



Hello TYDE Teen Team Member,

As part of TYDE's focus on USA Swimming's efforts towards Safe Sport, a major component is educational modules for athletes, coaches and parents. We are asking all TYDE Teen Team members to complete the USA Swimming Safe Sport for Minor Athletes Training. All TYDE Competitive Team Members are members of USA Swimming and should log in and access the training module at USA Swimming Learn so TYDE can get credit for your course completion. You will go through the steps of "purchasing the course" but there is no cost. Parents are welcome to take the course with you or preview it before you complete the training module.

At TYDE, athlete protection is our team's top priority. Our athlete protection program, SAFE SPORT, is USA Swimming's comprehensive abuse prevention program. The Safe Sport program includes education, rules, expectations, standards and tools for our club to educate our members. Our [team website](#), has links to TYDE Safe Sport team guidelines, and a link to USA swimming Safe Sport website.

Our goal as a team is to become a Safe Sport Recognized Club (SSRC) through USA Swimming. This is a prestigious and necessary accomplishment in swimming. In order to accomplish this, we need parents and athletes to complete USA Swimming's FREE online courses. USA Swimming will track the number of people from our team that take the quick online training program and we will be awarded points based on our completion rate.

This training will take you about 15 minutes!

If you are a current member of USA swimming, whether a parent or an athlete, please use your login information and navigate to the Safe Sport Training Area for these exercises.

Thank you to everyone for your help with this matter. It is extremely important and we hope that everyone will take the time to make TYDE a safer place. This training is a small but very important piece of our educational commitment to Safe Sport. Please check out the Safe Sport link on our team's website for more information.

If you have any questions, contact:
Coach Felixa
TYDE Safe Sport Coordinator

Coach Bob
TYDE Head Coach



PLEASE follow these instructions for USA Swimming Safe Sport for Athletes training:

1. Go to [our team's website: \[swimtyde.org\]](http://our team's website: [swimtyde.org])
2. Click the "Safe Sport" tab and choose [Training for \(under 18\) Athletes](https://www.usaswimming.org/articles-landing-page/2017/04/05/free-safe-sport-training-for-athletes)

Click the link for USA Swimming Members.



FREE SAFE SPORT TRAINING FOR MINOR ATHLETES

Safe Sport for Minor Athletes Online Course

This course is designed for athletes 12-17 years old and will cover:

1. The basics of Safe Sport,
2. Understanding the three types of boundaries, and
3. What to do if you or someone you know is being harmed.

Parents and coaches can use the facilitation guide in the course to open up a conversation about Safe Sport and healthy boundaries. Preview the facilitation guide below.

Adult athletes of USA Swimming must take the full Athlete Protection Training.

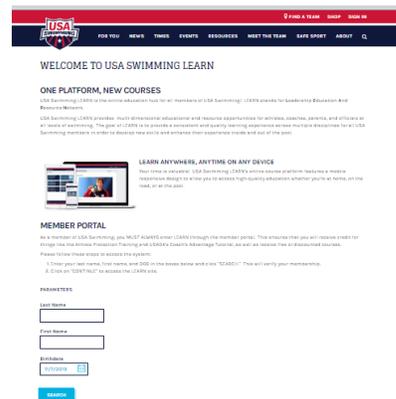
USA SWIMMING MEMBERS may access the course via www.usaswimming.org/learn

NON-MEMBERS may access the course via learn.usaswimming.org

For teams interested in further Safe Sport education and engagement, please visit www.usaswimming.org/toolkit.

3. This will take you to the USA Learn Member portal:

<https://www.usaswimming.org/utility/landing-pages/safe-sport/learn>



4. Enter your first and last name as registered with USA Swimming and your birthdate. Click search and then click **continue** next to TYDE on the line with your name.

5. Select **Go to Learn**. Then select **Courses** in upper right of screen.

6. Click the "Safe Sport for Athletes" box and follow the directions

