

Practice Schedule MOR - Riverwood

| | 1/3/2021 | 1/4/2021 | 1/5/2021 | 1/6/2021 | 1/7/2021 | 1/8/2021 | 1/9/2021 |
|---------------------|----------------|--------------|--------------|--------------|--------------|--------------|----------------|
| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| SR Elite | | 6:15-7 W | | 6:15-7 W | | 6:15-7 W | |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 8-10 AM |
| | | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | |
| SR | | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| pre senior | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Silver | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Black | | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 8-10 AM |
| AGII | | 5:45-6:15 pm | | 5:45-6:15 pm | | 5:45-6:15 pm | |
| | | 6:15-7:30pm | | 6:15-7:30pm | | 6:15-7:30pm | 10-11:15 AM |
| | | 5:45-6:15 DL | | 5:45-6:15 DL | | | |
| AGI | | | 6-7 pm | | 6-7 pm | | 10-11:00 AM |
| | 1/10/2021 | 1/11/2021 | 1/12/2021 | 1/13/2021 | 1/14/2021 | 1/15/2021 | 1/16/2021 |
| SR Elite | | 6:15-7 W | | 6:15-7 W | | TAC MEET | TAC MEET |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | TAC MEET | TAC MEET |
| | | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | TAC MEET | TAC MEET |
| SR | | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | TAC MEET | TAC MEET |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | TAC MEET | TAC MEET |
| | | | | | | TAC MEET | TAC MEET |
| pre senior | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | TAC MEET | TAC MEET |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | TAC MEET | TAC MEET |
| AGIII Silver | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | TAC MEET | TAC MEET |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | TAC MEET | TAC MEET |
| AGIII Black | | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 6:00-7:30PM | TAC MEET | TAC MEET |
| AGII | | 5:45-6:15 pm | | 5:45-6:15 pm | | TAC MEET | TAC MEET |
| | | 6:15-7:30pm | | 6:15-7:30pm | | 6:15-7:30pm | 10-11:15 AM |
| | | 5:45-6:15 DL | | 5:45-6:15 DL | | | |
| AGI | | | 6-7 pm | | 6-7 pm | | 10-11:00 AM |
| | 1/17/2021 | 1/18/2021 | 1/19/2021 | 1/20/2021 | 1/21/2021 | 1/22/2021 | 1/23/2021 |
| SR Elite | TAC MEET | 6:15-7 W | | 6:15-7 W | | 6:15-7 W | |
| | TAC MEET | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 8-10 AM |
| | TAC MEET | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | |
| SR | TAC MEET | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 8-10 AM |
| | TAC MEET | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| | TAC MEET | | | | | | |
| pre senior | TAC MEET | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | TAC MEET | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | Distance Day |
| AGIII Silver | TAC MEET | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | TAC MEET | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | Distance Day |
| AGIII Black | TAC MEET | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 8-10 AM |
| AGII | TAC MEET | 5:45-6:15 pm | | 5:45-6:15 pm | | 5:45-6:15 pm | |
| | | 6:15-7:30pm | | 6:15-7:30pm | | 6:15-7:30pm | 10-11:15 AM |
| | | 5:45-6:15 DL | | 5:45-6:15 DL | | | Snowflake Meet |
| AGI | | | 6-7 pm | | 6-7 pm | | |
| | 1/24/2021 | 1/25/2021 | 1/26/2021 | 1/27/2021 | 1/28/2021 | 1/29/2021 | 1/30/2021 |
| SR Elite | | 6:15-7 W | | 6:15-7 W | | 6:15-7 W | |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 8-10 AM |
| | | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | |
| SR | | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| pre senior | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | Distance Day | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Silver | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Black | | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 8-10 AM |
| | | 5:45-6:15 pm | | 5:45-6:15 pm | | 5:45-6:15 pm | |
| AGII | | 6:15-7:30pm | | 6:15-7:30pm | | 6:15-7:30pm | 10-11:15 AM |
| | Snowflake Meet | 5:45-6:15 DL | | 5:45-6:15 DL | | | |
| AGI | | | 6-7 pm | | 6-7 pm | | 10-11:00 AM |
| | 1/31/2021 | 2/1/2021 | 2/2/2021 | 2/3/2021 | 2/4/2021 | 2/5/2021 | 2/6/2021 |
| SR Elite | | 6:15-7 W | | 6:15-7 W | | 6:15-7 W | |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 8-10 AM |
| | | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | 4-6:00 PM | |
| SR | | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 4:00-6:00 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| pre senior | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Silver | | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 4:00-5:45 pm | 8-10 AM |
| | | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | 6:00-6:30 dl | 3:45-4:00 DL | |
| AGIII Black | | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 6:00-7:30PM | 6:15-7:30pm | 8-10 AM |
| AGII | | 5:45-6:15 pm | | 5:45-6:15 pm | | 5:45-6:15 pm | |
| | | 6:15-7:30pm | | 6:15-7:30pm | | 6:15-7:30pm | 10-11:15 AM |
| | | 5:45-6:15 DL | | 5:45-6:15 DL | | | |
| AGI | | | 6-7 pm | | 6-7 pm | | 10-11:00 AM |

All practices at Riverwood unless noted.

Swim Meet DL = Dry Land Water W=Weights special event