remove masks for swimming but must don them again once they exit the water. Additionally, athletes are expected to maintain proper distancing at all times.*

**SPECTATOR  
LIMITATIONS and  
PROTOCOLS**

*There will be no spectators allowed at this event.*

*Parents are required to wear a face covering at all times while attending, observing or meeting with their athletes at the meet in the courtyard gathering area, and are expected to comply with all mandated state/local/facility COVID-19 guidelines.*

**PARENTAL ACCESS**

*Parents needing access to their athlete during the meet in a closed-deck environment can contact their children directly via cellphone and arrange to meet them in the courtyard. In the event of an emergency, if parents are unable to contact their child directly, they should call the Aquatic Center front desk at 336-315-8498 and speak to an Event Manager.*

**HEALTH  
SCREENING**

*Ingress to the facility requires health screening questions and/or a temperature check before entering in accordance with CDC and local health department recommendation.*

*Swimmers, coaches and volunteers must be screened by their own respective coaching staff prior to entering. GAC staff will be temperature checked upon entry into the building daily.*

<b>MEET DIRECTOR</b> Korey McCulley 620-786-4971 <a href="mailto:kmcculleygso@enfinityfit.com">kmcculleygso@enfinityfit.com</a>	<b>MEET ENTRY COORDINATOR</b> Korey McCulley 620-786-4971 <a href="mailto:kmcculleygso@enfinityfit.com">kmcculleygso@enfinityfit.com</a>
<b>MEET REFEREE</b> Beth Burge <a href="mailto:bethburge@me.com">bethburge@me.com</a>	<b>MEET MARSHAL</b> Gunther Rodriguez <a href="mailto:grodriguez@enfinityfit.com">grodriguez@enfinityfit.com</a>

**FACILITY**

The Greensboro Aquatic Center is a 50 meter pool which can be broken into two short course venues with a separate diving well. This competition will use one short course competition pool in an 8 lane configuration with continuous warm-up and cool down lanes available throughout the meet. The pool depth is 9'-10' at the start and turn ends and 6" lane lines will be used to reduce turbulence. The lane width is 7'. An Omega timing system, Colorado Touch Pads, with a Daktronics Pro-Star LED Video Scoreboard Display will be used. Starting platforms are Omega deck anchored platforms.

**MEET FORMAT**

This is a timed final Age Group/Senior, pre-seeded invite for members of Enfinity Aquatic Club, Swim Fanatics Swim Club and Swim Greensboro Swim Association ONLY. All Sessions will have 100 swimmers. Session 1 will have swimmers ages 12&U and 13&O. Session 2 and 4 will have swimmers ages 13&O. Session 3 will have swimmers ages 12&U.

Session	Day	Warm-up	Meet Start	Age Group
1	Friday	5:15PM	6:10PM	12&U / 13&O
2	Saturday	7:15AM	8:10AM	13 & Over
3	Saturday	11:00AM	11:50AM	12 & Under
4	Saturday	2:40PM	3:20PM	13 & Over

**DEADLINE AND MEETING SUMMARY:**

Day, Date	Time	For:
Wednesday, 12/02	5:00pm	Entry deadline
Wednesday, 12/08	TBA	Coach Informational Zoom Meeting
Friday, 12/11	5:45pm	Coaches/General Meeting
Friday, 12/11	5:45pm	Timer Briefing (session #1)
Saturday, 12/12	7:30am/11:15am/3:00pm	Timer Briefing (sessions #2 – #3 – #4)

**RULES**

**This meet will be conducted in accordance with the current USA Swimming Rules and Regulations, except where rules therein are optional and exceptions are stated.**

**TECHNICAL SUIT BAN for 12&Us**

**Per USA Swimming Rule 102.8.1F, 12 & Under athletes may not compete in Technical Suits at this meet.**

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

## **MAAPP**

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

## **SAFE SPORT**

The NCS Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of a backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer’s guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer’s team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

## **ELIGIBILITY**

All swimmers must be registered with USA Swimming, Inc. and be members of ENFINITY AQUATIC CLUB, SWIM GSA or SWIM FANATICS. All Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as “Registration Applied For” will not be accepted. **There will be no on deck registration available at this meet.**

## **MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS**

ENFINITY AQUATIC CLUB welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit ENFINITY AQUATIC CLUB’s ability to accommodate all requests.

**ENTRIES** Entries must be submitted as a HyTek compatible entry file. Please email entries to [kmcculleygso@enfinityfit.com](mailto:kmcculleygso@enfinityfit.com). A swimmer's age on the first day of the meet will determine their age for the entire meet. Completed release form (see last page) must accompany entries.

**ENTRY LIMITATIONS** All swimmers may swim a maximum of 2 individual events in the Friday session, 13&O may swim 3 individual events in each Saturday session, and 12&U may swim 4 individual events on Saturday.

**ENTRY VERIFICATION** An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

**ENTRY DEADLINES** **The Meet Entry Coordinator must receive entries by Wednesday, 12/02 at 5:00PM. No late entries will be accepted. There will be no on deck entries.**

**ENTRY FEES**

<b>Make checks payable to: ENFINITY AQUATIC CLUB; All fees are non-refundable</b>	
Swimmer Surcharge	\$37.00 per swimmer
NCS Travel Fund	\$3.00 per swimmer, including relay only swimmers
Facility Surcharge	\$10.00 per swimmer

**SEEDING** The conforming time standard for this meet is short course yards. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. All non-conforming times will be seeded last in rank order

**CHECK-IN** All events will be pre-seeded and there will be no positive check-in.

**SCRATCHES** There will be no penalty for scratching pre-seeded events at the block.

**SCORING** This meet will not be scored.

**AWARDS** There will be no awards for this meet.

**RESULTS** Results will be posted on ENFINITY AQUATIC CLUB's website within 24 hours of the meets conclusion. Results will also be uploaded to USA-S and separated by age & gender for inclusion in USA-S virtual format.

**COACHES** All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary. Other meetings may be held at the meet referee's discretion. Meet Management requests that at least one coach representative from each team attend all coaches' meetings.

## **OFFICIALS/TIMERS/ VOLUNTEERS**

There will be a need for officials. **ENFINITY AUATI CCLUB** welcomes and encourages anyone willing to volunteer. Volunteering Officials **MUST** contact the Meet Referee by email **prior to the meet**. All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. There will be no officials meeting at the meet, and assignments will be communicated electronically prior to each session. A virtual meeting may be held prior to the meet / session at the referee's discretion, and all assigned officials are strongly encouraged to complete an individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should report to their assigned position 10 minutes before session start, and bring a mask, your personal water bottle, a writing utensil, and a headset (if applicable).

## **HOSPITALITY/CONCESSIONS**

There will be limited hospitality for this meet during Saturday sessions **ONLY**.

## **WARM-UP**

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries. During the competition, there will be 12 lanes available for continuous warm-up/down in the adjacent pool. **There is to be no diving or horseplay in this area.**

## **WAIVER/RELEASE**

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. ENFINITY AQUATIC CLUB, GREENSBORO AQUATIC CENTER, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

## **IMAGE RELEASE**

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or NCS website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.



## ORDER OF EVENTS

FRIDAY, December 11<sup>th</sup>, 2020

Warm-up: 5:15PM; Meet Start: 6:10PM

Mixed	Event
1	12&U 200 IM
2	OPEN 400 IM
3	12&U 200 Free
4	OPEN 500 Free

SATURDAY, December 12<sup>th</sup>, 2020

Warm-up: 7:15AM; Meet Start: 8:10AM

Mixed	Event
5	13&O 200 Fly
6	13&O 100 Breast
7	13&O 200 Back
8	13&O 100 Free
9	13&O 200 IM

SATURDAY, December 12<sup>th</sup>, 2020

Warm-up: 11:00AM; Meet Start: 11:50AM

Mixed	Event
10	12&U 100 Fly
11	12&U 50 Back
12	12&U 100 Breast
13	12&U 50 Free
14	12&U 100 IM
15	12&U 50 Fly
16	12&U 100 Back
17	12&U 50 Breast
18	12&U 100 Free

SATURDAY, December 12<sup>th</sup>, 2020

Warm-up: 2:40PM; Meet Start: 3:30PM

Mixed	Event
19	13&O 50 Free
20	13&O 100 Back
21	13&O 200 Breast
22	13&O 100 Fly
23	13&O 200 Free

**EAC Winter Invitational  
Summary of Fees/Release Form**

Complete and email or mail this form along with entry fees to (checks payable to ENFINITY AQUATIC CLUB):

ENFINITY AQUATIC CLUB

ATTN: TIM HILLEN

3271 POLO ROAD

WINSTON SALEM, NC 27106

Email to: [kmcculleygso@enfinityfit.com](mailto:kmcculleygso@enfinityfit.com)

Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Swimmer Surcharge		\$37.00 per swimmer	
Swimmers (Travel Fund & Facility Surcharge)		\$13.00 per swimmer	
<b>Total Fees Due</b>			

**Waiver, Acknowledgement and Liability Release:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. ENFINITY AQUATIC CLUB, GREENSBORO AQUATIC CENTER, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

\_\_\_\_\_  
SIGNATURE (Coach or Club Representative)

\_\_\_\_\_  
CLUB

\_\_\_\_\_  
TITLE

\_\_\_\_\_  
DATE