JOSH WEAVER MEMORIAL "MEET ON THE HILL"
LONG COURSE INVITATIONAL

Hosted By NCAC
Koury Natatorium
400 Skipper Bowles Drive, Chapel Hill, NC 27514
May 18 – 20, 2018

SANCTION: Held under the Sanction of United States Swimming, Inc., issued by North Carolina, Inc.
Sanction #NC18090

MEET DIRECTOR	**MEET ENTRY COORDINATOR**
Anthony Addlesberger Email: aaddlesberger85@gmail.com	Anthony Addlesberger Email: aaddlesberger85@gmail.com
MEET REFEREE	**MEET MARSHAL**
Ronnie Roach Ronnie.roach@gmail.com	Brad Langford coachbradncac@gmail.com

FACILITY: Koury Natatorium, UNC Campus, Skipper Bowles Drive, Chapel Hill NC. An eight-lane, 50m, USA Swimming certified pool with non-turbulent lane lines and deck anchored starting blocks. Lanes are 9 feet wide.
Colorado Timing System and full-color scoreboard will be used. Pool depth ranges from 7 to 14ft with starting blocks at both ends. Spectator seating is available in the balcony area. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

NO SPECTATORS ARE PERMITTED ON THE POOL DECK.

FORMAT: This is a time final, prelim/final, Age Group / Senior pre-seeded meet unless otherwise indicated.

Session	Day	Warm-up	Meet Start	Age Groups
1	Friday Prelims	6:30AM	8:00AM	13&O
2	Fri Prelims & Timed Finals	Not before Noon	Not before 1:00PM	10ï un, 11-12
3	Friday Finals	Not before 5:00PM	Not before 6:00PM	11-12, 13-14, 15&O
4	Saturday Prelims	6:30AM	8:00AM	13&O
5	Sat Prelims & Timed Finals	Not before Noon	Not before 1:00PM	10-un, 11-12
6	Sat Finals	Not before 5:00PM	Not before 6:00PM	11-12, 13-14, 15&O
7	Sun Prelims	6:30AM	8:00AM	13&O
8	Sun Prelims & Timed Final	Not before Noon	Not before 1:00PM	10-un, 11-12
9	Sun Finals	Not before 5:00PM	Not before 6:00PM	11-12, 13-14, 15&O

ENTRY DEADLINE AND CHECK-IN SUMMARY:

Day, Date	Time	For
Tuesday, May 8	6 PM	Entry Deadline
Friday, May 18	7:30AM	400 IM, Positive Check-in Closes
Friday, May 18	1:00PM	12 & U 400 IM, Positive Check-in Closes
Saturday, May 19	7:30AM	400 Free, Positive Check-in Closes
Saturday, May 19	1:00PM	12 & U 400 Free Positive Check-in Closes
Fri/Sat/Sun May 18,19,20	1 hour prior to session start time	Officials Meeting located Hospitality
Friday, May 18	7:40AM	Coaches Meeting located Hospitality

SAFETY: The North Carolina Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. No horseplay will be tolerated! Other than volunteer meet workers, no parents will be allowed on the deck.

RACING STARTS: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmerôs legal guardian to ensure compliance with this requirement.

RULES: This meet will be conducted in accordance with the current USA Swimming Code and the NCS Safety Program, except where rules are optional and exceptions are herein stated.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

ELIGIBILITY:

For 13 & O athletes:
Per USA Swimmingôs 2017-2020 motivational time standards, any current USA Swimming registered swimmer who has achieved an "A" time in two of the five different strokes (including IM) in their given age group. 15 & Over swimmers must have two 15-16 ñA" times.

For 12 & U athletes:
Per USA Swimmingôs 2017-2020 motivational time standards, any current USA Swimming registered swimmer who has achieved at least a ñBòtime in two of the five different strokes (including IM) in their given age group.

SWIMMERS WITH DISABILITIES: NCAC welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the meet director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Failure to provide advance notice may limit NCACôs ability to accommodate all

requests.

ENTRIES:

1. Entries must be submitted via e-mail using Hy-Tek Team Manager, and it is recommended that hard copy Hy-Tek printout be sent as a backup. Electronic entries will take precedence over printed copy in case of discrepancies. Any e-mail entry received will be acknowledged by a confirmation e-mail. If you do not get a confirmation e-mail, your entry has not been processed.

2. Entries must show swimmerôs USA ID and actual age of swimmer as of May 18, 2018.

3. Enter LONG COURSE METER times only. NT entries will NOT be accepted. Please make sure the times entered are close approximations to times that can be achieved.

4. Entry fees must be received by the entry deadline. Make checks payable to **North Carolina Aquatic Club**. Entries received without payment will not appear in the psych sheet until payment is received.

5. This meet always fills to capacity VERY quickly. Send your entries in early to avoid being closed out.

ENTRY LIMITS: Swimmers may enter a maximum of **three (3)** events per day with a total of **nine (9)** events for the meet. Entries will close with the team that puts the total number of entries over 550 swimmers or stretches the timeline unreasonably.

ENTRY VERIFICATION: An email will be sent to the person submitting the entry confirming receipt of the entry within 48 hours of receipt.

ENTRY DEADLINE: Entries must be received by **6pm, Tuesday May 8, 2018**. Telephone entries will not be accepted. Late entries may be accepted on deck at the discretion of the Meet Referee, if empty lanes are available. No new athletes will be accepted into the meet after the entry deadline. Fax entries will **not** be accepted. Express mailing must be sent so as NOT to require a signature.

ENTRY FEES:

Make checks payable to: NCAC. All fees are non-refundable.	
Individual Event	$5.50/ event
NC Travel Fund	$3.00 / swimmer
Facility Surcharge	$15.00 / swimmers
Late Entry Fee	$11.00 / $20.00

SEEDING: The conforming time standard for this meet is LC Meters. Swimmers will be seeded and swim from slowest to fastest unless otherwise indicated. ñNTòentries will not be accepted.

13& O Sessions:

All morning prelim sessions may be conducted using chase starts with odd and even heats starting from opposite ends. All evening final sessions will be started at the East end of the pool. Dive-over starts may be used throughout the meet.

The competition will consist of a preliminary session and a finals session Friday Saturday, and Sunday. In prelims, all 13&O swimmers will compete together. In finals, 13-14 and 15 & O swimmers will be split into their respective age groups. The top 16 qualifiers from the 13-14 age group will compete in a 13-14 ñAòor ñBòfinal, and the top 24 qualifiers from the 15 & O age group will compete in a 15 & O ñAò, ñBò, or ñCòfinal. From preliminaries, the top 8 finishers qualify for the ñAòfinal, 9-16th place finishers qualify for the ñBòfinal, and 17-24th

place finishers qualify for the ñCòfinal.

Alternates should be ready to swim and standing near the starter. Alternates will not be called.

The 13 & O 400 IM and 400 Freestyle will be swum as timed finals and may be limited to the fastest 48 swimmers per gender due to time limitations. The fastest three heats will compete in finals, swum slow to fast. The remaining heats will compete in the prelim session and swum fast to slow, alternating girls / boys. For the 400 Freestyle, due to time limitations, the meet referee may elect to swim two swimmers per lane starting swimmers from both ends of the pool simultaneously.

Note that both events will be contested and scored as 13 & O and will not be split into separate age groups.

There will be no AM/PM option for the 400 free and 400 IM's.

Afternoon 10 & under and 11-12 Sessions:
If deemed necessary to meet the 4-hour rule, afternoon sessions will be conducted using chase starts with boy and girls starting at opposite ends.

All 10 & U events will be contested as timed finals.

All 11-12 events, except for the **400 IM and 400 Freestyle** will be prelims / finals, with the fastest 8 swimmers from each event qualifying for finals at night.

The 12 & U 400 IM and 400 Freestyle will be positive check-in, and will be contested as timed finals events in the afternoon session. These events may only be able to accept a limited number of entries dependent upon the time line. They will be swum fast to slow, alternating girls / boys.

POSITIVE CHECK-IN: Positive check-in is located at clerk of course and will be required for the following events:

- 13&O 400 IM by 7:30AM Friday
- 12-un 400 IM by 1:00PM Friday
- 13&O 400 Free by 7:30AM Saturday
- 12-un 400 Free and by 1:00 PM Saturday

The listed events will be deck seeded and swum as timed finals. Swimmers who fail to check in will not be permitted to swim and entry fees will not be refunded.

SCRATCH RULES: There will be no penalty or failing to compete in pre-seeded events including relays at the block. A swimmer qualifying for the Championship or Consolation Finals based upon the results of the preliminary session must notify the referee within 30 minutes after the announcement of the qualifiers of that race that they may not intend to compete. All scratching for finals must be done with the admin referee or his/her designee. For deck seeded events swimmers who are properly checked in and seeded but fail to compete and are not excused by the meet referee will be barred from their next individual event.

Failure to compete in an individual Championship or Consolation final shall result in disqualification from the remainder of the meet. North Carolina Scratch Rule is in effect.

SCORING: Individual events will be scored 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. for the top 16 finishers; relays will be scored double the individual points for top 16 places.

AWARDS: Individual events: medals 1st - 3rd place; ribbons 4th - 8th place.

Relay events: ribbons 1st - 3rd places.

RESULTS: Results will be posted on NCAC website within 24 hours of the conclusion of the meet and teams will be emailed their results. Meet Mobile will be used pending facility internet connectivity.

COACHES: All coaches on deck must be registered and certified with USA swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. There will be a coach/general meeting at the date and time listed in the Deadline and Meeting Summary.
Other meetings may be held at the meet refereeôs discretion. Meet Management requests that at least one coach representative from each team attend all coaches meetings.

OFFICIALS / TIMERS VOLUNTEERS: There will be a need for officials. NCAC welcomes and encourages anyone willing to volunteer to contact the Meet Referee by email prior to the meet or sign in once you arrive at the meet. All officials on deck must be registered and certified with USA Swimming and will be required to show proof of such to the meet referee by displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. A certification card showing the officialôs level of certification must also be presented. Any officialôs assistance will be greatly appreciated and will help to ensure a great meet for the swimmers. Official briefings will be held in the hospitality area at the date and time listed in the Deadline and Meeting Summary.

Teams may be asked to provide timers. Requests for timers will be e-mailed to teams in advance of the meet if necessary.

HOSPITALITY / CONCESSIONS: There will be a hospitality area open to all coaches and officials. Refreshments will be available at the concession stand.

WARM-UP: **In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshall will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.** During the competition, there will be lanes available for continuous warm-up/down (if available). **There is to be no diving or horseplay in this area.**

WAIVER/RELEASE: As a team entered in this meet, upon entry you are verifying that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and North Carolina Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet. NCAC, Koury and the University of North Carolina ï Chapel Hill, North Carolina Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your teamôs swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

208.3. INDIVIDUAL SCRATCH RULE Swimmers shall inform themselves of the meet starting time and shall report to the proper meet authorities promptly upon call. The meet announcement shall specify all mandatory check-in and scratch deadlines and procedures.

.1 Pre-Seeded Meets - Any swimmer not reporting for or competing in an individual timed final event shall not be penalized.

.2 Events Seeded on the Deck - Any swimmer entered in an individual event that is seeded on the deck, in whole or in part, who has checked in for that event, must swim in the event unless the swimmer notifies the clerk of course before the seeding for that event has begun that the swimmer wishes to scratch or as noted in 208.3.4 A or D.. Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which the swimmer entered in the meet. Unless the meet announcement states otherwise, events seeded on the deck shall be closed for seeding no later than thirty (30) minutes prior to the start of the event except that individual events of 400 meters or longer may be closed for seeding up to twenty four (24) hours before the expected start of the event if the check-in/scratch deadline occurs after the beginning of the meet and is announced in the meet announcement.

.3 Preliminary and Finals Events

A. Any swimmer not reporting for or competing in a pre-seeded preliminary heat when finals are scheduled shall not be penalized. If the preliminary heat is seeded on the deck then 208.3.2 applies

B. Any swimmer qualifying for an A final, scored or not scored, or B scored final race in an individual event who fails to compete in said A or B final race shall be barred from further competition for the remainder of the meet, except as noted in 208.3.4. For events occurring on the last day of a meet, a fine of $100 per missed swim shall also be assessed to the club by the appropriate Division Chair for failure to compete. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete.

C. In the event of withdrawal or barring of a swimmer from competition, when possible, the Referee shall fill the A, B, or C final with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These and all other alternates and those qualifying for non-scoring B or C finals shall not be penalized if unavailable to compete

D. When the B or C final has not yet been swum and a barring or withdrawal is known in advance by the Referee, the Referee should re-seed the A, B, or C finals, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final. In order to prevent undue delay of the A, B, or C finals, the Referee may elect to fill the empty lane(s), without re-seeding, with the next qualified alternate, or if unavailable, the next qualified swimmer(s) who is/are present in the starting area and ready to swim

E. If a C or B final has already been swum, the A final of that event shall be swum without filling the empty lane(s)

.4 Exception for Failure to Compete - No penalty shall apply for failure to compete in or scratch an individual event if:

A. The Referee is notified in the event of illness or injury and accepts the proof thereof.

B. The swimmers qualifying for an A final or B final race based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers of that final race that they may not intend to compete and also declares his final decision whether or not to scratch within thirty (30) minutes following his last individual preliminary heat, swim-off, or re-swim.

C. The swimmer was not named in any finals heat during the initial announcement of results

D. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

208.4. RELAY SCRATCH RULE

.1 All Meets - Any relay or relay member, in a relay event that fails to compete in or report for that event shall not be penalized.

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ORDER OF EVENTS

Warm-ups: 6:30-7:50 AM	Session 1 – 13&O Prelims Friday, May 18, 2018	Prelims Begin: 8:00 AM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
1	13&O 200m Free	2
3	13&O 100m Fly	4
5	13&O 100m Breast	6
7	13&O 400m IM	8

Warm-ups: Not before 12:00 PM	Session 2 – 11-12 Prelims & Timed finals; 10 & U timed finals Friday, May 18, 2018	Timed Finals: Not before 1:00 PM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
9	11-12 100m Free	10
11	10 & U 100m Free	12
13	11-12 100m Fly	14
15	10 & U 100m Fly	16
17	11-12 100m Breast	18
19	10 & U 100m Breast	20
21	11-12 400m IM	22

Warm-ups: Not before 5:00 PM	Session 3 – 11-12, 13-14, 15&O Finals Friday, May 18, 2018	Finals Begin: Not before 6:00 PM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
1a	15&O 200m Free	2a
1b	13-14 200m Free	2b
9	11-12 100m Free	10
3a	15&O 100m Fly	4a
3b	13-14 100m Fly	4b
13	11-12 100m Fly	16
5a	15&O 100m Breast	6a
5b	13-14 100m Breast	6b
17	11-12 100m Breast	18
7	13&O 400m IM	8

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ORDER OF EVENTS

Warm-ups: 6:30-7:50 AM	Session 4 -13&O Prelims Saturday, May 19, 2018	Prelims Begin: 8:00 AM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
23	13&O 200m IM	24
25	13&O 50m Free	26
27	13&O 200m Back	28
29	13&O 400m Free	30

Warm-ups: Not before 12:00 PM	Session 5 - 11-12 Prelims & Timed finals; 10 & U timed finals Saturday, May 19, 2018	Timed Finals: Not before 1:00 PM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
31	11-12 50m Free	32
33	10 & U 50m Free	34
35	11-12 200m IM	36
37	10 & U 200m IM	38
39	11-12 50m Back	40
41	10 & U 50m Back	42
43	12&U 400m Free	44

Warm-ups: Not before 5:00 PM	Session 6 - 11-12, 13-14, 15&O Finals Saturday, May 19, 2018 PM	Finals Begin: Not before 6:00
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
23a	15&O 200m IM	24a
23b	13-14 200m IM	24b
35	11-12 200m IM	36
25a	15&O 50m Free	26a
25b	13-14 50m Free	26b
31	11-12 50m Free	32
27a	15&O 200m Back	28a
27b	13-14 200m Back	28b
39	11-12 50m Back	40
29	13&O 400m Free	30

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ORDER OF EVENTS

Warm-ups: 6:30-7:50 AM	Session 7 – 13&O Prelims Sunday, May 20, 2018	Prelims Begin: 8:00 AM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
45	13&O 100m Free	46
47	13&O 200m Fly	48
49	13&O 200m Breast	50
51	13&O 100m Back	52
53	OPEN 800m Free	54

Warm-ups: Not before 12:00 PM	Session 8 – 11-12 Prelims & Timed finals; 10 & U timed finals Sunday, May 20, 2018	Timed Finals: Not before 1:00 PM
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
55	11-12 200m Free	56
57	10 & U 200m Free	58
59	11-12 50m Fly	60
61	10 & U 50m Fly	62
63	11-12 50m Breast	64
65	10 & U 50m Breast	66
67	11-12 100m Back	68
69	10 & U 100m Back	70

Warm-ups: Not before 5:00 PM	Session 9 - 11-12, 13-14, 15&O Finals Sunday, May 20, 2018 PM	Finals Begin: Not before 6:00
GIRLS EVENT #	**EVENT**	**BOYS EVENT #**
45a	15&O 100m Free	46a
45b	13-14 100m Free	46b
55	11-12 200m Free	56
47a	15&O 200m Fly	48a
47b	13-14 200m Fly	48b
59	11-12 50m Fly	68
49a	15&O 200m Breast	50a
49b	13-14 200m Breast	50b
63	11-12 50m Breast	72
51a	15&O 100m Back	52a
51b	13-14 100m Back	52b
67	11-12 100 m Back	76