2019 Long Course Meet Schedule:

May 4-5: MAC "B" Invite (Charlotte Latin)

May 17-19: ECA Beach Invite (Morehead City)

June 8-9: SAC Summer Open (Shelby)

July 6-7: QCD Qualifier (MCAC)

July 11-14: NC Age Group States (Cary)

\*Qualifying Times Required

July 18-21: NC Senior States (Greensboro)

\*Qualifying Time Required

July 26-28 Sailfish Summer Open (MCAC)