# Summer Senior Championship July 30th – August 3rd, 2019

| WOMEN | | | | MEN | | |
|---|---|---|---|---|---|---|
| LCM | SCM | SCY | EVENT | SCY | SCM | LCM |
| 29.19 | 28.19 | 25.59 | 50 Freestyle | 22.79 | 25.39 | 26.19 |
| 1:03.29 | 1:00.99 | 55.89 | 100 Freestyle | 50.09 | 55.19 | 57.29 |
| 2:16.89 | 2:12.79 | 1:59.89 | 200 Freestyle | 1:49.59 | 2:01.39 | 2:04.89 |
| 4:46.89 | 4:39.59 | 5:19.89 | 400 Freestyle | 4:57.79 | 4:18.69 | 4:26.29 |
| 9:52.89 | 9:37.29 | 11:01.69 | 800 Freestyle | 10:20.49 | 8:57.59 | 9:13.49 |
| 18:54.97 | 18:25.79 | 18:13.89 | 1500 Freestyle | 17:20.29 | 17:12.99 | 17:42.39 |
| | | | 50 Backstroke | | | |
| 1:13.69 | 1:11.99 | 1:04.69 | 100 Backstroke | 58.19 | 1:04.49 | 1:06.39 |
| 2:37.89 | 2:34.29 | 2:18.39 | 200 Backstroke | 2:07.29 | 2:22.59 | 2:26.59 |
| | | | 50 Breaststroke | | | |
| 1:23.89 | 1:21.79 | 1:12.89 | 100 Breaststroke | 1:06.19 | 1:13.89 | 1:15.79 |
| 3:01.29 | 2:57.49 | 2:38.79 | 200 Breaststroke | 2:23.69 | 2:40.49 | 2:43.89 |
| | | | 50 Butterfly | | | |
| 1:09.89 | 1:07.59 | 1:01.39 | 100 Butterfly | 55.49 | 1:00.59 | 1:02.39 |
| 2:32.89 | 2:27.69 | 2:16.59 | 200 Butterfly | 2:03.49 | 2:15.89 | 2:19.39 |
| 2:34.59 | 2:30.69 | 2:15.29 | 200 Individual Medley | 2:02.89 | 2:17.29 | 2:21.39 |
| 5:25.69 | 5:17.79 | 4:47.39 | 400 Individual Medley | 4:23.99 | 4:52.69 | 5:00.49 |
| | | | 200 Freestyle Relay | | | |
| 4:24.89 | 4:16.89 | 3:54.69 | 400 Freestyle Relay | 3:30.69 | 3:52.69 | 4:00.69 |
| 9:31.19 | 9:15.19 | 8:36.79 | 800 Freestyle Relay | 7:42.19 | 8:27.89 | 8:43.89 |
| | | | 200 Medley Relay | | | |
| 4:54.29 | 4:46.29 | 4:18.89 | 400 Medley Relay | 3:53.89 | 4:17.49 | 4:25.49 |
| 4:35.00 | | 4:00.00 | 400 Mixed Medley | | | |

**Important Note:** For all 50's you must enter 100 times, for all 200 Relay's you must enter 400 times.