

Hello Swimmers and Parents,

It's getting close to Cocoa Beach time! We have updated the Cocoa Beach webpage. We are holding off on rooming lists until after Christmas, because some are receiving trip as a surprise present and do not even know they are going! We have reviewed and think that we have been able to honor everyone's request unless we've already told you otherwise. Please remember it is a long trip and you are just sleeping in the rooms, lights out until wake-up in the morning. Also, this list, when it is released, as well as the Cocoa Beach Basic Rules, are all subject to change at anytime.

We will be sending out emails now through the time we leave - here are some important reminders about leaving Wednesday night, December 28th:

- 1 We need everyone's Code of Conduct and Registration form, and arrangement for payment of final balance (if not paid already), if there are any issues let Cynthia know, here email is cynthia.shannon@ymcagreensboro.org
- 2 **We will be doing bag checks again BEFORE loading the bus at Bryan YMCA, these will begin at 8:30pm. We need 2 volunteer dads for the boys line and 4 volunteer moms for the girls line, if you'd like to help arrive at 8:00pm for brief training, email Coach Brad to confirm.** PARENTS: Please help us ensure that there is no alcohol, tobacco products, or anything illegal in son/daughters bag, they will not be allowed on the trip and their violation will obviously be very public as everyone will notice. The procedure will be for children to unload all items on a table, show us an empty bag, and then reload into his/her bag. Prescriptions and over the counter medications should be separated in a ziplock bag so we can see in full all at once what you are bringing.
- 3 Bus leaves at 10:00pm on Monday night, and bag checks take a while...every year there is someone that does not realize it takes time to load up and check baggage. If you show up at 10:00pm that is way too late, you should plan to arrive no earlier than 8:30pm and no later than 9:15pm.
- 4 Parent, please have all swimmers review the GCY Code of Conduct, the GCY Nutrition Plan, and the GCY Basic Rules.
- 5 SWIMMERS - Lights out on the bus this year will be Midnight-6:00am, both there and back, please prepare for QUIET TIME during those hours as this will be strictly enforced this year! We should have outlets and wi-fi, bring your headphones.

We will be updating page daily with all final information, here's what we have at this time:

[CLICK HERE FOR THE COCOA BEACH EVENT PAGE](#)

Thanks everyone!

Coach Brad

(Chaperones and coaches, please report at 7:00pm Wednesday, Dec 28th, in order for a final brief meeting and to get in position for bag checks. We will have a male table and female table, separated, and you will have swimmers unload/reload everything)