**1st Annual Aquastorm Swim-a-Thon!**

**When:  November 20, 2014**

**Time:  5:30 – 8:30 pm**

**Where: Bismarck Aquatic and Wellness Center**

Parents: If you or your swimmer has not yet gotten their pledge/donation envelope, you can pick it up at the pool.  Coach Jeff has the envelopes in his office.  I ask that you wait until after practice to stop in and get the information, so practice time is not disrupted.

Thanks, Ted Alme, Pres.

**What is a Swim-a-Thon?**

Participants earn money for the team by swimming lengths of the swimming pool. Swimmers have a two-hour period in which to swim a **maximum of 200 lengths**. Swimmers get pledges from family, neighbors or businesses to support their efforts. Donors can either pledge a certain amount of money per length, or make a flat donation in support of your team.

**Parents and Swimmers – Plegde/Donation envelopes and Swim-a-Thon information are available from Coach Steele.  And will be provided to all swimmers after practice the week of October 27th.**

We expect to have most of our swimmers participate, hopefully, 150-175 participants.  Team coaches, parents and volunteers will supervise the swimmers.

We plan to run the Swim-a-Thon during the normal team practice times 5:30 – 7:30.  Parents and family are encouraged to attend and cheer on their swimmers.  We will hand out awards / recognition afterward with a brief social (snacks and refreshments) from 7:30-8:30.  This will be held upstairs in the common area.

**The pledge / donation envelopes must be turned-in by November 19th, 2014.**

Ted Alme, Aquastorm Pres.