

FEBRUARY 2023 PRACTICE SCHEDULE (tentative)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	31 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	1 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	2 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	3 Senior/Nat- 5:40-7:00am	4 West Fargo
5 West Fargo	6 Team Pictures Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat- No Morning	7 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	8 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	9 No Practice High School Meet Senior/Nat- 5:40-7:00am	10 Senior/Nat- 5:40-7:00am	11 Aquastorm
12	13 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	14 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	15 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	16 No Practice High School Meet Senior/Nat- 5:40-7:00am	17 Senior/Nat- 5:40-7:00am	18 10 & Under State Champs
19 10 & Under State Champs	20 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	21 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	22 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	23 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm	24 Senior/Nat- 5:40-7:00am	25
26	27 Developmental-5:30-6:15pm 6:15-7:00pm 3 & 4s Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm Sen/Nat-5:40-7:15am	28 Developmental-5:30-6:15pm 6:15-7:00pm Age Group I -6:15-7:15pm Age Group II- 5:30-7:00pm Senior/Nat- 5:30-7:15pm				

This is the practice schedule for the month of February, there may be changes and if there are I will let you know as quickly as possible. Any questions please email me at coachsteele@aquastormswimming.com.

The 10 & Under Season will be finished on the 19th after the conclusion of 10 & under state.