

2021 Sonner Weekly Practice Schedule effective January 18, 2021 through January 24, 2021

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
Indicates Change	Change Due to Thursday Deep Pool Closure	S=Sonner Aquatic Facility				B=Sunset Bluffs		
Barracuda Red	6:30pm-8:00pm S	6:30pm-8:15pm B		6:30pm-8:15pm B	No Practice: Meet	9:00am-10:30am S		
Barracuda Black	4:00pm-5:30pm S		4:00pm-5:45pm S		No Practice: Meet	10:30am-12:15pm S	1:30pm-3:00pm S	
Blackfin 1	3:00pm-4:00pm S	3:00pm-4:00pm S	3:00pm-4:00pm S		3:00pm-4:00pm S	7:00am-8:00am S	3:15pm-4:15pm S	
Blackfin 2	6:00am-7:00am S	8:00pm-9:00pm S	8:15pm-9:15pm S	8:00pm-9:00pm S		8:00am-9:00am S	11:00am-12:15pm S	
Cobia	7:30pm-9:15pm S		6:30pm-8:00pm S	5:00pm-6:30pm B	6:00pm-7:45pm S	9:00am-11:00am S	9:00am-11:00am S	
Dolphin Red	5:30pm-6:30pm S	4:30pm-5:30pm S	5:30pm-6:30pm S	4:30pm-5:30pm S		4:00pm-5:15pm S	12:15pm-1:30pm S	
Dolphin Black		4:30pm-5:30pm S	4:30pm-5:30pm S	4:30pm-5:30pm S		4:00pm-5:15pm S	12:15pm-1:30pm S	
Jack Red		7:00pm-8:00pm S		7:00pm-8:00pm S		12:30pm-1:30pm S		
Jack Black		7:00pm-8:00pm S		7:00pm-8:00pm S		12:30pm-1:30pm S		
Mackerel	8:00pm-9:15pm S	6:30pm-8:00pm S			7:30pm-9:00pm S	1:30pm-2:45pm S	12:30pm-2:00pm S	
Mako 1			8:00pm-9:15pm S		7:45pm-9:00pm S		2:00pm-3:15pm S	
Mako 2		8:00pm-9:15pm S			7:45pm-9:00pm S	12:15pm-1:30pm S		
Nova Red		5:45pm-6:30 pm S	5:45pm-6:45pm S		5:00pm-6:00pm S	No Practice: Meet		
Nova Black			5:45pm-6:45pm S		5:00pm-6:00pm S	No Practice: Meet	3:00pm-3:45pm S	
PreSenior Red	4:00pm-6:00pm S		5:15am-7:00am S		4:00pm-5:45pm S	7:00am-9:00am S	9:00am-11:00am S	
PreSenior Black	4:00pm-6:00pm S	4:00pm-5:45pm S	5:15am-7:00am S		No Practice: Meet	7:00am-9:00am S	9:00am-11:00am S	
Seahorse Silver {1}		5:10pm-5:55pm S		5:10pm-5:55pm S		11:45am-12:30pm S		
Seahorse White		4:10pm-4:55pm S		4:10pm-4:55pm S		11:45am-12:30pm S		
Seahorse Red {2}		6:55pm-7:40pm S		6:55pm-7:40pm S		11:45am-12:30pm S		

SeaStar Red		5:30pm-6:15pm S		5:30pm-6:15pm S		No Practice: Meet	
SeaStar Black		6:15pm-7:00pm S		6:15pm-7:00pm S		No Practice: Meet	
Senior Gold	5:00am-7:00am S	5:00am-7:00am S	5:00am-7:00am S	5:00am-7:00am S	5:00am-7:00am S		7:00am-9:00am S
	3:30pm-5:00pm B	3:00pm-4:30pm S	3:30pm-5:00pm B	3:00pm-4:30pm S	No Practice: Meet		
Senior Silver	5:30am-7:00am S	5:00am-7:00am S		5:00am-7:00am S	5:30am-7:00am S		7:00am-9:00am S
	3:00pm-4:00pm S		3:00pm-4:30pm S	3:30pm-5:00pm B	No Practice: Meet		
Tarpon Early	M/W: 2:00pm-2:45pm S	T/H: 2:00pm-2:45pm S	M/W: 2:00pm-2:45pm S	T/H: 2:00pm-2:45pm S			
Tarpon Late	5:10pm-5:55pm S		5:10pm-5:55pm S				
Tarpon Evening	M/W: 6:05pm-6:50pm S	T/H: 6:05pm-6:50pm S	M/W: 6:05pm-6:50pm S	T/H: 6:05pm-6:50pm S			
Wahoo Red	6:00pm-7:30pm S	5:30pm-7:00pm S	6:45pm-8:15pm S		6:00pm-7:30pm S		11:00am-12:30pm S
Wahoo Black	6:00pm-7:30pm S		6:45pm-8:15pm S	5:30pm-7:00pm S	6:00pm-7:30pm S		11:00am-12:30pm S
Masters	5:00am-6:15am S		7:00am-8:15am S		7:00am-8:15am S	5:45am-7:00am S	
	11:15am-12:30pm S	11:15am-12:30pm S	11:15am-12:30pm S	11:15am-12:30pm S	11:15am-12:30pm S		

Note schedule is subject to change at any time due to federal, state and local mandates. Rev. 01/19/21lh