

# Aquatic Programming for Everyone...



Wahoo Swim Academy offers aquatic programming for all ages. With experienced staff, a low instructor to participant ratio and programs to meet every budget, our programs can help you or your child learn to swim, help you improve your stroke or help you achieve your fitness goals.

Check out our offerings [here](#), call (919)859-4881 or contact us at [wsa@swimrsa.org](mailto:wsa@swimrsa.org) to start swimming the Wahoo Way!



## Swim Lessons: Swim Express

Planning for a cruise or a holiday near water? Looking for a fast way to get ready for summer swim team? Instruction is available for participants aged 2 years to 99+ years old. The instructor to participant ratio is limited to 1:4\*. Swim Express is designed to teach the fundamentals of swimming quickly and safely.

Classes are typically taught in sessions of eight one-hour lessons. Options include 2/week classes or 4/week classes.

To book your class, email us today at [wsa@swimrsa.org](mailto:wsa@swimrsa.org) or call (919) 859-4881.

**Age Range:**  
2 years to 99+ years old

<b>Registration Fee:</b>	<b>\$ 10</b>
<b>Group Lesson Cost:</b>	<b>\$125 (4)</b>
	<b>\$200 (8)</b>

## Swim Lessons: Wahoo Direct

Wondering when to start swim lessons? Now! Swimming is a life skill, not just a fun summer activity. Join the fun in the warm water instructional pool. Instruction is available for participants aged 2 years to 12 years old. The instructor to participant ratio is limited to 1:4\*.

Classes are typically taught in sessions of nine to twelve weeks. Classes include once a weekday and weekend options of thirty-minute lessons.

[Register online here.](#)

**Age Range:**  
2 years to 12 years old

<b>Registration Fee:</b>	<b>\$ 10</b>
<b>Group Lesson Cost:</b>	<b>\$154**</b>
<b>Monday Class:</b>	<b>\$126**</b>
<b>Weekend Classes:</b>	<b>\$140**</b>

\*\*Price based on session length

## Water Babies: Tadpoles

Acclimate your young child to the water in a safe environment. Focusing on water safety skills and fun, parents and children work together with the instructors to learn face submersion, bubble blowing, front floating, back floating and more. Sessions include four 45-minute classes on Saturday mornings at 10:15 am. **New session starting monthly! Register online today!**

**Note: Parent must be in the water with the child.**

Reusable swim diapers are required; no disposable swim diapers are allowed.

**Age Range:**  
9 months to 2 years old

**Cost: \$100** for 4 45-minute classes; 1:6 instructor to child/parent ratio.



Click [here](#) to check class offerings and availability. If you are interested in private lessons, please contact us at [wsa@swimrsa.org](mailto:wsa@swimrsa.org) or (919)859-4881.

Looking for a way to get back in shape, cross train, prepare for a triathlon, or just love to swim? Join our [Masters group](#). Coming soon....Masters Adult Swim Lessons.

**Get swimming today!**