

Practice Schedule MOR - Riverwood

	6/27/2021	6/28/2021	6/29/2021	6/30/2021	7/1/2021	7/2/2021	7/3/2021
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SR Elite		6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
		6-7 PVI		6-7 PVI		6-7 PVI	
SR		6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
pre senior		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
AGIII Silver		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			8 to 9:15 AM				8-10 AM
AGIII Black		6:15-7:30pm		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
AGII		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	
		6:15-7:30pm		6:15-7:30pm		6:15-7:30pm	10-11:15 AM
		5:45-6:15 DL		5:45-6:15 DL			
AGI		6-7 pm			6-7 pm		10-11:00 AM
	7/4/2021	7/5/2021	7/6/2021	7/7/2021	7/8/2021	7/9/2021	7/10/2021
SR Elite		6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
		6-7 PVI		6-7 PVI		6-7 PVI	
SR		6-8 AM	6-8 AM		6-8 AM	LC Qualifier	LC Qualifier
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM			LC Qualifier	LC Qualifier
pre senior		4-6:00 PM		4-6:00 PM	4-6:00 PM	LC Qualifier	LC Qualifier
			6-8 AM			LC Qualifier	LC Qualifier
AGIII Silver		4-6:00 PM		4-6:00 PM	4-6:00 PM	LC Qualifier	LC Qualifier
			8 to 9:15 AM			LC Qualifier	LC Qualifier
AGIII Black		6:15-7:30pm		6:15-7:30pm	6:00-7:30PM	LC Qualifier	LC Qualifier
AGII		5:45-6:15 pm		5:45-6:15 pm		LC Qualifier	LC Qualifier
		6:15-7:30pm		6:15-7:30pm		LC Qualifier	LC Qualifier
		5:45-6:15 DL		5:45-6:15 DL		LC Qualifier	LC Qualifier
AGI		6-7 pm			6-7 pm	LC Qualifier	LC Qualifier
	7/11/2021	7/12/2021	7/13/2021	7/14/2021	7/15/2021	7/16/2021	7/17/2021
SR Elite		6-8 AM	6-8 AM		6-8 AM	Greensboro	S Sectionals
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
		6-7 PVI		6-7 PVI	S Sectionals	6-7 PVI	
SR	LC Qualifier	6-8 AM	6-8 AM		6-8 AM		
	LC Qualifier	4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
	LC Qualifier		6-8 AM				
pre senior	LC Qualifier	4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
	LC Qualifier		6-8 AM		AG Champs	AG Champs	Cary
AGIII Silver	LC Qualifier	4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
	LC Qualifier		8 to 9:15 AM		AG Champs	AG Champs	Cary
AGIII Black	LC Qualifier	6:15-7:30pm		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
AGII	LC Qualifier	5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	
	LC Qualifier	6:15-7:30pm		6:15-7:30pm		6:15-7:30pm	
	LC Qualifier	5:45-6:15 DL		5:45-6:15 DL			
AGI	LC Qualifier	6-7 pm			6-7 pm		
	7/18/2021	7/19/2021	7/20/2021	7/21/2021	7/22/2021	7/23/2021	7/24/2021
SR Elite	Senior Sectionals	6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
		6-7 PVI		6-7 PVI	Senior Champs	Senior Champs	Senior Champs
SR		6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
pre senior		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
AGIII Silver	AG Champs	4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			8 to 9:15 AM				8-10 AM
AGIII Black	AG Champs	6:15-7:30pm		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	
AGII		6:15-7:30pm		6:15-7:30pm		6:15-7:30pm	10-11:15 AM
		5:45-6:15 DL		5:45-6:15 DL			
AGI		6-7 pm			6-7 pm		10-11:00 AM
	7/25/2021	7/26/2021	7/27/2021	7/28/2021	7/29/2021	7/30/2021	7/31/2021
SR Elite		6-8 AM	6-8 AM	Futures	Huntsville	Alabama	Futures
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
		6-7 PVI		6-7 PVI		6-7 PVI	
SR	Senior Champs	6-8 AM	6-8 AM		6-8 AM		
		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
pre senior		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			6-8 AM				
AGIII Silver		4-6:00 PM		4-6:00 PM	4-6:00 PM	4-6:00 PM	8-10 AM
			8 to 9:15 AM				8-10 AM
AGIII Black		6:15-7:30pm		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
AGII		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	
		6:15-7:30pm		6:15-7:30pm		6:15-7:30pm	
		5:45-6:15 DL		5:45-6:15 DL			
AGI		6-7 pm			6-7 pm		

All practices at Riverwood unless noted.

Swim Meet

DL = Dry Land

Water

W=Weights

special event