

## Practice Schedule MOR - Riverwood

	10/3/2021	10/4/2021	10/5/2021	10/6/2021	10/7/2021	10/8/2021	10/9/2021
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>SR 3,Elite</b>		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	7-9 AM
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	7-9 AM
<b>SR2</b>		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
							7-9 AM
<b>SR1</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
<b>AG4</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	9-10:15 AM
<b>AGIII</b>		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
<b>AGII</b>		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	9-10:15 AM
		6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	
		5:45-6:15 DL		5:45-6:15 DL			9-10:00 AM
<b>AGI</b>			6-7 pm		6-7 pm		9-10:00 AM
	10/10/2021	10/11/2021	10/12/2021	10/13/2021	10/14/2021	10/15/2021	10/16/2021
<b>SR 3,Elite</b>		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	7-9 AM
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	7-9 AM
<b>SR2</b>		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
							7-9 AM
<b>SR1</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
<b>AG4</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	9-10:15 AM
<b>AGIII</b>		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	TAC 12 & U
<b>AGII</b>		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	9-10:15 AM
		6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	Cary BB and up
		5:45-6:15 DL		5:45-6:15 DL			9-10:00 AM
<b>AGI</b>			6-7 pm		6-7 pm		9-10:00 AM
	10/17/2021	10/18/2021	10/19/2021	10/20/2021	10/21/2021	10/22/2021	10/23/2021
<b>SR 3,Elite</b>		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	MOR Sr Kick off	and 12U BC
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Raleigh
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	MOR Sr Kick off	and 12U BC
<b>SR2</b>		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	Pullen	Raleigh
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	MOR Sr Kick off	and 12U BC
						Pullen	Raleigh
<b>SR1</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	MOR Sr Kick off	and 12U BC
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Raleigh
<b>AG4</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	MOR Sr Kick off	and 12U BC
	TAC 12 & U	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	Pullen	Raleigh
<b>AGIII</b>	Cary BB and up	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	MOR Sr Kick off	and 12U BC
<b>AGII</b>		5:45-6:15 pm		5:45-6:15 pm		Pullen	Raleigh
		6:15-7:15pm		6:15-7:15pm		MOR Sr Kick off	and 12U BC
		5:45-6:15 DL		5:45-6:15 DL		Pullen	Raleigh
<b>AGI</b>			6-7 pm		6-7 pm	MOR Sr Kick off	and 12U BC
	10/24/2021	10/25/2021	10/26/2021	10/27/2021	10/28/2021	10/29/2021	10/30/2021
<b>SR 3,Elite</b>	MOR Sr Kick off	6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	
	Pullen	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
	MOR Sr Kick off	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	
<b>SR2</b>	Pullen	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	7-9 AM
	MOR Sr Kick off	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
	Pullen						
<b>SR1</b>	MOR Sr Kick off	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	7-9 AM
	Pullen	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
<b>AG4</b>	and 12U BC	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	7-9 AM
	Raleigh	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
<b>AGIII</b>	and 12U BC	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	9-10:15 AM
<b>AGII</b>	Raleigh	5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	
	and 12U BC	6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	9-10:15 AM
	Raleigh	5:45-6:15 DL		5:45-6:15 DL			
<b>AGI</b>	and 12U BC		6-7 pm		6-7 pm		9-10:00 AM
	10/31/2021	11/1/2021	11/2/2021	11/3/2021	11/4/2021	11/5/2021	11/6/2021
<b>SR 3,Elite</b>		6:15-7 W	5:15 Am to 6:15	6:15-7 W	5:15 Am to 6:15	6:15-7 W	7-9 AM
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
		4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	4-6:00 PM	7-9 AM
<b>SR2</b>		4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	4:00-6:00 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	
							7-9 AM
<b>SR1</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	7-9 AM
<b>AG4</b>		4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	4:00-5:45 pm	
		3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	6:00-6:30 dl	3:45-4:00 DL	9-10:15 AM
<b>AGIII</b>		6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	6:00-7:30PM	6:15-7:30pm	
<b>AGII</b>		5:45-6:15 pm		5:45-6:15 pm		5:45-6:15 pm	9-10:15 AM
		6:15-7:15pm		6:15-7:15pm		6:15-7:15pm	
		5:45-6:15 DL		5:45-6:15 DL			9-10:00 AM
<b>AGI</b>			6-7 pm		6-7 pm		9-10:00 AM

All practices at Riverwood unless noted.

Swim Meet

DL = Dry Land

Water

W=Weights

special event