Pre Senior / Senior:

Monday 6:30-8:15 AM

Tuesday 7:00-8:45 AM

Tuesday 1:00-2:45 PM (MCAC)

Wednesday: 8:00-9:30 AM (Senior Only)

Thursday 6:30-8:15 AM

Thursday 1:00-2:45 PM (MCAC) (Senior Only)

Friday 7:00-8:45 AM

Saturday 7:00-8:30 AM

Dryland Practices:

Tuesday PM

Thursday PM

Saturday AM

Silver/Gold:

Mon 8:00-9:30 AM

Wednesday: 7:00- 8:30 AM

Thursday 1:00-2:30 PM (MCAC)

Friday: 8:00-9:30 AM (Gold Only)

Saturday 8:00-9:30 AM

Dryland Practices:

Thursday PM

Saturday AM

Snake Bites / Bronze:

Tuesday 8:30-9:30 AM

Thursday: 8:30-9:30 AM (Bronze only)

Saturday 8:30-9:30 AM