



GREENSBORO AQUATIC CENTER

COVID-19 REOPENING PLAN & PROCEDURES

Susan Braman

GREENSBORO AQUATIC CENTER Ninth Edition December 1, 2020
1921 W Gate City Blvd, Greensboro, NC 27403 (336) 315-8498

<https://www.greensboroaquaticcenter.com/>

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Summary

These operational plans for the reopening of the Greensboro Aquatic Center (GAC) on June 1st, 2020, as it pertains to COVID-19, will be adjusted and simplified as time goes on, conditions improve and new best practices are identified.

The processes and procedures contained herein are designed to be an outline, subject to adjustment as needed with input from the local government agencies and health authorities in North Carolina and the City of Greensboro North Carolina.

Topline Considerations for Reopening

1. Allow healthy people to enjoy the GAC and require the use of masks/face coverings for guests and staff.
 - a. Priority consideration is to the seven (7) club team programs under year-round contract at the GAC, followed by Adult member use for rehabilitation and fitness use.
 - b. Members and Parents will be required to complete a verbal health screening check sheet prior to entering.
 - c. Teams are required to complete their own pre-practice safety checks and submit process for approval to GAC Manager before reopening.
 - d. Face Masks worn by all staff.
 - e. Coaches must wear a face mask at all times.
2. Provide means to wash/sanitize hands frequently.
 - a. Alcohol Based Sanitation stations will be placed at all entrances, restrooms, and facility transition locations. Additional wall mounted ones are placed at pertinent locations for use.
 - b. Staff will require everyone to use/or have used hand sanitizer prior to building entry.
 - c. Signage will be placed in all restrooms and entrances encouraging frequent washing of hands and best practices for doing so. See Appendix E.
3. Manage density of people within the GAC to keep people or family units that have been isolating together 6 feet (2 meters) apart.
 - a. Facility will have separate team/member entrances from exits and practice locations.
 - b. Floor markings and facility signage to encourage safe physical distancing guidelines.
 - c. Masks are required by those 5 and over at all times.
4. Reduce touch areas where possible and sanitize high touch surfaces frequently.

- a. Separate entrances/exits per group (teams, fitness class).
 - b. Limited facility access and specific travel areas marked by floor markings, signage and usage of barrier stanchions.
 - c. Hand sanitizing stations will be at high traffic areas for member/team use.
 - d. Disinfectant spray bottles kept at entrances, equipment and other pertinent locations.
5. Protect employees with various approaches, including, protective coverings, and distancing.
 - a. GAC staff will be temperature screened daily on entry and will wear masks at all times.
 - b. Face masks will be distributed to staff. GAC washes and sanitizes masks daily for guards needed.
 - c. All staff to complete COVID-19 active screening questionnaire daily, per city policy.
6. Communicate with employees and guests effectively on how to prevent the spread of germs.
 - a. Pre-reopening online training and in person staff training orientation.
 - b. Signage at employee room and employee restroom areas.
7. Have a plan in the event a guest or employee falls ill on-site.
 - a. GAC emergency action plan covers sudden illnesses and has a specific amendment for Covid-19 Symptoms and procedures.
 - b. Designated triage area and staff personal protective equipment.

GAC Capacity

1. GAC has 100,075 square feet of guest-accessible space and can provide 6 foot social distancing requirement (physical distance between people).
2. Per the NC Department of Health and Human Services Interim Guidance for Public Pools and Spas May 22nd, 2020, GAC has the ability to adhere and limit the user capacity in the pool to no more than 50% of maximum occupancy as determined by fire code AND a maximum occupancy in the water of 10 people per 1,000 square feet, AND ensure sufficient social distancing with at least 6-foot separation between family units. GAC Fire code - Total occupancy (Recreation, Competition, and Dive Well) is 2,915. So divided by 2 our interim capacity is 1,457. For the training pool – In water capacity is 248 and deck capacity is 309 = 557. Our Interim capacity is half of this – 278.
3. GAC has four separate pools and separate entry/exit locations established to ensure social distancing. There are single use restrooms assigned to each pool based on group activity location.

4. Team practices held in the competition pool will be streamed 4:00pm-7:00pm on the GAC facebook page. A Video stream of meets is provided via the GAC facebook page and website. For practices a parent may be permitted subject to the limited spectator policies (**See Appendix K**) and 10 max mandates and following the health screening. Safe distance seating will be managed by employees-
 - a. Parents or other spectators are encouraged to remain outside the facility.
 - b. Minimizing the number of people in the facility at any time is imperative for protecting the health of our swimmers, coaches, staff, families and community.
 - c. Spectators are limited to one per family and must be checked in outside for screening and hand sanitizing prior to observing practice. **Face masks and Social distancing are required at all times.**
 - i. For parent spectators to a diving or water polo team practice (located in the diving well), they will be directed to Sections 9/10 and asked to skip a row between other spectators and keep social distancing at all times.
 - ii. For parent spectators to a swim team practice in the competition pool, they will be directed to Sections 1-4 (if their team is located in the pool closest to the main scoreboard) or directed to Sections 5-7 (if their team is located in the pool closest to the diving well).
 - iii. For parent spectators to a swim team practice in the training pool, they may observe externally from the glass corner areas of the building or courtyard.
 - iv. For GAC private lessons, spectators will have a reserved social distancing seating area in the GAC Mezzanine. Only one child, aged 2 or under, may accompany the spectating adult and must remain within arm's reach while inside the facility.
 - v. Spectators must remain in their designated area (only) and exit the same way in which they entered.
 - d. See Appendix K as needed.
5. For swim team practices (11/1/20) swimmers are distanced four per lane with staggered entry.
 - a. Each team will be provided their practice schedule including assigned outdoor dryland areas, along with facility and deck maps indicating their team's movement on entry, during practice time and exit, along with other pertinent procedures that must be followed.
 - b. There will be at least one restroom designated for each pool group/team. Locker room use will be permitted but teams must follow locker room usage policies. See Appendix. All team swimmers must come and go in bathing suit and change/shower at home. Back packs are discouraged and must be placed on designated wall hooks if brought in.
 - c. GAC will place stanchion barriers and signage to create safe distancing.
6. For Dive team practices (12/1/20) swimmers are expected to follow the Dive Practice Policies at all times. See Appendix L.

7. See Appendix I for each pool interim capacities.

General Health and Safety

1. Frequent handwashing is essential and is the responsibility of all employees and guests. The GAC will remind everyone of the importance of frequently washing their hands with soap and water for 20 seconds.
 - a. Signage will be placed in all restrooms and entrances encouraging frequent washing of hand and best practices for doing so. See Appendix E.
 - b. Scoreboard to include the 3 W's of Wash, Wear, Wait and other health reminders.
 - c. Staff will require everyone to use hand sanitizer prior to entry to the facility.
2. Provide additional handwashing or hand sanitizer hygiene stations throughout the GAC: on entry, in key walkways, exits, etc. These will also be provided behind the scenes in maintenance areas, workshops, offices, and break areas.
 - a. Alcohol Based Sanitation stations will be placed at all entrances, restrooms and facility transition locations. Additional wall mounted stations are placed at pertinent locations for use.
 - b. (15) Additional no-touch ABHR dispensers placed strategically throughout the facility.
 - c. Disinfectant Spray bottles placed strategically at equipment and high traffic areas.
 - d. On-deck shower stations have been set up in strategic locations. The locker room showers are also available for use. **A cleansing shower or rinse is required before pool use.**
3. Utilize touch-free/contactless payment options.
 - a. Online sign up and payment encouraged. Limited in person transactions accepted.
 - b. All classes, lap swimming, and water walking must be reserved online.
 - c. Members only. Membership must be purchased online.
 - d. Members must be 18 years or older.
4. Ensure First Aid protocols address how to manage guests or employees with COVID-19 symptoms.
 - a. First Aid is staffed internally, provide the appropriate Personal Protective Equipment (PPE).
 - i. All first responders have face masks and gloves.
 - b. Defined isolation/quarantine area for the individual and his/her immediate party while assessment is completed.
 - i. Isolation area 1 (triage tent area on back patio at entrance 4)

- ii. Isolation area 2 (Family restroom at end of front hallway)
 - c. Thoroughly clean and sanitize locations visited by a guest or employee with COVID-19 symptoms.
- 5. Proactively communicate guidelines and expectations for health and hygiene procedures and precautions in the front-of-house areas for guests and in the behind-the-scenes areas for employees.
 - a. Signage placed on entrances, restrooms, transition areas, and the employee room. See Appendix E.

Guest Confidence/Guest Communication

1. GAC warns guests about the risk of contracting COVID-19 in any public space, including posting signs/messages.
 - a. All entrances and usage areas will have required signage. See Appendix E.
 - b. Disclaimers will be visible and posted on the GAC website
2. GAC to communicate new operational procedures to guests prior to arrival via email, on our website and through social media to establish expectations and instill confidence, including:
 - a. Team Coaches attended a GAC hosted webinar on May 12th, 2020 to review all procedures. All teams were asked to share a copy of this document with their parents. Teams are sharing their plan for executing safe distancing with us prior to practice.
 - b. E-blasts will be sent to members identifying all operation procedures, reservation processes, and best practices such as:
 - i. Identifying COVID-19 symptoms.
 - ii. Messaging that asks guest to come back another day if anyone in their party is experiencing the symptoms.
 - iii. Directives on wearing masks/ face coverings for employees and guests.
 - iv. Physical distancing guidelines.
 - v. Capacity limits that facilitate social distancing.
 - vi. Enhanced cleaning and sanitizing protocols.

Guest Responsibility

1. If you or any member of your party or family is not feeling well, don't visit. Plan to come when everyone is well.

- a. See Appendix E for CDC signage at all entrances.
2. Currently, government health organizations are recommending people 65 years and older, those who live in a nursing homes or long-term care facilities, and people with underlying medical conditions (particularly if not well controlled) should either remain home or keep their distance from others. Underlying medical conditions include chronic lung disease or moderate to severe asthma, serious heart conditions, immunocompromised, severe obesity (body mass index [BMI] of 40 or higher), diabetes, chronic kidney disease undergoing dialysis, and liver disease.
3. You must wear a mask/face covering your nose and mouth throughout your visit, except while exercising horizontally in the water. **All vertical exercise and therapy at this time requires that you wear a mask at all times including strenuous activity.** This is for your own protection and for the protection of other guests and employees in the facility.
4. Wash your hands frequently and practice good hygiene while at the GAC:
 - a. Wash hands frequently with soap and water for at least 20 seconds throughout your visit. Use hand sanitizer as an alternative. (Wash them after coughing or sneezing, before eating, after toilet use, and when hands are visibly dirty.)
 - b. When coughing or sneezing, cover your mouth and nose with a flexed elbow or tissue. Throw tissue into a trash receptacle after use.
5. You will be asked to apply hand sanitizer before entering the facility.
6. We have enhanced our already-stringent cleaning protocols considering the COVID-19 pandemic. We apologize if you experience any delays or inconvenience as a result of these procedures.
 - a. See Appendix G for additional disinfection checklist
7. If you feel ill once you are here, notify a GAC employee. You may be asked to move to a special area within the GAC for further assessment.

HUMAN RESOURCES MANAGEMENT

1. Communicate to employees that they have a duty to take reasonable care for their own health and safety and to not adversely affect the health and safety of others.
2. Pre-opening training for employees to ensure they understand and feel confident managing the physical distancing and hygiene aspects of their roles including knowing how to handle unsafe conditions and emergency situations. *All returning GAC staff attended a required reopening meeting.

3. Train employees thoroughly on their core responsibilities and on new, COVID-related protocols. Provide clear direction and guidance about what is expected. They should understand:
 - a. When to stay away from the workplace.
 - b. What action to take if they become unwell
 - c. Complete active screening questionnaire daily.
4. Instruct employees to wash their hands or use hand-sanitizer at frequent intervals and after any of the following: using the restroom, sneezing, touching their face, blowing their nose, cleaning, sweeping, mopping, eating, drinking, smoking, entering or leaving a guest area, and before starting their shift. This is a critical protocol to keep employees and guests healthy.
5. GAC is operating only with essential personnel. Roster staff are greatly reduced particularly in the early stages of reopening.
6. Separate work teams have been established (i.e. a Team A and Team B structure) to keep employees separate on different working days in case one person tests positive for COVID-19. This will allow operations to continue if one entire team or work group must be quarantined. Carefully consider employee rotation cycles to keep work teams together to reduce interactions with different groups of employees.

Admission and Entry

1. Place signs or markings on the pavement to outline physical distancing guides/spaces.
 - a. Entrances will have signage, floor markings, and staff present to ensure distancing and best practices when entering/exiting.
 - b. See Appendix E for examples.
2. GAC will start with a smaller initial maximum capacity from the May 22nd interim guidance for public pools and spas in order to assess physical distancing behavior and increase capacity gradually.
 - a. June 1st – 7th – 10 max per group.
 - b. June 8th – begin 25 max per group (per NC government guidelines).
 - c. August-30 begin 3 swimmer per lane maximum. See Appendix.
 - d. November 1 begins 4 swimmer per lane maximum. See appendix.
3. Stagger arrival times to minimize lines at the entrances.

- a. Teams and Public usage times are staggered.
 - b. Separate entrances and restrooms for each practice and location.
4. Using advance, online purchases to eliminate transactions on-site and reduce congestion at the entrance through phase 2.5
 - a. All Adult usage is Members only, and requires online sign up before attending.
 - b. **No drop-in use permitted at this time.** All adult (only) members must reserve a lane, class spot, and time through our link found on the GAC website.
 - c. October 10th 2020, Senior Swim and Family Swim offerings available. Participants are required to call ahead and sign up to reserve their spot. Cash transactions are accepted but card payments are encouraged.
5. Encourage guests to reduce the number of personal items they bring into the GAC.
 - a. Limited equipment is encouraged. Teams are expected and required to have safety plans in place.
 - b. Equipment should not be shared.
 - c. GAC staff will wipe down fitness equipment before and after each class.
 - d. Spray bottles will be available for teams/members to disinfect before and after each use.
6. Encourage guests to come and go in their bathing suit.
 - a. Adult member locker room arrangements to allow for appropriate physical distancing. Signs are posted reminding guests to maintain physical distances of 6 feet (2 meters) and to wait for others to vacate before approaching the locker.
 - b. Locker room use will be permitted but teams must follow locker room usage policies. See Appendix I.
 - c. Training pool locker rooms will have limited member use upon reopening on August 3rd. Lockers in the training pool locker rooms will be off limits. You may use the day lockers in the lobby, but they will be emptied and disinfected nightly. We encourage you to arrive and leave in your suit.
 - d. All locker room use requires wearing a mask and to follow social distancing guidelines as noted throughout the facility.

Payments

1. Make purchases online only (prior to visit). In person transactions will only be accepted for Senior and Family swim offerings.
 - a. **Until further notice – Online sign-up and purchases recommended. Credit Card transactions are allowed in person. Only in person cash transactions accepted are for Senior Swim and Family Swim offerings.** See the GAC website to sign up and pay for entry.
 - b. Front desk will be required to wipe and disinfect all pens and surfaces in between each patron check in.
2. Arrange credit card readers so guests can insert/swipe their own cards. If the credit card machines are in close proximity to GAC employees, the employee should step back while the guest makes their payment.
 - a. Clean credit, cash machines/ATMs frequently. Provide handwashing stations or sanitizer nearby. *Presently not in use.
 - b. Clean/sanitize cash bags/employee tills prior to distribution and upon return. *Presently not in use.
 - c. Front desk is required to wipe down and disinfect all areas at the beginning and end of each shift.
3. GAC will require Members to have an ID picture taken and scan member key tag when arriving.

Sanitation/Housekeeping/Cleaning Operations

1. Global Plasma Solutions (GPS) cold plasma bipolar ionization system was installed October 1, 2020 facility wide. The system works in conjunction with the GAC's previously installed Paddock Evacuator air filtration system to deliver clean indoor air that is safe and healthy by reducing chloramines and eliminating airborne particulates, odors and pathogens.
2. Sanitize high-touch areas frequently. Those include: door handles, trash receptacle touchpoints, control equipment, phones, computers, office equipment, counters, elevator buttons, handrails, tables, seats, benches, high chairs, toilets, sink faucets and toilet handles, soap dispenser push plates, baby changing stations, ice scoops, refrigerator handles, towel dispenser handles, cleaning tools, counter tops, door knobs, light switches, sinks, queue rails, harnesses, restraints, ATM machines, dining surfaces, etc. Consider removing high-touch surfaces (i.e. doors) if they aren't completely necessary.
 - a. The GAC has a combination of full time and part time staff with specific checklists to ensure all areas are covered and cleaned frequently.

- b. Staff have been trained on product usage and application best practices.
3. Guests will see employees cleaning and sanitizing within the GAC.
 - a. Housekeeping staff will be visually present throughout the entire day and required to wear their blue housekeeping uniform to ensure they are easily identified.
4. The frequency and approach to sanitizing is based on the guidelines provided on the cleaning chemicals, which should be determined based on the surface being cleaned. Virus kill times/drying times are considered carefully prior to reopening an area for guest access.
 - a. There are many different surfaces and materials throughout the GAC. GAC HK has a specific process for each and has been trained on product usage application and best practices to ensure effective product kill claims.
 - b. See Appendix G for the Housekeeping checklist.
5. Hand sanitizer (alcohol-based hand rub) is an anti-microbial agent that kills or renders inactive 99.9% of all known bacteria, viruses, and fungi that are present on surfaces. (Hand sanitizers contain at least 60% alcohol).
6. Sanitize wheelchairs between every use. Provide additional wipes to guests so they can wipe down equipment after each use.

Restroom Cleanliness

1. Dedicate employees to cleaning/disinfecting restrooms frequently. Coaches or dedicated meet officials are responsible to monitor/control restroom capacity to uphold physical distancing guidelines in those facilities.
 - a. Staff are required to clean/disinfect routinely and submit document at the end of shift.
2. Pay extra attention to high-touch surfaces in restrooms including door handles, trash receptacle touchpoints, countertops, benches, toilets, sink faucets and toilet handles, soap dispenser push plates, baby changing stations, towel dispenser handles, doorknobs, light switches and sinks.
 - a. These areas are specifically covered in the Housekeeping checklists and are required to be cleaned frequently.
3. Be sure to sanitize common use items like water fountains or disable them if allowed by the health department.

- a. These areas are specifically covered in the Housekeeping checklists and are required to be cleaned frequently.
4. Provide a means for employees and guests to dry their hands. Paper towels that can be disposed of in the trash are preferred.
 - a. Employee room and restrooms have educational posters, hand soap, no touch paper towel dispensers and trash cans ready for use. Trash can lids have been removed to reduce touch points.
 - b. Employees have been trained on handwashing best practices.

First Aid Procedures

1. Isolation areas for patrons or employees with potential COVID-19 symptoms have been identified and are listed below. The patron/athlete with the symptoms should be moved to the containment area for further assessment of the individual's condition.

Isolation area 1 (triage tent area on back patio at entrance 4)

Isolation area 2 (Family restroom at end of front hallway)

- a. GAC First Aid room will remain open for non-COVID-19 related issues
 - b. The GAC will have daily restocking as well as disinfection of the First Aid room
2. Secondary assessment of an individual with COVID-19 symptoms or temperature over 100.4 F or 38 C may include confirmation of the person's temperature and an assessment of other symptoms. If an assessment shows potential signs:
 - a. If outside, entrance will be refused and advised to seek medical help. All contact areas will be closed and sanitized.
 - b. If inside, person will be transported to an isolation area if safe to do so.
 3. Ensure employees wear proper PPE (following standard protocols for healthcare workers) when working closely with those who may have COVID-19 (or who have an inhalation risk). That PPE may include masks, eye protection and gloves.
 - a. GAC lifeguards are American Red Cross certified and have been trained on appropriate PPE. All staff are required to wear PPE.
 - b. GAC has a Lead Safety Staff person to monitor, purchase and restock supplies.
 - c. GAC has specific Covid response procedures-see appendix.

Supplemental Documents/Governor/State Mandates

The basis for our planning and reorganizing efforts to re-open safely and within NC Governors mandates.

1. May 20, EXECUTIVE ORDER NO. 141 - EASING RESTRICTIONS ON TRAVEL, BUSINESS OPERATIONS, AND MASS GATHERINGS: PHASE 2

[Executive Order No 141](#)

2. Interim Guidance for Interim Guidance for Public Pools and Spas (July 24, 2020)

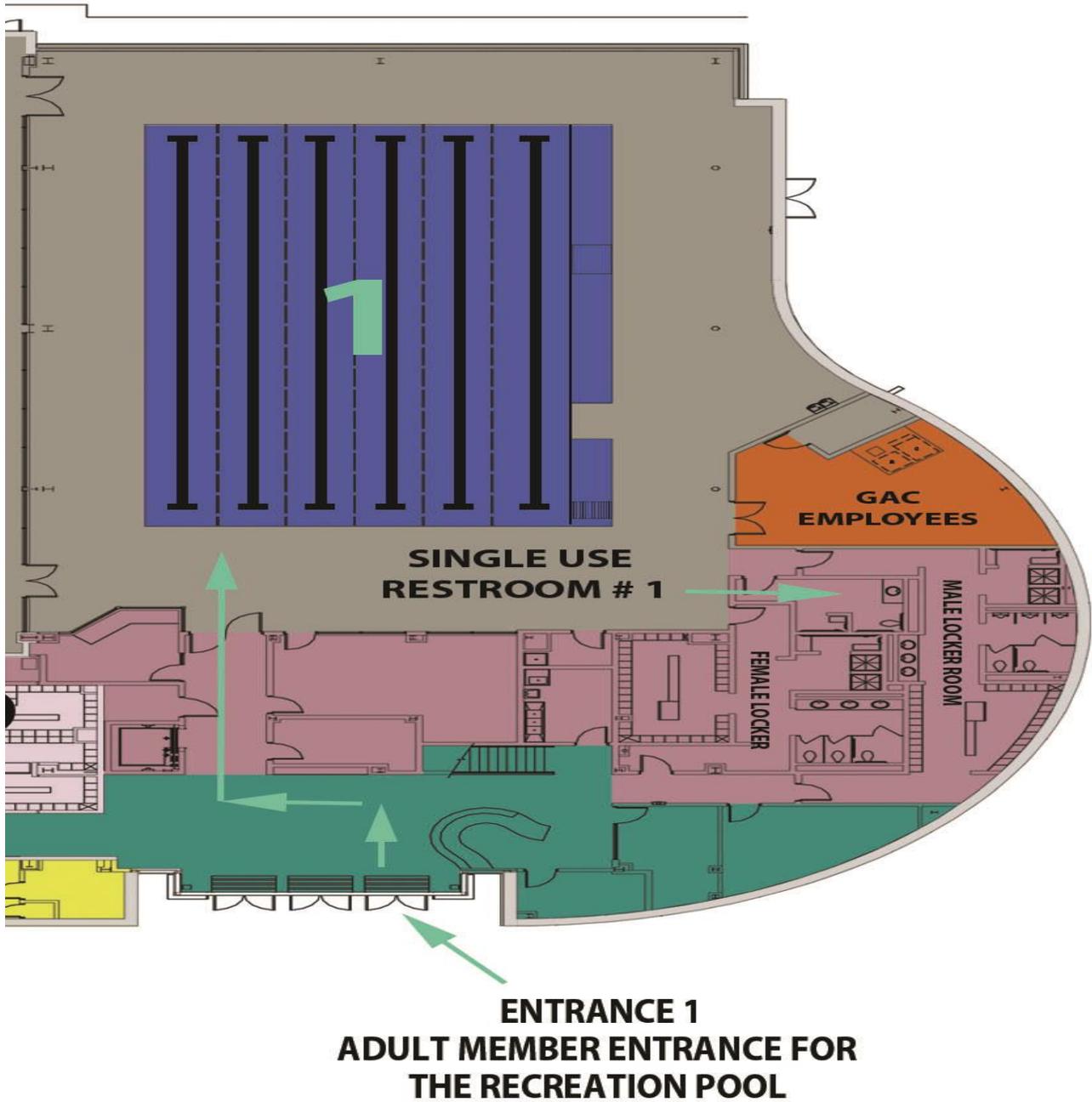
[Interim Guidance for Pools and Spas \(July 24, 2020\)](#)

3. November 23, 2020 Executive Order increasing Mask requirements.

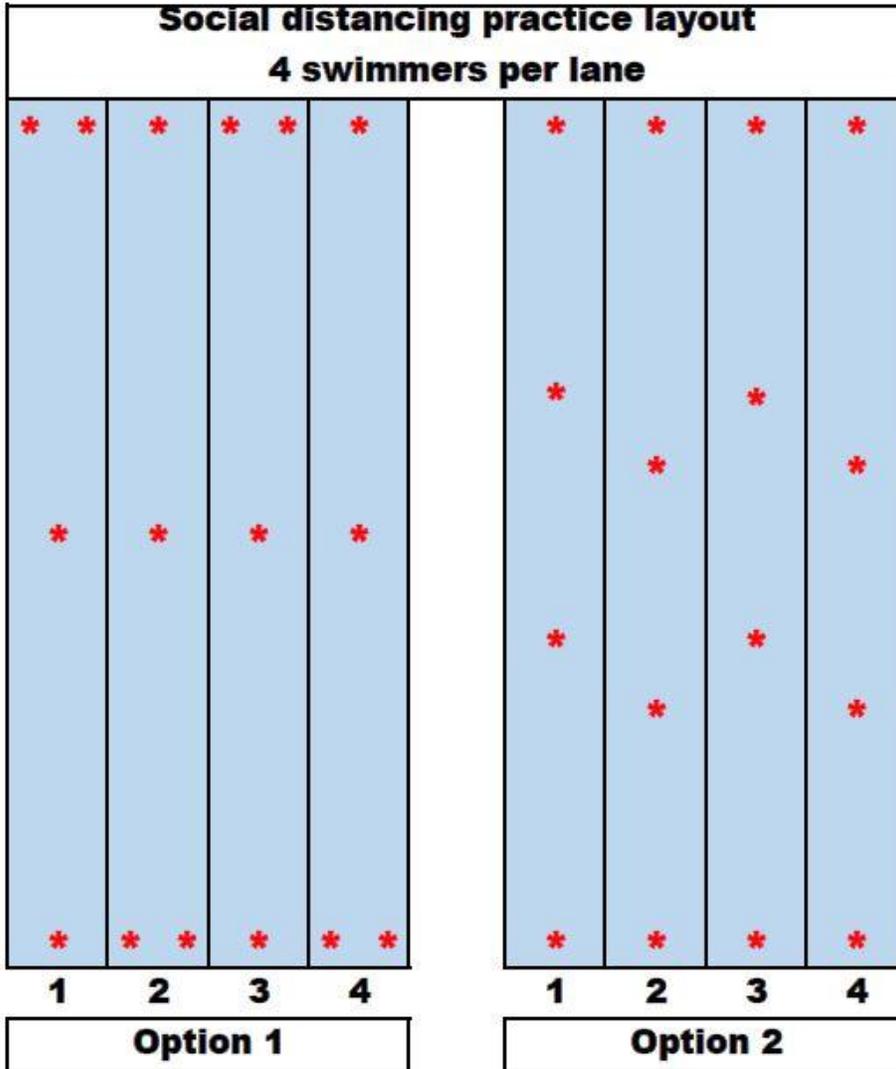
[EO180-Face Coverings Requirements](#)

Appendix B

Entrance 1



Appendix C



*** denotes (1) swimmer**

**Swimmers to be socially distanced throughout lanes.
Option 1 shows 2 swimmers on lines on wall with 1 swimmer in the middle and 4th swimmer on the wall at opposite end.
Option 2 shows 1 swimmer on each wall and 2 swimmers in the middle.**



State of North Carolina

ROY COOPER
GOVERNOR

May 20, 2020

EXECUTIVE ORDER NO. 141

EASING RESTRICTIONS ON TRAVEL, BUSINESS OPERATIONS,
AND MASS GATHERINGS: PHASE 2

E. Pools.

1. **Indoor and Outdoor Pools May Open.** During the effective period of this Executive Order, indoor or outdoor pool facilities (whether stand-alone or part of other facilities) may operate, but must be in compliance with this Subsection.
2. **Requirements.** While this Executive Order is in effect, all open pool facilities must do all of the following:
 - a. Limit the user capacity in the pool to no more than 50% of maximum occupancy as determined by fire code (or, when fire code number is not known, thirty-three (33) people per one thousand (1000) square feet in deck areas, wading pools and splash pads), and a maximum occupancy in the water of ten (10) people per one thousand (1000) square feet. This user capacity is the Emergency Maximum Occupancy for the pool facility.
 - b. Follow the Core Signage, Screening, and Sanitation Requirements as defined in this Executive Order.
3. This Subsection applies only to shared pools in commercial settings or at residential complexes. It does not apply to family pools at people's homes.

F. Child Care Facilities.

1. **Child Care Facilities May Open and May Serve All Children.** Child care facilities may open or reopen, and they may serve all children in North Carolina. All references to "covered children" in Executive Order Nos. 130 and 138 shall refer to all children.
2. **Requirements.** Child care facilities that are open or reopened consistent with the Executive Order must abide by the following requirements:
 - a. Follow all applicable NCDHHS guidelines.
 - b. Follow the Core Signage, Screening, and Sanitation Requirements as defined in this Executive Order.
 - c. Conduct a daily health screening on all individuals who are entering the building.
 - d. Immediately isolate sick workers and children from the rest of the facility and send them home.
 - e. Have a plan to work with local health departments to identify close contacts of confirmed cases in the child care setting.
 - f. Before reopening, child care facilities shall submit to NCDHHS the Emergency Child Care Provider Application. NCDHHS must approve the Emergency Child Care Provider Application before the child care facility can reopen.
3. **Relationship to Previous Executive Orders.** Subdivisions 1 and 2(a) of this Subsection completely replace Subsections (C) and (D) of Section 2 of Executive Order No. 130. Otherwise, Section 2 of Executive Order No. 130 and Section 3 of Executive Order No. 139 shall remain in effect through 5:00 pm on June 26, 2020. The effective date provisions of those Executive Orders are amended accordingly.

Appendix E

Stop, Feeling Sick signage posted at all entrances. Wash your hands signage posted in all restrooms and locker rooms. Employee Supplemental safety signage posted in employee room. Stop the spread of germs posted in all restrooms and throughout the facility in visually recognizable places.





GREENSBORO AQUATIC CENTER

Educate employees about how they can reduce the spread of COVID-19:

Employees can take steps to protect themselves at work and at home. Older people and people with serious chronic medical conditions are at higher risk for complications.

- Follow the policies and procedures of your employer related to illness, cleaning and disinfecting, and work meetings and travel.
- Stay home if you are sick, except to get medical care. Learn [what to do if you are sick](#).

Inform your supervisor if you have a sick family member at home with COVID-19. Learn what to do [if someone in your house is sick](#).

- Wash your hands often with soap and water for at least 20 seconds. Use hand sanitizer with at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Cover your mouth and nose with a tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the trash and immediately wash hands with soap and water for at least 20 seconds. If soap and water are not available, use hand sanitizer containing at least 60% alcohol. Learn more about [coughing and sneezing](#) etiquette on the CDC website.
- Clean AND disinfect frequently touched objects and surfaces such as workstations, keyboards, telephones, handrails, and doorknobs. Dirty surfaces can be cleaned with soap and water prior to disinfection. To disinfect, use [products that meet EPA's criteria for use against SARS-CoV-2](#)[external icon](#), the cause of COVID-19, and are appropriate for the surface.
- Avoid using other employees' phones, desks, offices, or other work tools and equipment, when possible. If necessary, clean and disinfect them before and after use.

Practice social distancing by avoiding [large gatherings](#) and maintaining distance (approximately 6 feet or 2 meters) from others when possible.

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

COVID
CORONAVIRUS
DISEASE **19**

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



For more information: www.cdc.gov/COVID19

CS314915-A

Appendix G

 GREENSBORO AQUATIC CENTER Mandatory Daily HK Covid 19 Checklist		6am	7am	8am	9am	10am	11am	12pm	1pm	2pm	3pm	4pm	5pm	6pm	7pm
		Write Name and Date:													
1. Sanitize high-touch areas . Includes: door handles, trash cans, counters, elevator buttons, handrails, tables, seats, benches. DO NOT DRY															
2. Sanitize high-touch areas. Toilets, sink faucets and toilet handles, soap dispensers, push plates, baby changing stations, , towel dispenser handles, door knobs, light switches, sinks, partitions. DO NOT DRY															
3. Sanitize check in tables and employee room															
4. Ensure all sanitizer dispensers are stocked															

THE WORK DESCRIBED ABOVE HAS BEEN INSPECTED, AND IS COMPLETED TO MY SATISFACTION.

Employee Signature _____

*This form is to be submitted to John's box at the end of every day.**



Supplemental email addressing required mask wearing and social distancing

To: All Coaches and Team Leadership Personnel

From: Susan Braman, Facility Manager

Coaches,

We have the need to re-issue this message and warning about wearing face masks:

Face Masks are required at all times. Masks must cover the mouth and nose.

This includes outside in the courtyard, moving through the building and standing still in the building. The ONLY time your mask can come off is when your entire group is in the water, socially distanced and your voice needs to reach across the pool to provide directions. In this scenario, you are not moving or near any other person (swimmer, coach, staff) on deck. Never move around the deck without your mask on.

Do not coach swimmers on the deck unless you and each one in your group is wearing a mask.

Your swimmers should be socially distanced when they take off their mask on the deck (prior to entering the water) and in the water.

We all need to model the expected behavior for the swimmers. The optics are very important as well. I have received complaints from parents about coaches not wearing masks and about groups of swimmers standing together in huddles without their masks.

It is critical to our continued operation that we all conform to these rules. Please take the time to remind your swimmers and parents of the expectations

And, as a reminder effective this Friday no parents or other spectators allowed inside.



Locker Room Policies and Procedures

Everyone age 5 and over are required to wear a mask in the locker rooms. Social distancing, proper hand washing/sanitizing, and abiding all policies and procedures below is mandatory and expected to be enforced. Please review the specific policies and procedures for Meets and Practices below.

Meets/Events

Max Capacity- The maximum capacity for locker room usage during a meet or event is (5) participants. The maximum capacity is determined by the number of amenities available.

Required Supervision- An assigned meet volunteer is required at all times and is expected to be stationed outside of the entrance to both locker rooms on the pool deck. They are expected to monitor capacity and allow/deny access as needed and remind them of social distancing policies and exiting the locker rooms via the pool deck only.

Policies/Procedures - Masks are required for all children 5 and over. Handwashing is required. No locker usage. Bags are to be stored in designated team areas on deck using bag hooks where available. On deck showers are available.

Practices

Max Capacity- The maximum capacity for locker room usage during a practice is (5) participants. The maximum capacity is determined by the number of amenities available.

Required Supervision- Coach must advise swimmers they must ask to enter locker room so coach can remind them of procedures and to be quick so others can have turn. Coaches should never leave following practice with swimmers in the locker rooms and they should know where swimmers are at all times. The coach is required to monitor capacity and allow/deny access as needed.

Policies/Procedures - Masks are required for all children 5 and over. Handwashing is required. No locker usage. Bags are to be stored in designated team areas on deck using bag hooks where available. On deck showers are available.

*Signage with these policies will be posted on the locker room doors.
Anyone not following these policies will be denied future access.*



LIFEGUARD COVID EAP

1. RADIO MOD and HK.
2. Supervisor/Guard should arrive to every incident with crash bag.
3. Face shields and gloves are required until no temp or covid symptoms confirmed. Participant should be asked to wear one also.
4. **Primary assessment- Temp checked follow by ABC's.**
 - a. **If 100.4 or greater temperature/covid related symptoms are found, and participant is safe to move- they will be moved to the isolation areas below. If unable to be moved- staff will create isolation area around the patron. Areas possibly contaminated should be closed until disinfected.**
 - b. **If no covid related symptoms found, the participant may be treated on deck or at the general first aid room**

DESIGNATED SPECTATOR ISOLATION AREAS

Isolation area 1 (triage tent area on back patio at entrance 4)

Isolation area 2 (Family restroom at end of front hallway)

DESIGNATED ATHLETE/PARTICIPANT ISOLATION AREAS

Isolation area 1 (Storage room triage area)



Limited Spectator Approval Policies

Effective 12/1/2020 the GAC has implemented an option to allow spectators during our current restrictions. Please review the email sent to coaches below and reach out to your coach as needed.

Coaches,

If you have a new participant to your program under the age of nine (9),

We will permit one (1) parent inside to their first three (3) practices.

IF you have provided that adults name on the same list (as your swimmers) for the session time they are attending (we cannot accept phone calls, separate emails or walk up notification) .

We will print the swimmers list provided by you and provide that to the front entrance staff member. If the adult is listed, they will be permitted.

It is up to you to share this information with all your parents and explain that this is designed for parents of new participants only, under the age of nine and is limited to three visits.

Parents of swimmers in the training pool have exterior viewing options. Parents of swimmers in the competition pool have streaming of practices. We do not have any cameras for the diving well, but extend this same ‘newbie’ offer to our diving and water polo teams parents.

Please do not send this offer to anyone who has been in your program over two weeks or to anyone over the age of nine participating in your program. We hope this will help with your program growth.

Be advised that only a max of ten people can come inside the grandstand competition pool side which includes the diving well so your team is limited to two max following the above requirements. This also applies to the Training pool.

Susan Braman,

Facility Manager



Dive Team Practice Policies Effective 12/2/20

In an effort to maximize athlete safety and ensure the GAC is following all local and state guidelines, the following dive practice policies and procedures must be followed at all times.

- 1. All divers are required to complete a temperature check and health screening prior to entering the facility. Health screening should be done by the coach, and GAC personnel will check off the attendance.**
- 2. All divers are required to wear masks except for when it is their turn to dive. It is recommended that coaches provide zip lock bags for divers to store their mask in when diving. Divers may throw their mask down near the pool gutter in the zip lock bags or use the GAC provided hooks to store their masks.**
- 3. (4) Divers max allowed on the springboard platforms/tower platforms. The (2) waiting should have their backs to the blue wall. Once, the diver enters the water, the 2nd diver may approach the board. All remaining divers should wait on deck, 6 ft apart, leaving a clear path for the showers etc. Coaches are expected to ensure proper distancing.**
- 4. When practices overlap, teams should warm up and leave equipment on opposite sides of the dive well. Board/platform time is expected to be split. Please see an MOD if any guidance is needed.**

Susan Braman, Manager
Greensboro Aquatic Center

Appendix M

Greensboro Coliseum Complex and the **Greensboro Aquatic Center** are taking enhanced health and safety measures—for patrons, teams and staff. You must follow all posted instructions while visiting our facilities:

COVID-19 WARNING: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the [Centers for Disease Control and Prevention](#), senior citizens and guests with underlying medical conditions are especially vulnerable.

By visiting the Greensboro Coliseum Complex and the Greensboro Aquatic Center, you voluntarily assume all risks related to exposure to COVID-19. Please keep each other healthy and safe.

Appendix N

EMERGENCY MAXIMUM OCCUPANCY
FOR THIS BUSINESS IS

Competition Pool

IN WATER ON DECK

123 PLUS 282



#StayStrongNC
nc.gov/covid19

Office of the Governor
by Executive Order



EMERGENCY MAXIMUM OCCUPANCY
FOR THIS BUSINESS IS

Dive Well

IN WATER ON DECK

40 PLUS 142



#StayStrongNC
nc.gov/covid19

Office of the Governor
by Executive Order



EMERGENCY MAXIMUM OCCUPANCY
FOR THIS BUSINESS IS

Training Pool

IN WATER ON DECK

124 PLUS 278



#StayStrongNC
nc.gov/covid19

Office of the Governor
by Executive Order



EMERGENCY MAXIMUM OCCUPANCY
FOR THIS BUSINESS IS

Recreation Pool

IN WATER ON DECK

35 PLUS 105



#StayStrongNC
nc.gov/covid19

Office of the Governor
by Executive Order

