

USA Swimming, Inc.

Club: SwimMAC Carolina For All Time

10/9/2017

Female 11-12 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:25.52	909	Wilhelm, Kiley	12	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
2	2:29.23	851	Menkhaus, Madeline	12	NC SwimMAC Carolina	7/14/2016	2016 NC LC AG Championships
3	2:31.16	822	Burke, Lily	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
4	2:31.74	813	Rainey, Grace	12	NC SwimMAC Carolina	8/1/2017	2017 MS 2017 Southern Zones Age Group
5	2:32.45	802	Hauder, Caroline	12	NC SwimMAC Carolina	7/12/2012	2012 NC 14 & Under Long Course
6	2:32.72	798	Blake, Shaylyn	12	NC SwimMAC Carolina	7/31/2001	2001 US Southern Zo
7	2:34.16	777	Vannote, Ellie	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
8	2:34.91	765	Flickinger, Maddy	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
9	2:35.29	760	Lester, Michelle	12	NC SwimMAC Carolina	7/26/2006	2006 NC 14 & Under Long Cours
10	2:35.36	759	Stout, Alina	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
11	2:35.56	756	Leiker, Amber	12	NC SwimMAC Carolina	8/3/2004	2004 FG Southern Zone Championship
12	2:35.98	750	Menkhaus, Julia	12	NC SwimMAC Carolina	11/17/2012	2012 MOR LC Sr. Circuit #1
13	2:36.15	747	Ricciardi, Carolina	12	NC SwimMAC Carolina	5/6/2016	2016 NC NSS Long Course Invita
14	2:36.36	744	Davis, Laura	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
15	2:36.44	743	Browning, Jordan	12	NC SwimMAC Carolina	8/2/2016	2016 NC Southern Zone Age Grou
16	2:36.95	735	Donlan, Molly	12	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
17	2:37.06	734	Black, Erynn	12	NC SwimMAC Carolina	5/9/2014	2014 NC NSS Long Course Invita
18	2:37.24	731	Dona, Hanani	12	NC SwimMAC Carolina	7/14/2016	2016 NC LC AG Championships
19	2:37.75	724	Jones, Jessica	12	NC SwimMAC Carolina	5/12/2017	2017 NC NSS Long Course Invita
20	2:37.87	722	Brosnan, Abigail	12	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
21	2:38.06	719	Yandle, Ava	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
22	2:38.08	719	Hoover, Meredith	12	NC SwimMAC Carolina	7/28/2005	2005 NC Long Course State Cham
22	2:38.08	719	Mumford, Susan	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
24	2:38.10	719	Poff, Kaitlyn	12	NC SwimMAC Carolina	7/28/2005	2005 NC Long Course State Cham
25	2:38.17	718	Cooper, Lindsay	12	NC SwimMAC Carolina	5/11/2007	2007 NC New South Swimming LC

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Female 13-14 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:22.32	850	Hauder, Caroline	14	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ti
2	2:23.86	823	Higgs, Lilly	14	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
3	2:24.15	818	McCullagh, Nora	14	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
4	2:24.24	816	Steenrod, Anna	14	NC SwimMAC Carolina	5/18/2001	2001 US Rsa Goodstuff
5	2:24.40	814	Stranick, Sara	14	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
6	2:25.13	801	Flickinger, Maddy	14	NC SwimMAC Carolina	8/4/2016	2016 GA Futures Championships - Atlant
7	2:25.47	795	Menkhaus, Julia	14	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ti
8	2:25.71	791	Merritt, Heather	14	NC SwimMAC Carolina	7/27/2010	2010 GA Southern Zone Championship
9	2:25.90	788	Hanley, Amaya	14	NC SwimMAC Carolina	8/1/2017	2017 MS 2017 Southern Zones Age Group
10	2:26.19	783	Welshofer, Elsa	14	NC SwimMAC Carolina	3/24/2011	2011 IN Central Zone Section 3
11	2:26.49	829	Dona, Hanani	13	NC SwimMAC Carolina	8/1/2017	2017 MS 2017 Southern Zones Age Group
12	2:27.15	766	Nelson, Emme	14	NC SwimMAC Carolina	8/4/2015	Z 2015 MS 2015 Southern Zones Age Group
13	2:27.28	764	Ormand, Sam	14	NC SwimMAC Carolina	7/12/2007	2007 SE Speedo Champions Series
14	2:27.35	814	Smith, Danielle	13	NC SwimMAC Carolina	8/5/1997	Jr 97 Sum Se
15	2:27.38	813	Menkhaus, Madeline	13	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
16	2:28.78	738	Merritt, Jessica	14	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
17	2:28.90	736	Mangaoang, Desirae	14	NC SwimMAC Carolina	7/14/2016	2016 NC LC AG Championships
18	2:29.05	734	Darmody, Kellie	14	NC SwimMAC Carolina	8/2/2005	2005 GU Southern Zones
19	2:29.29	730	Griswell, Nikki	14	NC SwimMAC Carolina	7/18/2002	2002 Ncs Jo Cham
20	2:29.46	727	Raichle, Susannah	14	NC SwimMAC Carolina	7/25/2007	2007 NC NCS LC 14 & Under Cham
21	2:29.83	721	Lindner, Sophie	14	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
22	2:29.84	720	Wallace, Lauren	14	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
22	2:29.84	772	Gaskey, Izza	13	NC SwimMAC Carolina	7/14/2016	2016 NC LC AG Championships
24	2:30.19	715	Davis, Laura	14	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
25	2:30.32	712	Dragelin, Amy	14	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG

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Female 15-16 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:13.35	986	Baker, Kathleen	16	NC SwimMAC Carolina	7/30/2013	2013 U.S. Open Swimming Champi
2	2:16.86	920	Hauder, Caroline	16	NC SwimMAC Carolina	5/12/2016	2016 Arena Pro Swim Series at
3	2:18.08	897	Menkhaus, Julia	16	NC SwimMAC Carolina	8/4/2016	2016 GA Futures Championships - Atlant
4	2:18.74	885	Emery, Nicole	16	NC SwimMAC Carolina	8/13/2012	2012 Speedo Junior National Ch
5	2:19.07	885	Roses, Maija	15	NC SwimMAC Carolina	12/11/2011	2011 USA Swimming Long Course
6	2:19.50	871	McCullagh, Nora	16	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
7	2:20.22	864	Flickinger, Maddy	15	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
8	2:20.42	860	Steenrod, Anna	15	NC SwimMAC Carolina	7/25/2002	2002 Speedo Cham
9	2:20.61	857	Siroky, Jilen	15	NC SwimMAC Carolina	7/26/1997	1997 US Sum Sr Nat'97
10	2:21.31	838	Merritt, Jessica	16	NC SwimMAC Carolina	7/17/2014	2014 NC GSA Speedo Champs Seri
11	2:21.88	828	Stranick, Sara	16	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
12	2:22.12	824	Hoh, Leslie	16	NC SwimMAC Carolina	7/26/1997	1997 US Sum Sr Nat'97
13	2:22.13	824	Dupay, Meghan	16	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ti
14	2:22.14	824	Higgs, Lilly	16	NC SwimMAC Carolina	7/19/2017	VI Youth Commonwealth Games
15	2:22.16	823	Merritt, Heather	16	NC SwimMAC Carolina	3/8/2012	2012 NC Speedo Champions Serie
16	2:22.37	820	Martelle, Alexandra	16	NC SwimMAC Carolina	6/8/2012	2012 NC WAVE Capital City Invi
17	2:22.68	814	Dragelin, Amy	16	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
18	2:22.70	820	Vannote, Ellie	15	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
19	2:22.74	813	Higgs, Albury	16	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier
20	2:22.78	812	Lindner, Sophie	16	NC SwimMAC Carolina	8/4/2016	2016 GA Futures Championships - Atlant
21	2:22.79	812	Black, Erynn	16	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
22	2:22.80	818	Larson, Sinclair	15	NC SwimMAC Carolina	8/4/2015	Z 2015 MS 2015 Southern Zones Age Group
23	2:22.96	809	Casazza, Caitlin	16	NC SwimMAC Carolina	8/13/2012	2012 Speedo Junior National Ch
24	2:23.09	807	Nelson, Emme	16	NC SwimMAC Carolina	8/8/2017	2017 Speedo Junior National Ch
25	2:23.41	801	Quinn, Kathleen	16	NC SwimMAC Carolina	7/27/1999	Junior National

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Female 17-18 200 Individual Medley Long Course Meters

Rank	Time	Power Points	Name	Age	LSC/Club	Meet Date	Meet
1	2:12.09	996	Baker, Kathleen	18	NC SwimMAC Carolina	5/14/2015	2015 Arena Pro Swim Series at
2	2:18.57	875	Roses, Maija	18	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ch
3	2:18.61	885	Hauder, Caroline	17	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
4	2:18.64	874	Hathaway, Katie	18	NC SwimMAC Carolina	4/1/1998	Phillips 66 Nati
5	2:18.65	884	Menkhaus, Julia	17	NC SwimMAC Carolina	6/27/2017	2017 Phillips 66 National Cham
6	2:18.96	878	Steenrod, Anna	17	NC SwimMAC Carolina	8/5/2003	2003 Summer Nationals
7	2:19.17	874	McCullagh, Nora	17	NC SwimMAC Carolina	3/26/2015	2015 Speedo Sectionals at Indi
8	2:19.66	855	Casazza, Caitlin	18	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ch
9	2:19.84	852	Postoll, Becca	18	NC SwimMAC Carolina	7/9/2015	2015 GA Long Course Speedo Sectio
10	2:20.40	842	Donahue, Jane	18	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
11	2:20.50	840	Merritt, Heather	18	NC SwimMAC Carolina	7/17/2014	2014 NC GSA Speedo Champs Seri
12	2:20.77	845	Emery, Nicole	17	NC SwimMAC Carolina	8/5/2013	2013 Speedo Junior National Ch
13	2:20.82	845	Larson, Sinclair	17	NC SwimMAC Carolina	8/8/2017	2017 Speedo Junior National Ch
14	2:20.92	832	Hoh, Leslie	18	NC SwimMAC Carolina	7/27/1999	Junior National
15	2:21.06	840	Martelle, Alexandra	17	NC SwimMAC Carolina	8/5/2013	2013 Speedo Junior National Ch
16	2:21.19	838	Stranick, Sara	17	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ch
17	2:22.22	809	Murch Elliot, Currie	18	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
18	2:22.25	808	Merritt, Jessica	18	NC SwimMAC Carolina	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
19	2:22.37	806	Dupay, Meghan	18	NC SwimMAC Carolina	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
20	2:22.56	803	Murch Elliot, Billy	18	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
21	2:22.76	810	Lee, Rachel	17	NC SwimMAC Carolina	7/13/2017	2017 GA Speedo Long Course Sectionals
22	2:22.91	807	Martelle, Meredith	17	NC SwimMAC Carolina	7/22/2004	2004 SE Speedo Champions Series
23	2:23.11	804	Wallace, Lauren	17	NC SwimMAC Carolina	7/17/2014	2014 NC GSA Speedo Champs Seri
24	2:23.51	797	Oxford, Kristin	17	NC SwimMAC Carolina	7/17/2003	2003 GA LC Southern Sectionals
25	2:23.54	786	Bonfilio, Alex	18	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier

USA Swimming, Inc.

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Female Open 200 Individual Medley Long Course Meters

<i>Rank</i>	<i>Time</i>	<i>Power Points</i>	<i>Name</i>	<i>Age</i>	<i>LSC/Club</i>	<i>Meet Date</i>	<i>Meet</i>
1	2:11.46	1008	Bowker, Justine	22	NC SwimMAC Carolina	8/4/2009	2009 U. S. Open
2	2:12.86	982	Coventry, Kirsty	32	NC SwimMAC Carolina	1/15/2016	2016 ST TXLA Arena Pro Swim Se
3	2:14.53	950	Mills, Kate	27	NC SwimMAC Carolina	6/26/2016	U.S. Olympic Team Trials - Swimming
4	2:15.71	928	Meili, Katie	24	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier
5	2:15.76	927	Adams, Cammile	23	NC SwimMAC Carolina	7/9/2015	2015 GA Long Course Speedo Sectio
6	2:16.08	921	Reaney, Emma	22	NC SwimMAC Carolina	8/6/2015	2015 Phillips 66 National Cham
7	2:16.30	917	Castro Ortega, Patri	22	NC SwimMAC Carolina	5/14/2015	2015 Arena Pro Swim Series at
8	2:17.59	893	Lawrence, Micah	20	NC SwimMAC Carolina	7/14/2011	2011 GA Senior Sectionals
9	2:18.68	873	McCullagh, Nora	19	NC SwimMAC Carolina	6/26/2016	U.S. Olympic Team Trials - Swimming
10	2:20.50	840	Hoelzer, Margaret	24	NC SwimMAC Carolina	3/6/2008	2008 SE Eastern Sectionals
11	2:20.67	837	Payne, Courtney	20	NC SwimMAC Carolina	7/30/2013	2013 U.S. Open Swimming Champi
12	2:20.89	833	Casazza, Caitlin	19	NC SwimMAC Carolina	8/6/2015	Time Trials 2015 Phillips 66 N
13	2:21.00	831	Hathaway, Katie	20	NC SwimMAC Carolina	12/2/1999	1999 U.S. OPEN
14	2:22.48	804	Murch Elliot, Currie	19	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
15	2:23.05	794	Murch Elliot, Billy	20	NC SwimMAC Carolina	7/17/2014	2014 NC GSA Speedo Champs Seri
16	2:23.35	789	Merritt, Heather	19	NC SwimMAC Carolina	7/9/2015	2015 GA Long Course Speedo Sectio
17	2:24.25	773	Nelson, Stephanie	19	NC SwimMAC Carolina	6/27/2017	2017 Phillips 66 National TT
18	2:24.95	761	Morris, Erin	20	NC SwimMAC Carolina	7/14/2005	2005 SE Speedo Sectionals
19	2:26.03	742	Murch Elliot, Cape	19	NC SwimMAC Carolina	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
20	2:26.31	737	Wilson, Terra	22	NC SwimMAC Carolina	7/12/2007	2007 SE Speedo Champions Series
21	2:27.13	723	Martelle, Meredith	19	NC SwimMAC Carolina	7/13/2006	LC Senior Sectionals 2006
22	2:27.39	719	Palacio, Michelle	19	NC SwimMAC Carolina	7/23/2009	2009 NC NCS LC Senior Champion
23	2:27.81	712	Baskwell, Lindsay	19	NC SwimMAC Carolina	7/25/2002	2002 Speedo Cham
24	2:28.85	694	McAfee, Keri	19	NC SwimMAC Carolina	7/16/2009	2009 SE Eastern Sectional Seni
24	2:28.85	694	McDonough, Christen	20	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi