



IMX

I.M. EXTREME CHALLENGE

PROGRAM ACHIEVEMENT

Kankan Adekoya

of Greensboro Community YMCA has achieved an IM Xtreme score of

1045

for the 12 year old age group during the LCM 2021 season

Rankings

National Rank: 1154 of 1353 (15 percentile)
Zone Rank: 431 of 498 (14 percentile)
LSC Rank: 88 of 102 (15 percentile)
Club Rank: 3 of 4 (50 percentile)

IM Xtreme Event Scores

400 FR (LCM): 356 points (time: 5:36.36)
100 BK (LCM): 198 points (time: 1:33.71)
100 BR (LCM): 146 points (time: 1:49.55)
100 FL (LCM): 101 points (time: 1:39.55)
200 IM (LCM): 244 points (time: 3:16.91)

LINDSAY MINTENKO
NATIONAL TEAM MANAGING DIRECTOR

August 24, 2021

Date



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Elijah Austria

of Greensboro Community YMCA has achieved an IM Xtreme score of

2301

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank:	281 of	585 (52 percentile)
Zone Rank:	113 of	225 (50 percentile)
LSC Rank:	22 of	44 (52 percentile)
Club Rank:	4 of	5 (40 percentile)

IM Xtreme Event Scores

400 FR (LCM):	457 points	(time: 5:39.98)
100 BK (LCM):	446 points	(time: 1:28.20)
100 BR (LCM):	474 points	(time: 1:39.65)
100 FL (LCM):	380 points	(time: 1:29.48)
200 IM (LCM):	544 points	(time: 2:58.36)

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Thomas Gaylord

of Greensboro Community YMCA has achieved an IM Xtreme score of

1843

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank:	384 of	585 (35 percentile)
Zone Rank:	145 of	225 (36 percentile)
LSC Rank:	28 of	44 (39 percentile)
Club Rank:	5 of	5 (20 percentile)

IM Xtreme Event Scores

400 FR (LCM):	420 points	(time: 5:45.71)
100 BK (LCM):	378 points	(time: 1:31.13)
100 BR (LCM):	419 points	(time: 1:42.32)
100 FL (LCM):	158 points	(time: 1:41.17)
200 IM (LCM):	468 points	(time: 3:04.39)

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Helena Goddard

of Greensboro Community YMCA has achieved an IM Xtreme score of

1411

for the 12 year old age group during the LCM 2021 season

Rankings

National Rank: 1001 of 1353 (26 percentile)
Zone Rank: 382 of 498 (23 percentile)
LSC Rank: 83 of 102 (20 percentile)
Club Rank: 2 of 4 (75 percentile)

IM Xtreme Event Scores

400 FR (LCM): 250 points (time: 5:53.52)
100 BK (LCM): 420 points (time: 1:23.88)
100 BR (LCM): 319 points (time: 1:39.92)
100 FL (LCM): 81 points (time: 1:40.91)
200 IM (LCM): 341 points (time: 3:07.57)

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Dax Harris

of Greensboro Community YMCA has achieved an IM Xtreme score of

4295

for the 16 year old age group during the LCM 2021 season

Rankings

National Rank:	56 of	355 (85 percentile)
Zone Rank:	21 of	148 (86 percentile)
LSC Rank:	3 of	16 (88 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	779 points	(time: 4:09.69)
200 BK (LCM):	628 points	(time: 2:20.69)
200 BR (LCM):	657 points	(time: 2:40.33)
200 FL (LCM):	680 points	(time: 2:15.45)
200 IM (LCM):	801 points	(time: 2:12.83)
400 IM (LCM):	750 points	(time: 4:46.88)

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PROGRAM ACHIEVEMENT

Dax Harris

of Greensboro Community YMCA has achieved an IM Xtreme score of

4249

for the 17 year old age group during the LCM 2021 season

Rankings

National Rank: 40 of 259 (85 percentile)
Zone Rank: 21 of 116 (83 percentile)
LSC Rank: 5 of 17 (76 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 793 points (time: 4:06.26)
200 BK (LCM): 586 points (time: 2:20.69)
200 BR (LCM): 616 points (time: 2:40.33)
200 FL (LCM): 709 points (time: 2:12.15)
200 IM (LCM): 754 points (time: 2:12.83)
400 IM (LCM): 791 points (time: 4:38.46)

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Catelyn Henderson

of Greensboro Community YMCA has achieved an IM Xtreme score of

3373

for the 12 year old age group during the LCM 2021 season

Rankings

National Rank: 62 of 1353 (95 percentile)
Zone Rank: 21 of 498 (96 percentile)
LSC Rank: 7 of 102 (94 percentile)
Club Rank: 1 of 4 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 744 points (time: 4:47.97)
100 BK (LCM): 663 points (time: 1:15.13)
100 BR (LCM): 578 points (time: 1:27.97)
100 FL (LCM): 687 points (time: 1:12.39)
200 IM (LCM): 701 points (time: 2:39.32)

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Jonathan Hensley

of Greensboro Community YMCA has achieved an IM Xtreme score of

2552

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank:	219 of	585 (63 percentile)
Zone Rank:	86 of	225 (62 percentile)
LSC Rank:	14 of	44 (70 percentile)
Club Rank:	2 of	5 (80 percentile)

IM Xtreme Event Scores

400 FR (LCM):	497 points	(time: 5:33.97)
100 BK (LCM):	606 points	(time: 1:21.87)
100 BR (LCM):	566 points	(time: 1:35.34)
100 FL (LCM):	382 points	(time: 1:29.41)
200 IM (LCM):	501 points	(time: 3:01.79)

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Anya Kayande

of Greensboro Community YMCA has achieved an IM Xtreme score of

552

for the 12 year old age group during the LCM 2021 season

Rankings

National Rank: 1278 of 1353 (6 percentile)
Zone Rank: 478 of 498 (4 percentile)
LSC Rank: 99 of 102 (4 percentile)
Club Rank: 4 of 4 (25 percentile)

IM Xtreme Event Scores

400 FR (LCM): 95 points (time: 6:27.09)
100 BK (LCM): 270 points (time: 1:30.21)
100 BR (LCM): 37 points (time: 1:57.55)
100 FL (LCM): 1 points (time: 1:55.11)
200 IM (LCM): 149 points (time: 3:27.49)

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Reina Liu

of Greensboro Community YMCA has achieved an IM Xtreme score of

4011

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank: 4 of 877 (100 percentile)
Zone Rank: 2 of 342 (100 percentile)
LSC Rank: 1 of 62 (100 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 750 points (time: 4:59.53)
100 BK (LCM): 874 points (time: 1:11.85)
100 BR (LCM): 766 points (time: 1:24.75)
100 FL (LCM): 798 points (time: 1:12.04)
200 IM (LCM): 823 points (time: 2:38.01)

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Spencer Mann

of Greensboro Community YMCA has achieved an IM Xtreme score of

2750

for the 15 year old age group during the LCM 2021 season

Rankings

National Rank:	283 of	424 (33 percentile)
Zone Rank:	125 of	183 (32 percentile)
LSC Rank:	23 of	32 (31 percentile)
Club Rank:	1 of	1 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM):	579 points	(time: 4:33.06)
200 BK (LCM):	423 points	(time: 2:36.28)
200 BR (LCM):	457 points	(time: 2:56.50)
200 FL (LCM):	390 points	(time: 2:36.57)
200 IM (LCM):	452 points	(time: 2:32.73)
400 IM (LCM):	449 points	(time: 5:27.00)

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Avery Mitcham

of Greensboro Community YMCA has achieved an IM Xtreme score of

2330

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank: 272 of 585 (54 percentile)
Zone Rank: 110 of 225 (52 percentile)
LSC Rank: 20 of 44 (57 percentile)
Club Rank: 3 of 5 (60 percentile)

IM Xtreme Event Scores

400 FR (LCM): 511 points (time: 5:32.02)
100 BK (LCM): 534 points (time: 1:24.63)
100 BR (LCM): 425 points (time: 1:42.03)
100 FL (LCM): 335 points (time: 1:31.60)
200 IM (LCM): 525 points (time: 2:59.86)

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Sadie Ross

of Greensboro Community YMCA has achieved an IM Xtreme score of

1459

for the 9 & Under age group during the LCM 2021 season

Rankings

National Rank: 250 of 345 (28 percentile)
Zone Rank: 111 of 147 (25 percentile)
LSC Rank: 21 of 24 (17 percentile)
Club Rank: 1 of 1 (100 percentile)

IM Xtreme Event Scores

200 FR (LCM): 381 points (time: 3:10.73)
100 BK (LCM): 426 points (time: 1:42.73)
100 BR (LCM): 239 points (time: 2:11.09)
100 FL (LCM): 123 points (time: 2:06.24)
200 IM (LCM): 290 points (time: 3:53.18)

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Roman Simmons

of Greensboro Community YMCA has achieved an IM Xtreme score of

2691

for the 11 year old age group during the LCM 2021 season

Rankings

National Rank: 181 of 585 (69 percentile)
Zone Rank: 73 of 225 (68 percentile)
LSC Rank: 12 of 44 (75 percentile)
Club Rank: 1 of 5 (100 percentile)

IM Xtreme Event Scores

400 FR (LCM): 630 points (time: 5:15.43)
100 BK (LCM): 633 points (time: 1:20.83)
100 BR (LCM): 504 points (time: 1:38.22)
100 FL (LCM): 359 points (time: 1:30.46)
200 IM (LCM): 565 points (time: 2:56.72)

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