

**Female 11-12 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC/Club</b>	<b>Meet Date</b>	<b>Meet</b>
1	2:37.99	956	Siroky, Jilen	12	NC SwimMAC Carolina	8/14/1994	1994 LC Nationals
2	2:41.21	918	Rainey, Grace	12	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
3	2:49.11	826	Gaskey, Izza	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
4	2:50.66	808	McClanahan, Rozhina	12	NC SwimMAC Carolina	7/15/2010	2010 NC 14 & Under Long Course
5	2:55.87	750	Flickinger, Maddy	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
6	2:57.79	728	Stranick, Sara	12	NC SwimMAC Carolina	7/16/2009	209 NC NCS Age Group LC Champs
7	2:57.95	726	Perry, Jo	12	NC SwimMAC Carolina	6/13/2003	2003 MD NBAC LC Invitational
8	2:59.22	712	Johnson, Reagan	12	NC SwimMAC Carolina	5/30/2014	2014 5th Annual YSSC LC Summer
9	2:59.50	709	Lester, Michelle	12	NC SwimMAC Carolina	5/12/2006	2006 NC New South Swimming LC
10	2:59.52	709	Butner, Alex	12	NC SwimMAC Carolina	6/27/2002	2002 US Bolles Shar
11	3:00.61	697	Anton, Isabella	12	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
12	3:01.76	684	Miller, Katy	12	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
13	3:01.91	683	Ayscue, Riggan	12	NC SwimMAC Carolina	7/11/2013	2013 NC 14 & Under Long Course
14	3:02.09	681	Nelson, Emme	12	NC SwimMAC Carolina	7/11/2013	2013 NC 14 & Under Long Course
15	3:02.82	673	Misener, Jackie	12	NC SwimMAC Carolina	7/11/2013	2013 NC 14 & Under Long Course
16	3:03.70	663	Dichak, Victoria	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
17	3:03.76	663	Lee, Rachel	12	NC SwimMAC Carolina	7/12/2012	2012 NC 14 & Under Long Course
18	3:04.41	656	Ricciardi, Carolina	12	NC SwimMAC Carolina	5/6/2016	2016 NC NSS Long Course Invita
19	3:04.96	650	Bocian, Abby	12	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
20	3:05.13	648	Yandle, Ava	12	NC SwimMAC Carolina	5/6/2016	2016 NC NSS Long Course Invita
21	3:05.73	641	Raichle, Susannah	12	NC SwimMAC Carolina	7/8/2005	2005 NC GSA Eastern Invitation
22	3:06.47	633	Harris, Chloe	12	NC SwimMAC Carolina	7/17/2014	2014 NC 14 & Under Long Cours
23	3:07.57	622	Davis, Katherine	12	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
24	3:08.59	611	Calder, Lexi	12	NC SwimMAC Carolina	7/10/2015	2015 NC SAC Last ChanceMeet
25	3:10.00	596	Dickerman, Erin	12	NC SwimMAC Carolina	7/11/2008	2008 NC SAC LC Meet

**Female 13-14 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC/Club</b>	<b>Meet Date</b>	<b>Meet</b>
1	2:38.20	868	Higgs, Lilly	14	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
2	2:38.22	868	Nelson, Emme	14	NC SwimMAC Carolina	8/4/2015	Z 2015 MS 2015 Southern Zones Age Group
3	2:39.13	856	Smith, Danielle	14	NC SwimMAC Carolina	8/1/1998	Jun
4	2:40.48	838	Mangaoang, Desirae	14	NC SwimMAC Carolina	7/14/2016	2016 NC LC AG Championships
5	2:42.65	809	Misener, Riley	14	NC SwimMAC Carolina	7/26/2013	2013 NC HPSC Tar Heel States
6	2:43.31	809	Hauder, Caroline	13	NC SwimMAC Carolina	7/11/2013	2013 NC 14 & Under Long Course
7	2:43.90	801	Gaskey, Izza	13	NC SwimMAC Carolina	8/4/2016	2016 GA Futures Championships - Atlant
8	2:45.04	778	McClanahan, Rozhina	14	NC SwimMAC Carolina	7/12/2012	2012 NC 14 & Under Long Course
9	2:45.27	775	Dabney, Alyson	14	NC SwimMAC Carolina	8/5/1997	Jr 97 Sum Se
10	2:45.44	772	Davis, Laura	14	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
11	2:45.68	769	Steenrod, Anna	14	NC SwimMAC Carolina	7/25/2001	2001 US Southern Section
12	2:46.26	762	Higgs, Albury	14	NC SwimMAC Carolina	12/15/2013	2013 NC GSA Winter Juniors LC
13	2:47.18	759	Flickinger, Maddy	13	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
14	2:47.27	749	Stranick, Sara	14	NC SwimMAC Carolina	7/14/2011	2011 NC 14 & Under Long Course
15	2:47.34	748	Norton, Annie	14	NC SwimMAC Carolina	6/6/2002	2002 US Charlotte UltraSwim
16	2:47.53	745	Dupay, Meghan	14	NC SwimMAC Carolina	7/12/2012	2012 NC 14 & Under Long Course
17	2:47.61	753	Gomes, Kaleigh	13	NC SwimMAC Carolina	7/18/2002	2002 Ncs Jo Cham
18	2:47.71	743	Johnson, Reagan	14	NC SwimMAC Carolina	7/16/2015	2015 NC LC AG Championships SG
19	2:48.24	736	Ayscue, Riggan	14	NC SwimMAC Carolina	3/26/2015	2015 Speedo Sectionals at Indi
20	2:48.39	734	Raichle, Susannah	14	NC SwimMAC Carolina	7/25/2007	2007 NC NCS LC 14 & Under Cham
21	2:48.63	731	Miller, Katy	14	NC SwimMAC Carolina	7/26/2013	2013 NC HPSC Tar Heel States
22	2:49.52	720	Merritt, Jessica	14	NC SwimMAC Carolina	7/12/2012	2012 NC 14 & Under Long Course
23	2:49.81	716	Grayson, Mary	14	NC SwimMAC Carolina	7/17/2008	2008 NC LC 14 & Under LC Champ
24	2:50.15	712	Rogers, Addie	14	NC SwimMAC Carolina	7/13/2017	2017 NC LC AG Championships
25	2:50.31	719	Merritt, Heather	13	NC SwimMAC Carolina	7/28/2009	2009 SZ Age Group Championship

**Female 15-16 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC/Club</b>	<b>Meet Date</b>	<b>Meet</b>
1	2:32.04	919	Roses, Maija	15	NC SwimMAC Carolina	8/8/2011	2011 Speedo Junior National Ch
2	2:33.06	905	Siroky, Jilen	15	NC SwimMAC Carolina	7/26/1997	1997 US Sum Sr Nat'97
3	2:35.27	871	Holtom, Heather	16	NC SwimMAC Carolina	8/6/2007	2007 Speedo Junior Nats
4	2:35.30	871	Hauder, Caroline	16	NC SwimMAC Carolina	8/2/2016	2016 U.S. Open Swimming Champi
5	2:35.64	866	Higgs, Albury	16	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier
6	2:35.87	866	Baker, Kathleen	15	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
7	2:36.32	857	Nelson, Emme	16	NC SwimMAC Carolina	8/8/2017	2017 Speedo Junior National Ch
8	2:36.43	855	Higgs, Lilly	16	NC SwimMAC Carolina	7/19/2017	VI Youth Commonwealth Games
9	2:37.83	836	Norton, Annie	16	NC SwimMAC Carolina	7/22/2004	2004 SE Speedo Champions Series
10	2:38.00	837	Mangaoang, Desirae	15	NC SwimMAC Carolina	8/3/2017	2017 Futures Championships
11	2:39.28	817	Dupay, Meghan	16	NC SwimMAC Carolina	7/30/2014	2014 Speedo Junior National Ch
12	2:39.36	816	Steenrod, Anna	16	NC SwimMAC Carolina	7/17/2003	2003 GA LC Southern Sectionals
13	2:39.62	812	Smith, Danielle	16	NC SwimMAC Carolina	8/9/2000	2000 US Olympic Trials
14	2:39.87	809	Stranick, Sara	16	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
15	2:40.09	806	Raichle, Susannah	16	NC SwimMAC Carolina	7/23/2009	2009 NC NCS LC Senior Champion
16	2:40.67	802	Dupay, Allyson	15	NC SwimMAC Carolina	3/8/2012	2012 NC Speedo Champions Serie
17	2:41.27	790	Conway, Emily	16	NC SwimMAC Carolina	7/10/2008	Senior Long Course Sectional C
18	2:41.63	785	Donahue, Jane	16	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier
19	2:41.65	785	McClanahan, Rozhina	16	NC SwimMAC Carolina	7/17/2014	2014 NC GSA Speedo Champs Seri
20	2:42.26	777	Martelle, Alexandra	16	NC SwimMAC Carolina	3/8/2012	2012 NC Speedo Champions Serie
21	2:42.55	773	Murch Elliot, Cape	16	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
22	2:43.51	760	Plevka, Katherine	16	NC SwimMAC Carolina	3/4/2010	2010 USA Swimming Austin Grand
23	2:43.68	762	Flickinger, Maddy	15	NC SwimMAC Carolina	1/13/2017	2017 ST TXLA Arena Pro Swim Se
24	2:43.80	760	Atkinson, Sarah Jane	15	NC SwimMAC Carolina	7/24/2014	2014 NCS Senior LC Champs (HP
25	2:44.17	752	McDonough, Christen	16	NC SwimMAC Carolina	7/24/2008	2008 NC LC Senior Champs

**Female 17-18 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC/Club</b>	<b>Meet Date</b>	<b>Meet</b>
1	2:31.77	907	Roses, Maija	17	NC SwimMAC Carolina	8/5/2013	2013 Speedo Junior National Ch
2	2:32.87	892	Hathaway, Katie	17	NC SwimMAC Carolina	2/12/1997	PHILLIPS 66 NATIONAL
3	2:35.60	854	Higgs, Albury	17	NC SwimMAC Carolina	8/24/2016	2016 Jr Pan Pacific Swimming C
4	2:36.41	843	Donahue, Jane	17	NC SwimMAC Carolina	8/4/2016	2016 GA Futures Championships - Atlant
5	2:36.77	838	Holtom, Heather	18	NC SwimMAC Carolina	8/10/2009	2009 Speedo Junior National Ch
6	2:37.50	828	Gelvin, Cody	18	NC SwimMAC Carolina	8/1/1998	1998 US Speedo Jr Champs
7	2:37.75	825	Stranick, Sara	18	NC SwimMAC Carolina	3/26/2015	2015 Speedo Sectionals at Indi
8	2:38.95	809	Steenrod, Anna	17	NC SwimMAC Carolina	8/5/2003	2003 US ConocoPhillips Nationals TT
9	2:39.30	804	Murch Elliot, Cape	18	NC SwimMAC Carolina	3/26/2015	2015 Speedo Sectionals at Indi
10	2:39.45	802	Hoh, Leslie	17	NC SwimMAC Carolina	8/11/1998	Phillips 66 Natl
11	2:39.57	800	Conway, Emily	17	NC SwimMAC Carolina	8/10/2009	2009 Speedo Junior National Ch
12	2:39.76	798	Siroky, Jilen	17	NC SwimMAC Carolina	3/28/1999	1999 Phillips 66 Spring National Championships
13	2:40.09	793	Murch Elliot, Currie	18	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
14	2:40.21	792	Martelle, Alexandra	17	NC SwimMAC Carolina	8/5/2013	2013 Speedo Junior National Ch
15	2:40.25	791	Baker, Kathleen	17	NC SwimMAC Carolina	4/24/2014	2014 USA Swimming Grand Prix S
16	2:40.32	790	Plevka, Katherine	17	NC SwimMAC Carolina	3/24/2011	2011 IN Central Zone Section 3
17	2:40.34	790	Dupay, Meghan	17	NC SwimMAC Carolina	3/26/2015	2015 Speedo Sectionals at Indi
18	2:40.35	790	Norton, Annie	17	NC SwimMAC Carolina	8/3/2005	2005 ConocoPhillips National
19	2:40.73	785	Miller, Katy	17	NC SwimMAC Carolina	3/4/2016	2016 Southern Premier
20	2:40.74	785	Dupay, Allyson	18	NC SwimMAC Carolina	5/15/2014	2014 Charlotte Grand Prix
21	2:41.56	774	Bowers, Bridget	18	NC SwimMAC Carolina	7/8/1998	1998 US Region
22	2:42.21	765	Casazza, Caitlin	17	NC SwimMAC Carolina	7/18/2013	2013 NC Swimming Senior LC Cha
23	2:42.39	763	Raichle, Susannah	17	NC SwimMAC Carolina	8/9/2010	2010 Junior National Champs
24	2:42.76	758	McDonough, Christen	18	NC SwimMAC Carolina	8/9/2010	2010 Junior Nats TT
25	2:43.15	753	Murch Elliot, Billy	17	NC SwimMAC Carolina	3/24/2011	2011 IN Central Zone Section 3

**Female Open 200 Breaststroke Long Course Meters**

<b>Rank</b>	<b>Time</b>	<b>Power Points</b>	<b>Name</b>	<b>Age</b>	<b>LSC/Club</b>	<b>Meet Date</b>	<b>Meet</b>
1	2:23.03	1030	Lawrence, Micah	21	NC SwimMAC Carolina	6/25/2012	USA Olympic Team Trials
2	2:23.69	1021	Meili, Katie	24	NC SwimMAC Carolina	1/15/2016	2016 ST TXLA Arena Pro Swim Se
3	2:27.47	967	Reaney, Emma	21	NC SwimMAC Carolina	8/6/2014	2014 Phillips 66 National Cham
4	2:27.79	963	Bowker, Justine	22	NC SwimMAC Carolina	8/4/2009	2009 U. S. Open
5	2:35.33	858	Hathaway, Katie	20	NC SwimMAC Carolina	12/2/1999	1999 US Open
6	2:41.83	770	Murch Elliot, Cape	19	NC SwimMAC Carolina	7/14/2016	2016 NC SPEEDO ESSZ SENIOR SEC
7	2:42.03	768	Murch Elliot, Currie	19	NC SwimMAC Carolina	3/22/2013	2013 NC SwimMAC Tarheel State
8	2:44.48	735	McDonough, Christen	20	NC SwimMAC Carolina	7/19/2012	2012 NC Senior LC Championshi
9	2:47.67	694	Schrum, Payton	19	NC SwimMAC Carolina	6/13/2014	2014 NC TAC Triangle Classic
10	2:48.39	684	Palacio, Michelle	19	NC SwimMAC Carolina	7/23/2009	2009 NC NCS LC Senior Champion
11	2:49.52	670	White, Lea	19	NC SwimMAC Carolina	7/25/2001	2001 US Southern Section
12	2:50.32	659	Davis, Leah	19	NC SwimMAC Carolina	7/14/2011	2011 GA Senior Sectionals
13	2:52.14	636	Murch Elliot, Billy	19	NC SwimMAC Carolina	5/3/2013	2013 NC NSS Long Course Invita
14	2:52.81	628	Baskwell, Lindsay	19	NC SwimMAC Carolina	6/6/2002	2002 US Charlotte UltraSwim
15	2:55.10	599	Dabney, Alyson	19	NC SwimMAC Carolina	7/25/2002	2002 Speedo Cham
16	2:56.11	586	Glanton, Katie	19	NC SwimMAC Carolina	7/23/2009	2009 NC NCS LC Senior Champion
17	2:59.12	549	Smith, Kelsey	19	NC SwimMAC Carolina	7/13/2006	LC Senior Sectionals 2006