

## 2018 NCAC Summer Travel Trip

Performance White, Nova, and Journey Groups

June 21-June 25

We are excited to announce that we will be offering a Team Travel Trip this summer for the three groups listed above. We will be attending the Middle Tyger YMCA Firecracker Invite in Spartanburg, South Carolina.

Our team will be departing Chapel Hill the afternoon of June 21<sup>st</sup> (Thursday) and will be returning in the evening on June 25<sup>th</sup> (Monday) after stopping in Charlotte on our way back for a day of team activities at the US National Whitewater Center.

Team Travel trips are a lot of hard work and we will need substantial parental support, but there is incredible value in these opportunities for our swimmers. The swimmers will be forced to step outside their normal routines and support systems and into a competitive TEAM environment; which in the long run will help to produce a more resilient and self-sufficient teammate and athlete as they advance to the higher levels of the sport.

The primary expectation of team travel is first and foremost: safety, followed by structure, great behavior, and accountability. The NCAC coaching staff will need to depend on great parental support and volunteering to fulfill chaperone roles, primarily to help insure safety of the athletes. The goal is to have the athletes learn, grow, race hard against new competition, and have a great time while staying within the framework of the TEAM!!

We are working with bus companies, hotels, catering, as well as the meet host but until we have a clearer idea of how many swimmers will be traveling on this trip, the best thing we can do is give an approximate estimation of cost based on 40 swimmers attending:

Charter Bus: \$125

US Whitewater Center activities (includes meal) \$90

Hotel: 4 nights \$150

Food: \$85

Total \$450

Please know that if we have more than 40 athletes sign up for this event the cost will go down accordingly. If the sign up is less than 40, cost will go up.

If you would like to send your child on this trip please email Coach Brad directly at his email: [coachbradncac@gmail.com](mailto:coachbradncac@gmail.com) to reserve your spot. Sign up for this trip will close on Friday May the 25<sup>th</sup>.

Parents interested in being a chaperone for this trip should also contact Coach Brad at the above email.

The NCAC Coaching Staff is committed to having a great trip for our athletes, and thanks to all of you ahead of time for your support and assistance to make this a great trip for all involved.

NCAC Coaching Staff

