

Practice Schedule MOR - Riverwood

	10/31/2021	11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021	11/6/2021
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SR 3,Elite		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	7-9 AM
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	7-9 AM
SR2		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
							7-9 AM
SR1		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
AG4		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	9-10:15 AM
AGIII		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
AGII		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	9-10:15 AM
		6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	
		5:45-6:15 DL		5:45-6:15 DL			9-10:00 AM
AGI			6-7 pm		6-7 pm		9-10:00 AM
	11/7/2021	11/8/2021	11/9/2021	11/10/2021	11/11/2021	11/12/2021	11/13/2021
SR 3,Elite		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	Atlantic Invite	Atlantic Invite
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Pullen
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	Atlantic Invite	Atlantic Invite
SR2		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	Pullen	Pullen
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Atlantic Invite	Atlantic Invite
						Pullen	Pullen
SR1		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	Atlantic Invite	Atlantic Invite
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Pullen
AG4		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	Atlantic Invite	Atlantic Invite
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Pullen
AGIII		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	Atlantic Invite	Atlantic Invite
AGII		5:45-6:15 pm		5:45-6:15 pm		Pullen	Pullen
		6:15-7:15pm		6:15-7:15pm		Atlantic Invite	Atlantic Invite
		5:45-6:15 DL		5:45-6:15 DL		Pullen	Pullen
AGI			6-7 pm		6-7 pm	Atlantic Invite	Atlantic Invite
	11/14/2021	11/15/2021	11/16/2021	11/17/2021	11/18/2021	11/19/2021	11/20/2021
SR 3,Elite	Atlantic Invite	6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	7-9 AM
	Pullen	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
	Atlantic Invite	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	7-9 AM
SR2	Pullen	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	
	Atlantic Invite	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
	Pullen					Vota Turkey meet	7-9 AM
SR1	Atlantic Invite	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
	Pullen	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
AG4	Atlantic Invite	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	Vota Turkey meet
	Pullen	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	Vota Turkey meet
AGIII	Atlantic Invite	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	Vota Turkey meet
AGII	Pullen	5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	Vota Turkey meet
	Atlantic Invite	6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	Vota Turkey meet
	Pullen	5:45-6:15 DL		5:45-6:15 DL		Vota Turkey meet	Vota Turkey meet
AGI	Atlantic Invite		6-7 pm		6-7 pm	Vota Turkey meet	Vota Turkey meet
	11/21/2021	11/22/2021	11/23/2021	11/24/2021	11/25/2021	11/26/2021	11/27/2021
SR 3,Elite		6:15-7 W	5:15 Am to 6:15		Thanksgiving		7-9 AM
		3:45-4:00 DL	6:00-6:30 dl		Thanksgiving		
		4-6:00 PM	4-6:00 PM	12:45-2:45 PM	Thanksgiving	1:45-3:45 PM	7-9 AM
SR2		4:00-6:00 pm	4:00-6:00 pm	12:45-2:45 PM	Thanksgiving	1:45-3:45 PM	
		3:45-4:00 DL	6:00-6:30 dl		Thanksgiving		
					Thanksgiving		7-9 AM
SR1	Vota Turkey meet	4:00-5:45 pm	4:00-5:45 pm	12:45-2:45 PM	Thanksgiving	1:45-3:45 PM	
	Vota Turkey meet	3:45-4:00 DL	6:00-6:30 dl		Thanksgiving		7-9 AM
AG4	Vota Turkey meet	4:00-5:45 pm	4:00-5:45 pm	12:45-2:45 PM	Thanksgiving	1:45-3:45 PM	
	Vota Turkey meet	3:45-4:00 DL	6:00-6:30 dl		Thanksgiving		9-10:15 AM
AGIII	Vota Turkey meet	6:15-7:30pm	6:00-7:30PM	2:45-4:00pm	Thanksgiving	3:45-5:00pm	
AGII	Vota Turkey meet	5:45-6:15 pm			Thanksgiving		9-10:15 AM
	Vota Turkey meet	6:15-7:15pm		2:45-4:00pm	Thanksgiving	3:45-5:00pm	
	Vota Turkey meet	5:45-6:15 DL			Thanksgiving		9-10:00 AM
AGI	Vota Turkey meet		6-7 pm		Thanksgiving	3:45-4:45pm	9-10:00 AM
	11/28/2021	11/29/2021	11/30/2021	12/1/2021	12/2/2021	12/3/2021	12/4/2021
SR 3,Elite		6:15-7 W		6:15-7 W		Atom	Atom
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Meet	Meet
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	Charlotte	Charlotte
SR2		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	Atom	Atom
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Meet	Meet
						Charlotte	Charlotte
SR1		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	Atom	Atom
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Meet	Meet
AG4		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	Charlotte	Charlotte
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	9-10:15 AM
AGIII		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
AGII		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	9-10:15 AM
		6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	
		5:45-6:15 DL		5:45-6:15 DL			9-10:00 AM
AGI			6-7 pm		6-7 pm		9-10:00 AM

All practices at Riverwood unless noted.

Swim Meet

DL = Dry Land

Water

W=Weights

special event